



GENERAL SESSION KEYNOTE SPEAKERS

100TH ANNUAL CONVENTION • NOVEMBER 29 – DECEMBER 2, 2023

FORT WORTH CONVENTION CENTER • FORT WORTH, TEXAS



JOHNNY QUINN

Thursday, November 30 • 8:00 – 9:00 a.m.

LYNN & TILLIE MCCRAW FIRST GENERAL SESSION

Olympic bobsledder Johnny Quinn is a highly sought-after speaker for businesses and organizations of all sizes. Known for thought-provoking and action-packed content, Johnny is a trusted voice on resilience and change management. Johnny has been featured on: ABC, BBC, CNN, ESPN, FOX, NBC, TIME, USA Today and the Wall Street Journal. Johnny's newest book, "PUSH: Breaking Through The Barriers" ushers readers through the valleys of life to the thrills of rocketing down icy mountains at 80+ mph with no seat belts. Johnny, his wife Amanda (m. 2014) and their two children, Amelia (2018) and Oliver (2021), reside in McKinney, Texas. Be sure to connect with Johnny on social media: @JohnnyQuinnUSA



CHRISTINE CASHEN

Friday, December 1 • 4:00 – 5:15 p.m.

SECOND GENERAL SESSION

Christine Cashen is more than just a speaker - she's a force of nature. With over two decades of experience entertaining crowds, Christine has earned a reputation as one of the best in the business. Her talent for finding the humor in everyday situations is unmatched, and her ability to turn those moments into something magical is nothing short of amazing. Whether she's delivering messages of positivity and productivity or just making people laugh, Christine's unique perspective on life is both refreshing and insightful. Christine is a Certified Speaking Professional (CSP) and Certified Virtual Presenter (CVP). She is also one of the few individuals to meet the rigorous induction criteria of the National Speakers Association, CPAE Speaker Hall of Fame. But Christine is more than just a speaker - she's

also an accomplished author. Her award-winning books, *THE GOOD STUFF: Quips & Tips on Life, Love, Work and Happiness* and *It's YOUR Business: Good Stuff for Your Personal, Professional, and Funny Business*, are must-reads for anyone looking for a healthy dose of humor and inspiration. Despite her success, Christine remains grounded and humble. She holds a bachelor's degree in communication and a master's degree in Adult Education, and in 2016, she was awarded an honorary doctorate from Central Michigan University. Before becoming a speaker, she worked as a university admissions officer, corporate trainer, and broadcaster. But above all else, Christine is a survivor. As a cancer survivor, she knows what it takes to overcome adversity and come out stronger on the other side. She's a mother of two, wife of a "hottie engineer," and a true inspiration to anyone looking to live their best life.