

Lizl Veldsman

Lizl Veldsman is a registered dietitian with a BSc and Master's Degree in Dietetics (University of Stellenbosch). Veldman is based at Tygerberg Hospital where she works in the adult surgical ICU and wards. She is passionate about critical care nutrition and research and is currently busy with her PhD investigating the effect of bolus amino acid supplementation and mobilisation on skeletal muscle during the acute phase of critical illness. Lizl Veldman is a previous council member of the Critical Care Society of Southern Africa (CCSSA) (2018-2021), secretary of the EGOLI branch of the CCSSA (2013-2017) and President of the South African Society for Parenteral and Enteral Nutrition (SASPEN) (2017- 2019).