

2026

GMPP Symposium

15th Annual Symposium

Date: 25th - 26th July 2026

Venue: Radisson Hotel & Conference Centre,
3rd Ave, Bredell AH, Kempton Park

Provisional Programme

Saturday, 25th July 2026

CPD
HPCSA Accredited

08h00 – 08h45	Registration & Arrival Tea/Coffee	
PLENARY SESSION 1		
08h45 - 08h50	Welcome	
08h50 - 09h15	Anxiety disorder and the vagal nerve	
09h15 - 09h40	Dermatology & mental illness	
09h40 - 10h05	Psycho-oncology	
10h05 - 10h30	Hypertension, heart failure, cholesterol - the link with mental illness	
10h30 - 10h55	Pharmaco-genetics	
10h55 - 11h15	Quickfire Showcase 1 Quickfire Showcase 2 Quickfire Showcase 3	
11h15 – 11h45	Refreshment Break	
WORKSHOPS		
11h45 - 13h15	Workshop 1	Workshop 2
	Management of addictions	Group therapy for patients with emotional dysregulation & bipolar disorder
13h15 - 14h00	Lunch Break	
14h00 - 15h30	Workshop 3	Workshop 4
	Multidisciplinary pain management	Motivational interviewing
15h30 - 16h00	Refreshment Break	
16h00 - 17h30	Workshop 5	
	Update on management of depression from A to Z	
17h30	Close	

Sunday, 26th July 2026

07h00 – 08h00	Registration & Arrival Tea/Coffee	
07h30 - 08h15	Breakfast Symposium 1	Breakfast Symposium 2
	PLENARY SESSION 2	
08h30 - 09h00	Ethics - Pain	
09h00 - 09h30	Dr AI & ethics	
09h30 - 10h00	The legal landscape of confidentiality in South Africa	
10h00 - 10h30	Boundary transgressions & dual relationships	
10h30 - 11h00	Refreshment Break	
PLENARY SESSION 3		
11h00 - 11h30	Ethics - Advocacy	
11h30 - 12h30	Ethics - Finance	
12h45	Close	