

Alta Van Wyk Kloppers

Alta van Wyk Kloppers established 30 years ago in Gauteng, Alta is the founder of Alta Kloppers & Associates, one of the leading dietetic practices in the country.

Alta completed a B Dietetics and Post- Graduate Diploma in Hospital Dietetics at the University of Pretoria as well as a MSc Dietetics from the University of the Free State. Alta is well-known and respected in the field of dietetics and also a past member of the Executive Committee for the Association for Dietetics in South Africa (ADSA) as the portfolio holder for private practicing dietician. Alta is regularly invited to present to dietician and other healthcare professionals at workshops and congresses.