

# 2026

## GMPP Symposium

### 15<sup>th</sup> Annual Symposium

**Date:** 25<sup>th</sup> - 26<sup>th</sup> July 2026

**Venue:** Radisson Hotel & Conference Centre,  
3rd Ave, Bredell AH, Kempton Park

## Provisional Programme

**Saturday, 25<sup>th</sup> July 2026**

**CPD**  
HPCSA Accredited

08h00 – 08h55	Registration & Arrival Tea/Coffee	
	<b>PLENARY SESSION 1</b>	
09h00 - 09h05	Welcome	
09h05 - 09h30	Anxiety disorder and the vagal nerve	
09h30 - 09h55	Dermatology & mental illness	
09h55 - 10h20	Psycho-oncology	
10h20 - 10h45	Hypertension, heart failure, cholesterol - The link with mental illness	
10h45 - 11h10	Pharmaco-genetics	
11h10 – 11h45	Refreshment Break	
	<b>WORKSHOPS</b>	
11h45 - 13h15	Workshop 1	Workshop 2
	Management of addictions	Group therapy for patients with emotional dysregulation & bipolar disorder
13h15 - 14h00	Lunch Break	
14h00 - 15h30	Workshop 3	Workshop 4
	Multidisciplinary pain management	Motivational interviewing
15h30 - 16h00	Refreshment Break	
16h00 - 17h30	Workshop 5	
	Update on management of depression from A to Z	

**Sunday, 26<sup>th</sup> July 2026**

07h00 – 08h00	Registration & Arrival Tea/Coffee	
07h30 - 08h15	Breakfast Symposium 1	Breakfast Symposium 2
	<b>PLENARY SESSION 2</b>	
08h30 - 09h00	Ethics - Pain	
09h00 - 09h30	Dr AI & ethics	
09h30 - 10h00	The legal landscape of confidentiality in South Africa	
10h00 - 10h30	Boundary transgressions & dual relationships	
10h30 - 11h00	Refreshment Break	
	<b>PLENARY SESSION 3</b>	
11h00 - 11h30	Ethics - Advocacy	
11h30 - 12h30	Ethics - Finance	
12h45	Close	