

2026 CCSSA GAUTENG CLINICAL UPDATE

Date: 6th - 7th November 2026 | Venue: Indaba Hotel & Conference Centre, William Nicol Drive, Johannesburg

CPD

HPCSA Accredited

Workshops | Clinical Update
CEU Points: 8 | CEU Points: 4
Ethics Points: 2

ACADEMIC PROGRAMME

Friday, 6th November 2026

WORKSHOPS

07h00 - 07h30	Registration		
07h30 - 11h30	Palliation in the ICU- A multidisciplinary approach <i>Venue: Lecture Room 6</i> This is a hot topic which is of increasing practical importance. Learn important communication skills, legal and ethical aspects of palliation in this setting. Review organ donation considerations and the management of organ support withdrawal and patient monitoring.	Extracorporeal organ support <i>Venue: Lecture Room 8</i> Experience advances in critical care technology. Experience the latest developments in the field of extracorporeal organ support. Review the latest in RRT and anticoagulation management, plasmapheresis, hemoadsorption therapy, ECMO and ECCO2R for the critically ill patient.	Patient blood management and viscoelastic testing (ROTEM/TEG) <i>Venue: Lecture Room 7</i> Viscoelastic point-of-care (VE-POC) functional coagulation assessment has become an essential part of patient blood management (PBM). This workshop will review the principles of VE POC testing, describe the use of this testing as a central component of managing bleeding in several clinical settings including trauma and orthopaedic surgery, visceral surgery and liver transplantation, obstetrics and postpartum haemorrhage and cardiovascular surgery. Learn how to implement this tool in your practice and review the evidence for its use.
11h30 - 12h00	Refreshment Break & Registration		
12h00 - 16h00	Palliation in the ICU- A multidisciplinary approach (Continued) <i>Venue: Lecture Room 6</i>	Extracorporeal organ support (Continued) <i>Venue: Lecture Room 8</i>	Respiratory monitoring of the critically ill patient <i>Venue: Lecture Room 7</i> This workshop is a must for every critical care clinician, nurse and physiotherapist. Bedside tools to manage ICU patients requiring respiratory support are multimodal and personalised care requires integration of functional imaging, lung mechanics and gas exchange data. Review the practical implementation of these tools

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07h30 - 08h15	Registration		Venue: Kgotla 1
08h15 - 10h00	Session 1	Chairs: Shahed Omar Fathima Paruk	
08h15 - 08h50	Critical Care - Year in review featuring: Immunoprecision, Sodabic, Closed-loop ventilation and Mucolytics	Shahed Omar Fathima Paruk	
08h50 - 09h10	Augmented protein feeding in critical illness	Jacqui Eloff	
09h10 - 09h30	Glucagon-like peptide-1 receptor agonists in critical illness	Lucy Hindle	
09h30 - 09h40	Discussion		
09h40 - 10h10	Refreshment Break		
10h10 - 12h00	Session 2	Chairs: Ismail Kalla Nhlakanipho Shabalala	
10h10 - 10h30	AI in Critical Care	Ismail Kalla	
10h30 - 10h50	Goal-directed blood therapy	Nhlakanipho Shabalala	
10h50 - 11h10	Mechanisms and insights into antimicrobial activity and resistance - GNB	Guy Richards	
11h10 - 11h30	Advances in sepsis diagnosis - speed and accuracy	Trusha Nana	
11h30 - 11h50	Combat Candida - Resistant candida in the ICU	Rae Wake	
11h50 - 12h00	Discussion		
12h00 - 13h00	Lunch		
13h00 - 15h00	Session 3	Chairs: Fathima Paruk Heleen van Aswegen	
13h00 - 13h20	Case scenarios: When is it safe to mobilise the ICU patient?	Heleen van Aswegen	
13h20 - 13h40	Ethics: Shared decision making for in-hospital CPR initiation	Stephilia Tshukutsoane	
13h40 - 14h00	Case discussions: Personalised hemodynamic resuscitation	Pano Parris	
14h00 - 15h00	Ethics – Case vignettes	Susan Murphy	
15h00	Close	Shahed Omar Fathima Paruk	