





THURSDAY, 14 AUGUST 2025

07h00 - 08h00	REGISTRATION								
	WORKSHOPS								
VENUE	MR 12	MR 22	MR 11	MR 22ABC	HALL 2AF	MR 21			
	Mini-iFAD (FULL DAY)  Sponsored by:	iPOCUS - point of care ultrasound for ICU (HALF DAY am) Sponsored by:	Renal I - basic RRT (HALF DAY am)	Navigating Difficult Conversations: Integrating Palliative Care in the ICU (HALF DAY am)	Advanced Mechanical Ventilation I (HALF DAY am) Sponsored by:	09h00 - 12h30 SASPEN: Nutrition assessment & body composition (HALF DAY am) Sponsored by:			
08h00 - 12h00	The program includes short lectures, skills stations via live camera projection & advanced case discussions. Key areas that will be covered include: Resuscitative fluids, Fluid stewardship, Guidance of fluid therapy with Non-invasive hemodynamic monitoring, Bio-electrical impedance analysis, Point-of care US (VExUS) & the use of AI in the future. There will be skills stations & advanced case discussions including the oppurtunity to self-assess with feedback. There are limited tickets available for this globally sought-after workshop.	The iPOCUS workshop will provide a practical introduction to point of care ultrasound that is relevant to all those treating critically ill patients. Course content includes basic echocardiography, lung ultrasound & vascular access.	This workshop will address the current extracorporeal treatment options available for acute renal replacement therapy including CRRT, SLEDD & IHD. Current anticoagulation strategies & startegies to troubleshoot problems will also be included. The format of the workshop will include a few brief lectures, practical demonstrations & small group discussions.	This workshop equips clinicians with essential skills for end-of-life discussions. Learn to foster compassionate, patient-centered care while cultivating prognostic awareness in families and ensuring dignity in dying within the ICU.	A practical hands-on & comprehensive approach to managing mechanical ventilation in ICU will be covered in this workshop. Various modes of ventilation & ventilatory strategies will be covered. The format of the workshop will include a brief presentation followed by practical demonstrations & discussions.	This is an interactive workshop focusing on comprehensive nutrition status assessment techniques. Participants will practice how to conduct bio-electrical impedance analysis (BIA) and interpret the findings. This will be followed by case study discussions with practical implementation of body composition results to assist with nutrition decision-making. After attending this workshop, participants should be able to conduct BIA assessments, interpret the results and be able to adapt nutrition support accordingly.			
12h00 - 13h00			LUN	ICH BREAK					
	Mini-iFAD (Continued)	Neuromonitoring (HALF DAY pm)	Renal II - advanced support incl. plasmapherisis etc. (HALF DAY pm) Sponsored by:	Paediatric Advanced Ventilation (HALF DAY pm)	Advanced Mechanical Ventilation II/ARDS (HALF DAY pm)	SASPEN: Understanding gastrointestinal anatomy & other practical surgical aspects related to nutrition (HALF DAY pm)			
13h00 - 17h00	Sponsored by: RCA	There are many neuromonitoring tools available for monitoring patients who have, or are at risk for, a	This workshop will be a follow-on from Renal Workshop 1 and address more	Enhance your expertise in paediatric mechanical ventilation with this hands-on,	Sponsored by: Dräger  This workshop will follow on from Advanced Mechanical Ventilation I.	Sponsored by: Fresenius Kabi  This interactive wokshop will be presented by an upper gastro-intestinal surgeon & a dietitian with experience in the field of surgery. It will focus on the general GI			
		neurological injury. This course will provide practical training on clinically relevant bedside tools. It will include ultrasound-based assessment e.g. transcranial doppler and optic nerve sheath diameter, NIRS, basic EEG & more.	advanced strategies of current extracorporeal treatment options available for acute renal replacement therapy. More complex patients & problems will be addressed. The format of the workshop will include a few brief lectures, practical demonstrations & small group discussions.	half-day workshop. Designed for healthcare professionals who are directly involved with the care of the ventilated paediatric patient. This intensive session covers cutting-edge ventilation strategies, case-based simulations and expert-led discussion to improve patient outcomes in critical care settings. Stay ahead with the latest innovations and best practices in paediatric respiratory management.	There will be a particluar focus on ventilatory management of the complex patient with ARDS. The format of the workshop will include a brief presentation followed by practical demonstrations & discussions.	anatomy as well as frequently encountered surgical procedures of the gastro-intestinal tract and their reconstructions. Enteral nutrition access routes & nutritional management of patients in the post-operative period as well as the long-term management will be discussed. The aim is to provide participants with a better understanding of surgical complexities & the new GI anatomy of the patients they deal with. Feeding routes & practical aspects of tube insertion and stents will be explored with practical examples & demonstrations of procedures. Participants should be able to understand surgical procedures and their consequences on nutrition support in the short & long term better, be able to interpret operation notes & be confident in advising nutrition support in the peri-operative phase after attending this workshop.			
17h30 - 17h40	INTRODUCTION & WELCOME - CONFERENCE CO-CHAIRS								
17h40 - 18h30		OPENING SESSION:  EPONYMOUS LECTURE - SMOOTH SEAS DO NOT MAKE SKILLFUL SAILORS  IN EXHIBITION HALL							
18h30 - 22h00	OPENING WELCOME COCKTAIL								







FRIDAY, 15 AUGUST 2025

07h00 - 08h00	REGISTRATION								
08h00 - 10h00	PLENARY - FROM SHORELINE TO LIFELINE VENUE: HALL 2ABFH								
08h00 - 08h20	Tidal waves and tiny signals: Harnessing AI to predict the unpredictable								
08h20 - 08h40	Navigating the stormy seas - Stewarding fluids for optimal haemodynamics								
08h40 - 09h00	The lifeline crew: Team dynamics under pressure								
09h00 - 09h20	Tides of change: Managing refeeding syndrome								
09h20 - 09h40	The rising tide of burnout: Saving	the lifesavers							
09h40 - 10h00	Coming up for air - Oxygen targets	s in the PICU - How low can we go	?						
10h00 - 10h45		REFRESHMENT I	BREAK - IN EXHIBITION HALL						
Venue	HALL 2AF	HALL 2H	HALL 2B	MR 11	MR 12				
10h45 - 12h45	Mastering the currents - Navigating haemodynamics	Quality of care - Following the beacon	Paediatrics	Nursing	SASPEN: Current opinion in critical care				
10h45 - 11h00	Haemodynamic targets in different shock states	Turning ICU PSI reporting into systematic change	ECMO evolution – Charting new waters in paediatric extracorporeal support	Physiology of respiration	Calories, controversies & confidence intervals: Making sense of critical care nutrition trials				
11h00 - 11h15	When should cardiac output be measured?	Pressure ulcers as an index of quality	Refractory pulmonary hypertension in the PICU: When to escalate, when to innovate?	What is acute lung injury?	The unsaturated truth: Lipid metabolism and therapy application				
11h15 - 11h30	Critiquing the a-v CO2 gap	ICU handovers impacting on quality of care	PARDS – Are we ready for personalized ventilation?	Update on ventilation modes	From fibre to function: The role of short-chain fatty acids in clinical practice				
11h30 - 11h45	Venous congestion and VEXUS	Tracheostomy care and considerations	Sleeping safely or sedating dangerously?	Effects of prone position in ARDS	Navigating the amino acid tightrope: Amino acids and kidney function				
11h45 - 12h00	Emerging venous vasopressors	Organisational aspects to improve qualty of care	Cool solutions - What's new in TTM?	Ventilator Associated Infection (VAI) update	Fat and frial: Dealing with sarcopenic obesity in the clinical setting				
12h00 - 12h15	Septic myocardial dysfunction	Antifungal stewardship	How would you integrate ONSD into your centre's TBI protocol?	ABG analysis	The Gut's time zone: Aligning clinical nutrition with circadian biology				
12h15 - 12h30	Post cardiac arrest: Prognostic evaluation	Improving the quality of post-ICU care	Post cardiorespiratory arrest prognostication - Moving away from adult derived benchmarks	, Abd analysis	Can AI serve up smarter nutrition in the ICU?				
12h30 - 12h45	Session Discussion	Session Discussion							
12h45 - 14h00	LUNCH SYMPOSIA  Topic: Paediatric infectious diseases discussion Speaker: Heather Finlayson  Sponsored by: Pfizer								
12h45 - 14h00									
13h00 - 13h15		IN EXHIBITION HALL							
13h25 - 13h40	PRODUCT THEATRE								







FRIDAY, 15 AUGUST 2025

Venue	HALL 2AF	HALL 2H	HALL 2B	MR 11	MR 12		
14h00 - 15h45	Wind in our sails - Optimising ventilation	Fireside chats (incl Ethics)	ts (incl Ethics)  Free Papers/Competitions  Nursing		SASPEN: Little things matter		
14h00 - 14h15	Monitoring respiratory effort			Traumatic brain injury	The ascorbic argument: What is the evidence for vitamin C in the ICU?		
14h15 - 14h30	Do new ARDS criteria make a difference?	14h00 - 14h35 Ethics of AI		Neurological assessment process	Daily dose of sunshine in the ICU: Helpful or hype?		
14h30 - 14h45	Can ultrasound guide ventilator settings?			Principles of neuroprotection	Iron-ically complicated: Iron metabolism in critical illness		
14h45 - 15h00	Beyond VILI - Other ventilator associated injuries	14h35 - 15h10 Paediatric critical care in SA		Use of physical restraints in ICU	Tiny ions, titanic consequences: Electrolyte management in patients with short bowel		
15h00 - 15h15	Inhaled antimicrobials - Are you convinced?			Thrombolytics in acute stroke	Thiamine: The quiet hero in critical care		
15h15 - 15h30	How to optimize PEEP at the bedside	15h10 -		Update on oral hygiene in ICU	Gut instinct: Micronutrients, microbiomes and the butterfly effect in ICU		
15h30 - 15h45	Session Discussion	15h45 ECMO in SA - Where are we?		Session Discussion	Session Discussion		
15h45 - 16h15	REFRESHMENT BREAK - IN EXHIBITION HALL						
16h15 - 17h30	PLENARY  "INTENSIVISTS ANONYMOUS" - 5 BAD ICU ADDICTIONS I CAN'T STOP  VENUE: HALL 2ABFH						
17h30	CCSSA AGM VENUE: HALL 2ABFH						
19h00	SPEAKERS' DINNER / NETWORKING EVENING						







SATURDAY, 16 AUGUST 2025

06h45 - 08h00	REGISTRATION								
07h00 - 08h00	BREAKFAST SYMPOSIA								
08h15 - 10h00	PLENARY - ANCHORING CRITICAL CARE IN EXCELLENCE VENUE: HALL 2ABFH								
08h15 - 08h35	Excellence - What is it?								
08h35 - 08h55	Excellence in critcal care nursing								
08h55 - 09h15	Excellence in critical care nutritional support								
09h15 - 09h35	Excellence in critical care research								
09h35 - 09h55	Excellence in critical care in South Africa								
09h55 - 10h00	Chairs: Session wrap								
10h00 - 10h45		REFRESHMENT BREAK - IN EXHIBITION HALL							
Venue	HALL 2AF		HALL 2H	HALL 2B	MR 11	MR 12			
10h45 - 12h45	Sailing through sepsis	Speed d	ebating / Walking the plank	Nursing Workshop	SASPEN: Nutritional challenges Renee Blaauw Lizl Veldsman				
10h45 - 11h00	SOFA II	10h45 -	Early enteral nutrition should be mandatory for all in ICU	POCUS Revolution – The modern stethoscope in the PICU		Feeding the failing kidney: Nutritional strategies and pitfalls in acute kidney injury			
11h00 - 11h15	When to consider immunoglobulin in sepsis	11h15		Which CO monitor reigns supreme in children?	This half day workshop will cover renal physiology, acute kidney injury and the types of renal replacement therapies:  IHD, CRRT and SLEDD. The workshop format will be a combination of lectures,	Feeding the failing liver: Nutritional challenges in hepatic failure			
11h15 - 11h30	New BLICs - where are we in SA?	11h15 -	Frailty is a fair index for ICU admission	Precision in every drop – elevating paediatric fluid stewardship		Navigating nutritional challenges in intestinal failure			
11h30 - 11h45	Metabolic resuscitation in sepsis	11h45		Beyond Hb - Rethinking transfusion in PCC		Feeding the breathless: Nutrition support in respiratory disease			
11h45 - 12h00	Biomarkers for adjunctive therapies for sepsis	11h45 -	TBC	Admit or deny admission of SAM patient to the PICU?	practical demonstrations and practice.	Sweet science: Managing glucose control in the ICU			
12h00 - 12h15	Sepsis: Lessons from rheumatology	12h15		Harnessing AI to predict shock trajectories in PCC		Feeding the powerhouse: Nutritional strategies for supporting mitochondrial function			
12h15 - 12h30	Role of echinocandins as firstline treatment	12h15 - 12h45	AI should make triage decisions in ICU	Adapting advance resuscitation simulation in LMIC		Guarding the gut: Using enteral nutrition to prevent stress ulceration in critical care			
12h30 - 12h45	Session Discussion			Session Discussion	Session Discussion	Session Discussion			
12h45 - 14h00	LUNCH SYMPOSIA  Topic: Ethical dilemmas when treating critically ill paediatric patients Speaker: Alton Samuels								
12h45 - 14h00	LUNCH BREAK								
13h00- 13h15	PRODUCT THEATRE  IN EXHIBITION HALL								
13h25 - 13h40	PRODUCT THEATRE  Topic: Multifiltrate PRO Overview – Your partner in MOST in the ICU  Speaker: Bill Constable  Sponsored by: Fresenius Kabi								







SATURDAY, 16 AUGUST 2025

Venue	HALL 2AF	HALL 2H		HALL 2B		MR 11		MR 12	
14h00 - 15h45	Potions and provisions: Exploring the medicine chest	Panel discussion (Ethics)		Free Papers/Competitions	Nursing		SASPEN: Case study discussion		
14h00 - 14h15	Do statins have a role in TBI?								
14h15 - 14h30	Pharmacological options in endothelial protection	14h00 - 15h00 15h00 - 15h45	Research ethics  ICU organisation and private practice	14h00 14h15	14h00 - 14h15		14h00 - 14h00	Multidisciplinary approaches to managing home nutrition support in gut failure: An interactive case discussion	
14h30 - 14h45	Antimicrobial dosing on RRT				14h15 - 15h30 - 15h45	Panel Discussion: Stress & anxiety among ICU nurses & coping strategies  Session Discussion			
14h45 - 15h00	Should coagulation factor concentrate replace plasma?								
15h00 - 15h15	ICU considerations of biologics								
15h15 - 15h30	Angiotensin II for which patients?						15h00 - 15h15	Session Discussion	
15h30 - 15h45	Session Discussion						15h15 - 15h45	SASPEN AGM	
15h45 - 16h15	REFRESHMENT BREAK - IN EXHIBITION HALL								
16h15 - 17h30	PLENARY ICU SURPRISE SESSION VENUE: HALL 2ABFH								
19h00	CELEBRATION DINNER VENUE: HALL 1								







SUNDAY, 17 AUGUST 2025

06h45 - 08h30	REGISTRATION							
Venue	HALL 2AF	HALL 2B	HALL 2H					
08h30 - 10h00	The critical compass: Finding true north	Paediatrics	Captains Log: Practical tips for					
08h30 - 08h45	The drug that changed my practice	Vit C, thiamine and steroids - The SEPSIS cocktail - Magic cure or mixed signals in PCC?	Testing brain death					
08h45 - 09h00	The device that changed my practice	Colistin revisted: Savior or self sabotage?	Managing enteral feed intolerance					
09h00 - 09h15	The article that changed my practice	Antibiotic stewardship in the PICU: Shorter courses, for better or worse outcomes?	Improving communication with the patient					
09h15 - 09h30	The case that changed my practice	Anchoring new evidence: The impact of biomarkers in PCC	Using mobilisation to improve outcomes					
09h30 - 09h45	The talk that changed my practice	Is the phoenix sepsis score ready for global use? – Validation in LMIC	Making your ICU green					
09h45 - 10h00	Session Discussion	Session Discussion	Session Discussion					
10h00 - 10h45	REFRESHMENT BREAK - IN EXHIBITION HALL							
10h45 - 12h45	PLENARY  "ALL ABOARD THE ETHICAL COMPASS!"  NAVIGATING THE MURKY WATERS OF ICU (ETHICS)  VENUE: HALL 2ABFH							
12h45	CLOSE OF CONGRESS							