



CONVENTION PROGRAM TITLES

101ST ANNUAL CONVENTION • DECEMBER 4–7

MOODY GARDENS HOTEL & CONVENTION CENTER • GALVESTON, TEXAS

ALL PROGRAMS WILL BE HELD AT THE MOODY GARDENS HOTEL & CONVENTION CENTER UNLESS OTHERWISE SPECIFIED IN THE CONVENTION PROGRAM.

ALL DIVISIONS

- TAHPERD Exemplary School Program REVAMPED – Your Voice Matters
- You Made It! Now What? – *Co-sponsored by Recreation, Dance, Physical Education & Health Divisions (For First Time Convention Attendees)*
- The TA DA of Change: Leading Teams during Change with Passion and Success – Breakout session by Joel Zeff, Thursday Keynote Speaker

COLLEGE DIVISION PROGRAMS

COLLEGE ADMINISTRATORS

- Marketing Kinesiology in STEM
- Transforming Physical Education Teacher Education at a Liberal Arts College – *Co-sponsored by General & Physical Education Divisions*

LIFETIME WELLNESS

- Exercise Programming for Senior Adults – *Co-sponsored by Health & General Divisions*
- Neuro-Myofascial Tool and Techniques – *Co-sponsored by Physical Education, Health & General Divisions*
- Solid to the Core: Training Your Inner Anchor – *Co-sponsored by Health, Physical Education & General Divisions*
- Staying Inspired with Exercise – *Co-sponsored by Health, Recreation & Physical Education Divisions*

- Yoga: The Marriage Between Stretch and Strength – *Co-sponsored by Health, Physical Education & Recreation Divisions*
- Yoga: The Practice of Being Present – *Co-sponsored by Health, Physical Education, Recreation & Dance Divisions*

PROFESSIONAL PREPARATION

- Baseball Education Day: Applied Learning Experience Collaboration – *Co-sponsored by Physical Education Division*
- Brainstorming Solutions for Additional Communication Options with Non-Native Speaking Students
- Building Connections, Collaboration, and the Next Generation – *Co-sponsored by Physical Education Division*
- Calling All Graduating and Soon-to-be-Graduate Student Teachers: Learn How to Knock Student Teaching Out of the Park!

RESEARCH

- Student Involvement in the Research Process
- Research Posters

SPORT MANAGEMENT

- Concussion Training (UIL)
- Dear Colleagues: Is Sport Equity Required? – *Co-sponsored by General Division*
- Equity in Sport: What is the Score? – *Co-sponsored by General Division*
- Integrating Trello, AI & Project Management



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in Sports Event Management – *Co-sponsored by General, Physical Education & Recreation Divisions*

- Sport as a Catalyst for Social Change: Reviewing Salient Events – *Co-Sponsored by General Division*

STUDENT

- Calling ALL TAHPERD Student Members!!!
- Pre-Service Teachers Perspective on Clinical Teaching – *Co-sponsored by Physical Education & General Divisions*
- Starting Strong: Beginner's Blueprint for Starting a Research Project
- Welcome TAHPERD Student Members!

DANCE DIVISION PROGRAMS

DANCE AESTHETICS

- Aesthetic Lineage – Pre-Course for the Critical Response Process
- Kaleidoscope Feedback Session

DANCE CULTURAL, SOCIAL & WELLNESS FORMS

- Active Embodiment for Teens and Young Adults – *Co-sponsored by Health & General Divisions*
- Creative Movement Arts for All Bodies – *Co-sponsored by Physical Education & General Divisions*
- Dance for All – *Co-sponsored by Physical Education, College & General Divisions*
- Dancing Country is Elementary – *Co-sponsored by Physical Education Division*
- Hip Tightness and Solutions – *Co-sponsored by Physical Education Division*

- Regional Folk Dances from El Estado de Yucatan – *Co-sponsored by Physical Education & General Divisions*
- Regional Folk Dances from Estado de Guerrero – *Co-sponsored by Physical Education & General Divisions*

DANCE PEDAGOGY

- Creative Dance and the BrainDance in Physical Education – *Co-sponsored by Physical Education Division*
- How to Prepare Your Dancers to Progress from Middle School to College – *Co-sponsored by College Division*
- Incorporate Dance Science Principles into Your Class
- Pass it On...Dance Til You Drop – *Co-sponsored by Physical Education Division*
- Student Choreography Feedback
- Warm Up for Dance Technique – *Co-sponsored by Physical Education Division*

DANCE PERFORMANCE

- Kaleidoscope Dance Concert

GENERAL DIVISION PROGRAMS

DIVERSITY

- Children Loving Fitness through Modifications
- Creating a Gender-Neutral Learning Environment
- Embracing Inclusivity: Implementing Universal Design for Learning (UDL) in Health and Physical Education – *Co-sponsored by Health & Physical Education Divisions*



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- Involvement and Leadership in TAHPERD: How to Become More Involved in TAHPERD!

K-12 ADMINISTRATORS

- Data Driven Decisions in Health and Physical Education: Systems to Support HPE Coordinators and Administrators – *Co-sponsored by Health & Physical Education Divisions*
- Jumping through the Hoops of Implementing Sexuality Education in Texas – *Co-sponsored by Health Division*
- K-12 Administrators Breakfast & Round Table Discussion – *Co-sponsored by Physical Education & Health Divisions*

RETIRED PROFESSIONALS

- Looking Forward to Retirement! It's Never Too Soon to Start Planning!

HEALTH DIVISION PROGRAMS

COMMUNITY HEALTH EDUCATION

- Alcohol and Drug Education: What Do Students Really Need to Know in 2024
- Loneliness and Creative Ways to Combat It
- Red Flags for Human Trafficking – Part 1
- Red Flags for Human Trafficking – Part 2

HEALTH INSTRUCTIONAL PROGRAM

- Evidence Based Best Practices in Teaching Health and Wellness – *Co-sponsored by Physical Education Division*
- Health Lessons that Stick: How to Facilitate Skill-Based Health Education – *Co-sponsored by General Division*

- Let's Get Creative! Engagement in the K-8 Health Classroom! – *Co-sponsored by Physical Education Division*
- Navigating Values in the Classroom and Responding to Challenging Questions: Best Practices for Teaching Reproductive and Sexual Health
- Skills-Based Health Education: Shifting from KNOWING What it Means to be Healthy to Building the Skills Needed to BE Healthy
- SOS-BTTB-KISS! Save Our Students & Save Our Staff by Getting Back to the Basics – Keeping It Simple Silly! – *Co-sponsored by General, Physical Education, Recreation & Dance Divisions*

HEALTH PROMOTION

- Mindful Eating Strategies to Address Childhood Obesity – *Co-sponsored by Physical Education Division*
- REST...as Important as Sleep, Exercise, and Food!

PHYSICAL EDUCATION DIVISION PROGRAMS

ADAPTED PHYSICAL EDUCATION

- EveryBODY Can Play: Accommodations Made Easy!
- Maximizing Physical Education for Students With and Without Disabilities through Universal Design for Learning – *Co-sponsored by College Division*
- Promoting Independence with the Use of Switches in Adapted PE
- Signing in Physical Education – *Co-sponsored by General Division*



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- Strategies to Modify Challenging Functional behaviors to Increase Student Engagement – *Co-sponsored by General Division*
- Supporting ALL Learners in PE with Google Slides
- Tools of the Trade: Less is More

EARLY CHILDHOOD EDUCATION

- Go Texan Day Dances – *Co-sponsored by Dance Division*

ELEMENTARY PHYSICAL EDUCATION

- Bring the NOODS!!! – *Co-sponsored by Recreation & Dance Divisions*
- Come Play with CCISD!
- Creating Engaging PE Lessons Using Technology
- Cross Curricular Activities in the Gym
- El Paso ISD's Raise the Bar Elementary School Fitness Program
- Engaging Big and Small Classes with Minimal Equipment
- Games You Know...and Some You Don't Know
- Happier Hour Lifetime Games and Strategies for PE and Self Lead Recess – *Co-sponsored by Health & Recreation Divisions*
- Help Build Stronger School- and State-Level Physical Education Policies for Texas Part II – *Co-sponsored by General, Health, Recreation & College Divisions*
- Hula Hut Mania
- Interview Tips for All! Calling All College Students and PE Professionals – *Co-sponsored by College Division*

- Learn to Teach a Fun& Innovative Flag Football Lesson Plan
- Let's Get Married 2.0!
- LET US Play: Five Key Principles for Maximizing Physical Activity and Learning in Physical Education – *Co-sponsored by College & Recreation Divisions*
- Motivated to Move through Games – *Co-sponsored by College Division*
- Movement is Dancing – *Co-sponsored by Dance Division*
- Physical Activity Breaks in the Classroom... Say What?!?
- Rainy Day Games with the Goose
- "Ready. Set. Go! Games & Essential Skills for Every PE Teacher to Know!"
- #RISDmoves with Minimal Equipment
- Splash Safely: A Physical Education Water Sport Program for Grades K-5 – *Co-sponsored by Recreation & Health Divisions*
- Teaching Games with a Purpose the AISD Way
- The GIFs that Keep on Giving
- The Goose Games
- The Texas Tornadoes Take on Texas-Sized PE!
- UP, UP, and AWAY with PARACHUTE PLAY
- Ysleta ISD: The Best of the West! – *Co-sponsored by Dance Division*

MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION

- Activities that Get Secondary Students Moving While You Meet Your T-TESS Goals – *Co-sponsored by College Division*
- El Paso ISD's Raise the Bar Middle School Fitness Program



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- Help Build Stronger School- and State-Level Physical Education Policies for Texas Part I – *Co-sponsored by General, Health, Recreation & College Divisions*
- Let's Talk: Creating Evidence-Based Assessment
- Orb Ball the Game: Lesson Ideas and Demonstration – *Co-sponsored by College Division*
- Safe and Effective Resistance Training in Secondary Physical Education
- Teaching Secondary Physical Education – Unpopular Opinion Edition
- Tis' the Season...Part 4!

SPORTS

- Pass it On! How Can TAHPERD Members Assist with the Nationwide Shortage of Sports Officials – *Co-sponsored by Recreation, General & College Divisions*
- Pickleball 101: An Introduction to America's New Favorite Addiction – *Co-sponsored by College, Recreation & Health Divisions*
- Recommending the Sport Education Model for High School Esports Programs
- Simple Tennis: The Unwritten Rules

RECREATION DIVISION PROGRAMS

ADVENTURE EDUCATION

- Laying the Foundation for a Successful Learning Community in Physical Education – *Co-sponsored by Physical Education, Health & General Divisions*
- Mountain Biking for Beginners – Part 1
- Mountain Biking for Beginners – Part 2

LEISURE ACTIVITIES & SPORTS

- Don't Pass on the TAHPERD Rec Walk – *Co-sponsored by Health, Physical Education, College & Dance Divisions*
- Campsite Leisure Activities
- KUBB your Enthusiasm – *Co-sponsored by Physical Education Division*
- Mindful Movement and Yoga – *Co-sponsored by Health & Physical Education Divisions*
- Passing it ON as we get on board the Mexican Train! – *Co-sponsored by Physical Education Division*
- TRoFE is turning 28 and this Session has Prizes! Bring a Friend!

OUTDOOR EDUCATION

- Kayaking Made Easy – *Co-sponsored by Physical Education Division*
- Leadership in Outdoor Recreation and Higher Education – *Co-sponsored by College & Health Divisions*
- Teaching Outdoor Education in Schools
- Using a Compass to Enhance Student Learning – *Co-sponsored by Physical Education Division*

WATER SPORTS SECTION

- Pass on Snorkeling!
- Safe and Effective Strategies for Adapted Aquatics – *Co-sponsored by Physical Education*

EXHIBITOR SHOWCASE PROGRAMS

- 9 Square in the Air – Pass it On! – 9 Square in the Air
- Active Learning – Team Building, Cooperative Learning, Skill Development and Most of All



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Fun! – GOPHER Sport

- AIM 4 PIE...Letters on a Ball! Designed by an Elementary Teacher to Deliver Academic Content through High Energy Movement: Cross-Curricular – Aim 4 Pic, LLC
- Boosting Engagement: Goals, Data, Positive Environment for Students – Marathon Kids
- Break the Cycles of Waist Hooping Failure: Every Body Can Do It with CHulaHoops! – CHulaHoops
- Building Your Kids Heart Challenge Program to the Next Level! More Meaning, More Fun and More Engagement in Your Community – American Heart Association
- Build Positive Relationships with Coach Mentor Training – U.S. Soccer Foundation
- Bump Up the Fun with Boardball! – Boardball, Inc.
- Developing Physical Literacy with Exercise Task Cards – G-W Publisher
- Don't Pull the Plug on Daily Fitness – OPEN/US Games/BSN Sports
- Empowering Physical Education Beyond the Gymnasium – NeverStopMoving365
- Enhancing Physical Education with Health Ed Journeys – CATCH Global Foundation
- Every Body Move: Engaging ALL Students in PE Fun! – School Health Corporation
- Everybody Pass & Play – GOPHER Sport/ SPARK
- Food Detectives Workshop: Promoting Food Literacy in 4th Grade Classrooms – The

Beecher's Foundation

- Get Active & Engaged: Unleash the Fun with OPEN! – OPEN/US Games/BSN Sports
- Get FAST and FURIOUS with Omnikin! – Omnikin, Inc.
- Get Strong, Get Fast, Get Connected: Fun & Functional Fitness for Elementary & Middle School! – OPEN/US Games/BSN Sports
- Halo Ball: Taking PE Class to a HIGHER Level – Halo Ball
- In Cahoots with Parachutes – QuaverED
- Kids Teaching Kids: 12-Day Snacking Challenge – Kids Teaching Kids
- Partner Jumping, Long Rope and Double Dutch Fun! – Learnin' the Ropes
- Sport Stacking with Speed Stacks – Featuring Games and Activities! – Speed Stacks, Inc.
- Strategies to Create an Inclusive Environment in PE – School Specialty Sportime
- Teaching Nutrition from Pasture to Plate – Texas Beef Council dba Beef Loving Texans
- The Rhythm is Going to Fit You – OPEN/US Games/BSN Sports
- PE to the Max! Technology to Increase MVPA – Heart Zones, Inc.
- Traverse Climbing Wall Activities & Tips – Everlast Climbing Industries, Inc.