



# PRE-CONVENTION WORKSHOP

100<sup>TH</sup> ANNUAL CONVENTION • NOVEMBER 29 – DECEMBER 2, 2023

FORT WORTH CONVENTION CENTER • FORT WORTH, TEXAS

## Wednesday – November 29, 2023

FORT WORTH CONVENTION CENTER – ROOM 202

2:00 – 5:00 p.m. – 3 CPE Hours

SPONSORED U.S. SOCCER FOUNDATION

PRESENTED BY



**Lisa Perry, Director**  
– U.S. Soccer  
Foundation



**Dr. Sari Rose,**  
Senior Manager  
Grassroots Soccer  
– US Youth Soccer

### Title: Soccer in School—Make it Your Goal!

**Description:** *The Soccer for Success School Curriculum*, powered by the U.S. Soccer Foundation and US Youth Soccer, provides a turnkey way for educators to teach the fundamentals of soccer while integrating activities that empower students to establish life-long healthy habits and improve their physical and health literacy. Designed to teach soccer skills and increase moderate to vigorous physical activity, lessons form a complete soccer unit yet are flexible enough to fit any physical education schedule. Teachers who participate in the training will receive access to the online curriculum and Teacher Resource Hub for free.

- Designed to provide specialized training to equip physical educators to teach soccer skills
- Access and explore the Teacher Resource Hub
- Experience the Play-Practice-Play lesson plan format
- Learn how to teach the fundamental soccer skills
- Receive a certificate for professional development hours

*Lisa Perry – Lisa joined the U. S. Soccer Foundation in April 2022 as the Director of Soccer for Success in School. Her goal is to build relationships with organizations, education agencies, and educators that lead to the adoption and implementation of the Soccer for Success in School Curriculum. Her career in physical education and physical activity spans teaching and coaching at the K-12 and higher education levels, overseeing physical activity, nutrition, and tobacco at the Colorado Department of Education, designing, and implementing school and corporate staff wellness programs, and working as an exercise physiologist at a health and weight management center for women.*

*Dr. Sari Rose – Before joining US Youth Soccer, she was the Director of the NC Fusion Foundation. She has extensive work in coaching education, positive youth development and mentoring. Sari was the Assistant Technical Director of Coaching Education and Player Development for North Carolina Youth Soccer Association for six years. Prior, Sari was a college recruiting coordinator and coach at UNC Charlotte, Rutgers University and Butler University.*

## Wednesday – November 29, 2023

FORT WORTH CONVENTION CENTER – ROOM 203

2:00 – 5:00 p.m. – 3 CPE Hours

SPONSORED QUAVERED

PRESENTED BY



**Kera Williams,**  
Health and Physical  
Education  
Training Specialist  
at QuaverEd



**Ashley Cate,**  
Health and Physical  
Education  
Training Specialist  
at QuaverEd

### Title: Curb the Chaos Leading Large (and XL!) Groups Effectively

**Description:** Large class sizes are no problem when you use these tips, tricks, and strategies to organize your class! Leave this activity session with tools to enhance your teaching with classroom management practices, effective assessments, and the incorporation of technology. (This activity session is geared toward grades K-5)

*Kera Williams – Kera is a Health and Physical Education Training Specialist at QuaverEd. Kera holds a Bachelor of Science in Kinesiology from Stephen F. Austin State University. Prior to joining the QuaverEd team Kera spent 24 years as a Physical Educator in Texas. She has served as the district lead teacher for Physical Education, as a Program Advisor for the Fuel Up to Play 60 program, Ambassador for It's Time Texas, as both a Bronze and Silver School coordinator for the Alliance for a Healthier Generation, and as a mentor campus for the Cooper Institute's Healthy Zone Schools program.*

*Ashley Cate – Ashley is a Health and Physical Education Training Specialist at QuaverEd. Ashley holds a Bachelor of Science in Exercise Science and a Master of Arts in Exercise Science from Tennessee Tech University. Before joining the QuaverEd team, Ashley spent nine years as a Physical Educator in Tennessee. She has served as the district leader for Physical Education, coordinated many community-wide events, and was a mentor campus for the Tennessee Tech University Teacher Licensure program.*