

All education programming will be held at the Fort Worth Convention Center unless otherwise specified. One clock hour equals one CPE hour. Programs longer than one clock hour are designated next to the program description.

Wednesday – November 29, 2023

9:30 am – 5:00 pm

TAHPERD Board of Directors Meeting

Omni Hotel – Texas Ballrooms AB

(Board Members on their own for breakfast)

1:30 pm – 8:00 pm

Concourse

Registration Desk Open

2:00 pm – 5:00 pm

(3 hour of CPE)

Pre-Convention Workshops

U.S. Soccer Foundation Workshop - \$20.00

Room 202

Presentation: Soccer in School—Make it Your Goal! – Presented by Lisa Perry, Director – U.S. Soccer Foundation & Dr. Sari Rose, Senior Manager Grassroots Soccer – US Youth Soccer

Description: The *Soccer for Success* School Curriculum, powered by the U.S. Soccer Foundation and US Youth Soccer, provides a turnkey way for educators to teach the fundamentals of soccer while integrating activities that empower students to establish life-long healthy habits and improve their physical and health literacy. Designed to teach soccer skills and increase moderate to vigorous physical activity, lessons form a complete soccer unit yet are flexible enough to fit any physical education schedule. Teachers who participate in the training will receive access to the online curriculum and Teacher Resource Hub for free.

- Designed to provide specialized training to equip physical educators to teach soccer skills
- Access and explore the Teacher Resource Hub
- Experience the Play-Practice-Play lesson plan format
- Learn how to teach the fundamental soccer skills
- Receive a certificate for professional development hours

Activity: Audience Participation

QuaverEd Workshop - \$20.00

Room 203

Presentation: Curb the Chaos Leading Large (and XL!) Groups Effectively – Presented by Kera Williams and Ashley Cates, Health and Physical Education Training Specialists at QuaverEd

Description: Large class sizes are no problem when you use these tips, tricks, and strategies to organize your class! Leave this activity session with tools to enhance your teaching with classroom management practices, effective assessments, and the incorporation of technology. (This activity session is geared toward grades K-5)

Activity: Audience Participation/Lecture

5:15 – 5:45 pm

All Divisions

All Attendees

Room 102

Presentation: You Made it! Now What? 1st Timer's Welcome Session – *Rex Peebles*

Description: How can you get the most out of your Convention? The sessions are just the beginning. Come find out the rest. Welcome to the TAHPERD 100th Annual Convention! This session will be repeated Thursday morning from 7:15 – 7:45 a.m.

Activity: Audience Participation/Lecture

6:00 pm – 8:00 pm

Exhibit Hall A

Meet the Exhibitors

Opening Convention Event

Exhibit Hall Opening!

Don't miss the fun activities & exciting entertainment

Thursday – November 30, 2023

7:00 am – 3:15 pm

Concourse

Registration Desk Open

7:00 am – 8:00 am

Recreation Division

Leisure Activities & Sports Section

Meet in TAHPERD Registration Area

Presentation: Morning Walk with TAHPERD – *Krystle Trevino*

Description: Giddy Up! Enjoy a brisk Fort Worth morning walk!

Activity: Audience Participation

Recreation Division

Leisure Activities & Sports Section

Room 203

Presentation: Mindful Movement and SEL (Yoga) – *Nora Ryan and Felicia Ceaser-White*

Description: Participants will get moving and explore engaging, creative/mindful movements (yoga), that are inclusive for SEL + F. Participants will learn strategies for their personal self as well as how to engage students in mindfulness practices. Participants dress for participation!

Activity: Audience Participation

7:15 am – 7:45 am

All Divisions

All Attendees

Room 102

Presentation: You Made it! Now What? 1st Timer's Welcome Session (Repeat) – *Rex Peebles*

Description: How can you get the most out of your Convention? The sessions are just the beginning. Come find out the rest. Welcome to the TAHPERD 100th Annual Convention! This session is a repeat from Wednesday evening.

Activity: Audience Participation/Lecture

8:00 am – 9:00 am

Lynn & Tillie McCraw First General Session

Ballroom B

Welcome – Patty Donaldson

2023 TAPERD Board of Directors

2023 Award Recipients

Introduction of Keynote Speaker – Patty Donaldson

Keynote Speaker – Johnny Quinn, US Olympian

Announcements – Linda Gibbons, Barbara Polansky, & Courtney Robertson

Closing Remarks – Patty Donaldson

9:00 am – 3:15 pm

Exhibit Hall Open

Exhibit Hall A

9:15 am – 10:15 am

Recreation Division

Adventure Education Section

Exhibit Hall C

Presentation: Mountain Biking for Beginners – Part 1 – *Pete Silvius, Jason Sellers, and Bob Sanderson*

Description: Come learn the ABC's of mountain biking in a classroom setting. A basic introduction of how you can teach your students a life-long activity. Part 1 is a recommended prerequisite to attend Part 2.

Activity: Audience Participation

Business: Section Elections

Exhibitor Showcase

Culinary Health Education for Families (CHEF)

Room 100

Presentation: Teaching Culinary Nutrition in a PE Setting: Driving Healthy Choices – *Anne Messbarger-Eguia, Raul Salazar, and Raquel De Hoyos*

Description: We will present an interactive culinary nutrition program that teaches basic nutrition and practical cooking skills in a PE setting.

Activity: Audience Participation/Lecture

Health Division

Community Health Education & Health Promotion Sections

Room 102

Presentation: Beyond Shelter: Indoor Environments for Optimal Health – *Dr. John Stewart*

Description: This presentation identifies indoor (home and school) environmental risks and explores indoor environmental enhancements to promotes health.

Activity: Lecture

Exhibitor Showcase

Marathon Kids

Room 103 A

Presentation: Building Self-Confident, Active Kids One Lap at a Time – *Stefanie Ediger*

Description: Marathon Kids FREE program creates community. Learn how to use technology, data, and goal setting to increase student motivation.

Activity: Audience Participation/Lecture

Health Division

Health Instructional Program Section

Room 103 B

Presentation: Grossology: The Science of Disgusting Things to Teach Health – *Dr. Judy Sandlin, Dr. Michael Sandlin, Rosanne Keathley, and Kathy Cammarata*

Description: This presentation will demonstrate how and why the body does yucky things. Enjoy an interactive health lesson featuring boogers, poop, burps, farts, and body odors.

Activity: Audience Participation/Lecture

College Division

College Administrators Section

Presentation: Pre-Allied Health Degrees: Where Does Kinesiology Fit? – *Dr. Billy Jack Ray and Dr. Kayla Peak*

Room 104

Description: A recent statistic showed that over 60% of PT students held an undergraduate's degree in kinesiology. Why are universities now moving these students to Health Science degrees?

Activity: Lecture

Physical Education Division

Elementary Physical Education Section

Ballroom A

Presentation: 100 Years of PE – *Pam Straker, Amber Sladeczek, and Dr. Erica Armijo*

Description: 100 Year old traditional games with a modern twist! Come celebrate 100 years of TAHPERD with old games in a new style!

Activity: Audience Participation

Business: Section Elections

Exhibitor Showcase

9 Square in the Air

Ballroom C

Presentation: Building Community One Square at a Time with 9 Square in the Air – *Elizabeth Belser*

Description: We want to introduce you to the game that will bring your students together with smiles and at the same time, get them up and moving.

Activity: Audience Participation

Dance, Health, General, Physical Education & College Divisions

Dance Pedagogy, Health Promotion, Diversity and Adapted Physical Education Sections

Room 200

Presentation: Dance: Successfully Including Students with Special Needs – *Misty Calvez, Juliana Williams, and Alexandria Pooley*

Description: Learn from dance educators currently teaching elective dance classes that include students with special needs fostering acceptance; benefits for general education students and students with special needs.

Activity: Lecture

Exhibitor Showcase**School Health Corporation/Palos Sports****Room 201**

Presentation: Exercising the Brain & Body with Brainball – *Christina Fuller-Summey*

Description: Learn how to easily incorporate literacy and math into your physical education lessons with Brainball.

Activity: Audience Participation

Exhibitor Showcase**Bungee Bootcamp****Room 202**

Presentation: Tandem Fitness, Games and Sport – *Paul Serafini and Ruth Serafini*

Description: The fun, engagement and education of Tandem fitness, games, and sport. Learn new ways to engage participants using Tandem C-Bungee cords.

Activity: Audience Participation

Recreation Division**Leisure Activities & Sports Section****Room 203**

Presentation: Bring It on With Bowling – *Shelly Ramos and Sarah Mendiola*

Description: Come learn various bowling games and activities that will leave your classes rolling with excitement.

Activity: Audience Participation

Physical Education & General Divisions**Adapted, Elementary, Middle & High School Physical Education and Diversity Sections****Room 204**

Presentation: Signing in Physical Education – *Elizabeth Chittim, Jennifer Garcia, and Rhonda Rutherford-Odom*

Description: The presentation is to learn, discuss, practice the basic signs used to teach PE classes to communicate with our verbally challenged students.

Activity: Audience Participation/Lecture

10:30 am – 11:30 am

Exhibitor Showcase**GOPHER Sport****Exhibit Hall C**

Presentation: Team Building and ACTION Team Games – *Doug Satre*

Description: Learn innovative new team games while having fun with GOPHER's ACTION Games.

Activity: Audience Participation

Health Division**Health Professional Section****Room 100**

Presentation: REST...What it is and Why You Need It – *Dr. Sandy Kimbrough*

Description: REST...why you get more done when you work less...Identify challenges and successes related to rest; learn tips for becoming productive, healthy, and happy by RESTING!

Activity: Audience Participation/Lecture

Recreation, General & Physical Education Divisions

Outdoor Education and Instruction Technology Sections

Room 102

Presentation: Talking Tech on the Outdoor Adventure – *Rachel Erisman*

Description: Explore the possibilities of integrating technology in high school outdoor education through a presentation highlighting innovative tools, apps, and strategies for enhancing student engagement and learning.

Activity: Audience Participation/Lecture

Exhibitor Showcase

Kids Teaching Kids

Room 103 A

Presentation: Kids Teaching Kids and TAHPERD – Partnering for the Whole Child – *Ryan Eason and Karen Burnell*

Description: A statewide program where kids participate in a 21-day challenge of healthy snacks, participate in activities and mindful minutes with incentives for teachers and students.

Activity: Lecture

Recreation Division

Water Section

Room 103 B

Presentation: Swim Safe – Swim Smart! Part 1 – *Dr. Sandi Cravens*

Description: This is a two-part session. In Part 1, attendees will learn how Irving ISD's 2nd Grade Swim Safe program started and it's impact on over 16,000 students since 2012.

Activity: Lecture

Business: Section Elections

College Division

Sport Management Section

Room 104

Presentation: Contemporary Rodeo: Acknowledging the Origin of an American Sport Form – *Dr. Demetrius Pearson*

Description: This presentation will highlight one of America's more culturally significant sport forms and how this proletariat pastime became a major international entertainment option.

Activity: Lecture

Physical Education & College Divisions

Adapted Physical Education and Lifetime Wellness Sections

Ballroom A

Presentation: Fitness for ALL Abilities! – *Teri Carter, Dr. Stacey Bender, and Alexis Chambers*

Description: This session will provide High School and College Educators a different and innovative fitness lesson allowing them to incorporate innovative equipment, exercise, and modifications to their fitness unites that are fun and interactive!

Activity: Audience Participation

Business: Adapted Physical Education Section Elections

All Divisions**All Attendees****Ballroom B**

Presentation: Celebrating 100 Years of TAhPERD: Reflections from Legacy Members – Part 1

– *Dr. Quentin Christian, Dr. Mike Daniel, Barbara Polansky, and Dr. Tinker Murray*

Description: In this Part 1 session, after a brief introduction and history examples, the presenters will focus on overall topics regarding TAhPERD over the association's long history and specific physical education achievements.

Activity: Audience Participation/Lecture

Exhibitor Showcase**SPARK****Ballroom C**

Presentation: Match, Game: Aim for the SPARK! – *Julie Frank*

Description: Join this session to match, dash, and "SPARK" your way to QPE! SPARK activities aligned with TEKS plus the SPARK App and chance to win equipment!

Activity: Audience Participation

Dance, Health & College Divisions**Dance Performance, Dance Cultural, Social & Wellness Forms, and Dance Pedagogy Sections****Room 200**

Presentation: Management Strategies for Dance Performers with Chronic Illness – *Lacreacia Sanders and Keisha Breaker*

Description: This session facilitates a discussion on developing management and recovery strategies for dance performers who live with chronic health conditions.

Activity: Audience Participation/Lecture

Exhibitor Showcase**U.S. Soccer Foundation****Room 201**

Presentation: Soccer is FUNdamental! – *Lisa Perry and Dr. Sari Rose*

Description: Join our national trainers and experience how to engage your students of all levels while learning soccer skills. Participants can enter to win a class set of balls.

Activity: Audience Participation/Lecture

Exhibitor Showcase**Speed Stacks, Inc.****Room 202**

Presentation: Sport Stacking – An Activity, A Sport and So Much More! – *Matt Burk*

Description: A fun-filled session highlighting the basic Sport Stacking patterns plus games, games, and more games! Not just an activity for the classroom but an opportunity for your students to take Sport Stacking beyond the gym and into their own Sport.

Activity: Audience Participation

College & Dance Divisions**Lifetime Wellness Section****Room 203**

Presentation: Yoga to Improve Quality of Life! – *Dr. Lisa McQuade*

Description: This is an active session meant to calm participants, enabling them to tap into the dimensions of yoga that improve quality of life.

Activity: Audience Participation

Business: Section Elections

General & College Divisions

Diversity and Professional Preparation Sections

Room 204

Presentation: From Cultural Competence to Cultural Sustaining Practices: Supporting Students of Color in Kinesiology – *Dr. Carlos Cervantes and Langston Clark*

Description: This session will engage attendees in a discussion about cultural sustaining practices to support students of color pursuing kinesiology-related careers in higher education.

Activity: Audience Participation/Lecture

11:30 am – 1:00 pm – Lunch on Your Own

11:45 am – 12:45 pm

TAHPERD College Student Lunch, Activities & Elections

Omni Hotel – Texas Ballroom F

Food, Games & Student Section Elections

Attendees must purchase ticket to receive a box lunch.

1:00 pm – 2:00 pm

Exhibitor Showcase

Omnikin, Inc.

Exhibit Hall C

Presentation: FAST and Furious Omnikin Activities – *John Jones and Ryan Armstrong*

Description: This exhilarating session will feature highlights of our dynamic and inclusive curriculum including cooperative and community-building activities with Omnikin balls!

Activity: Audience Participation

College & Dance Divisions

Student Section

Room 100

Presentation: Becoming a Professional in Your Profession – *John Adams*

Description: This session will help prepare HPERD students entering the teaching profession in HPERD fields. Topics include navigating the hiring process, interviewing, surviving the profession and professional expectations.

Activity: Lecture

Physical Education Division

Adapted Physical Education Section

Room 102

Presentation: Activity for ALL – *Katy Hanik and Nicole Koppersmith*

Description: Presentation of inclusive wellness and fitness seminar collaboration with TAMP Physical Education and activity program and Aggie ACHIEVE.

Activity: Lecture

Exhibitor Showcase

Goodheart-Willcox Publisher

Room 103 A

Presentation: Using Formative Assessments to Monitor Learning in Health Class – *Mary McCarley*

Description: Join Mary McCarley, SHAPE's 2016 District TOY and co-author of Texas Health Skills for Middle School, as she shares formative assessments and best practices for health class.

Activity: Lecture

Health Division

Health Instructional Program Section

Room 103 B

Presentation: Utilizing the CDC's Characteristics of an Effective Health Curriculum – *Chris Moore*

Description: Participants will explore some of the CDC's 15 Characteristics of an Effective Health Education Curriculum and dissect how to apply these to their own materials.

Activity: Audience Participation/Lecture

College Division

Sport Management Section

Room 104

Presentation: Design Thinking and Journey Mapping in Experiential Learning and Cross Disciplinary Collaboration in an Exercise Science and Sport Management Program – *Dr. Misty Kesterson and Dr. Sue Elwood*

Description: This presentation describes an interdisciplinary program that uses design thinking and journey mapping in the experiential learning of an exercise science and sport management program.

Activity: Lecture

Physical Education & Dance Divisions

Elementary, Middle & High School Physical Education Sections

Ballroom A

Presentation: Aim High with Dance and Drums...Juli, Sandy, and Ivy! – *Dr. Sandy Kimbrough, Juli Krepps, and Ivy Ates*

Description: Creating movement to music doesn't have to be intimidating. YOU CAN create fun movement sequences for students that build their confidence, physical literacy, and fitness. Join Juli, Sandy, and Ivy for this FUN session!

Activity: Audience Participation

All Divisions

All Attendees

Ballroom B

Presentation: Celebrating 100 Years of TAAHPERD: Reflections from Legacy Members – Part 2 – *Dr. Steve Furney, Pete Silvius, Gladys Keeton, and Dr. Tinker Murray*

Description: In this Part 2 session, after a brief introduction and history examples, the presenters will focus on specific TAAHPERD topics regarding Health, Recreation, and Dance.

Activity: Audience Participation/Lecture

Exhibitor Showcase**OPEN/US Games/BSN Sports****Ballroom C**

Presentation: OPEN Up to Adventure – *Mark Friedrich*

Description: OPEN Up your CONNECTIONS by opening up to Adventure Learning in your Secondary classrooms. The Adventure awaits in a NEW Activity Model by OPEN.

Activity: Audience Participation

Dance Division**Dance Cultural, Social & Wellness Forms Section****Room 200**

Presentation: The BrainDance for All – *Kaysie Brown and Amanda McCorkle*

Description: Participants will experience Anne Green Gilbert's BrainDance through guided movement activities. They will be provided with reflection questions on how to modify and adapt for various populations.

Activity: Audience Participation

Exhibitor Showcase**QuaverEd****Room 201**

Presentation: Power On to "Power Up" Instruction and Engagement in PE – *Kera Williams and Ashley Cates*

Description: We're living in a digital world! Let's embrace it and power up our instruction to meet the needs to all learners by utilizing technology. Come learn how to use skill demonstration clips, audio-visual supports, strategies, and tips to engage learners while maximizing instruction.

Activity: Audience Participation

Physical Education Division**Elementary Physical Education Section****Room 202**

Presentation: Got PE? Explore the Possibilities with Large Group Games with 100+ Students – *Dr. Erica Armijo, Justine Farmer, Veronica Franco, Miguel Salazar, Robert Rodriguez, and Isaac Solis*

Description: GOT Kids? Got PE? Why yes we do! Our awesome PE teachers will show you fun high MVPA games and strategies for all group sizes to include those 100+ classes. Games, classroom management tips and tricks. Team teaching at its best.

Activity: Audience Participation

Physical Education Division**Elementary Physical Education Section****Room 203**

Presentation: Lesson Plan in Action – *Rhonda Rutherford-Odom and Elridge Thibodeaux*

Description: Come put your learned activities in motion by participating in a live Phys Ed classroom setting by taking part in transitioning: instant activities, roll call, warm-up, guided practice activities, MRS strategies, and exit tickets.

Activity: Audience Participation/Lecture

College Division**Professional Preparation and Research Sections****Room 204**

Presentation: Determining Physical Education Teacher Education Students' Competence Using edTPA – *Dr. Sharon Rice, 2022 TAHPERD 1st Place Professional Research Winner*

Description: This study focuses on PETE students who were a part of a pilot program utilizing edTPA in place of the PPR for teacher certification.

Activity: Lecture

Business: Professional Preparation Section Elections

2:15 pm – 3:15 pm

Exhibitor Showcase**OPEN/US Games/BSN Sports****Exhibit Hall C**

Presentation: Extreme Creativity: #PhysEd Activities that Will Blow Your Mind – *Mike Morris*

Description: This highly active session will provide teachers with purposeful, and extremely innovative activities that are guaranteed to spark student interest.

Activity: Audience Participation

College Division**Student Section****Room 100**

Presentation: What's Next...Graduate School? – *Rosa Vasquez and Stephanie Gonzalez*

Description: An inside look at various pathways after graduation and an opportunity to meet with professionals from different disciplines. Q&A forum.

Activity: Audience Participation

General & College Divisions**Instructional Technology Section and Professional Preparation Sections****Room 102**

Presentation: Meaningful Technology Integration for Engaged Student Learning in the College Classroom – *Dr. Carlos Cervantes*

Description: Lack of student engagement is one of the biggest challenges college faculty face today. In this session, we will discuss technology integration strategies to improve student engagement.

Activity: Audience Participation/Lecture

Exhibitor Showcase**Everlast Climbing Industries, Inc.****Room 103 A**

Presentation: Traverse Wall® Climbing Best Practices & Activities – *Mallory Lauerhunt*

Description: Discover new ways to use your Traverse Wall! Learn fun climbing activities, safety protocols and best practices that will enhance your climbing program.

Activity: Audience Participation/Lecture

Health Division**Health Instructional Program and Health Professional Education Sections****Room 103 B**

Presentation: Skills-Based Health Education – *Stephanie Hebert and Pat Werner*

Description: This session will explore the skills-based approach to teaching health and introduce strategies for implementation.

Activity: Audience Participation/Lecture

College & General Divisions

Sport Management and Diversity Sections

Room 104

Presentation: Evolution of Equity in Sport Education: Fifty out of 100 – *Dr. Julie Foster Mata*

Description: A timeline and discussion of Title IX and equity in sport education seen through the lens of the last 50 years. A perspective on TAAHPERD's last 50 included.

Activity: Lecture

Business: Sport Management Section Elections

Physical Education Division

Elementary Physical Education Section

Ballroom A

Presentation: FitnessGram Fun with RISD! – *Heidi Rodriguez, Marlise Bridges, Raees Danawala, Julian Palma, and Courtney Robertson*

Description: Fun fitness games to help your students work on the various components of the FitnessGram Test.

Activity: Audience Participation

Exhibitor Showcase

EDGE Disc Golf

Ballroom C

Presentation: Disc Golf: A Lifetime Activity Accessible to All – *Jay Reading and Des Reading*

Description: Join World Champion and Hall of Fame disc golfers present how your school can start or level up a current program. Hands on technique, games, and activities.

Activity: Audience Participation/Performance

Dance & Physical Education Divisions

Dance Pedagogy and Middle & High School Physical Education Sections

Room 200

Presentation: I Can Make That! Dance Element Games that Create Choreographers – *Claire Augustine Hixson*

Description: Learn dance games that teach students the elements of dance (space, time, and energy) that empower students to create their own dances.

Activity: Audience Participation

Exhibitor Showcase

School Health Corporation/Palos Sports

Room 201

Presentation: Maximize Movement and Learning through Innovative Games and Activities – *Christina Fuller-Summey*

Description: Through a variety of inclusive, developmentally appropriate, fun games you can meet the physical, social, and emotional needs of children. Keep small or large classes moving by instructing fun, innovative activities. Be prepared to move and learn some of the best “kid-approved” physical activities of 2023.

Activity: Audience Participation

Physical Education Division

Early Childhood and Adapted Physical Education Sections

Room 202

Presentation: Christmas Moves! – *Diane Havens*

Description: Come prepared to jingle and jangle to my favorite Christmas games. These creative activities will stir your imagination. Diane is back and she's got game!

Activity: Audience Participation

Business: Early Childhood Section Elections

Physical Education Division

Middle & High School Physical Education Section

Room 203

Presentation: Activities that Inspire Participation in Secondary PE Part I – Starting the Year Off Great – *Amy Bull*

Description: The presenters will demonstrate activities and strategies that help to promote participation in even the most reluctant secondary PE students by focusing on building relationships and establishing procedures.

Activity: Audience Participation

Business: Section Elections

Health, Physical Education & General Divisions

Health Promotion and Assessment & Evaluation Sections

Room 204

Presentation: Designing Authentic Assessments with Escape Rooms – *Rachel Erisman*

Description: This presentation showcases the innovative use of escape rooms and to engage high school students in health and physical education, promoting critical thinking and problem-solving skills.

Activity: Audience Participation/Lecture

4:00 pm – 6:30 pm

Representative Assembly

Omni Hotel – Texas Ballroom E

4:00 – 4:30 pm – Delegate Check-in

4:30 – 6:00 pm – Representative Assembly