

2026

GMPP Symposium

15th Annual Symposium



Date: 25th - 26th July 2026

Venue: Radisson Hotel & Conference Centre,
3rd Ave, Bredell AH, Kempton Park

Provisional Programme

Saturday, 25th July 2026



08h00 – 08h45	Registration & Arrival Tea/Coffee		Speakers
PLENARY SESSION 1			Chair: Gerhard Grundling
Venue	Ekurhuleni 1 & 2		
08h45 - 09h00	Welcome		Gerhard Grundling
09h00 - 09h30	Anxiety disorder and the vagal nerve		Kobus Roux
09h30 - 10h00	Immune mediated inflammatory disease (IMID) & psychiatry		Yashna Mohangi
10h00 - 10h30	The orchid & the mirror: Intimate perfection, mental health, and the modern women-A pelvic surgeon's perspective		Elize Wethmar
10h30 - 11h00	Breath & Brain: The interface between respiratory disease and psychiatry		Kuven Naidu
11h00 – 11h30	Refreshment Break		Ekurhuleni 4 & 5
WORKSHOPS			
Venue	Ekurhuleni 1 & 2	Kwa-Thema	
11h30 - 13h00	Workshop 1 Management of addictions Speakers: Rina Hyams Duncan Laurenson Kobus Roux Chair: Shalani Reddy	Workshop 2 From couch to climax: Tackling sexual transference and dysfunction Speakers: Hayley Falck Daniel Greenslade Samantha Holle Chair: Claudia Schaft	
	Lunch Break		
13h00 - 14h00	Lunch Break		Ekurhuleni 4 & 5
14h00 - 15h30	Workshop 3 Pain in the mix Speakers: Sean Chetty Pauline du Plessis Ruben Naidoo Chair: Nikhil Nowbath	Workshop 4 1. An approach to the management of obesity in practice 2. Gut brain axis Speakers: 1. Frans Korb 2. Barbara Makumbi Chair: Dimpho Molise	
	Refreshment Break		
15h30 - 16h00	Refreshment Break		Ekurhuleni 4 & 5
16h00 - 17h30	Workshop 5 Update on management of depression from A to Z Speakers: Eugene Allers Gerhard Grundling Chair: Nomakorinte Tsoke		
	Close		
17h30	Close		
18h30	Speakers' Dinner		Level 7

Sunday, 26th July 2026

07h00 – 08h00	Registration & Arrival Tea/Coffee	
Venue	Kwa-Thema	Duduza
07h30 - 08h30	Breakfast Symposium 1	Breakfast Symposium 2
PLENARY SESSION 2 - ETHICS		Chair: Priscilla Vythilingum
Venue	Ekurhuleni 1 & 2	
08h30 - 09h00	Medical gas lighting	
09h00 - 09h30	Dr AI & Ethics	
09h30 - 10h00	The legal landscape of confidentiality in South Africa	
10h00 - 10h30	Boundary transgressions & dual relationships	
10h30 - 11h00	Refreshment Break	
PLENARY SESSION 3 - ETHICS		Chair: Grace Lehnerdt
Venue	Ekurhuleni 1 & 2	
11h00 - 11h30	Beyond the diagnosis: Patient advocacy and mental health in SA	
11h30 - 12h30	Advocacy: A moral dilemma for doctors in a sinking ship	
12h30	Close & Departure: Gerhard Grundling	