

15th NOVEMBER 2024
PRE-SYMPOSIUM WORKSHOPS

| Time | Topic | Time | Topic |
|---------------|--|---------------|--|
| 13h00 - 17h00 | Opioid Substitution Treatment Lisa Dannatt, Lize Weich, Lindsay Scholtz & Kavendren Odayar | 13h00 - 17h00 | Managing the opioid-dependant patient with chronic pain Michelle King & Livia van Rensburg |

16th NOVEMBER 2024
PROVISIONAL PROGRAMME

| Time | Topic | Speaker |
|--|--|---|
| 07h30 - 08h00 | Arrival & Registration | |
| 08h00 - 08h10 | Welcome | |
| SESSION 1: Psychological Interventions for Addictive Disorders | | |
| 08h10 - 08h40 | How to motivate the unmotivated - conversation about MI | Lize Weich & Lindsay Scholtz |
| 08h40 - 09h10 | Should We All Learn DBT: Evaluating the Evidence for DBT for Substance Use Disorders | Melané van Zyl |
| 09h10 - 09h20 | Q&A | |
| SESSION 2: Legal Addictions | | |
| 09h20 - 09h50 | Adolescent vaping - The new frontier of substance use? | Richard van Zyl-Smit |
| 09h50 - 10h20 | FASD: Every Drop Counts | Leana Olivier |
| 10h20 - 10h30 | Q&A | |
| 10h30 - 10h50 | REFRESHMENT BREAK | |
| SESSION 3 | | |
| 10h50 - 11h20 | Imagine the Future of Addiction Care | Tanya Calvey |
| 11h20 - 11h50 | The Fairer Side of Addiction | Lisa Dannatt |
| 11h50 - 12h00 | Q&A | |
| 12h00 - 13h00 | LUNCH BREAK | |
| SESSION 4: EXERCISE & SLEEP | | |
| 13h00 - 13h30 | Psychiatry, Sports, and Substances - A Heady Cocktail | Richard Goncalves |
| 13h30 - 14h00 | Management of Chronic Insomnia | Alison Bentley |
| 14h00 - 14h10 | Q&A | |
| SESSION 5: ETHICS | | |
| 14h10 - 15h10 | Where's The Harm In Harm Reduction? | Lucy Jarvis |
| 15h10 - 15h20 | Q&A | |
| 15h20 - 15h25 | CLOSING | |
| 15h25 - 16h00 | SAAMS AGM | |

EVENT ORGANISER

011 894 1278

saams@velocityvision.co.za

www.saams.co.za