



# TAHPERD 39<sup>TH</sup> ANNUAL SUMMER CONFERENCE

EMBASSY SUITES BY HILTON SAN MARCOS HOTEL  
CONFERENCE CENTER • SAN MARCOS, TEXAS

## PRE-CONFERENCE WORKSHOPS

**SUNDAY – JULY 16, 2023**

2:00 – 5:00 P.M. • SPRING LAKE BALLROOM  
3 CPE HOURS

PRE-CONFERENCE HEALTH WORKSHOP  
Sponsored by School Health Corporation



Presented by Kim Morton, PhD  
Health READY® • Pizza & PE Podcast

**Session Title:** Health on the Go!

**Session Description:** Ditch that health textbook by creating a social and collaborative classroom. Learn how students practice health skills through numerous fun “on your feet” activities. Attendees will gain access to a FREE online site containing a menu of interactive lessons that deepen student understanding of core health concepts.

### Session Objectives:

1. Distinguish the difference between a content-based and skills-based health education lesson.
2. Demonstrate how to instruct an interactive health activity.
3. Select from a menu of student interactive activities that develop health skills.

Kim Morton has served 29 years in education. She earned her Doctorate in Educational Leadership in 2016 and currently serves as a curriculum specialist for School Health. She has taught PreK-higher education students and has experience working in a variety of school settings (rural, suburban, inner-city, and Title I). While working as a district health and PE coordinator for a large urban School district in Charlotte, NC she obtained over 6 million dollars in federal funding to support quality health, PE and physical activity programs. She has been awarded district teacher of the year and NC state health education teacher of the year. In 2005, she obtained Jensen Learning certification and in 2016 she earned Action Based Learning certification.

Dr. Morton has presented at numerous local, state, and national conferences focusing on curriculum, design and instructional delivery. She wrote and designed Health READY® providing skills-based health instruction for grades 6-high school. In 2021, Dr. Morton launched the Pizza & PE Podcast otherwise known as the “Triple P” Every podcast consists of a group of friends eating pizza while interviewing a special guest on issues impacting education. You can listen or view at [www.PizzaPE.org](http://www.PizzaPE.org).

**SUNDAY – JULY 16, 2023**

2:00 – 5:00 P.M. • VERAMENDI BALLROOM E  
3 CPE HOURS

PRE-CONFERENCE PHYSICAL EDUCATION WORKSHOP  
Sponsored by School Health Corporation



Presented by Ron Malm  
Director of Education and Curriculum

**Session Title:** Games, Games, and More Games!

**Session Description:** In this workshop there is almost no standing around and the games are designed to meet all the State and National standards through active play. But most importantly, they are FUN!

### Session Objectives:

1. Learn how to meet TEK Standards through active play.
2. Learn how to include Math and Literacy backed by 20 years of evidence-based research.
3. Learn about must have Adapted PE equipment.

Ron Malm is the Director of Education and Curriculum for School Health. As an elementary and middle school physical education teacher for over 10 years in Spokane Public Schools, and a certified strength and conditioning specialist, Ron understood the need for quality physical education and co-wrote the Five for Life Program® and WELNET® Software. As skilled as he is at understanding the needs of Physical Educators, Ron is even better at communicating quality physical and health education to other educators. He has presented nationally for over 20 years on early child education, PE, Health, Afterschool programming, nutrition, and fitness. He is extremely energetic and is well-known throughout the industry, drawing hundreds of spectators at his speaking engagements and never doing the same thing twice.