

Academic Programme

Saturday, 25th July 2026

CPD

HPCSA Accredited

CEU points: 9 | Ethics points: 6

08h00 – 08h45	Registration & Arrival Tea/Coffee		Speakers
	PLENARY SESSION 1		Chair: Gerhard Grundling
Venue	Ekurhuleni 1 & 2		
08h45 - 09h00	Welcome		Gerhard Grundling
09h05 - 09h30	Anxiety disorder and the vagal nerve		Kobus Roux
09h30 - 10h00	Immune mediated inflammatory disease (IMID) & psychiatry		Yashna Mohangi
10h00 - 10h30	The orchid & the mirror: Intimate perfection, mental health, and the modern women-A pelvic surgeon's perspective		Elize Wethmar
10h30 - 11h00	Breath & Brain: The interface between respiratory disease and psychiatry		Kuven Naidu
11h00 – 11h30	Refreshment Break		Ekurhuleni 4 & 5
WORKSHOPS			
Venue	Ekurhuleni 1 & 2		Kwa-Thema
11h30 - 13h00	Workshop 1 Speakers: Rina Hyams Duncan Laurensen Kobus Roux Chair: Shalani Reddy		Workshop 2 Speakers: Hayley Falck Daniel Greenslade Samantha Holle Chair: Claudia Schaft
	Management addiction		From couch to climax: Tackling sexual transference & dysfunction
13h00 - 14h00	Lunch Break		Ekurhuleni 4 & 5
14h00 - 15h30	Workshop 3 Speakers: Sean Chetty Pauline du Plessis Chair: Nikhil Nowbath		Workshop 4 Speakers: Frans Korb Barbara Makumbi Chair: Dimpho Molise
	Pain in the mix		An approach to the management of obesity in practice Gut brain axis
15h30 - 16h00	Refreshment Break		Ekurhuleni 4 & 5
16h00 - 17h30	Workshop 5 Speakers: Eugene Allers Gerhard Grundling Chair: Nomakorinte Tsoke		
	Update on management of depression from A to Z		
17h30	Close		
18h30	Speakers' Dinner		Level 7

Sunday, 26th July 2026

07h30 – 08h30	Registration & Arrival Tea/Coffee		
	PLENARY SESSION 2 - ETHICS		Chair: Priscilla Vythilingum
Venue	Ekurhuleni 1 & 2		
08h30 - 09h00	Medical gas lighting		Ruben Naidoo
09h00 - 09h30	Dr AI & ethics		Jayseelan Naidu
09h30 - 10h00	The legal landscape of confidentiality in South Africa		Eugene Allers
10h00 - 10h30	Boundary transgressions & dual relationships		Gerhard Grundling
10h30 - 11h00	Refreshment Break		Ekurhuleni 4 & 5
	PLENARY SESSION 3 - ETHICS		Chair: Grace Lehnerdt
Venue	Ekurhuleni 1 & 2		
11h00 - 11h30	Beyond the diagnosis: Patient advocacy and mental health in SA		Ruthann Amoore Neil Amoore
11h30 - 12h30	Advocacy: A moral dilemma for doctors in a sinking ship		Mvuyiso Talatala
12h30	Close & Departure: Gerhard Grundling		

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EVENT ORGANISER
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