





THURSDAY, 14 AUGUST 2025

07h00 - 08h00	REGISTRATION								
,	WORKSHOPS								
VENUE	MR 12	MR 22	MR 11	MR 22ABC	HALL 2AF	MR 21			
	Mini-iFAD (FULL DAY) Sponsored by: RCA The program includes short lectures, skills stations via live camera	iPOCUS - point of care ultrasound for ICU (HALF DAY am) Sponsored by: Adcock Ingram Critical Care RCA The iPOCUS workshop will provide a	Renal I - basic RRT (HALF DAY am) This workshop will address the	Navigating Difficult Conversations: Integrating Palliative Care in the ICU (HALF DAY am) This workshop equips clinicians with	Advanced Mechanical Ventilation I (HALF DAY am) Sponsored by: RCA Dräger Mbuso Medical Supplies A practical hands-on & comprehensive	09h00 - 12h30 SASPEN: Nutrition assessment & body composition (HALF DAY am) Sponsored by: Abbott Chair: Renée Blaauw Anna-Lena du Toit Tanna Cohen			
08h00 - 12h00	projection & advanced case discussions. Key areas that will be covered include: Resuscitative fluids, Fluid stewardship, Guidance of fluid therapy with Non-invasive hemodynamic monitoring, Bio-electrical impedance analysis, Point-of care US (VExUS) & the use of Al in the future. There will be skills stations & advanced case discussions including the opportunity to self-assess with feedback. There are limited tickets available for this globally sought-after workshop.	practical introduction to point of care ultrasound that is relevant to all those treating critically ill patients. Course content includes basic echocardiography, lung ultrasound & vascular access.	current extracorporeal treatment options available for acute renal replacement therapy including CRRT, SLEDD & IHD. Current anticoagulation strategies & startegies to troubleshoot problems will also be included. The format of the workshop will include a few brief lectures, practical demonstrations & small group discussions.	essential skills for end-of-life discussions. Learn to foster compassionate, patient-centered care while cultivating prognostic awareness in families and ensuring dignity in dying within the ICU.	approach to managing mechanical ventilation in ICU will be covered in this workshop. Various modes of ventilation & ventilatory strategies will be covered. The format of the workshop will include a brief presentation followed by practical demonstrations & discussions.	This is an interactive workshop focusing on comprehensive nutrition status assessment techniques. Participants will practice how to conduct bio-electrical impedance analysis (BIA) and interpret the findings. This will be followed by case study discussions with practical implementation of body composition results to assist with nutrition decision-making. After attending this workshop, participants should be able to conduct BIA assessments, interpret the results and be able to adapt nutrition support accordingly.			
12h00 - 13h00			LUN	ICH BREAK					
13h00 - 17h00	Mini-iFAD (Continued) Sponsored by: RCA	Transcranial doppler (TCD) Neuromonitoring (HALF DAY pm) Facilitators: Shahed Omar Jacqui Brown Pano Parris There are many neuromonitoring tools available for monitoring patients who have, or are at risk for, a neurological injury. This course will provide practical training on clinically relevant bedside tools. It will include ultrasound-based assessment e.g. transcranial doppler and optic nerve sheath diameter, NIRS, basic EEG & more.	Renal II - advanced support incl. plasmapherisis etc. (HALF DAY pm) Sponsored by: Fresenius Medical Care This workshop will be a follow-on from Renal Workshop 1 and address more advanced strategies of current extracorporeal treatment options available for acute renal replacement therapy. More complex patients & problems will be addressed. The format of the workshop will include a few brief lectures, practical demonstrations & small group discussions.	Paediatric Advanced Ventilation (HALF DAY pm) Facilitators: Andrew Argent Martie Wege Shamiel Salie Larisha Pillay Zohra Banoo Shivani Singh Lincoln Solomon Sbekezelo Hlophe Enhance your expertise in paediatric mechanical ventilation with this hands-on, half-day workshop. Designed for healthcare professionals who are directly involved with the care of the ventilated paediatric patient. This intensive session covers cutting-edge ventilation strategies, case-based simulations and expert-led discussion to improve patient outcomes in critical care settings. Stay ahead with	Advanced Mechanical Ventilation II/ARDS (HALF DAY pm) Sponsored by: Dräger This workshop will follow on from Advanced Mechanical Ventilation I. There will be a particluar focus on ventilatory management of the complex patient with ARDS. The format of the workshop will include a brief presentation followed by practical demonstrations & discussions.	SASPEN: Understanding gastrointestinal anatomy & other practical surgical aspects related to nutrition (HALF DAY pm) Sponsored by: Fresenius Kabi Chair: Anna-Lena du Toit This interactive wokshop will be presented by an upper gastro-intestinal surgeon & a dietitian with experience in the field of surgery. It will focus on the general Gl anatomy as well as frequently encountered surgical procedures of the gastro-intestinal tract and their reconstructions. Enteral nutrition access routes & nutritional management of patients in the post-operative period as well as the long-term management will be discussed. The aim is to provide participants with a better understanding of surgical complexities & the new Gl anatomy of the patients			
	the latest innovations and best practices in paediatric respiratory management. the latest innovations and best practices in paediatric respiratory management. the latest innovations and best practices in paediatric respiratory management. the latest innovations and best practices in paediatric respiratory management. the latest innovations and best practices in paediatric respiratory management. the latest innovations and best practices in the practical aspects of tube insertion and stents will be explored with practical examples & demonstrations of procedure. Participants should be able to understand surgice procedures and their consequences on nutrition support in the participants should be able to understand surgice procedures and their consequences on nutrition support in the participants should be able to understand surgice procedures and their consequences on nutrition support in the short & long term better, be able to interpret operation notes & be confident in advising nutrition support in the peri-operative phase after attending this workshop.								
17h30 - 17h40	INTRODUCTION & WELCOME KIM DE VASCONCELLOS & DEAN GOPALAN								
17h40 - 18h30	OPENING SESSION: EPONYMOUS LECTURE - SMOOTH SEAS DO NOT MAKE SKILLFUL SAILORS								
18h30 - 22h00	OPENING WELCOME COCKTAIL								







FRIDAY, 15 AUGUST 2025

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07h00 - 08h00	REGISTRATION						
08h00 - 10h00	PLENARY FROM SHORELINE TO LIFEL	VENUE: HALL 2ABFH					
08h00 - 08h20	Tidal waves and tiny signals: Harn	Anthony Gordon					
08h20 - 08h40	Navigating the stormy seas - Stew	Manu Malbrain					
08h40 - 09h00	The Lifeline Crew: Team dynamics	Petra Brysiewicz					
09h00 - 09h20	Tides of change: Managing refeed	Arthur van Zanten					
09h20 - 09h40	Coming up for air - Oxygen targets	s in the PICU - How low can we go	?		Mark Peters		
09h40 - 10h00	The rising tide of survivors: What of	comes after the storm			Sabrina Eggmann		
10h00 - 10h45		REFRESHMENT I	BREAK - IN EXHIBITION HALL				
Venue	HALL 2AF			MD 44	MD 42		
Venue	HALL 2AF	HALL 2H	HALL 2B	MR 11	MR 12 SASPEN:		
10h45 - 12h45	Mastering the currents - Navigating haemodynamics	Quality of care - Following the beacon	Paediatrics	Nursing	Current opinion in critical care		
101145 - 121145	Chairs: Sean Chetty Kuban Naidoo	Chairs: Shahed Omar Nivisha Parag	Chairs: Shivani Singh Martie Wege	Chair: Cynthia Mabaso	Chairs: Anna-lena du Toit Omy Naidoo		
10h45 - 11h00	Haemodynamic targets in different shock states	Turning ICU PSI reporting into systematic change	ECMO evolution – Charting new waters in paediatric extracorporeal support	Physiology of respiration	Calories, controversies & confidence intervals: Making sense of critical care nutrition trials		
	Sean Chetty	Shuaib Kauchali	Porai Moshesh	Lennon Moodley	Renée Blaauw		
11h00 - 11h15	When should cardiac output be measured?	Pressure ulcers as an index of quality	Refractory pulmonary hypertension in the PICU: When to escalate, when to innovate?	What is acute lung injury?	The unsaturated truth: Lipid metabolism and therapy application		
	Busi Mrara	Andrea Marshall	Shamiel Salie	Isabel Coetzee	Omy Naidoo		
11h15 - 11h30	Critiquing the a-v CO2 gap ICU handovers impacting on quality of care PARDS – Are we ready for personalized ventilation? Update on ventilation modes		Individualised protein dosing in the ICU: from one-size-fits-all to phenotyping and endotyping				
	Hussain Cassimjee	Vedika Sathyapal	Andrew Argent	Nomhle Yeni	Arthur van Zanten		
11h30 - 11h45	Venous congestion and VEXUS	Tracheostomy care and considerations	Sleeping safely or sedating dangerously?	Effects of prone position in ARDS Mokgadi Matlakala	Navigating the amino acid tightrope: Amino acids and kidney function		
	Manu Malbrain Microvascular effects of vasopressors	Kerry Coole Organisational aspects to	Larisha Pillay Cool solutions - What's new in TTM?	Ventilator Associated Infection (VAI) upo	late LizI Veldsman Fat and frial: Dealing with sarcopenic		
11h45 - 12h00	Pandani Tahitangana	improve qualty of care Javier Perez Fernandez	Lincoln Solomon	Luoy Dolo	obesity in the clinical setting		
	Rendani Tshitangano Septic myocardial dysfunction	Antifungal stewardship	How would you integrate ONSD	Lucy Dolo	The Gut's time zone: Aligning clinical		
12h00 - 12h15	, , ,		into your centre's TBI protocol?		nutrition with circadian biology		
	Jacqui Brown Post cardiac arrest: Prognostic evaluation	Cahlia Naested Improving the quality of post-ICU care	Nomusa Shezi Post cardiorespiratory arrest prognostication	ABG analysis	Vanessa Kotze Can Al serve up smarter nutrition in the ICU?		
12h15 - 12h30	·		Moving away from adult derived benchmark		·		
40h20 40h45	Ezile Ninise	Elizabeth van der Merwe	Sbekezelo Hlophe	6 . 5	Nadiya Ahmed		
12h30 - 12h45	Session Discussion	Session Discussion	Session Discussion CH SYMPOSIUM	Session Discussion	Session Discussion		
12h45 - 14h00		ver VENUE: MR22					
12h45 - 14h00			UNCH BREAK				
13h00 - 13h15		IN EXHIBITION HALL					
13h25 - 13h40							
			DDUCT THEATRE				







FRIDAY, 15 AUGUST 2025

Venue	HALL 2AF		HALL 2H	HALL 2B	MR 11	MR 12
	Wind in our sails - Optimising ventilation	Fireside chats (incl Ethics) Chair: Komalan Govender		Free Papers/Competitions	Nursing	SASPEN: Little things matter
14h00 - 15h45	Chairs: Malcom Miller David Fredericks				Chair: Lucy Dolo	Chairs: Madeleine Coetzee Vanessa Kotze
14h00 - 14h15	Monitoring respiratory effort				Traumatic brain injury	Micronutrients in critical illness: evidence and practical approaches
	Malcolm Miller	Ethics of Al			Cynthia Mabaso	Arthur van Zanten
14h15 - 14h30	Do new ARDS criteria make a difference?	14h00 - 14h35	Anthony Gordon		Neurological assessment process	The ascorbic argument: What is the evidence for vitamin C in the ICU?
	Usha Lalla	Moderator: Michael Pienaar		Petra Brysiewicz	Nivisha Parag	
14h30 - 14h45	Can ultrasound guide ventilator settings?				Principles of neuroprotection	Daily dose of sunshine in the ICU: Helpful or hype?
	Robert Wise				Thabsile Majola	Engela Francis
14h45 - 15h00	Beyond VILI - Other ventilator associated injuries	14h35 - 15h10	Paediatric critical care in SA		Use of physical restraints in ICU	Iron-ically complicated: Iron metabolism in critical illness
	Kennedy Nyamande		Andrew Argent Brenda Morrow		Kanthi Basdeo	Omy Naidoo
15h00 - 15h15	Inhaled antimicrobials - Are you convinced?		Moderator: Kuban Naidoo		Thrombolytics in acute stroke	Thiamine: The quiet hero in critical care
	Mervyn Mer				Isabel Coetzee	Bojan Korda
15h15 - 15h30	How to optimize PEEP at the bedside		ECMO in SA - Where are we?		Update on oral hygiene in ICU	Gut instinct: Micronutrients, microbiomes and the butterfly effect in ICU
	Oliver Smith	15h10 -	David Skinner		Ellen Le Roux	Logesh Govender
15h30 - 15h45	Session Discussion	15h45 Sharaz Bhamjee Moderator: David Thomson			Session Discussion	Session Discussion
15h45 - 16h15	REFRESHMENT BREAK - IN EXHIBITION HALL					
	PLENARY					
401.45						
16h15 - 17h30	DEAN GOPALAN ANDREA MARSHALL					
17h30	CCSSA AGM VENUE: HALL 2ABFH					
19h00	SPEAKERS' DINNER / NETWORKING EVENING					







SATURDAY, 16 AUGUST 2025

06h45 - 08h00	REGISTRATION							
07h00 - 08h00	BREAKFAST SYMPOSIUM Sponsored by: Abbott					VENUE: MR12		
08h15 - 10h00	PLENARY ANCHORING CRITICAL CARE IN EXCELLENCE Chairs: Brenda Morrow Kim de Vasconcellos						VENUE: HALL 2ABFH	
08h15 - 08h35	Excellence - What is it?	Excellence - What is it? Victor Vaz						
08h35 - 08h55	Excellence in critical care nursing					Andrea	a Marshall	
08h55 - 09h15	Excellence in critical care nutritional	support				Renée	Blaauw	
09h15 - 09h35	Excellence in critical care research					Anthor	ny Gordon	
09h35 - 09h55	Excellence in critical care in South Af	rica				Mervyr	n Mer	
09h55 - 10h00	Session wrap							
10h00 - 10h45			REFRESHMENT BRI	EAK - IN EXHIBITION HALL				
Venue	HALL 2AF		HALL 2H	HALL 2B	MR 11		MR 12	
10h45 - 12h45	Sailing through sepsis Chairs: Theroshnie Kisten Oliver Smith	Speed debating Walking the plank Chair: Kim de Vasconcellos Paediatrics Paediatrics Chair: Sbekezelo Hlophe Zohra Banoo Nursing Workshop Chair: Belinda Karstens			p	SASPEN: Nutritional challenges Chairs: Renée Blaauw Lizl Veldsman		
10h45 - 11h00 11h00 - 11h15	SOFA Score: Need for a new chapter? Fathima Paruk When to consider immunoglobulin in sepsis	10h45 - 11h15	Early enteral nutrition should be mandatory for all in ICU David Fredericks Robert Wise	POCUS Revolution – The modern stethoscope in the PICU Shivani Singh Which CO monitor reigns supreme in children?			Feeding the failing kidney: Nutritional strategies and pitfalls in acute kidney injury Brett Cullis Feeding the failing liver: Nutritional challenges in hepatic failure	
11h15 - 11h30	New BLICs - where are we in SA? Chetna Govind	11h15 -	Funith via a fair in day for ICII advaisaion	Porai Moshesh Precision in every drop – elevating paediatric fluid stewardship Pheladi Mashiloane	This half day workshop will co		Feeding the breathless: Nutrition support in respiratory disease Tanna Cohen	
11h30 - 11h45	Metabolic resuscitation in sepsis Kuban Naidoo	11h45	Frailty is a fair index for ICU admission Satish Bhagwanjee Raazik Gani	Beyond Hb - Rethinking transfusion in PC		nerapies: kshop	Sweet science: Managing glucose control in the ICU Katy Begg	
11h45 - 12h00	Biomarkers for adjunctive therapies for sepsis Gladness Nethathe	11h45 -	Physiotherapy	Admit or deny admission of SAM patient to the PICU? Shuaib Kauchali	practical demonstrations and problem Le Roux Nothile Mdletshe	ractice.	Feeding the powerhouse: Nutritional strategies for supporting mitochondrial function Hussein Casimyee	
12h00 - 12h15	Sepsis: Lessons from rheumatology Jacqui Brown	12h15	Sabrina Eggmann Alison Lupton-Smith	Harnessing AI to predict shock trajectories in PCC Shamiel Salie			Guarding the gut: Using enteral nutrition to prevent stress ulceration in critical care Lizl Veldsman	
12h15 - 12h30	Role of echinocandins as firstline treatment Matlawene Mpe	12h15 -	Al should make clinical triage decisions in ICU Kamlin Ekambaram Michael Pienaar	Adapting advance resuscitation simulation in LMIC Martie Wege			Post-ICU nutrition: The window of opportunity	
12h30 - 12h45	Session Discussion	12h45		Session Discussion	Session Discussion		Arthur van Zanten Session Discussion	
12h55 - 13h50	Nurse's Forum Session Busi Bhengu							
12h45 - 14h00				MPOSIUM g critically ill paediatric patients amuels	Sponsored by:	Pfizer	VENUE: MR22	







SATURDAY, 16 AUGUST 2025

42545 44500									
12h45 - 14h00	LUNCH BREAK						IN EXHIBITION HALL		
13h00- 13h15	PRODUCT THEATRE								
13h25 - 13h40	PRODUCT THEATRE Multifiltrate PPO Overview - Vour partner in MOST in the ICLL								
131123 - 131140	Multifiltrate PRO Overview – Your partner in MOST in the ICU Bill Constable Sponsored by: Fresenius Kabi								
Venue	HALL 2AF HALL 2H HALL 2B MR 11							MR 12	
	Potions and provisions: Exploring the medicine chest	Panel discussion (Ethics)		Free Papers/Competitions	Nursing		SASPEN: Case study discussion		
14h00 - 15h45	Chairs: Busi Mrara David Thomson		Chairs: Brenda Morrow Malcom Miller		Chair: Cynthia Mabaso		Chairs: Tanna Cohen Engela Francis		
441.00 441.45	Do statins have a role in TBI?								
14h00 - 14h15	David Fredericks		Research ethics			Career opportunities			
14h15 - 14h30	Pharmacological options in endothelial protection	14h00 - 15h00	Dhivendra Singh, Timothy Hardcastle, Fathima Paruk, Andrea Marshall, Juan Scribante, Busi Mrara Moderator: Brenda Morrow		14h00 - 14h15	for the ICU nurse Mokgadi Matlakala	14h00 - 14h00	Multidisciplinary approaches to managing home nutrition support in gut failure: An interactive case discussion Anna-Lena du Toit Arthur van Zanten	
141115 - 141130	ТВС								
14h30 - 14h45	Antimicrobial dosing on RRT					Panel Discussion: Stress & anxiety among ICU nurses & coping strategies Kanthi Basde Thabsile Majola			
	Shahed Omar								
14h45 - 15h00	Should coagulation factor concentrate replace plasma?				14h15 - 15h30				
141110	Moraa Abuya	_						Madelein Coetzee	
15h00 - 15h15	ICU considerations of biologics		ICU organisation and private practice			Andrea Marshall Tascha Meredith			
	Arisha Ramkillawan	15h00 - 15h45	Manqoba Mazibuko			Session Discussion	15h00 - 15h15	Session Discussion	
15h15 - 15h30	Angiotensin II for which patients?		Shiraz Bhamjee David Skinner Seshen Govender		15h30 - 15h45				
	Nhlakanipho Shabalala		Richard Siebert						
15h30 - 15h45	Session Discussion		Moderator: Malcolm Miller				15h15 - 15h45	SASPEN AGM	
15h45 - 16h15	REFRESHMENT BREAK - IN EXHIBITION HALL								
16h15 - 17h30	PLENARY ICU SURPRISE SESSION ROBERT WISE								
19h00	CELEBRATION DINNER VENUE: HALL 1								







SUNDAY, 17 AUGUST 2025

06h45 - 08h30		REGISTRATION						
Venue	HALL 2AF	HALL 2B	HALL 2H					
08h30 - 10h00	The critical compass: Finding true north Chairs:	Paediatrics Chair:	Captains Log: Practical tips for Chairs: Alison Lupton-Smith					
	Robert Wise Satish Bhagwanjee	Zohra Banoo	Rendani Tshitangano					
08h30 - 08h45	The drug that changed my practice	Vit C, thiamine and steroids - The SEPSIS cocktail - Magic cure or mixed signals in PCC?	Testing brain death					
	Anthony Gordon	Lincoln Solomon	David Thomson					
08h45 - 09h00	The device that changed my practice	Colistin revisted: Savior or self sabotage?	Managing enteral feed intolerance					
	Satish Bhagwanjee	Mohendran Archary	Anna-Lena du Toit					
09h00 - 09h15	The article that changed my practice	Antibiotic stewardship in the PICU: Shorter courses, for better or worse outcomes?	Improving communication with the patient					
	Guy Richards	Fathima Naby	Zainub Jooma					
09h15 - 09h30	The talk that changed my practice	Anchoring new evidence: The impact of biomarkers in PCC	Using mobilisation to improve outcomes					
	Kim de Vasconcellos	Sbekezelo Hlophe	Sabrina Eggmann					
	The case that changed my practice	Is the phoenix sepsis score ready for global use? – Validation in LMIC						
09h30 - 09h45	Mervyn Mer	Mark Peters	Making your ICU green Tobisa Fodo					
09h45 - 10h00	Session Discussion Session Discussion Session Discussion							
10h00 - 10h45	REFRES	HMENT BREAK - IN EXHIBITION HALL						
10h45 - 12h45	PLENARY ALL ABOARD THE ETHICAL COMPASS! NAVIGATING THE MURKY WATERS OF ICU (ETHICS) VENUE: HALL 2ABFH FATHIMA PARUK							
	CLOSE OF CONGRESS							
12h45	KIM DE VASCONCELLOS RENEE BLAAUW DEAN GOPALAN							