

Tinker Murray, Ph.D., FACSM
Retired Professor Emeritus
Texas State University
tm05@txstate.edu

I joined TAHPERD as a Physical Education student (UT Austin) in 1972-1973 and as a professional in 1977. I am currently an emeritus member – 48 years total. I had Lynn McCraw (former President and Executive Director of TAHPERD) as a professor for two undergraduate courses and he encouraged all majors to join our departmental PE Majors Club (PEM) and TAHPERD for our personal and professional development. I was fortunate in my career to work on TAHPERD related projects like: The Fit Youth Today (FYT) Program, The Texas Employee Health and Wellness Program, The TEA Personal Fitness Course, The Texas School Diabetes Prevention Program, Recommendations for MVPA in school PE, and numerous Research presentations and posters. I am proud to have been a long term TAHPERD member and I encourage all new and continuing members to seek opportunities to participate and serve in TAHPERD. Benefits to you, include personal and professional experiences that will enhance your life for ever. The future of HPERD in Texas needs you to participate and maintain the current quality programs we have, while planning and implementing new strategies for tomorrow.