

All education programming will be held at the Moody Gardens Hotel & Convention Center unless otherwise specified. One clock hour equals one CPE hour. Programs longer than one clock hour are designated next to the program description.

Wednesday – December 4, 2024

11:30 am – 5:00 pm

TAHPERD Board of Directors Meeting

Floral Hall A1

(Box Lunches Provided from 11:30 am – 12:00 pm)

1:30 pm – 8:00 pm

Exhibit Hall Foyer

Registration Desk Open

2:00 pm – 5:00 pm

(3 hour of CPE)

Pre-Convention Workshops

American Heart Association Workshop - \$20.00

Exhibit Hall A1

Presentation: Play Your Heart Out: Interactive PE Games for Fitness and Heart Health – *Samantha Fewell, Ashley Avalos, Jackie Caver, Michael Hertlein and Kenneth Hernandez*

Description: Join the American Heart Association and a rock star PE teacher for an interactive session on bringing heart health lessons to life! Discover engaging resources and tools to promote fitness and wellness in your classroom. Learn how to integrate these valuable materials into your PE curriculum and inspire your students to lead healthier, more active lives.

Activity: Audience Participation

U. S. Soccer Foundation Workshop - \$20.00

Exhibit Hall A2

Presentation: Make Soccer in School YOUR Goal! – *Tim Miller and Maggie Whitfield*

Description: This session delves into the US Soccer Foundation's School Curriculum, a dynamic PE program built for all students. Learn how to integrate K-12 age-appropriate soccer activities that promote teamwork, movement skills, and lifelong enjoyment of physical activity. Learn about our *Soccer for Success* School curriculum. No prior soccer experience needed! Bring your passion for PE and discover how to cultivate the next generation of soccer fans. Teachers who participate in the entire 3-hour training will receive the electronic curriculum and free soccer balls for their schools.

Activity: Audience Participation

9 Square in the Air Workshop - \$20.00

Exhibit Hall A3

Presentation: 9 Square in the Air 3X3 = 9 Times the Fun! – *Liz Belser and Tiffanie Morrow*

Description: Are you ready to elevate your 9 Square in the Air game? Join us for an exciting session designed to enhance your physical education program for all learners, featuring 9 Square in the Air, 4 Square in the Air, and our new 9 Square in the Air Activity Pack. This session is divided into three parts to maximize your learning experience.

Activity: Audience Participation

5:15 – 5:45 pm

All Divisions

All Attendees

Ivy Room

Presentation: You Made It! Now What? – *Rex Peebles*

Description: Welcome to your first convention! This engaging workshop is tailored specifically for first-time TAHPERD Convention attendees. Discover how to maximize your experience at this vibrant gathering. We will guide you through effective strategies for navigating the schedule, choosing sessions that align with your interests and professional goals, making the most out of networking opportunities, and not missing out on any of the fun. Learn practical tips on organizing your day, interacting with exhibitors, and connecting with peers who can become valuable collaborators and friends. Whether you are looking to enhance your curriculum, stay updated on the latest equipment, or simply find inspiration, this session will equip you with all the tools you need to make this convention a powerful boost to your career and passion for teaching. Join us to transform your first convention experience into a steppingstone for success and fulfillment in your educational journey! This session will be repeated Thursday morning from 7:15 – 7:45 a.m.

Activity: Lecture

6:00 pm – 8:00 pm

Exhibit Halls BC

Opening Convention Event – Meet the Exhibitors!

Don't miss the fun activities!

Thursday – December 5, 2024

7:00 am – 3:15 pm

Exhibit Hall Foyer

Registration Desk Open

7:00 am – 8:00 am

Recreation, Physical Education, College, Dance & Health Divisions

Leisure Activities & Sports, Community Health Education, Lifetime Wellness, and Dance Cultural Social & Wellness Forms Sections

Meet in Moody Gardens Hotel Lobby

Presentation: Don't Pass on the TAHPERD Rec Walk – *William Loeffler*

Description: Let's get all hands-on deck for this even keeled walk along the bay side.

Activity: Audience Participation

7:15 am – 7:45 am

All Divisions

All Attendees

Ivy Room

Presentation: You Made It! Now What? – *Rex Peebles*

Description: Welcome to your first convention! This engaging workshop is tailored specifically for first-time TAHPERD Convention attendees. Discover how to maximize your experience at this vibrant gathering. We will guide you through effective strategies for navigating the schedule, choosing sessions that align with your interests and professional goals, making the most out of networking opportunities, and not missing out on any of the fun. Learn practical tips on organizing your day, interacting with exhibitors, and connecting with peers who can become valuable collaborators and friends. Whether

you are looking to enhance your curriculum, stay updated on the latest equipment, or simply find inspiration, this session will equip you with all the tools you need to make this convention a powerful boost to your career and passion for teaching. Join us to transform your first convention experience into a steppingstone for success and fulfillment in your educational journey! This session is a repeat from Wednesday evening.

Activity: Lecture

8:00 am – 9:00 am

Lynn & Tillie McCraw First General Session

Moody Ballroom I

Welcome – Barbara Polansky

2024 TAHPERD Board of Directors

2024 Award Recipients

Introduction of Keynote Speaker – Barbara Polansky

Keynote Speaker – Joel Zeff – The Spirit of TA DA!

Announcements – Anne Daily and Chiqui Fey

Closing Remarks – Barbara Polansky

9:00 am – 3:15 pm

Exhibit Hall Open

Exhibit Halls BC

9:15 am – 10:15 am

Recreation Division

Adventure Education Section

Meet in Outdoor Breezeway by Convention Center Parking Garage

Presentation: Mountain Biking for Beginners Part 1 – *Pete Silvius, Jason Sellers, and Bob Sanderson*

Description: Meet outside in the Convention Breezeway by the Convention Center Parking Garage.

Come learn the ABCs of mountain biking in a classroom setting. A basic introduction of how you can teach your students a lifelong activity. Limited bikes and helmets will be available for participants. This session is a recommended prerequisite for attendees who want to participate in Part 2.

Activity: Audience Participation

All Divisions

All Attendees

Viewfinders Terrance

Presentation: TAHPERD Exemplary School Program REVAMPED – Your Voice Matters – *Cara Grossman and the Exemplary School Committee*

Description: Please join us as we unveil the Board approved revamped TAHPERD Exemplary School Criteria, talk through timelines and processes, and ask for your feedback all along the way.

Activity: Audience Participation/Lecture

Exhibitor Showcase

Marathon Kids

Salon E

Presentation: Boosting Engagement: Goals, Data, Positive Environment for Students – *Stefanie Ediger and Nicole Mccasland*

Description: Unlock student motivation with Marathon Kids! Discover how the FREE program blends goal setting, data insights, and positivity for enhanced physical activity engagement. Immerse in hands-on activities, real-time data, and practical tools to elevate your approach and inspire lasting change. Join us to customize your implementation and be part of the movement transforming students into lifelong fitness champions!

Activity: Audience Participation/Lecture

Dance Division

Dance Aesthetics and Dance Pedagogy Sections

Salons FG

Presentation: Aesthetic Lineage – Prep-Course for the Critical Response Process –

Claire Augustine Hixson

Description: In this workshop, dancers and artists will analyze how they already see dance. This workshop will have participants share who they trained with, what they believe in aesthetically, and their opinions of what makes good dance.

Activity: Audience Participation

General & Health Divisions

K-12 Administrators and Health Professional Education Sections

Salon H

Presentation: Jumping through the Hoops of Implementing Sexuality Education in Texas –

Stephanie Hebert

Description: Austin ISD's comprehensive K-12 Human Sexuality curriculum goes above and beyond the minimum content standards of the TEKS. From lesson development and family engagement to training and scheduling processes, join AISD's Health Education Curriculum Specialist to learn how this district jumps through the policy, process, and procedure hoops in order to address the needs of all of their students.

Activity: Audience Participation/Panel Discussion

Health Division

Community Health Education, Health Promotion, Health Instructional Program, and Health Professional Education Sections

Vine Room I

Presentation: Red Flags for Human Trafficking – Part 1 – *Rosanne Keithley and Dr. Judy Sandlin, 2023*

TAHPERD Scholar

Description: Part 1 focuses on the “Red Flags” for labor and sex trafficking that compromise the education, health, economic, and social outlook of at-risk children and their families. Topics include profile of predators, groomers, and victims; mental, emotional, and physical aspects of trafficking; responsibilities of educators, staff, parents, and volunteers; reporting protocols; global health risks; legal and economic consequences; and quality of life impact on children. Attendees will develop prevention-based infographics for their schools that focus on recognizing, reporting, and recovering from human trafficking incidents.

Activity: Lecture

College Division

Student Section

Vine Room II

Presentation: Welcome TAHPERD Student Members! – *Rosa “Andie” Vasquez and Stephanie Gonzalez*

Description: Welcome TAHPERD Student members! Come to this session to find out about the perks of being a TAHPERD member! We will introduce you to the resources available to you and show you how to become more involved! Meet your Student Section Officers and other students in your field! Refreshments will be served.

Activity: Audience Participation

College Division

Professional Preparation Section

Ivy Room

Presentation: Brainstorming Solutions for Additional Communication Options with Non-Native Speaking Students – *Lora Cate Bedard*

Description: This presentation will give an overview of our current communication dilemma, provide ideas and developed material to assist with this concern, and allow for participants to brainstorm additional ideas on the topic.

Activity: Audience Participation/Lecture

Recreation & Physical Education Divisions

Water Sports and Adapted Physical Education Sections

Moody Gardens Hotel Indoor Pool

Presentation: Safe and Effective Strategies for Adapted Aquatics – *Geoben Johnson and Nancy Rutherford*

Description: If you want to start or have started an adapted aquatics program and need some safe and effective strategies then this is the presentation for you. Activities will be demonstrated in the pool so bring your suit.

Activity: Audience Participation

Exhibitor Showcase

QuaverEd

Exhibit Hall A1

Presentation: In Cahoots with Parachutes – *Kera Williams*

Description: Exercise, teamwork, games, and rhythms - parachutes cover it all. Join us for a fun, movement-based session where you will leave with new activities and games that can be used with a multitude of learners.

Activity: Audience Participation

Physical Education Division

Elementary Physical Education Section

Exhibit Hall A2

Presentation: #RISDMoves with Minimal Equipment – *Christina Fuller-Summey, Heidi Rodriguez, Mike Munoz, Brian Evans, and Raees Danawala*

Description: #RISD Moves with Minimal Equipment will present a wide variety of activities that can be used in any size classroom with minimal equipment making it accessible to all. These activities will encourage all students to engage in all components of physical fitness while having fun!

Activity: Audience Participation

Business: Section Elections

Exhibitor Showcase**9 Square in the Air****Exhibit Hall A3**

Presentation: 9 Square in the Air – Pass It On! – *Liz Belser*

Description: 9 Square in the Air© invites you to join us as we learn all about this widely popular game. Come prepared to experience the fun in this highly interactive session as we teach you how to play the original 9 Square in the Air© game and many awesome variations. The game focuses on eye-hand coordination, teamwork, cooperation and various SEL components. Our session will include engaging, cross-curricular activities that will get your students moving, thinking and laughing. You will walk away loaded with ideas ready to take back to your students who will beg you to play! Our portable game can be used inside or outside, is height-adjustable, with simple set up and easy storage. A TEKS based curriculum (K-5) is included with every purchase. JUMP in a SQUARE and join the FUN!

Activity: Audience Participation

Exhibitor Showcase**Speed Stacks, Inc.****Floral Hall A**

Presentation: Sport Stacking with Speed Stacks – Featuring Games and Activities! – *Matt Burk and Stephanie Cobb*

Description: A fun-filled workshop highlighting the basic Sport Stacking patterns plus games, games and more games! Not just an activity for the classroom but an opportunity for your students to take Sport Stacking beyond the gym and into their own Sport. Learn the benefits of Sport Stacking through this high-energy, movement-based session.

Activity: Audience Participation

Physical Education Division**Elementary Physical Education Section****Floral Hall B**

Presentation: El Paso ISD's Raise the Bar Elementary School Fitness Program – *Lisa Mendez and Danny Paniagua*

Description: Join us for an invigorating professional development session where you will discover the exciting world of Yuki Ball and Tchoukball, innovative games that promise to transform your physical education classes. This hands-on workshop is tailored specifically for elementary educators looking to infuse their curriculum with dynamic activities that not only enhance motor skills but also promote strategic thinking and teamwork among students. In this session, you will learn how to effectively integrate these fast-paced, engaging sports into your lessons, providing your students with fun, challenging, and cooperative team experiences. We will explore various teaching techniques, discuss the rules of each game, and demonstrate how these activities can significantly improve student engagement and physical fitness levels.

Activity: Audience Participation

10:30 am – 11:30 am

Physical Education Division**Middle & High School Physical Education Section****Viewfinders Terrace**

Presentation: Teaching Secondary Physical Education – Unpopular Opinion Edition – *Jamie Henk*

Description: Join Coach Jamie Henk in this thought-provoking session as we navigate the landscape of unpopular opinions and advocate for the essential role of physical education at the secondary level. Let's be daring to confront the prevailing attitudes and explore the significance of reevaluating our approach in teaching physical activity to young adults.

Activity: Audience Participation/Lecture

All Divisions

All Attendees

Moody Ballroom I

Presentation: The TA DA of Change: Leading Teams during Change with Passion and Success – *Joel Zeff, Keynote Speaker*

Description: Change and disruption are constant. Your teams must navigate the chaos and disruption to find success. Too often, we become stressed, frustrated and impatient. Improvisation is finding success during that constant change, chaos and disruption. How do leaders continue to motivate and energize their teams during difficult times? Leaders must help staff stay in the game; work in the moment; and take ownership of their happiness.

Activity: Audience Participation/Lecture

College, Health, Physical Education & General Divisions

Lifetime Wellness, Community Health Education, Middle & High School Physical Education, and Assessment & Evaluation Sections

Salon E

Presentation: Solid to the Core: Training Your Inner Anchor – *Gene Power*

Description: Lecture and active participation session to address basic anatomy of the deep inner core and breathing muscles and how to train them in a more functional manner.

Activity: Audience Participation/Lecture

Dance, Health & General Divisions

Dance Cultural, Social & Wellness Forms Section

Salons FG

Presentation: Active Embodiment for Teens and Young Adults – *Amanda McCorkle and Kaysie Brown*

Description: This workshop is designed to prepare educators to teach anatomy and movement from an embodied and engaged foundation. Students will participate in movement that is familiar to them in their everyday lives with the ultimate goal of teaching them about the anatomy and kinesiology of the human body. Emphasis will be placed on the practice of self-reflection and tuning into the physical and emotional needs of each student. Movements will be sourced from basic locomotor movements, sports activities, yoga, and dance.

Activity: Audience Participation

Health & Physical Education Divisions

Health Promotion, Health Instructional Program, Community Health Education, and Middle & High School Physical Education Sections

Salon H

Presentation: Mindful Eating Strategies to Address Childhood Obesity – *Dr. John Stewart and Dr. Sharon Rice, 2023 TAHPERD College Physical Education Teacher of the Year*

Description: This presentation explores mindful eating strategies, and shares mindfulness techniques to promote student and teacher weight management.

Activity: Audience Participation/Lecture

Health Division

Community Health Education, Health Instructional Program, Health Promotion, and Health Professional Education Sections

Vine Room I

Presentation: Alcohol and Drug Education: What Do Students Really Need to Know in 2024? – *Dr. Judy Sandlin, 2023 TAHPERD Scholar, Rosanne Keathley, and Dr. Michael Sandlin*

Description: Young people need relevant information about drugs and alcohol to make smart decisions. However, many education curricula, at all levels, provide drug and alcohol education courses that are based on abstinence-only logic despite its weaknesses. Some programs do not give students the tools they need to make safe decisions or to get help if problems with alcohol and other drugs do occur. Some drug and alcohol education programs often have the effect of making students unresponsive to any drug information coming from teachers or other adults. We contend that drug and alcohol education programs should be scientifically accurate, honest (not seek to minimize or exaggerate the risks of drugs), acknowledge students' propensity for experimentation, and compassionately meet students where they are. This program will assist teachers in accomplishing the tenets of such programs.

Activity: Lecture

Exhibitor Showcase

Everlast Climbing

Vine Room II

Presentation: Traverse Climbing Wall Activities & Tips – *Speaker's name coming soon*

Description: Looking for ideas and activities for a traverse climbing wall? Attendees will discover a variety of dynamic climbing wall activities that develop physical, social-emotional and cognitive skills at beginner, intermediate and advanced climbing levels. This comprehensive presentation also reviews best practices and safety/risk management protocols and provides valuable teaching tips. The session ends with a sharing and Q&A session.

Activity: Lecture

College Division

Professional Preparation and Student Sections

Ivy Room

Presentation: Calling All Graduating and Soon-to-be Graduate Student Teachers: Learn How to Knock Student Teaching Out of the Park! – *Dr. Sharon Carano, Dr. Josh Sedillo, Andrea Sandoval, and Dr. Kelly Featherston*

Description: If you are an undergraduate student or faculty member who mentors student teachers, come learn and hear first-hand skills needed for future educators as they transition into student teaching.

Activity: Lecture

Recreation Division

Water Sports Section

Moody Gardens Hotel Indoor Pool

Presentation: Pass on Snorkeling! – *Geoben Johnson and Patty Donaldson*

Description: If you love water but have not learned to snorkel, this is the activity for you! Learn to breath underwater, dive to depth, and clear on the surface.

Activity: Audience Participation

Business: Section Elections

Physical Education & College Divisions

Adapted, Elementary, Middle & High School Physical Education, and Professional Preparation Sections

Exhibit Hall A1

Presentation: Maximizing Physical Education for Students with and without Disabilities through Universal Design for Learning – *Dr. Collin Webster and Dr. Misty Kesterson*

Description: This practical presentation will introduce participants to Universal Design for Learning, which is a framework that focuses on three key principles for inclusion in educational settings: (a) multiple forms of representation (i.e., providing learners with different inputs for knowledge acquisition), (b) multiple forms of action/engagement (i.e., enabling learners to participate in different ways), and (c) multiple forms of expression (i.e., allowing learners to demonstrate what they know using different methods). While the use of UDL is widely advocated for adapted physical education, sport, and physical activity, its principles are equally relevant to all instructional movement contexts. Participants will have the opportunity to apply these principles by working in groups to adapt physical activities with the intent of maximizing every student's participation, enjoyment, physical activity, learning, and success.

Activity: Audience Participation

Business: Adapted Physical Education Section Elections

Exhibitor Showcase

GOPHER Sport

Exhibit Hall A2

Presentation: Active Learning – Team Building, Cooperative Learning, Skill Development, and Most of All Fun! – *Doug Satre*

Description: Learn new games through team building, cooperative learning and skill development all while having fun! Come ready to be active and most of all have fun!

Activity: Audience Participation

Exhibitor Showcase

CATCH Global Foundation

Exhibit Hall A3

Presentation: Enhancing Physical Education with Health Ed Journeys – *Whitney Thomas and Chad Misner*

Description: Engage in activity demonstrations to help better understand how to implement health topics in physical education also while maximizing instruction and student participation. The session will focus on health and physical activity with an emphasis on SEL and Nutrition. The session will focus specifically on the PE TEKs related to nutrition, personal responsibility and social interaction.

Activity: Audience Participation

Dance & Physical Education Divisions

Dance Pedagogy and Middle & High School Physical Education Sections

Floral Hall A

Presentation: Pass it On...Dance Til You Drop – *Dr. Sandy Kimbrough*

Description: Creating movement to music doesn't have to be intimidating. YOU CAN create fun movement sequences for students that build their confidence, physical literacy, and fitness. Join Sandy for this FUN session and learn to Pass It On in Dance!

Activity: Audience Participation

Physical Education Division
Elementary Physical Education Section
Floral Hall B

Presentation: "Ready. Set. Go! Games & Essential Skills for Every PE Teacher to Know!" – *Kristi Baker, Dan Hantack, Ashley Rooker, and Tiffany Wengert*

Description: Join us for tons of fun! Numerous activities and games that you can't live without! Ball Games! Favorite Games! Tag games! Group Games! Presented by Elementary PE teachers with nearly 50 years of combined experience.

Activity: Audience Participation

11:30 am – 1:00 pm – Lunch on Your Own

Don't Miss These Lunch Time Programs!!

11:45 am – 12:45 pm

Exhibitor Showcase

Boardball Inc.

Exhibit Hall A1

Presentation: Bump Up the Fun with Boardball! – *Amanda Nguyen and David Borish*

Description: Introducing Boardball, the new game that focuses on movement and volleyball fundamentals while eliminating the barriers of a large net and time-consuming setup. Think volleyball meets spikeball. Instead of hitting over a traditional net, you're hitting onto a board, and you can move 360 around the board. This exciting team sport accommodates 2v2, 3v3, or 4v4 formats and is inclusive to all ages and skill levels. It's easy to set up, play anywhere, and our premium set offers quick assembly, durability, and portability. Elevate your PE classes with Boardball, a game that fosters volleyball fundamentals, teamwork, coordination, and active participation while removing the traditional barriers. Ready to get on board?!

Activity: Audience Participation

Exhibitor Showcase

AIM 4 Pie LLC

Exhibit Hall A2

Presentation: AIM 4 PIE...Letters on a Ball! Designed by an Elementary Teacher to Deliver Academic Content through High Energy Movement. Cross-curricular! – *Carol Cranford*

Description: This session highlights the AIM 4 PIE® Game set...letters printed on balls. This unique product was designed, by 30-year veteran teacher Carol Cranford, to integrate academic content with physical movement, skill development and teamwork without using relay lines! Students, working in teams, use high energy movement to quickly find letters to build words. The perfect balance for true cross-curricular activities...by teaching the rules of the game in the beginning of the year the focus objective is the academic content rather than having to learn a new process every time it is played. AIM 4 PIE is a reading manipulative for large PE classes and is frequently purchased by Title I or administrative general funds. Teacher feedback ... "We played PIE during my observation, and I received an excellent score! My principal was very impressed by student engagement while learning about healthy nutrition choices." "I love the movement while spelling words but what I loved the most is how my students naturally cooperate and communicate like no other activity we do." "My students love our 'PIE' playing days." Come play AIM 4 PIE with us and see for yourself!

Activity: Audience Participation

Exhibitor Showcase

Halo Ball

Exhibit Hall A3

Presentation: Halo Ball: Taking PE Class to a HIGHER Level – *Benjamin Gordon and John Jones*

Description: Open-space basketball with no backboards? What!?! It's called HALO BALL and it's taking the country by storm! Children, teens and adults love this fast-paced, action packed 3-on-3 game. Take your PE classes to a higher level by playing HALO BALL.

Activity: Audience Participation

12:00 pm – 1:30 pm

Recreation & Physical Education Divisions

Outdoor Education Section

Meet Outside in West Lot by the Tram Stop

Presentation: Kayaking Made Easy – *William Loeffler, Pete Silvius, and Dr. Kent Griffin*

Description: This Program will provide participants with the basics of kayaking as well as idea sharing on how to implement the program in schools, afterschool programs, and summer camps.

Activity: Audience Participation

1:00 pm – 2:00 pm

Physical Education, Recreation, & College Divisions

Sports and Leisure Activities & Sports Sections

Viewfinders Terrace

Presentation: Pass It On! How Can TAHPERD Members Assist with the Nationwide Shortage of Sports Officials? – *Mario Reyna and Rich Almstedt*

Description: Sports are big in Texas! Join two outstanding sports officials and former TAHPERD Presidents Almstedt and Reyna in this presentation. There is a nationwide shortage of sports officials. TAHPERD members are great candidates to join the world of sports officiating. Revenue can be generated. More and more, Texas High Schools are beginning to offer a Sports Officiating class. Many life skills can be learned through officiating sports: Self-Assessment; Self-Regulation; Empathy; Motivation; and Social Skills.

Activity: Lecture

College, Physical Education & General Divisions

Student, Professional Preparation, and Assessment & Evaluation Sections

Salon E

Presentation: Pre-Service Teachers Perspective on Clinical Teaching – *Dr. Sharon Rice, 2023 TAHPERD College Physical Education Teacher of the Year, Madalyn Griffin, and Kathryn Burkham*

Description: What thoughts and concerns do pre-service teachers have as they enter their clinical teaching semester? Hear what these students say and join in the discussion of what they can expect to encounter in their final semester of college.

Activity: Audience Participation/Lecture

Dance & College Divisions

Dance Pedagogy, Dance Cultural, Social & Wellness Forms, and Student Sections

Salons FG

Presentation: How to Prepare Your Dancers to Progress from Middle School to College – *Adia Richardson, 2023 TAHPERD K-12 Dance Teacher of the Year, Carisa Armstrong, and Juliana Williams*

Description: Panel Discussion on how to prepare dancers and seamlessly move them from a middle school program all the way to a collegiate program.

Activity: Audience Participation

Recreation & Physical Education Divisions

Leisure Activities & Sports Section

Salon H

Presentation: Passing it ON as we get on board the Mexican Train! – *Mary Lou Trinidad and Ytszel Trinidad-Ruiz*

Description: Non-traditional game of dominoes, Mexican Train, and it exercises the muscle to help keep all who play, young and old, alert and with a strategic vibe. This non-traditional game provides the opportunity to become social and respect individuals, while in the enjoyment of a friendly game. Those days that call for the space to be limited, on the contrary, the equipment needed for this game calls for a hard surface, at the least. A friendly game, such as Dominoes, has broadened to an even more elaborate game with the use of dominoes, known as Mexican Train. Strategic minds begin to grow and become more aware of new ways to become successful in the games ultimate goal, which is to be the first player to get rid of every tile at his/her hand. In addition to eliminating the tiles at hand, one is aiming to having the lowest score at the end of the round. Along with the strategic minds growing in every round, one will be applying basic mathematics to be calculating the score of the players.

Activity: Audience Participation

General & Physical Education Divisions

Diversity, Assessment & Evaluation, Instructional Technology, and Adapted Physical Education Sections

Vine Room I

Presentation: Children Loving Fitness through Modifications! – *Sandra Morales*

Description: Children should not give up on exercise if it becomes challenging. Let's teach them to love fitness by helping them modify the exercise they may be struggling with! Basic exercises and modifications will be taught along with learning the importance of understanding the three domains of learning!

Activity: Lecture

Business: Diversity, Assessment & Evaluation, and Instructional Technology Section Elections

College & General Divisions

Sport Management, College Administrators, and Diversity Sections

Vine Room II

Presentation: Sport as a Catalyst for Social Change: Reviewing Salient Events – *Dr. Demetrius Pearson*

Description: Historically, sport in America has been a catalyst for social change. As a result, sport managers and organizers must be prepared to address the “winds of change” at all levels. This presentation will highlight sundry salient changes in sport which had a trickle-down effect on American society at-large. The impact, in many instances, enhanced equity, diversity, and inclusion within the respective sport forms as well as society. Although change can come about through revolution and evolution, the latter has been the case in the following events: NFL integration, Robinson’s signing with Brooklyn, Switzer and the Boston Marathon, Title IX and the Civil Rights Restoration Act, Battle of the Sexes Tennis Match, and Cantwell-Capito Equal Pay for Team USA Act to name a few.

Activity: Lecture

Business: Sport Management Section Elections

Health, General, Physical Education, Recreation & Dance Divisions

Health Instructional Program, Health Promotion, Instructional Technology, and Middle & High School Physical Education Sections

Ivy Room

Presentation: SOS-BTTB-KISS! Save our Students & Save our Staff by Getting to the Basics – Keeping it Simple Silly – *Kellie Sellers*

Description: We need to Save our Students and Save our Staff!! Less screen time and more movement. Sitting is the new smoking and all our students sit more and more each day. So, let's get BACK TO THE BASICS and teach these students with less screen time.

Activity: Audience Participation/Lecture

Business: All Health Division Section Elections

Physical Education & General Divisions

Adapted, Elementary, Middle & High School Physical Education and Instructional Technology Sections

Exhibit Hall A1

Presentation: Strategies to Modify Challenging Functional Behaviors to Increase Student Engagement – *Lisa Snyder*

Description: Attendees will be introduced to planning strategies that can be applied to whole group PE class procedures and lessons that set the stage for success, define and sequence the instructional prompting hierarchy, and explore practical examples of behavior modification techniques that can be applied in the gym by coaches and paraprofessionals to increase participation time for students that engage in challenging behaviors during inclusive physical education.

Activity: Audience Participation/Lecture

Exhibitor Showcase

GOPHER Sport/SPARK

Exhibit Hall A2

Presentation: Everybody Pass & Play – *Erin Anderson and Courtney Sjoerdsma*

Description: Don't miss this action-packed session and "pass" activity onto all! Learn how to maximize class time to engage ALL students and learn why SPARK is the world's most evidence-based physical education and physical activity programs encouraging active & healthy students for over 35 years! Plus, there is a chance to win Gopher equipment!

Activity: Audience Participation

Exhibitor Showcase

Learnin' the Ropes

Exhibit Hall A3

Presentation: Partner Jumping, Long Rope and Double Dutch Fun! – *Nick Woodard*

Description: Come learn tips, techniques, games and more to have your students work together during your next jump rope unit!

Activity: Audience Participation

Dance & Physical Education Divisions

Dance Cultural, Social & Wellness Forms and Elementary Physical Education Sections

Floral Hall A

Presentation: Dancing Country is Elementary – *Janice Longino*

Description: Participants will learn simple dances for elementary students that introduce a Texas Country flair including the Texas State Dance, Square Dance moves, and Line Dances.

Activity: Audience Participation

Exhibitor Showcase

Heart Zones, Inc.

Floral Hall B

Presentation: PE to the Max! Technology to Increase MVPA – *Darrell Salmi*

Description: Join Darrell Salmi, 2018 MN Secondary Teacher of the Year as he demonstrates how technology, when paired with instructional strategies and engaging activities, can be used to help students become more physically literate and reach MVPA. Technology tools that can be used are heart rate sensors, step trackers, gif files, schoology, tablets and apps for purposeful learning. Participants will leave this session knowing how to use the technology, instructional strategies, and engaging activities to further enhance their teaching effectiveness and to allow for personalized learning experiences for all students.

Activity: Audience Participation

2:15 pm – 3:15 pm

Physical Education Division

Sports and Middle & High School Physical Education Sections

Viewfinders Terrace

Presentation: Recommending the Sport Education Model for High School Esports Programs – *Dr. Christina Villalon, Dr. Sharon Bowers, Dr. Derek Walton, and Dr. Obidiah Atkinson*

Description: Presenters will introduce a recommendation for a high school esports ‘Rocket League’ season guided by Sport Education curriculum model.

Activity: Lecture

Health & General Divisions

Health Instructional Program and Assessment & Evaluation Sections

Salon E

Presentation: Health Lessons That Stick: How to Facilitate Skill-Based Health Education – *Kenneth Hernandez*

Description: Multiple choice assessments leave us wondering if our students will apply their Health knowledge in their daily lives. Learn how to facilitate Skill-Based Health Assessments through active participation in High School Health lessons, giving your students more ownership in your class.

Activity: Audience Participation/Lecture

Dance, Physical Education & General Divisions

Dance Cultural, Social & Wellness Forms, Adapted Physical Education, and Diversity Sections

Salons FG

Presentation: Creative Movement Arts for All Bodies – *Zelma Mata, Lin Wang, and Santa Molina*

Description: This session is based on the assumption that the mind and body are connected, and physical movement serves as a vehicle of expression that benefits and strengthens its relationship. This is an audience participation session at the beginning level for participants to experience exploratory dance movements while tapping into their inner creativity. Movements will be done sitting down on a chair while executing movements accompanied by music to enhance mood and creativity. As in any movement activity, every individual must make sure it is safe to participate and that it will not lead to

aggravating an existing condition or result in injury. Comfortable clothing is preferred to facilitate moving the body in different ways.

Activity: Audience Participation

General, Health, & Physical Education Divisions

Diversity, Health Instructional Program, Elementary Physical Education, and Middle & High School Physical Education Sections

Salon H

Presentation: Embracing Inclusivity: Implementing Universal Design for Learning (UDL) in Health and Physical Education – *Francina Hollingsworth and Felicia Ceaser-White*

Description: Explore an enlightening presentation on Universal Design for Learning (UDL) guidelines. In this session, participants will delve into the principles of UDL and explore innovative strategies tailored for Health and Physical Education environments. Discover how UDL can foster inclusivity and accessibility for all learners, regardless of their abilities or backgrounds. Walk away with practical techniques and insights to seamlessly integrate UDL into your teaching practices, ensuring that every student has the opportunity to thrive in Health and Physical Education. Don't miss this chance to revolutionize your approach and create an inclusive learning environment for all!

Activity: Lecture

Exhibitor Showcase

kids teaching kids

Vine Room I

Presentation: kids teaching kids, 21-Day Snacking Challenge – *Ryan Eason*

Description: kids teaching kids and TAHPERD have partnered to bring the 21-Day Snacking Challenge to school districts across Texas to promote student overall health and teacher professional development.

Activity: Lecture

College Division

Research and Student Sections

Vine Room II

Presentation: Student Involvement in the Research Process – *Dr. Julianna Dean*

Description: Scientific research is the backbone of evidence-based practice; we consistently turn to the literature to provide scientific answers to inform our decisions. We know we must prepare our students to be leaders in the field of research to continue to propel the field forward. However, getting students involved in research can be puzzling. Where do I start? How can I get them excited? How much should I ask them to do? Ultimately, how can I provide the best research experience for students, especially if it is their first-time doing research? This presentation will review the main stages of the scientific research pipeline and provide insight into how to involve students at each step, with real-world experiences spotlighted throughout.

Activity: Audience Participation/Lecture

Physical Education, General, Health, College & Recreation Divisions

Middle & High School Physical Education, K-12 Administrators, and Assessment & Evaluation Sections

Ivy Room

Presentation: Help Build Stronger School- and State-Level Physical Education Policies for Texas Part I – *Dr. José Santiago, Dr. Kent Griffin, Dr. Jason Norris, and Dr. Josiah Johnson*

Description: A national surveillance initiative is underway to track the implementation of Physical Education and Physical Activity policies across the country. This session will provide an overview of the project, including its goals, methodology, and current progress. Additionally, results specifically from the state of Texas will be highlighted and shared with attendees, offering insights into policy implementation at the state level.

Activity: Lecture

**College, Health, Physical Education Recreation & Dance Divisions
Lifetime Wellness, Community Health Education, Middle & High School Physical Education, Dance Cultural, Social & Wellness Forms Sections
Exhibit Hall A1**

Presentation: Yoga: The Practice of Being Present – *Dr. Lisa McQuade*

Description: In this session we will cultivate being fully present with ourselves, our colleagues, and our students. Self-awareness will enhance being “here and now.” This is an active session, wear comfortable clothing and bring a mat if you have one.

Activity: Audience Participation

Exhibitor Showcase

OPEN/US Games/BSN Sports

Exhibit Hall A2

Presentation: Get Strong, Get Fast, Get Connected: Fun & Functional Fitness for Elementary & Middle School! – *Trent Suzuki*

Description: This dynamic professional development session equips you with creative and interactive activities to build well-rounded young athletes. In this session you will discover the fun in building strength with bodyweight exercises, games, and challenges, foster teamwork and build explosiveness through innovative partner drills and relays, translate fundamental agility drills into specific skills for popular sports like basketball, soccer, and more, and develop essential reaction time and precision through interactive activities. Leave this session with a toolbox of effective and fun strategies to: lay the foundation for lifelong fitness, enhance athletic performance, and cultivate a positive and supportive learning environment to ignite a passion for movement in your students!

Activity: Audience Participation

Physical Education & Dance Divisions

Early Childhood, Elementary, Middle & High School Physical Education, and Dance Cultural, Social & Wellness Forms Sections

Exhibit Hall A3

Presentation: Go Texan Day Dances – *David Vaughn, 2023 TAHPERD Elementary Physical Education Teacher of the Year*

Description: Go Texan Day Dances are a great way to showcase your PE class and have fun learning and teaching new moves. Learn some great dances to bring back to your Elementary and Middle school PE classes. The main focus will be on classic circle dances to fast paced line dances. Everything you will need to put on the Best Go Texan Day performance for your school!

Activity: Audience Participation

Business: Early Childhood Education Section Elections

Exhibitor Showcase

School Specialty Sportime

Floral Hall A

Presentation: Strategies to Create an Inclusive Environment in PE – *Naomi Hartl and Nicole George*

Description: Are you struggling to make your PE classes more inclusive? Every student deserves a positive physical education experience. We create these experiences by designing lessons to differentiate instruction, skills, boundaries, time/tempo, and equipment. Educators must learn to adapt their lessons to support ALL students through inclusive practices. Join this session to discover what this can look like in your PE classroom!

Activity: Audience Participation

4:00 pm – 6:30 pm

Representative Assembly

Floral Hall B

4:00 – 4:30 pm – Delegate Check-in

4:30 – 6:00 pm – Representative Assembly