



# CONVENTION PROGRAM DETAILS

101<sup>ST</sup> ANNUAL CONVENTION • DECEMBER 4-7

MOODY GARDENS HOTEL & CONVENTION CENTER • GALVESTON, TEXAS

All education programming will be held at the Moody Gardens Hotel & Convention Center unless otherwise specified. One clock hour equals one CPE hour. Programs longer than one clock hour are designated next to the program description.

## FRIDAY

DECEMBER 6, 2024

**7:00 AM – 5:00 PM**

**Registration Desk Open**

*Exhibit Hall Foyer*

**8:00 AM – 1:30 PM**

**Exhibit Hall Open**

*Exhibit Hall A*

**8:00 AM – 10:00 AM**

*(2 hours of CPE)*

### RECREATION DIVISION

ADVENTURE EDUCATION SECTION

*Meet in Outdoor Breezeway by Convention Center Parking Garage*

**Presentation:** Mountain Biking for Beginners Part 2 – Jason Sellers, Pete Silvius, and Bob Sanderson

**Description:** Meet outside in the Convention Breezeway by the Convention Center Parking Garage. Mountain bike and certified helmet required. Limited bikes will be available for checkout. Bring water, sunscreen and your adventurous spirit. This will be the practical application of what was taught in Part 1. It is highly recommended that participants of this session also attended Mountain Biking for Beginners Part 1.

**Activity:** Audience Participation

**8:00 AM – 10:00 AM**

*(2 hours of CPE)*

### GENERAL, PHYSICAL EDUCATION & HEALTH DIVISIONS

K-12 ADMINISTRATORS SECTION

*Garden Terrace*

**Presentation:** K-12 Administrators Breakfast and Round Table Discussion – Discussion Led by Marcellus Parker – K-12 Administrators Section Chair

**Description:** This session will be designed to support Physical Education and Health Leaders by providing tangible tools and strategies that will aim to equip and empower teachers! Participants will brainstorm current obstacles in the profession and formulate call to action plans relevant to their specific position as well as the profession as a whole. Attendees must purchase tickets in advance to receive the breakfast. Breakfast tickets will not be sold on site.

**Activity:** Audience Participation

**Business:** Section Elections  
Breakfast Sponsored by CATCH Global Foundation

**8:00 AM – 9:00 AM**

### PHYSICAL EDUCATION, RECREATION & HEALTH DIVISIONS

ELEMENTARY PHYSICAL EDUCATION, WATER SPORTS, HEALTH INSTRUCTIONAL AND HEALTH COMMUNITY EDUCATION SECTIONS

*Viewfinders Terrace*

**Presentation:** Splash Safely: A Physical Education Water Sport Program for Grades K-5 – Susan Tyson and Jenny Sparks

**Description:** Drowning is the #1 leading cause of unintentional death for children ages 1-4 and the #2 leading cause for children under the age of 14. (CDC, 2024). We are committed to teaching children, parents, and caregivers water safety habits, attitudes, skills, and knowledge to reduce or eliminate drowning in the State of Texas. Our gymnasium lessons are designed to increase water safety awareness and empower and encourage students to share what they learn to be safer in, on, and around the water. Most materials are available in Spanish and English. All activities, skills, and knowledge comply with many of the Texas Essential Knowledge



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and Skills for Health Education and Physical Education (2020) and can be completed in 3-6 class periods. Additional information on conducting an in-water “Water Safety Day” will be provided. Bring computer or phone to log on to lessons, activities, and websites.

**Activity:** Lecture

## EXHIBITOR SHOWCASE

### Texas Beef Council dba Beef Loving Texans

*Salon E*

**Presentation:** Teaching Nutrition from Pasture to Plate – Amy Foster

**Description:** From pasture to plate, help teach your kids where their food comes from with Hank the Cow Dog. Incorporate essential nutrition and healthy lifestyle ideas through fun games and activities. Leave with some swag, FREE resources, and curriculum! 3-8 grade.

**Activity:** Audience Participation/ Lecture

## DANCE DIVISION

DANCE PEDAGOGY AND DANCE PERFORMANCE SECTIONS

*Salons FG*

**Presentation:** Student Choreography Feedback – Carisa Armstrong

**Description:** Participants will use the Liz Lerman Critical Response Process to provide verbal feedback to student choreographers.

**Activity:** Performance

## EXHIBITOR SHOWCASE

### NeverStopMoving365

*Salon H*

**Presentation:** Empowering Physical Education Beyond the Gymnasium – Christina Collins

**Description:** Physical Education is not just about sports, movement, and exercise within the confines of a school gymnasium or field; it's about instilling a lifelong appreciation for physical activity and overall health and well-being. In this workshop, attendees will unlock the full potential of PE curriculum by learning practical strategies to extend its impact far beyond the classroom walls. Attendees will learn the exact steps to follow to bring PE home for their students achieving our ultimate goal of fostering physically literate individuals and lifelong exercisers. Attendees will be equipped with the knowledge and tools necessary to easily implement and bring PE home to their students. Engaging students beyond the gymnasium and learning to earn beyond the PE classroom will positively impact your life and the lives of your students.

**Activity:** Lecture

## HEALTH DIVISION

COMMUNITY HEALTH EDUCATION, HEALTH PROMOTION, HEALTH INSTRUCTIONAL PROGRAM, AND HEALTH PROFESSIONAL EDUCATION SECTIONS

*Vine Room I*

**Presentation:** Red Flags for Human Trafficking – Part 2 – Rosanne Keithley and Dr. Judy Sandlin, 2023 TAHPERD Scholar

**Description:** Part 2 of Red Flags for Human Trafficking focuses on the recognizing, reporting, and recovery for victims of labor and sex trafficking through scenario-based activities that integrate critical thinking skills and emotional intelligence activities to prepare school personnel in suspected trafficking situations. Emergency response plans will be developed and discussed among participants with the use of focused role playing through the What If best practice activity used in the field of emergency management.

**Activity:** Lecture

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## COLLEGE & GENERAL DIVISIONS

SPORT MANAGEMENT, COLLEGE ADMINISTRATORS, PROFESSIONAL PREPARATION, STUDENT, AND DIVERSITY SECTIONS

*Vine Room II*

**Presentation:** Dear Colleagues: Is Sport Equity Required? – Dr. Julie Foster Mata

**Description:** This presentation will highlight current issues related to equity law and policy in sport. Attendees will leave with a clearer understanding of the difference between policy guidance provided within “Dear Colleagues Letters,” and the law related to equity, diversity, and inclusion in sport.

**Activity:** Lecture

## COLLEGE, HEALTH & GENERAL DIVISIONS

LIFETIME WELLNESS AND RETIRED PROFESSIONALS SECTIONS

*Ivy Room*

**Presentation:** Exercise Programing for Senior Adults – Dr. Erika Short

**Description:** Promoting the idea of creating an exercise program with students of all ages exercising with older adults for mutual benefits. These programs not only promote physical health but also foster meaningful connections across generations, enriching communities in numerous ways. For older adults, regular exercise can significantly enhance their quality of life. Many older

adults may feel more motivated and engaged when exercising with younger individuals, finding inspiration and encouragement from their energy and enthusiasm. On the other hand, students can gain valuable insights and skills by participating in such programs. Working with older adults allows them to develop empathy, patience, and communication skills while learning about the unique needs and challenges faced by seniors. These experiences can be particularly beneficial for students pursuing careers in healthcare, gerontology, or related fields, providing them with practical experience and a deeper understanding of aging issues.

**Activity:** Audience Participation/ Lecture

## EXHIBITOR SHOWCASE

School Health Corporation/  
Palos Sports

*Exhibit Hall A1*

**Presentation:** Every Body Move: Engaging ALL Students in PE Fun! – Christina Fuller-SummeY and Don Salvucci

**Description:** Jump in and learn top-notch activities that meet ALL students’ needs! Expand your teacher toolkit by learning how to optimize engagement and facilitate 100% participation!

**Activity:** Audience Participation

## PHYSICAL EDUCATION DIVISION

ELEMENTARY PHYSICAL EDUCATION SECTION

*Exhibit Hall A2*

**Presentation:** Rainy Day Games with the Goose – Amanda Kennington, Joel Kunz, Kristin Reyes, Camryn Kotlarz, Bruce Cortez, Sherry Young, Charles Johnson, Amanda Lucas, and Jennifer Starr

**Description:** Keep the torch lit with large group physical activities for rainy or cold days. Designed to engage all children in activities while building both cross-curricular and physical literacy, confidence, and team building skills.

**Activity:** Audience Participation

## PHYSICAL EDUCATION, RECREATION & DANCE DIVISIONS

ELEMENTARY, MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION, AND EARLY CHILDHOOD EDUCATION SECTIONS

*Exhibit Hall A3*

**Presentation:** Bring the NOODS!!! – Jude Palacios, Lonny Nava, Robert Guevara, Alfredo Bravo, and Elbert Baird

**Description:** We will be presenting many different games and activities which all use pool noodles as the main piece of equipment or a supplementary equipment. There will be at least one dance in which the students will be using the noodles to keep to a rhythm.

**Activity:** Audience Participation



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## PHYSICAL EDUCATION & DANCE DIVISIONS

ELEMENTARY PHYSICAL EDUCATION AND DANCE CULTURAL, SOCIAL & WELLNESS FORMS SECTIONS

*Floral Hall A*

**Presentation:** Movement IS Dancing! – Janice Longino

**Description:** Moving to music is dancing. Participants will learn how to introduce different types of movement to music to their students. Movements will include, fitness, warm-ups, walk dancing, and created moves. Participants will have a simple dance to take back to the students.

**Activity:** Audience Participation

## EXHIBITOR SHOWCASE

### CHulaHoops

*Floral Hall B*

**Presentation:** Break the Cycle of Waist Hooping Failure – Every Bod Can Do It with CHulaHoops! – Marty Bernard

**Description:** Experience the Joy of Success with ChulaHoops! Exercise, play, dance, multi-task and laugh your way through an invigorating, all-inclusive experience from Warm Up to Cool Down. Every Body Can Do It! If you have never been able to hoop before, it was not your fault. It was the fault of the plastic ring. It's not Opinion. It's Geometry!

**Activity:** Audience Participation

## 9:00 AM – 11:00 AM COLLEGE DIVISION

RESEARCH SECTION

### Poster Presentations

*Convention Center Corridor*

**Presider:** Dr. Lorraine Killion –

Research Section Chair

Poster Judging & Viewing:

9:00 am – 11:00 am

**Business:** Section Elections

**Announcement of Poster Winners & Election Results:** 11:00 am

The lead authors of the following Poster Presentations will be available to answer questions from 9:00 – 11:00 am. Poster numbers listed by the titles designate the lead author's classification:

UG = Undergraduate, G = Graduate, and P = Professional. Abstracts are listed alphabetically by lead author's last name in each classification.

*UG 1 Assessment of Walkability and Bikeability in Deep East Texas Environments. By Marco Campos and Dr. Wycliffe Njororai Simiyu, Stephen F. Austin State University.*

*UG 2 The Effects of Fatigue on Barbell Back Squat. By Madalyn Griffin, Dr. Sharon Rice, and Dr. Amber Chelette, Stephen F. Austin State University.*

*UG 4 Student Engagement in The Campus Recreation Center. By Jessica Leon and Dr. Sharon Rice, Stephen F. Austin State University.*

*UG 5 Estimating VO2max in College Students Using the 1-Mile Run and PACER. By Christina Slape and Dr. John Smith, Texas A&M University – San Antonio.*

*G 6 Effects of GOFIT Sports Program on Elementary School-Aged Children Fitness Levels. By Sebastian André Cox, Jr. and Dr. T. Brock Symons, Texas A&M University – San Antonio.*

*G 7 Investigating the Dose-Response Relationship Between Physical Activity and Neuropsychological Function in Young Adults. By Anushree Gurav, Kimberly Vanhooose, Anusha Bantumilli, Caifang Wu, and Dr. Xiangli Gu, University of Texas at Arlington.*

*P 8 Movement Integration Facilitators and Barriers in Secondary Schools: A Scoping Review. By Dr. Liana Davis, Texas A&M University – Corpus Christi; Dr. Jongho Moon, Western Michigan University; Dr. Collin Webster, Texas A&M University – Cor-*

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pus Christi; Dr. Taemin Ha, Queens College, City University of New York; Dr. Hyeonho Yu, Metropolitan State University of Denver; and Vishwa Parikh, Texas A&M University – Corpus Christi.

P 9 *Self-Efficacy Influences of Pre-Service Physical Education Teachers who Instruct Students with Disabilities.* By Dr. Emily Mason, Victoria College; Dr. Karen Lux Gaudreault and Dr. Victoria Shiver, University of New Mexico; Dr. Amanda Young, California State University – Long Beach; and Dr. Glenn Hushman, University of New Mexico.

P 10 *edTPA Scores and Student Fatigue: A Mental Health Perspective.* By Dr. Sharon Rice, Dr. John Stewart, and Dr. Victoria Wagner-Greene, Stephen F. Austin State University.

P 12 *Exploring the Lived Academic and Social Experiences of Female Student-Athletes who Graduated from Texas Community Colleges.* By Dr. Kristy Urbick, Del Mar College.

**9:15 AM – 11:30 AM**

(2 hours of CPE)

## HEALTH & PHYSICAL EDUCATION DIVISIONS

HEALTH INSTRUCTIONAL PROGRAM AND HEALTH PROMOTION SECTIONS

Salon H

**Presentation:** Evidence Based Best Practicing in Teaching Health and Wellness – Janet Scott-Carrier

**Description:** This presentation is a tool for the Novice to the Veteran Educator to look at best practices that work for the learners that they teach through intentional lesson planning, gathering live data, developing a healthy learning, and teaching atmosphere. We will look at the TTESS Domains and use it as a tool for lesson planning, classroom management and other ways that will be effective in the classroom daily. The intention is for the participant to leave the session empowered to use the TTESS Dimensions as a tool for daily teaching and not just for appraising their teaching.

**Activity:** Audience Participation

**9:15 AM – 10:15 AM**

## HEALTH DIVISION

HEALTH PROMOTION AND HEALTH PROFESSIONAL EDUCATION SECTIONS

Viewfinders Terrace

**Presentation:** REST...as Important as Sleep, Exercise and Food! – Dr. Sandy Kimbrough

**Description:** “REST.....why you

get more done when you work less.” Identify challenges and successes related to rest; learn tips or becoming productive, healthy, and happy by RESTING!

**Activity:** Audience Participation/ Lecture

## EXHIBITOR SHOWCASE

### American Heart Association

Salon E

**Presentation:** Building Your Kids Heart Challenge Program to the Next Level! More Meaning, More Fun, and More Engagement in Your Community – Amy Newman

**Description:** Prevention starts at 5, not 50. Join us in building a Nation of Lifesavers by hearing from Kids Heart Challenge participating teachers and ways they make their programs successful, meaningful and treasured traditions on their campus. Get ready to be inspired by great ideas you can use in your upcoming events!

**Activity:** Audience Participation/ Lecture

## DANCE, PHYSICAL EDUCATION, COLLEGE & GENERAL DIVISIONS

DANCE CULTURAL, SOCIAL & WELLNESS FORMS, ELEMENTARY PHYSICAL EDUCATION, STUDENT, AND K-12 ADMINISTRATORS SECTIONS

Salons FB

**Presentation:** Dance for All – Juliana Williams and Adia Richardson, 2023 TAHPERD K-12 Dance Teacher of the Year



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**Description:** Dance for all is a session to help promote dance through all classrooms. Tools will be taught to help all teachers promote dance knowledge, skills and creative processes in any classroom setting.

**Activity:** Audience Participation

## EXHIBITOR SHOWCASE

### Beecher's Foundation

*Vine Room I*

**Presentation:** Food Detective Workshop – Promoting Food Literacy in 4th Grade Classrooms – Rebecca Salo

**Description:** Free Nutrition Workshop for your 4th Grade Classroom! Our interactive learning standards-aligned workshop-in-a-box turns 4th graders into Food Detectives, one classroom at a time. We're On A Mission: Kids are the #1 target of food marketing in the USA, with the majority of advertising dollars going towards foods that are high in sugar and ultra-processed ingredients. We believe all kids should be equipped with skills to help see through marketing messages so they can make smart choices when it comes to food. We designed our program with teachers in mind. Our Facilitation Guide includes everything you need to know to effectively plan for and run the workshop. Once it's time to begin, our website does the heavy lifting as it guides your students on a path to becoming fully fledged Food Detectives.

**Activity:** Audience Participation/ Lecture

## COLLEGE, HEALTH, RECREATION & PHYSICAL EDUCATION DIVISIONS

LIFETIME WELLNESS, HEALTH PROMOTION, LEISURE ACTIVITIES & SPORTS, AND MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION SECTIONS

*Vine Room II*

**Presentation:** Staying Inspired with Exercise – Dr. Lisa Alastuey

**Description:** What motivates one to participate in lifelong exercise and physical activity? During this presentation, I will address making exercise and physical activity participation a habit starting at a young age, therefore influencing motivation and discipline as a factor for being active later in life. This topic is a significant area in current and future research given the obesity epidemic facing today's population. Currently, two thirds of Americans are either overweight or obese and the trend is worsening rather than improving. People who are obese and inactive are more likely to die prematurely than people who are of a healthy weight and remain active. To have success as a teacher, coach, or exercise leader requires a thorough understanding of motivation, including the

factors affecting it and the methods of enhancing it in individuals and groups. During this program, I will provide interactive activities to increase audience knowledge on exercise motivation and provide participants with helpful related resources.

**Activity:** Lecture

**Business:** Lifetime Wellness Section Elections

## COLLEGE, GENERAL & PHYSICAL EDUCATION DIVISIONS

COLLEGE ADMINISTRATORS, PROFESSIONAL PREPARATION, AND K-12 ADMINISTRATORS SECTIONS  
*Ivy Room*

**Presentation:** Transforming Physical Education Teacher Education at a Liberal Arts College – Dr. Josiah Johnson

**Description:** Join us as we navigate the evolution of our Physical Education Teacher Education program. Discover our strategies updating Program Learning Objectives, addressing Approved Educator Standards for Physical Education EC-6 and All Level Certificates, course additions, and program modifications with the goal of improving new in-service teacher preparation. Gain insights into overcoming obstacles like funding, recruitment, and student teacher placements.

**Activity:** Audience Participation/ Lecture

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## EXHIBITOR SHOWCASE

### G-W Publisher

*Exhibit Hall A1*

**Presentation:** Developing Physical Literacy with Exercise Task Cards – Bill Bode

**Description:** Fitness can be more than just learning how to work out. Students, like all of us, want to have a say in how they get exercise. In this session, Bill Bode (2017 SHAPE SD HS PE TOY) will use the Fitness and Wellness Skills Exercise Task Cards to demonstrate multiple activities that can be used to engage all students in developing their fitness.

**Activity:** Audience Participation

## EXHIBITOR SHOWCASE

### OPEN/US Games/BSN Sports

*Exhibit Hall A2*

**Presentation:** Get Active & Engaged: Unleash the Fun with OPEN! – Trent Suzuki

**Description:** In this session we will explore a variety of strategies to keep your students moving and motivated from OPEN, including fostering exploration and discovery through movement-based activities, mastering engaging activities that require minimal resources, discovering a toolbox of quick and engaging exercises to energize your class, and unleashing the competitive spirit with fundamental invasion game concepts. Leave this session inspired with a toolkit of fun

and effective strategies to make your PE classes the highlight of the day!

**Activity:** Audience Participation

## PHYSICAL EDUCATION & AREA DIVISIONS

ELEMENTARY PHYSICAL EDUCATION AND ALL AREA DIVISION SECTIONS

*Exhibit Hall A3*

**Presentation:** The Texas Tornadoes Take on Texas-Sized PE! – Pam Straker, Dr. Erica Armijo, Amber Sladeczek, and Ben Pirillo

**Description:** Texas PE is anything but regular. Join us to tackle those large classes with fun, high activity games that will BLOW YOU AWAY - Texas style!

**Activity:** Audience Participation

**Business:** All Area Division Section Elections

## RECREATION DIVISION

LEISURE ACTIVITIES & SPORTS SECTION

*Floral Hall A*

**Presentation:** Campsite Leisure Activities – Cara Grossman, Letty Gonzales, Nora Ryan, and Lisa Schneider

**Description:** If you want to entertain your campers at a campsite, come join this session to learn a plethora of campsite leisure activities that are fun for the whole family!

**Activity:** Audience Participation

**Business:** Section Elections

## PHYSICAL EDUCATION DIVISION

ELEMENTARY PHYSICAL EDUCATION SECTION

*Floral Hall B*

**Presentation:** Games You Know... and Some You Don't Know – Timothy Rader, Chris Peurifoy, Russell Chavez, and David Vaughn, 2023 TAHPERD Elementary Physical Education Teacher of the Year

**Description:** Come learn some new activities and reacquaint yourself with some classic activities that are guaranteed to keep your students active and having a blast!

**Activity:** Audience Participation

10:30 AM – 11:30 AM

## RECREATION & PHYSICAL EDUCATION DIVISIONS

OUTDOOR EDUCATION AND ADVENTURE EDUCATION SECTIONS

*Meet in Outdoor Breezeway by Convention Center Parking Garage*

**Presentation:** Using a Compass to Enhance Student Learning – Dr. Kent Griffin and Pete Silvius

**Description:** Teachers and Practitioners will learn the basics of using a compass as well as how to implement the curriculum into an outdoor education unit.

**Activity:** Audience Participation



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## GENERAL DIVISION

DIVERSITY SECTION

*Viewfinders Terrace*

**Presentation:** Involvement and Leadership in TAHPERD: How to Become More Involved in TAHPERD! – Barbara Polansky

**Description:** Want to get more involved in TAHPERD? Want to become a presenter, committee member and/or an officer? FIND OUT HOW!

**Activity:** Lecture

## RECREATION, PHYSICAL EDUCATION, HEALTH & GENERAL DIVISIONS

ADVENTURE EDUCATION, ELEMENTARY PHYSICAL EDUCATION, AND MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION SECTIONS

*Salon E*

**Presentation:** Laying the Foundation for a Successful Learning Community in Physical Education – Roina Baquera and Sarah Soule

**Description:** What is the difference between a group of students and a community of learners? How do facilitators create learning environments in which all students take ownership of learning? Learn how to develop learners who problem solve, create, lead, and work collaboratively with others for success within and outside of the classroom walls? Through the lenses of trauma informed instruction and adventure experiential learning, all students

have the opportunity to be an authentic and engaged member of the learning community. Participants will engage in activities and learn about strategies facilitators of learning utilize to lay a foundation for successful learning communities.

**Activity:** Audience Participation/ Lecture

**Business:** Adventure Education Section Elections

## DANCE DIVISION

DANCE PEDAGOGY AND DANCE CULTURAL, SOCIAL & WELLNESS FORMS SECTIONS

*Salons FG*

**Presentation:** Incorporate Dance Science Principles into Your Class – Carisa Armstrong

**Description:** Participants will learn techniques they can incorporate into their classroom teaching to create a safer environment for their students. These techniques will increase the student's success in dance movements and reduce the prevalence of injuries.

**Activity:** Audience Participation

## GENERAL DIVISION

RETIRED PROFESSIONALS SECTION

*Vine Room I*

**Presentation:** Looking Forward to Retirement! It's Never Too Soon to Start Planning – Linda Gibbons, Deidra Haines, and Rhonda Rutherford-Odom

**Description:** Retirement is waiting for everyone. It's never too early

to start gathering information to prepare for your future. Join us for a discussion to help you maneuver through the process.

**Activity:** Lecture

**Business:** Section Elections

## COLLEGE DIVISION

COLLEGE ADMINISTRATORS AND RESEARCH SECTIONS

*Vine Room II*

**Presentation:** Marketing Kinesiology in STEM – Dr. Billy Jack Ray, Dr. Kayla Peak, and Dr. Shanna Moody

**Description:** This research presentation explores the integration of Kinesiology principles into STEM (Science, Technology, Engineering, and Mathematics) education and the innovative marketing strategies required for its successful implementation. Kinesiology, the study of human movement, offers valuable insights and practical applications across various STEM disciplines, enhancing learning outcomes and real-world applicability. The presentation delves into the benefits of incorporating Kinesiology into STEM curricula, highlighting its potential to foster interdisciplinary collaboration, improve physical and mental well-being, and prepare students for diverse career paths. Additionally, it examines effective marketing strategies to promote the adoption of Kinesiology in STEM education, considering key stakeholders such

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as educators, students, parents, and policymakers. By showcasing the synergy between Kinesiology and STEM fields and advocating for its integration through strategic marketing, this presentation aims to inspire educators and institutions to embrace innovative approaches for holistic and impactful learning experiences.

**Activity:** Audience Participation/  
Lecture

**Business:** College Administrators  
Section Elections

## COLLEGE, GENERAL, PHYSICAL EDUCATION & RECREATION DIVISIONS

SPORT MANAGEMENT,  
INSTRUCTIONAL TECHNOLOGY,  
SPORTS, AND LEISURE ACTIVITIES  
& SPORTS SECTIONS

*Ivy Room*

**Presentation:** Integrating Trello, AI, & Project Management in Sports Event Management – Dr. Misty Kesterson, and Dr. Susan Elwood

**Description:** The objective of this workshop is to provide participants with a comprehensive understanding of how to leverage Trello, artificial intelligence (AI), and project management methodologies for effective sports event management. Participants will learn how to combine these tools and techniques to streamline event planning, enhance team collaboration, and optimize event outcomes.

**Activity:** Audience Participation/  
Lecture

## PHYSICAL EDUCATION DIVISION

ADAPTED, ELEMENTARY, MIDDLE &  
HIGH SCHOOL PHYSICAL  
EDUCATION, AND EARLY  
CHILDHOOD EDUCATION  
SECTIONS

*Exhibit Hall A1*

**Presentation:** Promoting Independence with the Use of Switches in Adapted PE – Ashley Sanchez and Melanie Petrash

**Description:** A variety of equipment will be presented that incorporates the use of switches to activate multiple types of blowers (leaf blower, hair dryer, air pump, etc.) This equipment will promote skill development and inclusivity for low-motor students. The session will be an interactive, hands-on experience.

**Activity:** Audience Participation

## EXHIBITOR SHOWCASE

**Omnikin, Inc.**

*Exhibit Hall A2*

**Presentation:** Get FAST and Furious with Omnikin – Scott Williams

**Description:** Join this fast-paced, action-packed 60 minutes of FUN that will leave your students begging for more! We have everything from intense fitness games to hilarious partner tag activities to the ultimate cooperative team sport, Kin-Ball! What are you waiting for?!? Join Team Omnikin today and blow your students away!

**Activity:** Audience Participation

## EXHIBITOR SHOWCASE

**U.S. Soccer Foundation**

*Exhibit Hall A3*

**Presentation:** Build Positive Relationships with Coach Mentor Training – Dr. Katlin Okamoto and Lisa Perry

**Description:** Coach-Mentor Blueprint Training provides teachers and coaches with a mentoring framework for working with youth in physical activity and sport settings. Participants will leave with a step-by-step approach to create lasting, positive connections, and to positively impact the physical, social, and emotional health of the youth they serve. The workshop will include activities, skill development, and resources for integrating best practices in youth mentoring into your work with young people- particularly those from underserved communities.

**Activity:** Audience Participation/  
Lecture

## PHYSICAL EDUCATION DIVISION

MIDDLE & HIGH SCHOOL  
PHYSICAL EDUCATION SECTION

*Floral Hall A*

**Presentation:** El Paso ISD's Raise the Bar Middle School Fitness Program – Lisa Mendez, Danny Paniagua, and Andreana Harkless

**Description:** EPISD's Raise the Bar Fitness Program demonstrates high-intensity interval training focused on strength and conditioning specially developed for secondary students.

**Activity:** Audience Participation



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ELEMENTARY, MIDDLE & HIGH SCHOOL, ADAPTED PHYSICAL EDUCATION, AND EARLY CHILDHOOD EDUCATION SECTIONS

*Floral Hall B*

**Presentation:** The GIFs That Keep on Giving – Curtis Tinsley

**Description:** Attendees will learn innovative activities that uses minimal equipment, drip feeds the content & fits any size group or budget. They will also gain an understanding of how the use of GIFs can enhance a lesson while providing an opportunity to reach each student's unique learning style.

**Activity:** Audience Participation

**11:30 AM – 1:00 PM**

*Lunch on Your Own*

**11:30 AM – 1:00 PM**

**Presidents Luncheon**

*Garden Terrace*

*(By Invitation Only)*

**11:30 AM – 1:00 PM**

*(1.5 hours of CPE)*

## DANCE DIVISION

DANCE PERFORMANCE SECTION

*Moody Ballroom I*

**Presentation:** Kaleidoscope Dance Concert – Coordinated by the Dance Performance Section Officers

**Description:** This concert is comprised of choreographic submissions featuring performances by various elementary, secondary, and college students of TAHPERD

members. This concert is also viewed by a panel of adjudicators for valuable feedback following the session.

**Activity:** Performance

**Business:** All Dance Division Section Elections

**1:05 PM – 1:25 PM**

**Grand Prize Drawing**

*Exhibit Halls BC*

**1:30 PM – 3:30 PM**

*(2 hours of CPE)*

## RECREATION DIVISION

LEISURE ACTIVITIES & SPORTS SECTION

*Meet in TAHPERD Registration Area*

**Presentation:** TRoFE is Turning 28 and this Session has Prizes! Bring a Friend! – Michael Hertlein, Erik Woods, and Tony Tran

**Description:** Participants will join a race on foot to explore the host city. You will need your fully charged phone, a buddy, and a can-do attitude while you enjoy this scavenger hunt! We have prizes for 1st place, 2nd place, and best dressed!

**Activity:** Audience Participation

**1:30 PM – 2:30 PM**

## GENERAL, HEALTH & PHYSICAL EDUCATION DIVISIONS

K-12 ADMINISTRATORS AND INSTRUCTIONAL TECHNOLOGY SECTIONS

*Viewfinders Terrace*

**Presentation:** Data Drive Decisions in Health and Physical Education:

Systems to Support HPE Coordinators and Administrators – Roina Baquera, Chris Moore, Cherelle Tillis, Dorian Watson, and Kabriel Lynn

**Description:** Data driven decision making is key to supporting a focused and an intentionally designed system of support for health and physical education teachers. Learn about resources and a data tracking system that informs professional learning design, instructional growth, teacher mentoring, administration communication, and accountability. The data collected can also be utilized as an advocacy tool for the work completed by district-level HPE coordinators and administrators.

**Activity:** Audience Participation/ Panel Discussion

## DANCE DIVISION

DANCE AESTHETICS SECTION

*Moody Ballroom I*

**Presentation:** Kaleidoscope Feedback Session – Coordinated by Misty Calvez, Dance Performance Section Chair

**Description:** A panel of adjudicators comprised of three dance professionals selected by the Dance Aesthetics Chair will provide verbal feedback to the choreographers and dancers in the Kaleidoscope Concert.

**Activity:** Panel Discussion

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## COLLEGE & PHYSICAL EDUCATION DIVISIONS

PROFESSIONAL PREPARATION, ADAPTED PHYSICAL EDUCATION, AND ELEMENTARY PHYSICAL EDUCATION SECTIONS

*Salon E*

**Presentation:** Building Connections, Collaboration and the Next Generation – Dr. Kelly Featherston, Thomas Swinden, Dr. Sharon Carano, and Katelyn Frisbie

**Description:** Who doesn't love to connect and collaborate with your peers? What if this process could also be mutually beneficial for your students (undergraduate and K-12)? Hear how university faculty and a local Adapted PE teacher joined together to plan and execute multiple events to benefit local Special Olympians and college undergraduate students. Also, hear the impact it had from an undergraduate. Learn steps you can take to build this partnership with your local school or university?

**Activity:** Audience Participation/ Lecture

**Business:** Professional Preparation Section Elections

## HEALTH DIVISION

HEALTH INSTRUCTIONAL PROGRAM SECTION

*Salon H*

**Presentation:** Navigating Values in the Classroom and Responding to Challenging Questions: Best Practices for Teaching Reproduc-

tive and Sexual Health – Stephanie Hebert

**Description:** Effectively facilitating reproductive and sexual health education requires unique skills that promote safe, inclusive, and supportive environments to expand student learning. This session will introduce essential strategies for navigating individual values and responding to challenging questions in the classroom.

**Activity:** Audience Participation/ Lecture

## PHYSICAL EDUCATION DIVISION

ADAPTED, ELEMENTARY, AND MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION SECTIONS

*Vine Room I*

**Presentation:** Supporting ALL Learners in PE with Google Slides – Christina Fuller-Summer and Mike Munoz

**Description:** Visuals have been known to support learners with disabilities. Many of the strategies used in this presentation are aligned with the ELPS strategies-used to support our second language learners, resource strategies- used to support our students with learning challenges and needs, and are proven strategies to help establish routine, state clear objectives and provide supports that benefit all students with their learning needs.

**Activity:** Lecture

## COLLEGE DIVISION

STUDENT SECTION

*Vine Room II*

**Presentation:** Starting Strong: Beginner's Blueprint for Starting a Research Project – Dr. Lorraine Killion and Amanda Luera

**Description:** Currently TAHPHERD is undergoing a drive to entice more undergraduate students to conduct research that will contribute to not only the field, but the TAHPERD organization as well. This oral presentation will introduce undergraduate students to the research process. An undergraduate student and her professor will discuss her introduction and journey into the research process. A step-by-step procedure will be presented, and an interaction and Q & A session will follow to motivate and encourage other students to get involved.

**Activity:** Lecture

## PHYSICAL EDUCATION, GENERAL, HEALTH, COLLEGE & RECREATION DIVISIONS

ELEMENTARY, MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION, K-12 ADMINISTRATORS, AND ASSESSMENT & EVALUATION SECTIONS

*Ivy Room*

**Presentation:** Help Build Stronger School- and State-Level Physical Education Policies for Texas Part II – Dr. José Santiago, Dr. Kent Griffin, Dr. Jason Norris, and Dr. Josiah Johnson



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**Description:** A national surveillance initiative is underway to track the implementation of Physical Education and Physical Activity policies across the country. This session will provide an overview of the project, including its goals, methodology, and current progress. Additionally, results specifically from the state of Texas will be highlighted and shared with attendees, offering insights into policy implementation at the state level.

**Activity:** Lecture

## PHYSICAL EDUCATION, COLLEGE & RECREATION DIVISIONS

ELEMENTARY, MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION, AND PROFESSIONAL PREPARATION SECTIONS

*Exhibit Hall A1*

**Presentation:** LET US Play: Five Key Principles for Maximizing Physical Activity and Learning in Physical Education – Dr. Collin Webster and Dr. Liana Davis

**Description:** Physical education lessons present an important opportunity to increase children and adolescents' participation in physical activity and to teach students the knowledge and skills needed to pursue a physically active lifestyle. This presentation will introduce the LET US Play principles, which focus on five key ways to help ensure all students stay physically active and engaged as

learners during physical education. The LET US Play principles provide a fundamental approach to effective teaching and physical activity promotion not just in physical education, but also in sport and recreation settings.

**Activity:** Audience Participation

## PHYSICAL EDUCATION DIVISION

MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION, ELEMENTARY PHYSICAL EDUCATION, AND SPORTS SECTIONS

*Exhibit Hall A2*

**Presentation:** Tis' the Season... Part4! – Amber Sladeczek, Kristi Baker, Ashley Rooker, and Kelli Smith

**Description:** Join the Fab 4 for another holiday-themed PE session with new activities and games to take back to your class that your students are guaranteed to love!

**Activity:** Audience Participation

**Business:** Middle & High School Physical Education and Sports Section Elections

## PHYSICAL EDUCATION DIVISION

ELEMENTARY AND MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION SECTIONS

*Exhibit Hall A3*

**Presentation:** Cross Curricular Activities in the Gym – Austin Yaeger

**Description:** Bringing activities

into the classroom that incorporate Math, Literacy, and other contents.

**Activity:** Audience Participation

## RECREATION DIVISION

OUTDOOR EDUCATION SECTION

*Floral Hall A*

**Presentation:** Teaching Outdoor Education in Schools – Letty Gonzales, Nora Ryan, Felicia Ceaser-White, and Lisa Schneider

**Description:** This session will share and demonstrate to the participants on how to build an Outdoor Education Program that will enhance their existing Physical Education Program.

**Activity:** Audience Participation

**Business:** Section Elections

## PHYSICAL EDUCATION DIVISION

ELEMENTARY PHYSICAL EDUCATION SECTION

*Floral Hall B*

**Presentation:** Engaging Big and Small Classes with Minimal Equipment – Armando Corona, Sean McGinnis, and Gilbert Armendariz

**Description:** This presentation will showcase how to build student engagement and participation as well as managing student behavior with minimal equipment. Learn how creative Physical Education

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classes can be with just poly spots and sports balls. We will review different activities that address all class sizes. The purpose of this program is to show new ways to keep all students engaged and participating rather than sitting down waiting for their next turn helping to reduce both misbehavior and lack of participation.

**Activity:** Audience Participation

**2:45 PM – 3:45 PM**

## GENERAL DIVISION

DIVERSITY SECTION

*Viewfinders Terrace*

**Presentation:** Creating a Gender-Neutral Learning Environment – Nickie Allen

**Description:** Create a learning environment that promotes healthy lifestyles which accepts, values, and respects all students regardless of their gender identity.

**Activity:** Audience Participation

## 2025 TAPERD CONVENTION KICK-OFF MEETING

*Garden Terrace*

All 2024 and 2025 Division Officers, Section Chairs, and newly elected 2026 Division Officers and Section Chairs are invited and encouraged to attend this initial kick-off meeting for the 2025 TAPERD 102nd Annual Convention to be held December 3 – 6 in Fort Worth, Texas. The 2025 TAPERD President, Thom-

asina Gatson, will introduce the 2025 TAPERD Officers. Program planning selection procedures will be discussed along with time for questions and answers from TAPERD Staff.

## RECREATION, COLLEGE & HEALTH DIVISIONS

OUTDOOR EDUCATION AND LIFETIME WELLNESS SECTIONS

*Salon E*

**Presentation:** Leadership in Outdoor Recreation and Higher Education – Mary Powers

**Description:** Objectives will be to demonstrate ways to integrate outdoor recreation courses into high education and how these classes in turn can create or encourage leadership in students in higher education as they head into their workforces. Topics will cover curriculum, local resources, and leadership activities.

**Activity:** Audience Participation/ Lecture

## DANCE, PHYSICAL EDUCATION & GENERAL DIVISIONS

DANCE CULTURAL, SOCIAL & WELLNESS FORMS, MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION, ELEMENTARY PHYSICAL EDUCATION, AND DIVERSITY SECTIONS

*Salon FG*

**Presentation:** Regional Folk Dances from Estado de Guerrero – Zelma Mata and Santa Molina

**Description:** Guerrero is located in the southern part of Mexico on the west coast. It is known for its tropical climate and its Sierra del Sur. A unique characteristic of dances from this area is the use of the handkerchief to accentuate the movement of the arms and men use it to direct the female. In most cases, the dances are about courting. The dances taught in this session are from the coastal region. The women wear an embroidered huipil and a tie skirt adorned with embroidered designs on the edges. The man wears two-piece pants and a shirt with embroidered cuffs. In this session, dances will be taught representing the coastal region that can easily be adapted to teach in a folk-dance class or added to a physical education dance curriculum. This is a demonstration and audience participation presentation. Instruction will include a short warm-up with basic footwork, or zapateados followed by dance instruction.

**Activity:** Audience Participation

## HEALTH DIVISION

HEALTH INSTRUCTIONAL PROGRAM SECTION

*Salon H*

**Presentation:** Skills-Based Health Education: Shifting from KNOWING What it Means to Be Healthy to Building the Skills Needed to BE Healthy – Stephanie Hebert

**Description:** The goal of health education is to help students



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adopt and maintain healthy behaviors throughout their lives. Research is clear that the most effective way to reach that goal is by teaching young people essential health skills rather than focusing solely on knowledge acquisition. This session will explore the skills-based approach to teaching health and introduce strategies for implementation.

**Activity:** Audience Participation/  
Lecture

## PHYSICAL EDUCATION DIVISION

SPORTS SECTION

*Vine Room I*

**Presentation:** Simple Tennis: The Unwritten Rules – Dr. Wendell Sadler

**Description:** Tennis is a game with a legacy of several unwritten rules that make the game better played when understood by players, coaches, and spectators.

**Activity:** Lecture

## COLLEGE DIVISION

STUDENT SECTION

*Vine Room II*

**Presentation:** Calling All TAHPERD Student Members!!! – Rosa “Andie” Vasquez and Stephanie Gonzalez

**Description:** If you’re a TAHPERD student member, this session is for YOU! This is a chance to network with your peers and build professional connections. During this session, we will check in with our student members and narrow in on

the opportunities TAHPERD can provide to enhance your success. This session will be led by your Student Chair – Stephanie Gonzalez and Chair-Elect – Andie Vasquez.

**Activity:** Audience Participation

**Business:** Section Elections

## PHYSICAL EDUCATION & GENERAL DIVISIONS

ELEMENTARY, MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION AND INSTRUCTIONAL TECHNOLOGY SECTIONS

*Ivy Room*

**Presentation:** Creating Engaging PE Lessons Using Technology – Kelli Page and Kari Hazard

**Description:** Engaging lessons ensure student participation and decreases management issues. This session will walk participants through how to build engaging lessons using Google Slides.

**Activity:** Lecture

## COLLEGE, HEALTH, PHYSICAL EDUCATION & RECREATION DIVISIONS

LIFETIME WELLNESS, HEALTH INSTRUCTIONAL PROGRAM, HEALTH PROMOTION, AND MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION SECTIONS

*Exhibit Hall A1*

**Presentation:** YOGA: The Marriage Between Stretch and Strength – Dr. Lisa McQuade and Dr. Stacey Bender

**Description:** In this session we will investigate how yoga helps with flexibility and strength. Awareness of individual differences and questioning what benefits our wellness will be cultivated. This is an active session, wear comfortable clothing and bring a mat if you have one.

**Activity:** Audience Participation

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## EXHIBITOR SHOWCASE

### OPEN/US Games/BSN Sports

*Exhibit Hall A2*

**Presentation:** Don't Pull the Plug on Daily Fitness – LaDonda Porter

**Description:** Need methods to help students maximize their understanding and performance on fitness test. Want to learn ways to incorporate daily fitness into your physical education program. Check out Don't Pull the Plug on Daily Fitness as we explore OPENPHYSED's Plug and Play modules for 3-12 students.

**Activity:** Audience Participation

## PHYSICAL EDUCATION DIVISION

ELEMENTARY AND MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION SECTIONS

*Exhibit Hall A3*

**Presentation:** Hula Hut Mania – Kashif Aleem

**Description:** Have you ever wanted to learn how to build hula huts? Come out to this session and learn some great cooperative activities with hula huts and fun games to go along with it.

**Activity:** Audience Participation

## PHYSICAL EDUCATION & COLLEGE DIVISIONS

ELEMENTARY, MIDDLE & HIGH SCHOOL PHYSICAL EDUCATION, AND PROFESSIONAL PREPARATION SECTIONS

*Floral Hall A*

**Presentation:** Motivated to Move through Games – Judy Bloomquist,

Carina Zepeda, and

Aviana Gonzalez

**Description:** Our youth seem to be unmotivated to be active and exercise. Some PE classes consist of walking while on their phones, others sit out because they do not want to run. A summer camp called The Right Start experimented with teaching a variety of non-traditional games and activities (instead of just traditional sports) to the students enrolled in the camp to get our youth motivated to move. As a result, student participation increased, and students reported enjoying learning a variety of new games. Students didn't realize that they were exercising because it was disguised in the games, and it was fun. Students experienced multiple health benefits from "Play Time". Some experienced scale weight loss and body fat decrease, others said they slept better and had more energy.

**Activity:** Audience Participation/ Lecture

## PHYSICAL EDUCATION DIVISION

ELEMENTARY PHYSICAL EDUCATION SECTION

*Floral Hall B*

**Presentation:** Let's Get Married 2.0! – Robert Acree and Rick Bruce

**Description:** Learn how to take whole class activates and turn them into small groups stations with just a few variations, also take station games and turn them into whole class games.

**Activity:** Audience Participation

4:00 PM – 5:15 PM

## SECOND GENERAL SESSION

*Moody Ballroom I*

- Welcome – Barbara Polansky, President
- Necrology Report – Patty Donaldson, Past President
- 2024 Award Recipients
- Newly Elected Board of Directors
- TAHPERD Past Presidents
- Representative from Heart of TAHPERD Charity Organization
- Introduction of Keynote Speaker – Barbara Polansky
- Keynote Speaker – Alyson Van Hooser – Infinite Influence: How to Captivate Attention, Connect Deeply, and Forever Elevate Your Success
- Announcements – Anne Daily and Chiqui Fey
- Closing Remarks – Barbara Polansky

7:00 PM – 9:00 PM

## Awards Dinner

*Floral Hall B*

*Attendees must have seating ticket to attend.*

8:00 PM – 11:00 PM

## TAHPERD Social

*Exhibit Hall A2*

*Casino Night, DJ & Dancing*