

# 2025

## CCSSA Egoli Symposium



**Date:** Saturday, 12<sup>th</sup> April 2025  
**Venue:** WITS School of Public Health,  
WITS Education Campus,  
Andrews Road, Parktown

### Programme

**CPD**  
HPCSA Accredited  
CEU points: 4 | Ethics point: 1

TIME	ACTIVITY	SPEAKER
08h00 – 08h25	Registration	
08h25 – 08h30	Welcome	Chair: Shahed Omar
08h30 – 08h45	What drives respiratory effort in ICU patients?	Togara Pamacheche
08h45 – 09h00	Where is the patient's effort hidden on a ventilator?	Vikesh Rowjee/Shahed Omar
09h00 – 09h20	Early mobilisation of the critical care patient - Balancing perspectives	Madeleen Jooste
09h20 – 09h40	Nutritional aspects of weakness in the ICU patient - A holistic approach	Kim Coutts Annette Prinsloo
09h45 – 11h00	Workshops	
	Workshop 1 The weak patient in ICU - A multidisciplinary approach	Workshop 2 Assessing muscle strength in the ventilated patient <ul style="list-style-type: none"><li>Assessing muscle strength on the ventilator</li><li>How important is matching VQ in the ARDS patient</li></ul>
	Workshop 3 ICU emergency: High-fidelity simulation Offsite workshop: at the Faculty of Health Sciences Simulation Center- Opposite the School of Public Health  Simulation: patient-ventilator dysynchrony	
11h00 - 11h30	Refreshment break	
11h30 - 11h50	Septic Arthritis - Red Hot Review	Robin Sagers
11h50 - 12h50	Ethical decision-making in pain & discomfort management	Jacqui Brown
12h50 - 12h55	Closing	Shahed Omar
12h55 - 14h35	ICU fellow exam workshop (limited to ICU fellows)	Shahed Omar/ Jacqui Brown/ Other Faculty