

2024 Convention Program Titles

All Programs will be held at the Moody Gardens Hotel & Convention Center unless otherwise specified in the Convention Program.

All Divisions

- **TAHPERD Exemplary School Program REVAMPED – Your Voice Matters**
- **You Made It! Now What? – *Co-sponsored by Recreation, Dance, Physical Education & Health Divisions (For First Time Convention Attendees)***
- **The TA DA of Change: Leading Teams during Change with Passion and Success – *Breakout session by Joel Zeff, Thursday Keynote Speaker***

College Division Programs

College Administrators

- **Marketing Kinesiology in STEM**
- **Transforming Physical Education Teacher Education at a Liberal Arts College – *Co-sponsored by General & Physical Education Divisions***

Lifetime Wellness

- **Exercise Programming for Senior Adults – *Co-sponsored by Health & General Divisions***
- **Neuro-Myofascial Tool and Techniques – *Co-sponsored by Physical Education, Health & General Divisions***
- **Solid to the Core: Training Your Inner Anchor – *Co-sponsored by Health, Physical Education & General Divisions***
- **Staying Inspired with Exercise – *Co-sponsored by Health, Recreation & Physical Education Divisions***
- **Yoga: The Marriage Between Stretch and Strength – *Co-sponsored by Health, Physical Education & Recreation Divisions***
- **Yoga: The Practice of Being Present – *Co-sponsored by Health, Physical Education, Recreation & Dance Divisions***

Professional Preparation

- **Baseball Education Day: Applied Learning Experience Collaboration – *Co-sponsored by Physical Education Division***
- **Brainstorming Solutions for Additional Communication Options with Non-Native Speaking Students**
- **Building Connections, Collaboration, and the Next Generation – *Co-sponsored by Physical Education Division***
- **Calling All Graduating and Soon-to-be-Graduate Student Teachers: Learn How to Knock Student Teaching Out of the Park!**

Research

- **Student Involvement in the Research Process**
- **Research Posters**

Sport Management

- **Concussion Training (UIL)**
- **Dear Colleagues: Is Sport Equity Required? – *Co-sponsored by General Division***
- **Equity in Sport: What is the Score? – *Co-sponsored by General Division***
- **Integrating Trello, AI & Project Management in Sports Event Management – *Co-sponsored by General, Physical Education & Recreation Divisions***
- **Sport as a Catalyst for Social Change: Reviewing Salient Events – *Co-Sponsored by General Division***

Student

- **Calling ALL TAHPERD Student Members!!!**
- **Pre-Service Teachers Perspective on Clinical Teaching – *Co-sponsored by Physical Education & General Divisions***
- **Starting Strong: Beginner's Blueprint for Starting a Research Project**
- **Welcome TAHPERD Student Members!**

Dance Division Programs

Dance Aesthetics

- **Aesthetic Lineage – Pre-Course for the Critical Response Process**
- **Kaleidoscope Feedback Session**

Dance Cultural, Social & Wellness Forms

- **Active Embodiment for Teens and Young Adults – *Co-sponsored by Health & General Divisions***
- **Creative Movement Arts for All Bodies – *Co-sponsored by Physical Education & General Divisions***
- **Dance for All – *Co-sponsored by Physical Education, College & General Divisions***
- **Dancing Country is Elementary – *Co-sponsored by Physical Education Division***
- **Hip Tightness and Solutions – *Co-sponsored by Physical Education Division***
- **Regional Folk Dances from El Estado de Yucatan – *Co-sponsored by Physical Education & General Divisions***
- **Regional Folk Dances from Estado de Guerrero – *Co-sponsored by Physical Education & General Divisions***

Dance Pedagogy

- **Creative Dance and the BrainDance in Physical Education – *Co-sponsored by Physical Education Division***
- **How to Prepare Your Dancers to Progress from Middle School to College – *Co-sponsored by College Division***
- **Incorporate Dance Science Principles into Your Class**
- **Pass it On...Dance Til You Drop – *Co-sponsored by Physical Education Division***
- **Student Choreography Feedback**
- **Warm Up for Dance Technique – *Co-sponsored by Physical Education Division***

Dance Performance

- **Kaleidoscope Dance Concert**

General Division Programs

Diversity

- **Children Loving Fitness through Modifications**
- **Creating a Gender-Neutral Learning Environment**
- **Embracing Inclusivity: Implementing Universal Design for Learning (UDL) in Health and Physical Education – *Co-sponsored by Health & Physical Education Divisions***
- **Involvement and Leadership in TAHPERD: How to Become More Involved in TAHPERD!**

K-12 Administrators

- **Data Driven Decisions in Health and Physical Education: Systems to Support HPE Coordinators and Administrators – *Co-sponsored by Health & Physical Education Divisions***
- **Jumping through the Hoops of Implementing Sexuality Education in Texas – *Co-sponsored by Health Division***
- **K-12 Administrators Breakfast & Round Table Discussion – *Co-sponsored by Physical Education & Health Divisions***

Retired Professionals

- **Looking Forward to Retirement! It's Never Too Soon to Start Planning!**

Health Division Programs

Community Health Education

- **Alcohol and Drug Education: What Do Students Really Need to Know in 2024**
- **Loneliness and Creative Ways to Combat It**
- **Red Flags for Human Trafficking – Part 1**
- **Red Flags for Human Trafficking – Part 2**

Health Instructional Program

- **Evidence Based Best Practices in Teaching Health and Wellness – *Co-sponsored by Physical Education Division***
- **Health Lessons that Stick: How to Facilitate Skill-Based Health Education – *Co-sponsored by General Division***
- **Let's Get Creative! Engagement in the K-8 Health Classroom! – *Co-sponsored by Physical Education Division***
- **Navigating Values in the Classroom and Responding to Challenging Questions: Best Practices for Teaching Reproductive and Sexual Health**
- **Skills-Based Health Education: Shifting from KNOWING What it Means to be Healthy to Building the Skills Needed to BE Healthy**
- **SOS-BTTB-KISS! Save Our Students & Save Our Staff by Getting Back to the Basics – Keeping It Simple Silly! – *Co-sponsored by General, Physical Education, Recreation & Dance Divisions***
- **Student Success Empowered by Formative Assessments – *Co-sponsored by General & Physical Education Divisions***

Health Promotion

- **Mindful Eating Strategies to Address Childhood Obesity – *Co-sponsored by Physical Education Division***
- **REST...as Important as Sleep, Exercise, and Food!**

Physical Education Division Programs

Adapted Physical Education

- **EveryBODY Can Play: Accommodations Made Easy!**
- **Maximizing Physical Education for Students With and Without Disabilities through Universal Design for Learning – *Co-sponsored by College Division***
- **Promoting Independence with the Use of Switches in Adapted PE**
- **Signing in Physical Education – *Co-sponsored by General Division***
- **Strategies to Modify Challenging Functional behaviors to Increase Student Engagement – *Co-sponsored by General Division***
- **Supporting ALL Learners in PE with Google Slides**
- **Tools of the Trade: Less is More**

Early Childhood Education

- **Go Texan Day Dances – *Co-sponsored by Dance Division***

Elementary Physical Education

- **Bring the NOODS!!! – *Co-sponsored by Recreation & Dance Divisions***
- **Come Play with CCISD!**
- **Creating Engaging PE Lessons Using Technology**
- **Cross Curricular Activities in the Gym**
- **El Paso ISD's Raise the Bar Elementary School Fitness Program**

- Games You Know...and Some You Don't Know
- Happier Hour Lifetime Games and Strategies for PE and Self Lead Recess – *Co-sponsored by Health & Recreation Divisions*
- Help Build Stronger School- and State-Level Physical Education Policies for Texas Part II – *Co-sponsored by General, Health, Recreation & College Divisions*
- Hula Hut Mania
- Interview Tips for All! Calling All College Students and PE Professionals – *Co-sponsored by College Division*
- Learn to Teach a Fun& Innovative Flag Football Lesson Plan
- Let's Get Married 2.0!
- LET US Play: Five Key Principles for Maximizing Physical Activity and Learning in Physical Education – *Co-sponsored by College & Recreation Divisions*
- Motivated to Move through Games – *Co-sponsored by College Division*
- Movement is Dancing – *Co-sponsored by Dance Division*
- Physical Activity Breaks in the Classroom...Say What?!?
- Rainy Day Games with the Goose
- "Ready. Set. Go! Games & Essential Skills for Every PE Teacher to Know!"
- #RISDmoves with Minimal Equipment
- Splash Safely: A Physical Education Water Sport Program for Grades K-5 – *Co-sponsored by Recreation & Health Divisions*
- Teaching Games with a Purpose the AISD Way
- The GIFs that Keep on Giving
- The Goose Games
- The Texas Tornadoes Take on Texas-Sized PE!
- UP, UP, and AWAY with PARACHUTE PLAY
- Ysleta ISD: The Best of the West! – *Co-sponsored by Dance Division*

Middle & High School Physical Education

- Activities that Get Secondary Students Moving While You Meet Your T-TESS Goals – *Co-sponsored by College Division*
- El Paso ISD's Raise the Bar Middle School Fitness Program
- Help Build Stronger School- and State-Level Physical Education Policies for Texas Part I – *Co-sponsored by General, Health, Recreation & College Divisions*
- Let's Talk: Creating Evidence-Based Assessment
- Orb Ball the Game: Lesson Ideas and Demonstration – *Co-sponsored by College Division*
- Safe and Effective Resistance Training in Secondary Physical Education
- Teaching Secondary Physical Education – Unpopular Opinion Edition
- Tis' the Season...Part 4!

Sports

- Pass it On! How Can TAHPERD Members Assist with the Nationwide Shortage of Sports Officials – *Co-sponsored by Recreation, General & College Divisions*
- Pickleball 101: An Introduction to America's New Favorite Addiction – *Co-sponsored by College, Recreation & Health Divisions*
- Recommending the Sport Education Model for High School Esports Programs
- Simple Tennis: The Unwritten Rules

Recreation Division Programs

Adventure Education

- Laying the Foundation for a Successful Learning Community in Physical Education – *Co-sponsored by Physical Education, Health & General Divisions*
- Mountain Biking for Beginners – Part 1
- Mountain Biking for Beginners – Part 2

Leisure Activities & Sports

- Don't Pass on the TAHPERD Rec Walk – *Co-sponsored by Health, Physical Education, College & Dance Divisions*
- Campsite Leisure Activities
- KUBB your Enthusiasm – *Co-sponsored by Physical Education Division*
- Mindful Movement and Yoga – *Co-sponsored by Health & Physical Education Divisions*
- Passing it ON as we get on board the Mexican Train! – *Co-sponsored by Physical Education Division*
- TRoFE is turning 28 and this Session has Prizes! Bring a Friend!

Outdoor Education

- Kayaking Made Easy – *Co-sponsored by Physical Education Division*
- Leadership in Outdoor Recreation and Higher Education – *Co-sponsored by College & Health Divisions*
- Teaching Outdoor Education in Schools
- Using a Compass to Enhance Student Learning – *Co-sponsored by Physical Education Division*

Water Sports Section

- Pass on Snorkeling!
- Safe and Effective Strategies for Adapted Aquatics – *Co-sponsored by Physical Education*

Exhibitor Showcase Programs

- 9 Square in the Air – Pass it On! – *9 Square in the Air*
- Active Learning – Team Building, Cooperative Learning, Skill Development and Most of All Fun! – *GOPHER Sport*
- AIM 4 PIE...Letters on a Ball! Designed by an Elementary Teacher to Deliver Academic Content through High Energy Movement: Cross-Curricular – *Aim 4 Pic, LLC*
- Boosting Engagement: Goals, Data, Positive Environment for Students – *Marathon Kids*
- Break the Cycles of Waist Hooping Failure: Every Body Can Do It with CHulaHoops! – *CHulaHoops*
- Building Your Kids Heart Challenge Program to the Next Level! More Meaning, More Fun and More Engagement in Your Community – *American Heart Association*
- Build Positive Relationships with Coach Mentor Training – *U.S. Soccer Foundation*
- Bump Up the Fun with Boardball! – *Boardball, Inc.*
- Developing Physical Literacy with Exercise Task Cards – *G-W Publisher*
- Don't Pull the Plug on Daily Fitness – *OPEN/US Games/BSN Sports*
- Empowering Physical Education Beyond the Gymnasium – *NeverStopMoving365*
- Enhancing Physical Education with Health Ed Journeys – *CATCH Global Foundation*
- Every Body Move: Engaging ALL Students in PE Fun! – *School Health Corporation*
- Everybody Pass & Play – *GOPHER Sport/SPARK*
- Food Detectives Workshop: Promoting Food Literacy in 4th Grade Classrooms – *The Beecher's Foundation*
- Get Active & Engaged: Unleash the Fun with OPEN! – *OPEN/US Games/BSN Sports*
- Get FAST and FURIOUS with Omnikin! – *Omnikin, Inc.*
- Get Strong, Get Fast, Get Connected: Fun & Functional Fitness for Elementary & Middle School! – *OPEN/US Games/BSN Sports*

- Halo Ball: Taking PE Class to a HIGHER Level – *Halo Ball*
- In Cahoots with Parachutes – *QuaverED*
- Kids Teaching Kids: 12-Day Snacking Challenge – *Kids Teaching Kids*
- Partner Jumping, Long Rope and Double Dutch Fun! – *Learnin' the Ropes*
- PE to the Max! Technology to Increase MVPA – *Heart Zones, Inc.*
- Sport Stacking with Speed Stacks – Featuring Games and Activities! – *Speed Stacks, Inc.*
- Strategies to Create an Inclusive Environment in PE – *School Specialty Sportime*
- Teaching Nutrition from Pasture to Plate – *Texas Beef Council dba Beef Loving Texans*
- The Rhythm is Going to Fit You – *OPEN/US Games/BSN Sports*
- Traverse Climbing Wall Activities & Tips – *Everlast Climbing Industries, Inc.*