



2026 WITS PHYSICIANS UPDATE

Date: 27th March 2026 Workshop Day
28th - 29th March 2026
Venue: WITS School of Public Health,
WITS Education Campus,
Andrew Road, Parktown

CPD
HPCSA Accredited

ACADEMIC PROGRAMME FRIDAY, 27th MARCH 2026

Registration Sponsors:
 **aspen**
PHARMACARE
 **Ecomed**
Medical (Pty) Ltd

Time	Activity	Facilitators
07h45 - 08h00	Registration	
08h00 - 13h00	<p>PoCUS Workshop</p> <p>This year, a workshop has been organised in conjunction with EMSSA to be held at Charlotte Maxeke Johannesburg Academic Hospital. The course focuses on skill development in point-of-care ultrasound (PoCUS) for the specialist physician.</p> <p>Spaces are open to COSMOs, MOs, registrars and consultants in the Wits Department of Internal Medicine, but are limited to 20 participants in total.</p> <p>Sponsored by:</p>  Ecomed Medical (Pty) Ltd	TBC
13h00 - 14h00	Lunch	
14h00 - 15h30	PoCUS Workshop continued	TBC



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ACADEMIC PROGRAMME

SATURDAY, 28th MARCH 2026

Registration Sponsors:



Time	Activity	Speakers
07h30 - 08h30	Registration	
08h30 - 08h40	Welcome & opening	Ismail Kalla
08h40 - 09h30	Session 1 - Haematology / Oncology	
08h40 - 09h00	Thrombocytopenia in pregnancy	Garrick Laudin
09h00 - 09h20	Exciting new cellular therapies in haematology	Justin du Toit
09h20 - 09h30	Q&A	
09h30 - 10h30	Session 2 - Ethics	
09h30 - 10h15	Trapped between donors and the state: The ethics of international health funding	Francois Venter
10h15 - 10h30	Q&A	
10h30 - 11h00	Refreshment break	
11h00 - 11h50	Session 3 - Rheumatology / Immunology	
11h00 - 11h20	Gout: The good, the bad and the ugly	Preesha Govender
11h20 - 11h40	A basic approach to immunodeficiency for physicians	Lizelle Nagel
11h40 - 11h50	Q&A	
11h50 - 12h40	Session 4 - Geriatrics / Palliative Care	
11h50 - 12h10	Diagnosis of dementia in primary care	India Butler
12h10 - 12h30	Palliative approaches in advanced dementia	Anu Abraham
12h30 - 12h40	Q&A	
12h40 - 13h40	Lunch	
13h40 - 14h30	Session 5 - Pulmonology / Critical Care	
13h40 - 14h00	The management of intermediate risk pulmonary embolism	Erica Shaddock
14h00 - 14h20	An update on the management of sepsis and septic shock	Mervyn Mer
14h20 - 14h30	Q&A	
14h30 - 15h50	Session 6 - Cardiometabolic / GIT	
14h30 - 14h50	Does heart failure management need LVEF cutoffs anymore?	Nqoba Tsabedze
14h50 - 15h40	Combined endocrine and GIT debate: Endoscopic intervention vs GLP-1s for the management of obesity in 2026	Zaheer Bayat Adam Mahomed
15h40 - 15h50	Q&A	
15h50 - 16h15	Refreshment break	
16h15 - 17h15	Plenary session - AI	
16h15 - 17h00	AI in internal medicine - WITS MIND Institute	TBC
17h00 - 17h10	Q&A	
17h10 - 17h15	Closing	
17h15 - 18h30	Cocktail event & poster exhibition	



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SUNDAY, 29th MARCH 2026

Registration Sponsors:



Time	Activity	Speakers
08h00 - 08h30	Registration	
08h30 - 09h30	Session 1 - Nephrology / Therapeutics	
08h30 - 09h00	The role of antimicrobial therapeutic drug monitoring in clinical care	Warren Lowman
09h00 - 09h20	An update on the medical management of CKD for the general physician	Malcolm Davies
09h20 - 09h30	Q&A	
09h30 - 10h20	Session 2 - Infectious Diseases / Neurology	
09h30 - 09h50	Things doctors get wrong about C-Diff	Kim Pieton
09h50 - 10h10	Stroke and HIV: Is it all about atherosclerosis?	Eitzaz Sadiq
10h10 - 10h20	Q&A	
10h20 - 10h50	Refreshment break	
10h50 - 11h40	Session 3 - Research / Dermatology	
10h50 - 11h10	Internal medicine research unit: Post-TB lung disease: Clinical presentation and long-term psychosocial challenges	Denise Evans
11h10 - 11h30	Dermatology for internal medicine - a slideshow	TBC
11h30 - 11h40	Q&A	
11h40 - 12h40	Session 4 - Ethics	Chair: Ismail Kalla
11h40 - 12h25	Ethics under pressure: Medicine in an age of complexity	Fathima Paruk
12h25 - 12h40	Q&A	
12h40 - 13h00	Vote of thanks & closing	