



# SASA

9<sup>th</sup> - 13<sup>th</sup> September 2026

Boardwalk International Convention Centre, Gqeberha / Port Elizabeth

**CPD**  
HPCSA Accredited

## SCIENTIFIC PROGRAMME WEDNESDAY, 9<sup>TH</sup> SEPTEMBER

07h30 - 08h30	REGISTRATION						
	WORKSHOPS						
VENUE	BOARDWALK INTERNATIONAL CONVENTION CENTRE - GROUND LEVEL				OFFSITE		
	D1	C1	D2	CAPITAL BOARDWALK			
08h30 - 12h00	<p><b>Ultrasound-guided Regional Anaesthesia</b></p> <p>Reinier Swart, Yolwando Nyathela, Jerome Mogorosi, Celeste Quan, Marnus Booyens, Bernard Edwards, Ramona Titus, Merle Morrison, Francois Roos, Lerato Mpenyama, Monwabisi Phumlomo</p> <p>A hands-on workshop to learn basic and advanced ultrasound-guided regional anaesthesia techniques. Engage with national experts and learn tips to troubleshoot bothersome perioperative nerve blocks.</p>	<p><b>Basic Focus Assessment Transthoracic Echocardiography (FATE)</b></p> <p>Matthew Gibbs, Ezile Ninise, Aphelele Futshane, Lauren Dougall, Piet Theron-Jansen, Nils von Delft, Andre Strydom, Tracy Kallenbach</p> <p>Basic Focus Assessed Transthoracic Echocardiography (FATE) is an internationally recognised point-of-care cardiac ultrasound workshop, designed to provide basic echocardiographic skills for physicians. This course is aimed to introduce the basics of cardiac ultrasound with excellent pre-course online material complemented by hands-on training on the day of the workshop, supervised by experienced trainers. Practical tips, interesting cases and plenty of time for questions will all be featured on the day.</p>	<p><b>TIVA / TCI and Processed EEG: Practical Skills for Anaesthesia and Critical Care</b></p> <p>Daniel Shmukler, Leilani Fletcher-Nkile, Ryan van der Merwe</p> <p>Master the art of TIVA and EEG-guided anaesthesia in this interactive workshop. Learn practical EEG interpretation to assess anaesthetic depth, optimize patient safety and improve outcomes in the OR and ICU. Gain hands-on experience with target-controlled infusion (TCI) systems, understand the clinical advantages of TIVA over inhalational anaesthesia and explore strategies to reduce postoperative complications. We'll also discuss the environmental impact of anaesthetic choices and how sustainable practice can align with high-quality care. Join us for case-based exercises and real-time EEG analysis to take your anaesthetic practice to the next level.</p>			<p><b>Airway Management</b></p> <p>Abongile Sukwana, Ross Hofmeyr, Mmapali Mokapela, Franklin Ndhlovu, Avela Pakati</p> <p>This workshop is designed as a highly interactive, hands-on airway management course aimed at anaesthesiologists, trainees and practitioners with an interest in advanced and difficult airway management. The emphasis will be on practical skill acquisition, evidence-based decision-making and exposure to both established and emerging airway techniques.</p>	<p><b>Managing Emergencies in Paediatric Anaesthesia (MEPA)</b></p> <p>Ncumisa Sabona, Kgopotso Pege-Digwamaje, Shenaaz Essa, Mthobisi Mlitwa, Dean Nolte, Lerato Pakade, Lorenzo Boretti, Rod Campbell</p> <p>Join us for a transformative high-fidelity simulation workshop designed to challenge and enhance your skills in managing life-threatening emergencies in paediatric anaesthesia. This immersive experience will put you in realistic scenarios, allowing you to practice and refine your response to various critical situations.</p>
12h00 - 13h00	LUNCH BREAK				VENUE: CONFERENCE FOYER		
13h00 - 16h00	<p><b>Ultrasound-guided Regional Anaesthesia</b></p> <p>Reinier Swart, Yolwando Nyathela, Jerome Mogorosi, Celeste Quan, Marnus Booyens, Bernard Edwards, Ramona Titus, Merle Morrison, Francois Roos, Lerato Mpenyama, Monwabisi Phumlomo</p> <p>(CONTINUED)</p>	<p><b>Basic Focus Assessment Transthoracic Echocardiography (FATE)</b></p> <p>Matthew Gibbs, Ezile Ninise, Aphelele Futshane, Lauren Dougall, Piet Theron-Jansen, Nils von Delft, Andre Strydom, Tracy Kallenbach</p> <p>(CONTINUED)</p>	<p><b>TIVA / TCI and Processed EEG: Practical Skills for Anaesthesia and Critical Care</b></p> <p>Daniel Shmukler, Leilani Fletcher-Nkile, Ryan van der Merwe</p> <p>(CONTINUED)</p>	<p><b>13h00 - 16h30 Private Practice Business Unit (PPBU)</b></p> <p>Fatimah Lambat, Fatima Hoosen, Daniel Nelson, Retief Strauss, Carien Strydom, Sakkie Muller, Bianca Hartslief, Heleni Truter</p> <p>The PPBU Workshop is a focused educational offering designed specifically for anaesthesiologists who are currently in private practice as well as those planning to transition into private practice.</p>	<p><b>Airway Management</b></p> <p>Abongile Sukwana, Ross Hofmeyr, Mmapali Mokapela, Franklin Ndhlovu, Avela Pakati</p> <p>(CONTINUED)</p>	<p><b>Managing Emergencies in Paediatric Anaesthesia (MEPA)</b></p> <p>Ncumisa Sabona, Kgopotso Pege-Digwamaje, Shenaaz Essa, Mthobisi Mlitwa, Dean Nolte, Lerato Pakade, Lorenzo Boretti, Rod Campbell</p> <p>(CONTINUED)</p>	
EVENING SESSION					VENUE: TBC		
17h30 - 18h30	Weinbren Memorial lecture				VENUE: B2		
	Judith Dlamini						
18h30 - 20h30	Opening welcome function				VENUE: EXHIBITION AREA LEVEL 1		

**SCIENTIFIC PROGRAMME**  
THURSDAY, 10<sup>TH</sup> SEPTEMBER

CONGRESS PROGRAMME				
07h00 - 08h00	REGISTRATION			
07h00 - 08h00	TRADE SPONSORED BREAKFAST SESSION			VENUE: TBC
08h15 - 10h30	PLENARY SESSION: GUARDIANS AT THE EDGE			VENUE: TBC
08h15 - 09h00	Welcome - Congress Chair			
	<b>Sadé Hendricks</b>			
	Scientific programme opening <b>Sean Chetty, Busi Mrara and Fatimah Lambat</b>			
09h00 - 09h30	Official congress speaker introduction - Guardians at the edge			
	<b>Busi Mrara</b>			
	TBC			
09h30 - 10h00	Guardianship in limited resource settings: From Scarcity to Strength			
10h00 - 10h30	<b>Wezile Chitha</b>			
	Guarding the edges: Global surgery beyond boundaries			
	<b>Salome Maswime</b>			
10h30 - 11h00	REFRESHMENT BREAK			VENUE: EXHIBITION AREA LEVEL 1
VENUE	TBC	TBC	TBC	TBC
11h00 - 13h00	Trauma and emergencies - Guardians at the frontline CHAIRPERSONS: Sibongile Mothae, Lorenzo Boretti	Quality and crisis management - Guardians in theatre CHAIRPERSONS: Ryan Davids, Ramona Titus	When seconds shatters - Disasters, decisions and the edge of anaesthesia CHAIRPERSONS: Zaakirah Firfirey, Kgopotso Pege-Digwamaje	ABSTRACTS
11h00 - 11h30	TACTICAL Thinking: Modern damage control resuscitation at the edge <b>Sibongile Mothae</b>	Becoming: Effective leadership and team dynamics from registrar to consultant <b>Kamini Singh</b>	When the system fails: Anaesthesia at the edge of disaster <b>Zaakirah Firfirey</b>	TBC
11h30 - 12h00	Airway, Access and REBOA: Decisions at the Physiological Edge <b>Abongile Sukwana</b>	Crisis proofing the theatre <b>Ramona Titus</b>	Human Error or System error? The Psychology of Anaesthetic disasters <b>Kgopotso Pege-Digwamaje</b>	
12h00 - 12h30	Vasopressin in Shock: Miracle Adjunct or isplaced faith? <b>Franklin Ndhlovu</b>	From cure to crisis: Preventing Medication Errors and Toxicity in Anaesthesia <b>Ryan Davids</b>	Technology meltdown: When Machines betray the Anaesthetist <b>Fehmida Khatib</b>	
12h30 - 13h00	Whole Blood or Balanced components: Does the evidence justify the shift? <b>Lorenzo Boretti</b>	Equity bias and crisis outcomes <b>Busi Mrara</b>	When Systems Collapse: Anaesthesia at the frontlines of Humanitarian Crisis <b>Imtiaz Sooliman</b>	
13h00 - 14h00	LUNCH BREAK			VENUE: EXHIBITION AREA LEVEL 1
VENUE	TBC	TBC	TBC	TBC
14h00 - 15h30	Cardiac - Guardians of the heart CHAIRPERSONS: Stephen Venter, Fatimah Lambat	ENT and the shared airway - At the knives edge CHAIRPERSONS: Lerato Mpepnyama, Mmapali Mokapela	Guardians at the edge of pain CHAIRPERSONS: Dean Nolte, Ryan Davids	ABSTRACTS
14h00 - 14h20	Which pressor belongs where? <b>Matema Mosola</b>	Securing the Tumour Airway: Current Strategies and Clinical Dilemmas in Head and Neck oncology <b>Kamini Singh</b>	Bridging the Pain Divide: Access and Equity	TBC
14h20 - 14h40	Signal or noise? Perioperative Troponin and BNP in Cardiac risk, rescue and responsibility <b>Stephen Venter</b>	Beyond the tube: New frontiers in Shared-airway Oxygenation and Ventilation <b>Ross Hofmeyr</b>	Opioid stewardship in Anaesthesia: Lessons for low-resource settings <b>Dean Nolte</b>	
14h40 - 15h00	Beyond the numbers: Haemodynamic phenotyping for Perioperative Decision-making <b>Wolfgang Buhre</b>	Airway on a knives Edge: Crisis management in ENT anaesthesia <b>Lerato Mpepnyama</b>	Ketamine, Dexmedetomidine and the New Analgesic Paradigm <b>Ryan Davids</b>	
15h00 - 15h20	From stent to Scalpel: Perioperative Antiplatelet decisions at the edge <b>Fatimah Lambat</b>	Tiny airways, Big decisions: Anaesthetic Challenges in Paediatric Head and Neck Surgery <b>Fehmida Khatib</b>	Opioids in acute pain: Old drugs, New rules <b>Erni Welch</b>	
15h20 - 15h30	Q&A			
15h30 - 16h00	REFRESHMENT BREAK			VENUE: EXHIBITION AREA LEVEL 1
VENUE	TBC	TBC	TBC	TBC
16h00 - 17h30	Pharmacology at the edge - Innovation, precision, stewardship CHAIRPERSONS: Erni Welch, Aneesa Mamoojee	Guardians of the table - Anaesthesia for the complex patient CHAIRPERSONS: Sthandiwe Dingezweni, Sekai Ndemera	Research for the non-academic CHAIRPERSONS: Ross Hofmeyr, Hyla Kluyts	ABSTRACTS
16h00 - 16h20	Do we really have dantrolene ready? Navigating storage and preparation pitfalls <b>Aneesa Mamoojee</b>	Frailty and the failing physiology: when not to push to the edge <b>Ophelia Grimaud</b>	If we don't ask the questions, Who will? Why research matters in Anaesthesiology?	TBC
16h20 - 16h40	Remimazolam: Breakthrough or incremental advance? <b>Erni Welch</b>	Hidden Polypharmacy: Substance use and Perioperative Risk in the young <b>Sekai Ndemera</b>	Reading Research Critically in the Age of AI: What really matters and what doesn't? <b>Ross Hofmeyr</b>	
16h40 - 17h00	Ketamine and magnesium: Old drugs, new roles in precision analgesia <b>Khalid Moosa</b>	The Post-Covid heart and lung: Hidden sequelae in 2026 <b>Sean Chetty</b>	Evidence based practice: Turning research into real-world practice <b>Adele Mey de Goede</b>	
17h00 - 17h20	Precisions pharmacology:	Fitness for surgery: Real-time judgement	Perioperative registries:	

	Personalising anaesthesia and critical care	in the Absence of ideal information	From idea to practice	
	<b>Fatima Hoosen</b>	<b>Rowan Duys</b>	<b>Hyla Kluyts</b>	
17h20 - 17h30	Q&A			
18h30	Sponsored by:	SPEAKERS' DINNER (BY INVITE ONLY)		VENUE: GINGER THE RESTAURANT



**SCIENTIFIC PROGRAMME**  
FRIDAY, 11<sup>TH</sup> SEPTEMBER

CONGRESS PROGRAMME					
07h00 - 08h00	REGISTRATION				
07h00 - 08h00	TRADE SPONSORED BREAKFAST SESSION			VENUE: TBC	
08h15 - 10h30	PLENARY SESSION: TIDE - STANDING AT THE EDGE OF CHANGE CHAIRPERSONS: Fatimah Lambat, Sadé Hendricks			VENUE: TBC	
08h15 - 09h00	Changing the System, not the individual: Structural barriers to Equity in Anaesthesia <b>Gladness Nethathe</b>				
09h00 - 09h30	The language of Care: Cultural competence in Periop communication <b>Sadé Hendricks</b>				
09h30 - 10h00	Mentorship that transforms: Building a diverse pipeline of scientists <b>Zukiswa Zingela</b>				
10h00 - 10h30	What gets measured gets changed: Using data to Drive Transformation in Anaesthesia <b>Celeste Quan-Barrow</b>				
10h30 - 11h00	REFRESHMENT BREAK			VENUE: EXHIBITION AREA LEVEL 1	
VENUE	TBC	TBC	TBC	TBC	
11h00 - 13h00	OBS - Maternal guardianship CHAIRPERSONS: Anneme Breedt, Nils von Delft	Anaesthesia in LMICS - Innovations at the edge CHAIRPERSONS: Zane Farina, Rowan Duys	RESEARCH CHAIRPERSON: Sandra Spijkerman	ABSTRACTS Registrar communication prize	
11h00 - 11h30	Remifentanyl PCA pump: Alternative analgesia or compromised safety? <b>Marcelle Crowther</b>	Innovation in scarcity: How LMICs are redefining safe Anaesthesia	Research outside of academia. Deciding on an idea. Navigating regulatory approvals. Group discussions. Ethical usage of personal information. POPIA. Medical aid and hospital group communications.  <b>Sandra Spijkerman, Wolfgang Buhre, Sean Chetty, Gladness Nethathe</b>	TBC	
11h30 - 12h00	Red flags and rare events: Neurological complications in obstetric anaesthesia <b>Anneme Breedt</b>	Workforce at the edge: Is it time to embrace task-sharing in South African Anaesthesia? <b>Zane Farina</b>			
12h00 - 12h30	Regional vs general for obstetric: Beyond the dogma <b>Nils von Delft</b>	Resilient Anaesthesia systems: Lessons from global North to global South <b>Carol Bodlani</b>			
12h30 - 13h00	Delays that kill: The anaesthetists role in overcoming system failures <b>Luis Felipe Montoya-Pelaez</b>	Surgery for all: The Anaesthetists role in Global Surgical Access <b>Rowan Duys</b>			
13h00 - 14h00	POSTER PRESENTATIONS & RESEARCH OF REGISTRARS' FOR PRIZE			VENUE: EXHIBITION AREA LEVEL 1	
LUNCH BREAK				VENUE: EXHIBITION AREA LEVEL 1	
VENUE	TBC	TBC	TBC	TBC	
14h00 - 15h30	OBS - Guardians of the mothers CHAIRPERSONS: Ncumisa Sabona, Marcelle Crowthe	Guardians in action - The 10-minute Rescue challenge (Rapid Rotation Sessions) CHAIRPERSON: Busi Mrara	Professionalism and Training CHAIRPERSON: Sadé Hendricks	ABSTRACTS Registrar communication prize	
14h00 - 14h40	Neurological complications in hypertensive disorders of pregnancy: Real world experience beyond the blood pressure <b>Ncumisa Sabona</b>	Cardiac output monitoring: Real world cases <b>Fatimah Lambat, Stephen Venter, Matema Mosola</b>	14h00 - 14h20	When things go wrong: Professional responsibility, Disclosure and Accountability in Anaesthesia <b>Anthony Beeton</b>	TBC
14h40 - 15h00	Arrhythmias in pregnancy: The already stressed heart <b>Marcelle Crowthe</b>		14h20 - 14h40	CMSA updates: Training, assessment issues and international equivalence <b>Brian Gardner</b>	
15h00 - 15h20	Phenylephrine or noradrenaline? Rethinking vasopressor strategies in Obstetrics <b>Tsakani Mhlari</b>		14h40 - 15h00	HPCSA updates <b>Arthur Rantloane</b>	
15h20 - 15h30	Q&A			15h00 - 15h20	
15h30 - 16h00	REFRESHMENT BREAK			VENUE: EXHIBITION AREA LEVEL 1	
VENUE	TBC	TBC	TBC	TBC	
16h00 - 17h30	Basic sciences updates of Perioperative concern CHAIRPERSONS: Nils Von Delft, Sthandiwe Dingezweni	Teaching and training / Universities HOD corner CHAIRPERSON: Sadé Hendricks	Redefining the Edge: Innovation and insight in Anaesthesia CHAIRPERSONS: Lynn-Hay Frewen, Dean Nolte	ABSTRACTS Registrar communication prize	
16h00 - 16h20	CVS: Ventriculo-arterial coupling: Why blood pressure alone is not enough! <b>Carol Bodlani</b>	16h00 - 16h10	University of Limpopo <b>Tsakani Mhlari</b>	AI in the OR: The rise of intelligent anaesthesia <b>Dean Nolte</b>	TBC
		16h10 - 16h20	University of Pretoria <b>Sandra Spijkerman</b>		
16h20 - 16h40	CNS: Sleep, circadian rhythm and the brain <b>Nils von Delft</b>	16h20 - 16h30	Sefako Makgato Health Sciences University <b>Hyla Kluyts</b> University of the Free State <b>Leonie DeMan</b>	Green anaesthesia and the carbon-neutral theatre <b>Lynn-Hay Frewen</b>	TBC
		16h30 - 16h40	University of the Witwatersrand Johannesburg <b>Palesa Motshabi</b>		
16h40 - 17h00	Resp: V / Q mismatch revisited: Why oxygenation lies? <b>Sthandiwe Dingezweni</b>	16h40 - 16h50	University of KwaZulu-Natal <b>Dean Gopalan</b> Nelson Mandela University <b>Lorenzo Boretti</b>	Brain monitoring reimagined: Where is depth of anaesthesia heading? <b>Abongile Sukwana</b>	TBC
17h00 - 17h20	Renal: Kidney / Brain axis: <b>Busi Mrara</b>	16h50 - 17h00	Walter Sisulu University <b>Busi Mrara</b>	The silent guardian:	

	Two organs, one vulnerability <b>Rob Freecks</b>	17h00 - 17h10 Stellenbosch University <b>Sean Chetty</b>	Anaesthesia and the microbiome <b>Khalid Moosa</b>	TBC
		17h10 - 17h20 University of Cape Town <b>Gladness Nethathe</b>		
17h20 - 17h30	<b>Q&amp;A</b>			
18h30	<b>CONGRESS DINNER</b>			<b>VENUE: TBC</b>

**SCIENTIFIC PROGRAMME**  
**SATURDAY, 12<sup>TH</sup> SEPTEMBER**

REGISTRATION								
07h00 - 08h00	TRADE SPONSORED BREAKFAST SESSION						VENUE: TBC	
08h15 - 09h00	PLENARY SESSION: NAGIN PARBHOO - INNOVATION AT THE EDGE CHAIRPERSON: Busi Mrara						VENUE: TBC	
08h15 - 09h00	Artificial intelligence in anaesthesiology: Current status and implications in SA context  Dean Gopalan							
VENUE	TBC	TBC	TBC	TBC	TBC	TBC	TBC	
09h00 - 10h30	Critical boundaries - The evolving edge of intensive care CHAIRPERSONS: Komalan Govender, Fatimah Lambat	Paediatric anaesthesia - Guardians of the little ones CHAIRPERSONS: Shenaaz Essa, Clover Ann Lee	PPBU CHAIRPERSONS: Fatima Hoosen, Mike Blackburn	NURSES CHAIRPERSONS: Sadé Hendricks, Laura-Jane Loggie				
09h00 - 09h30	From shock to recovery: The evolving landscape of critical care  Fatimah Lambat	09h00 - 09h30 Protecting the vulnerable brain: Practical paediatric neuroprotection in resource-limited settings  Mishka Mahomed	09h00 - 09h20 The Business of anaesthesia: Practical realities in private Practice  Mike Blackburn	09h00 - 09h20 Guardians at the edge: The evolving role of the anaesthetic nurse  Sadé Hendricks				
09h30 - 10h00	The first dose that lasts: Anaesthetic choices and ICU outcomes  Komalan Govender	09h30 - 10h00 Rethinking paediatric resuscitation in the era of harm awareness  Carol Bodlani	09h20 - 09h50 Code it right: Common pitfalls and how to avoid them?  Andre Rocher	09h20 - 09h40 Advanced airway management for nurses: Beyond basic skills, including recognition of difficult airways, emergency airway interventions and non-invasive ventilation support  Yolanda Nomathole				
10h00 - 10h30	The fluid controversies: Lessons from the world's largest trial  Wolfgang Buhre	10h00 - 10h20 Neurocognitive effects: How do we counsel parents? Case based debate  Clover Ann Lee, Kgopotso Pege- Digwamaje	09h50 - 10h10 Money, medicine and morality: Navigating conflicts in private practice?  Leanne Frankish	09h40 - 10h00 ERAS updates 2026: What's new for nurses?  Laura-Jane Loggie				
		10h20 - 10h30 The Sleep fairy project  Shenaaz Essa	10h10 - 10h30 Q&A + PANEL DISCUSSION	10h00 - 10h20 Temperature management in the perioperative period: Preventing hypothermia and hyperthermia and strategies for maintaining normothermia  Lerato Pakade				
10h30 - 11h00	REFRESHMENT BREAK						VENUE: EXHIBITION AREA LEVEL 1	
VENUE	TBC	TBC	TBC	TBC	TBC	TBC	TBC	
11h00 - 13h00	Critical care - Guardians at the edge of life CHAIRPERSONS: Sean Chetty, Stephen Venter	Sedation CHAIRPERSONS: Petrie van Vuuren, Robin Mathew	PPBU CHAIRPERSONS: Fatima Hoosen, Mike Blackburn	NURSES				
11h00 - 11h20	Post-operative deterioration: The anaesthetists role in the rescue chain  Ezile Ninise	11h00 - 11h30 At the edge of safety: Office-based anaesthesia beyond the theatre  Tyesha Reddy	11h00 - 11h20 Global fees  Aneesa Mamojee	From burnout to balance: Building resilience in anaesthetic nursing  Phumza Cakwebe				
11h20 - 11h40	ICU handover: Where safety is won or lost  Sean Chetty	11h30 - 12h00 Paediatric dental sedation standards: What good practice looks like in 2026  Clover Ann Lee	11h20 - 11h40 Are day hospitals changing the face of Private Anaesthesia?  Hanneli Van Graan	Fine-tuning the details: Equipment checks and human safety nets  Ophelia Grimaud				
11h40 - 12h00	Protecting the forgotten ventricle: Perioperative right ventricular failure  Stephen Venter	12h00 - 12h30 Can we still defend sedation without capnography?  Robin Mathew	11h40 - 12h00 Tax strategy for anaesthesiologists: From compliance to optimisation  Hanneli Van Graan	At the edge of advocacy: Enhancing communication and informed consent in anaesthetic nursing practice  Hulisani Mosweu				
12h00 - 12h20	Antimicrobial stewardship in action: The anaesthetist as a game changer  Fatimah Lambat	12h00 - 12h30 Smarter sedation: Using PK-PD models to individualise care  Petrie van Vuuren	12h00 - 12h20 Burnout in anaesthesia: The private practice silent epidemic  Mike Blackburn	Sustainable anaesthesia: Breathing life into a greener future  Lynn-Hay Frewen				
12h20 - 12h40	ICU availability: Equity, resources and real-world practice at the edge of care  Elizabeth van der Merwe	12h30 - 13h00 The cost of saying yes: When taking the case becomes the wrong decision?  Fatima Hoosen	12h20 - 12h40 The cost of saying yes: When taking the case becomes the wrong decision?  Fatima Hoosen	Noise pollution in perioperative period and the implications for patient safety and recovery  Sonja Wronski				
12h40 - 13h00	Q&A + panel discussion		12h40 - 13h00 Q&A + PANEL DISCUSSION	Q&A				
13h00 - 14h00	LUNCH BREAK						VENUE: EXHIBITION AREA LEVEL 1	
VENUE	TBC	TBC	TBC	TBC	TBC	TBC	TBC	
14h00 - 15h30	Neuro - Guarding the brain, preserving the self CHAIRPERSONS: Khosi Dlamini, Carien Strydom	Respiratory - Life between breaths CHAIRPERSONS: Marsha Ramburuth, Ross Hofmeyr	PPBU CHAIRPERSONS: Sekai Ndemera, Fatima Hoosen	TBC				
14h00 - 14h15	ERAS in spine surgery: From concept to clinical impact  Carien Strydom	14h00 - 14h20 Right heart, wrong lungs: Anaesthetic decision-making in COPD and pulmonary hypertension  Marsha Ramburuth	14h00 - 14h20 The private practice preop: Fast, focused, safe  Fatimah Lambat	14h00 - 14h20 When breath falters: Recognising early deterioration in the recovery room  Veresha Matthys				
14h15 - 14h30	The post-anaesthetic brain: Guarding cognition and recovery (guidelines WFSA brain health 2024, PND international consensus 2025)  Khosi Dlamini	14h20 - 14h50 At the edge of oxygen: New insights into perioperative hypoxaemia and patient outcomes  Ross Hofmeyr	14h20 - 14h50 The case against you: How anaesthetic decisions are judged legally?  Blesset Nkambule	14h20 - 14h40 Guardians in transition: Optimising patient safety through effective transport and handover practices  Thozama Mantlaka				
14h30 - 14h45	No block, no relaxant, no margin for error: Anaesthesia at the edge in parkinson's disease  Lizee Geldenhuys	14h50 - 15h05 Predicting postoperative pulmonary complications: Insights from ARISCAT 2024  Zaakirah Firfirey	14h50 - 15h10 The ASA IV dilemma: Proceed, optimise or transfer?  Sekai Ndemera	14h40 - 15h00 Regional anaesthesia techniques: Understanding nerve blocks, spinal and epidural anaesthesia; nursing responsibilities during placement and monitoring  Nondwe Mgoqo				
14h45 - 15h00	Intracranial surgery: TCI beats volatile?  Robin Mathew	15h05 - 15h20 AI-assisted ventilation: Individualising respiratory care in the operating room  Dean Nolte		15h00 - 15h20 Surgical site infection (SSI) prevention: Latest guidelines, aseptic technique, antibiotic prophylaxis and environmental controls  Leanne Frankish				
15h00 - 15h15	Resuscitating the injured brain: Swelling or saving?  Wolfgang Buhre							
15h15 - 15h30	Q&A + PANEL DISCUSSION	15h20 - 15h30 Q&A + PANEL DISCUSSION	15h10 - 15h30 Q&A + PANEL DISCUSSION	15h20 - 15h30 Q&A				
15h30 - 16h00	REFRESHMENT BREAK						VENUE: EXHIBITION AREA LEVEL 1	



# SASA

9<sup>th</sup> - 13<sup>th</sup> September 2026

Boardwalk International Convention Centre, Gqeberha / Port Elizabeth

**SCIENTIFIC PROGRAMME**  
SATURDAY, 12<sup>TH</sup> SEPTEMBER

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VENUE	TBC	TBC	TBC	TBC
16h00 - 17h30	Pathophysiology - Back to basics CHAIRPERSONS: Komalan Govender, Nhlakanipho Tshabalala	Vascular - Guarding the flow, what's new in vasc anaesthesia? CHAIRPERSONS: Anthony Beeton, Zainub Jooma	Wellness at the edge CHAIRPERSON: Claire-Louise Pfister	NURSES
16h00 - 16h15	The Frank Starling curve: Still relevant to the bedside?  <b>Ezile Ninise</b>	Perioperative antithrombotic management: The shift to individualised balance (ESC 2024/ACC/AHA2023)  <b>Anthony Beeton</b>	Burnout is not a personal failure: Fixing broken systems in anaesthesia  <b>Tyesha Reddy</b>	16h00 - 16h20  Blood product administration and management: Updates on transfusion protocols, recognition of transfusion reactions and patient blood management strategies  <b>Lorenzo Boretti</b>
16h15 - 16h30	Oxygen delivery vs Oxygen saturation  <b>Nhlakanipho Tshabalala</b>	Haemodynamic precision and end-organ protection  <b>Zainub Jooma</b>	Who guards the guardians? Anaesthetic rostering, fatigue and patient safety	
16h30 - 16h45	The first organ down: Protecting the endothelium  <b>Busi Mrara</b>	CSF monitoring in thoracoabdominal aortic repair (SAFE-TAAA 2024)  <b>Bhekifa Dube</b>	Training transitions in anaesthesia: From competence to confidence  <b>Sadé Hendricks</b>	16h20 - 16h40  Precision in practice: Nursing roles in the anaesthetic care of special populations <b>Adele Mey de Goede</b>
16h45 - 17h00	Peep: Physiology before numbers  <b>Komalan Govender</b>	The frailty frontier (2024 AAGBI vascular consensus)  <b>Marsha Ramburuth</b>	Leading while carrying too much: Women, caregivers and invisible labour in anaesthesia  <b>Claire-Louise Pfister</b>	16h40 - 17h00  Closing & Thanks
17h00 - 17h30	Q&A + PANEL DISCUSSION			17h00 - 17h30 <b>SARFA AGM</b>
18h00	THE GREAT ANAESTHETIC ESCAPE - TEAM NIGHT CHALLENGE			VENUE: TBC
19h30	Sponsored by:	REGISTRARS' DINNER		VENUE: HELLO! BEACH KITCHEN & BAR



# SASA



9<sup>th</sup> - 13<sup>th</sup> September 2026



Boardwalk International  
Convention Centre,  
Gqeberha / Port Elizabeth

## SCIENTIFIC PROGRAMME SUNDAY, 13<sup>TH</sup> SEPTEMBER

**CPD**  
HPCSA Accredited

REFRESHMENT COURSE PROGRAMME			
07h00 - 08h00	REGISTRATION		
08h15 - 09h00	PLENARY SESSION CHAIRPERSON: Sadé Hendricks		VENUE: TBC
08h15 - 09h00	Who decides what's safe? The unwritten rules of clinical practice Ophelia Grimaud		
09h00 - 10h00	SASA AGM		VENUE: TBC
10h00 - 10h30	REFRESHMENT BREAK		
10h00 - 10h30	VENUE: EXHIBITION AREA LEVEL 1		
VENUE	TBC		TBC
10h30 - 12h30	ETHICS "Mediation in motion" CHAIRPERSONS: Fatimah Lambat, Lezelle Britz		REG (PBL) CHAIRPERSONS: Petrie van Vuuren, Robin Mathew
10h30 - 10h55	Mediation in medicolegal disputes: Backup plan or best strategy? Sakkie Muller	10h30 - 11h00	The "Borderline INR" and the bleeding airway Petrie van Vuuren
10h55 - 11h30	Mediation in medical disputes: Proven advantage or perceived value? Norman Davis	11h00 - 11h30	Hypoxia that doesn't behave: Post induction desaturation
11h30 - 12h00	Panel discussion including lawyers: Mediation in motion Sakkie Muller, Retief Strauss, Carien Strydom, Bianca Hartslielief, Blesset Nkambule	11h30 - 12h00	Unanticipated ICU admission after "minor" surgery Robin Mathew
12h00 - 12h30		12h00 - 12h30	Consultant says "do what you think is best" Zainub Jooma
12h30 - 13h30	LUNCH BREAK		
12h30 - 13h30	VENUE: EXHIBITION AREA LEVEL 1		
VENUE	TBC		TBC
13h30 - 15h00	Regional & Pain CHAIRPERSONS: Shenaaz Essa, Guido Ferreira		Geriatrics CHAIRPERSONS: Yolanda Nomathole, Mishkah Mahomed
13h30 - 13h50	Thoracic epidural is the safest for surgery - Pro-con debate Ophelia Grimaud	13h30 - 14h00	When is enough, enough? Decision-making in high risk elderly patients Leilanie Fletcher-Nkile
13h50 - 14h10	Regional anaesthesia in LMICS: Doing more with less Celeste Quan-Barrow	14h00 - 14h30	Postoperative delirium revisited: What anaesthetists actually control? Yolanda Nomathole
14h10 - 14h30	Adjuvants in regional anaesthesia: Evidence vs habit Guido Ferreira		
14h30 - 14h50	Paediatric regional anaesthesia: Where evidence ends and judgement begins? Shenaaz Essa	14h30 - 15h00	How low is low? Rethinking blood pressure targets in the elderly Mishkah Mahomed
14h50 - 15h00	Q&A + PANEL DISCUSSION		
15h00 - 15h30	REFRESHMENT BREAK		
15h00 - 15h30	VENUE: EXHIBITION AREA LEVEL 1		
VENUE	TBC		TBC
15h30 - 17h00	Regionals CHAIRPERSONS: Mthobisi Mlitwa, Busi Mrara		REG (PBL) at the brink CHAIRPERSONS: Kirsten Thomas, Lieze Geldenhuys
15h30 - 16h10	Neuraxial blocks for laparoscopic surgery Ophelia Grimaud	15h30 - 15h50	Stability is an illusion: Normal vitals, an illusion
		15h50 - 16h10	When the algorithm fails you: Guidelines end, judgement begins Lieze Geldenhuys
16h10 - 16h30	Regional anaesthesia in anticoagulated patients: Navigating the grey zone Mthobisi Mlitwa	16h10 - 16h30	Decisions you cannot undo: Cancel vs continue Kirsten Thomas
16h30 - 16h40	Q&A + PANEL DISCUSSION		
16h40	CLOSING PLENARY		
16h40	VENUE: TBC		