

17h40 - 18h30

18h30 - 22h00

2025 CCSSA CONGRESS







PROVISIONAL SCIENTIFIC PROGRAMME

CPD CEU points: 26

HALL 1A FOYER

7h00 - 08h00			REGISTRATION		
			WORKSHOPS		
'ENUE	MR 11	MR 12	MR 21	MR 22	MR 22ABC
	Advanced Mechanical Ventilation I (HALF DAY am)	Mini-iFAD (FULL DAY) Co-ordinator: Kuban Naidoo Kim de Vasconcellos	09h00 - 12h30 SASPEN: Nutrition assessment & body composition (HALF DAY am)	Advanced Critical Care Echocardiography (ACE-ICU) (HALF DAY am)	Navigating Difficult Conversations: Integrating Palliative Care in the ICU (HALF DAY am)
	Co-ordinator: Facilitators: Malcom Miller Andrew Argent Shahed Omar Arisha Ramkillawan Vedika Satyapal	Conrad Groenewald Manu Malbrain Shahed Omar Fathima Paruk Robin Saggers Marlize Swart Rob Wise	Co-ordinator: Facilitators: Renée Blaauw Renée Blaauw Tanna Cohen Anna-Lena du Toit	Co-ordinators: Facilitators: Nivisha Parag Conrad Groenewald Rob Wise Kroshlan Kistan Pano Parris	Co-ordinator: Facilitators: Tayla Oshry Nicky Brown
8h00 - 12h00	A practical hands-on & comprehensive approach to managing mechanical ventilation in ICU will be covered in this workshop. Various modes of ventilation & ventilatory strategies will be covered. The format of the workshop will include a brief presentation followed by practical demonstrations & discussions.	The program includes short lectures, skills stations via live camera projection & advanced case discussions. Key areas that will be covered include: Resuscitative fluids, Fluid stewardship, Guidance of fluid therapy with Non-invasive hemodynamic monitoring, Bio-electrical impedance analysis, Point-of care US (VExUS) & the use of AI in the future. There will be skills stations & advanced case discussions including the opportunity to self-assess with feedback. There are limited tickets available for this globally	This is an interactive workshop focusing on comprehensive nutrition status assessment techniques. Participants will practice how to conduct bio-electrical impedance analysis (BIA) and interpret the findings. This will be followed by case study discussions with practical implementation of body composition results to assist with nutrition decision-making. After attending this workshop, participants should be able to conduct BIA assessments, interpret the results and be able to adapt nutrition support accordingly.	The Advanced Critical Care Echocardiography (ACE-ICU) workshop offers a focused, hands-on approach to advanced cardiac ultrasound in the intensive care setting. Centered on a more in-depth evaluation of both left and right heart function than introductory courses, this half-day course blends concise expert-led talks with immersive practical stations. Participants will enhance their proficiency in advanced imaging techniques, including assessment of systolic and diastolic function, hemodynamic integration, and practical approaches. Clinical cases and integrated skills sessions ensure practical application of learning. Ideal for critical care clinicians aiming to elevate their echocardiographic skills in complex ICU scenarios.	This workshop equips clinicians with essential skills for end-of-life discussions. Learn to foster compassionate, patient-centered care while cultivating prognostic awareness in families and ensuring dignity in dying within the ICU.
	Sponsors Dräger Mbuso Medical Supplies RCA	sought-after workshop. Sponsors Baxter RCA	Sponsor Abbott	Sponsors Adcock Ingram Critical Care RCA	
2h00 - 13h00			LUNCH BREAK		
ENUE	MR 11	MR 12	MR 21	MR 22	
	Advanced Mechanical Ventilation II/ARDS (HALF DAY pm) Co-ordinator: Facilitators: Malcom Miller Arisha Ramkillawan Vedika Satyapal This workshop will follow on from Advanced Mechanical Ventilation I. There will be a particluar focus on ventilatory management of the complex	Mini-iFAD (Continued) Co-ordinator: Kuban Naidoo Facilitators: Kim de Vasconcellos Conrad Groenewald Manu Malbrain Shahed Omar Fathima Paruk Robin Saggers Marlize Swart Rob Wise	SASPEN: Understanding gastrointestinal anatomy & other practical surgical aspects related to nutrition (HALF DAY pm) Co-ordinator: Facilitators: Galya Chinnery Anna-Lena du Toit This interactive wokshop will be presented by an upper gastro-intestinal surgeon & a dietitian with experience in the field of surgery. It will focus on the general GI anatomy as well as frequently encountered surgical procedures of the	Replacement Therapy - From basic to advanced (HALF DAY pm) Co-ordinator: Shahed Omar Facilitators: Jacqui Brown Pano Parris This intensive half-day workshop provides a focused overview of acute renal replacement therapy (RRT), incorporating both foundational and advanced concepts. Participants will be introduced to current extracorporeal treatment modalities including CRRT and SLEDD with an emphasis on practical	
3h00 - 17h00	patient with ARDS. The format of the workshop will include a brief presentation followed by practical demonstrations & discussions. Sponsor Dräger	Sponsors Baxter RCA	gastro-intestinal tract and their reconstructions. Enteral nutrition access routes & nutritional management of patients in the post-operative period as well as the long-term management will be discussed. The aim is to provide participants with a better understanding of surgical complexities & the new Gl anatomy of the patients they deal with. Feeding routes & practical aspects of tube insertion and stents will be explored with practical examples & demonstrations of procedures. Participants should be able to understand surgical procedures and their consequences on nutrition support in the short & long term better, be able to interpret operation notes & be confident in advising nutrition support in the peri-operative phase after attending this workshop. Sponsor Fresenius Kabi	 application and troubleshooting. Key topics will include: Overview of RRT modalities: Anticoagulation strategies in acute RRT Troubleshooting common issues during therapy Advanced management considerations in complex patients The workshop will be delivered through a combination of concise lectures, practical demonstrations, and small group discussions, allowing participants to gain both theoretical knowledge and hands-on experience. Sponsors Adcock Ingram Critical Care BBraun Fresenius Medical Care 	

EPONYMOUS LECTURE - SMOOTH SEAS DO NOT MAKE SKILLFUL SAILORS

OPENING WELCOME COCKTAIL

ZIRK BOTHA







Friday, 15 AUGUST 2025



07h00 - 08h00	REGISTRATION								
08h00 - 10h00	PLENARY FROM SHORELINE TO LIFELIN	VENUE: HA	ALL 2CDE						
08h00 - 08h20	Tidal waves and tiny signals: Harnes	Anthony G	hony Gordon						
08h20 - 08h40	Navigating the stormy seas - Stewa	Manu Malk	lanu Malbrain						
08h40 - 09h00	The Lifeline Crew: Team dynamics u	Petra Brysi	Petra Brysiewicz						
09h00 - 09h20	Tides of change: Managing refeeding	g syndrome in ICU patients				Arthur van	Zanten		
09h20 - 09h40	Coming up for air - Oxygen targets in	n the PICU - How low can we go?				Mark Peter	rs		
09h40 - 10h00	The rising tide of survivors: What co	mes after the storm				Sabrina Eg	gmann		
10h00 - 10h45		REFRESHMENT	BREAK	C - IN EXHIBITION H	IALL				
Venue	HALL 2C	HALL 2D		HALL 2E	MR 11		MR 12		
10h45 - 12h45	Mastering the currents - Navigating haemodynamics	Quality of care - Following the beacon		Paediatrics			SASPEN: Current opinion in critical care		
101143 - 121143	Chairs: Sean Chetty Kuban Naidoo	Chairs: Shahed Omar Nivisha Parag		Chairs: Shivani Singh Martie Wege			Chairs: Anna-lena du Toit Omy Naidoo		
10h45 - 11h00	Haemodynamic targets in different shock states Sean Chetty	Turning ICU PSI reporting into systematic change Shuaib Kauchali	10h45 - 11h00	Refractory pulmonary hypertension in the PICU: When to escalate, when to innovate?	Physiology of respiration Lennon Moodley		Calories, controversies & confidence intervals: Making sense of critical care nutrition trials Renée Blaauw		
11h00 - 11h15	When should cardiac output be measured? Busi Mrara	Pressure ulcers as an index of quality	11h00 -	PARDS – Are we ready for personalized ventilation?	What is acute lung injury?		The unsaturated truth: Lipid metabolism and therapy application		
11h15 - 11h30	Current perspectives	Andrea Marshall ICU handovers impacting on quality of care	11h15	Andrew Argent Sleeping safely or	Update on ventilation modes		Omy Naidoo Individualised protein dosing in the ICU: from one-size-fits-all to phenotyping and endotyping		
	Hussain Cassimjee Venous congestion and VEXUS	Vedika Sathyapal Tracheostomy care and considerations	11h15 - 11h30	sedating dangerously? Larisha Pillay	Nomhle Yeni Effects of prone position in ARDS		Arthur van Zanten Navigating the amino acid tightrope:		
11h30 - 11h45	Manu Malbrain	Kerry Coole	11h30 -	Cool solutions -	Mokgadi Matlak	Amino acids and kidney funct			
11h45 - 12h00	Microvascular effects of vasopressors	Organisational aspects to improve qualty of care	11h45	What's new in TTM? Lincoln Solomon	Ventilator Associated Infec	ction update	Fat and frial: Dealing with sarcopenic obesity in the clinical setting		
	Rendani Tshitangano	Javier Perez Fernandez	11h45 -	How would you integrate ONSD into your centre's TBI protocol?	Lucy Dolo		Engela Francis		
12h00 - 12h15	Septic myocardial dysfunction	Antifungal stewardship	12h00	Nomusa Shezi			The Gut's time zone: Aligning clinical nutrition with circadian biology		
	Jacqui Brown	Cahlia Naested		Post cardiorespiratory arrest prognostication - Moving	ABG analysis		Vanessa Kotze		
12h15 - 12h30	Post cardiac arrest: Prognostic evaluation Ezile Ninise	Improving the quality of post-ICU care Elizabeth van der Merwe	12h00 - 12h30	away from adult derived benchmarks Sbekezelo Hlophe	Neil Williams		Can Al serve up smarter nutrition in the ICU? Nadiya Ahmed		
12h30 - 12h45	Session Discussion	Session Discussion		Session Discussion	Session Discussio	n	Session Discussion		
12h45 - 14h00		<i>by:</i> Pfizer	VENUE: MR22						
12h45 - 14h00		LUNC	H BREA	AK			IN EXHIBITION HALL		
12h45 - 14h00			IN EXHIBITION HALL						







Friday, 15 AUGUST 2025



Venue	HALL 2C		HALL 2D		HALL 2E	MR 11	MR 12		
14b00 45b45	Wind in our sails - Optimising ventilation	Fireside chats Chair: Komalan Govender		Abstracts - Oral Presentations		Nursing	SASPEN: Little things matter		
14h00 - 15h45	Chairs: Busi Mrara Malcolm Miller			Abstrace	orum resemudions	Chair: Lucy Dolo	Chairs: Madeleine Coetzee Vanessa Kotze		
14h00 - 14h15	Monitoring respiratory effort			14h00 -	Workplace Adversity: Challenges Faced by South African ICU nurses	Traumatic brain injury	Micronutrients in critical illness: evidence and practical approaches		
	Malcolm Miller		Ethics of AI (Ethics)	14h15	Candice Bowers	Cynthia Mabaso	Arthur van Zanten		
14h15 - 14h30	Do new ARDS criteria make a difference?	14h00 - 14h35	Anthony Gordon	14h15 - 14h30	Noise levels in intensive care units at Charlotte Maxeke Johannesburg Academic Hospital	Neurological assessment process	The ascorbic argument: What is the evidence for vitamin C in the ICU?		
	Usha Lalla		Moderator: Michael Pienaar	Daniela Brancato		Petra Brysiewicz	Nivisha Parag		
14h30 - 14h45	Can ultrasound guide ventilator settings?			- 14h30 - 14h45	Prevalence, Risk Factors and Outcome of Patients with latrogenic Withdrawal Syndrome in a South African Paediatric ICU	Principles of neuroprotection	Daily dose of sunshine in the ICU: Helpful or hype?		
	Robert Wise]			Elise De Kock	Thabsile Majola	Engela Francis		
14h45 - 15h00	Beyond VILI - Other ventilator associated injuries	14h35 - 15h10	Paediatric critical care in SA Andrew Argent Brenda Morrow Moderator: Kuban Naidoo	14h45 -	Evidence informed workplace wellness guidelines to support nurses who experience substance abuse in the Eastern Cape, South Africa	Use of physical restraints in ICU	Iron-ically complicated: Iron metabolism in critical illness		
	Kennedy Nyamande			15h00	Juanita Espach	Kanthi Basdeo	Omy Naidoo		
15h00 - 15h15	A perennial problem			15h00 - 15h15	Anchoring family involvement in critical care: development and validation of a multicomponent intervention for mechanically ventilated patients with delirium	Thrombolytics in acute stroke	Thiamine: The quiet hero in critical care		
	Mervyn Mer				Cherry Efe lyiola	Isabel Coetzee-Prinsloo	Bojan Korda		
15h15 - 15h30	Weaning ventilation: When can diuretics help		ECMO in SA - Where are we?	15h15 - 15h30	Are nursing infusion practices delivering full-dose antimicrobial treatment?	Update on oral hygiene in ICU	Gut instinct: Micronutrients, microbiomes and the butterfly effect in ICU		
	Gitesh Allopi	15h10 -	Shiraz Bhamjee		Joan Rout	Ellen Le Roux	Logesh Govender		
15h30 - 15h45	Session Discussion	15h45	Dave Thomson Moderator: Kim de Vasconcellos	15h30 - 15h45	The effect of amino acid supplementation and mobilisation on skeletal muscle during the late acute phase of critical illness Lizl Veldsman	Session Discussion	Session Discussion		
15h45 - 16h15			REFRESHMENT BR	REAK - IN	I EXHIBITION HA	LL			
				PLENAR'	Υ				
16h15 - 17h30	ICU ANONYMOUS						VENUE: HALL 2CDE		
17h30	CCSSA AGM VENUE: HALL 2CDE								
19h00		SPEAKERS' DINNER / NETWORKING EVENING							







SATURDAY, 16 AUGUST 2025



06h45 - 08h00	REGISTRATION								
			BREAKF	AST SY	MPOSIUM				
07h00 - 08h00	Anchored in innovation: Advancing medical nutrition therapy from molecule to meal Suveena Bisetty Mico Price Sponsored by: Abbott Sponsored by: Abbott Sponsored by: Abbott MR22 Breakfast Symposium 1 Anticoagulation strategies in CF Robert Pohlo VENUE: MR22								
08h15 - 10h00	ANCHORING CRITICAL CARE	VENUE: HALL 2CDE							
08h15 - 08h35	Excellence - What is it? Victor Vaz								
08h35 - 08h55	Excellence in critical care nursing						Andrea	n Marshall	
08h55 - 09h15	Excellence in critical care nutritional	support					Renée	Blaauw	
09h15 - 09h35	Excellence in critical care research						Anthor	ny Gordon	
09h35 - 09h55	In pursuit of excellence						Mervyn Mer		
09h55 - 10h00	Session wrap								
10h00 - 10h45			REFRESHMENT B	REAK - I	N EXHIBITION H	ALL			
Venue	HALL 2C		HALL 2D	HALL 2E MR 11		MR 11		MR 12	
10h45 - 12h45	Sailing through sepsis Chairs: Gladness Nethathe Theroshnie Kisten		Speed debating Walking the plank Chair: Kim de Vasconcellos	Paediatrics Chairs: Sbekezelo Hlophe Zohra Banoo		Nursing Workshop Chair: Belinda Karstens		SASPEN: Nutritional challenges Chairs: Renée Blaauw Lizl Veldsman	
10h45 - 11h00	SOFA Score: Need for a new chapter? Fathima Paruk	10h45 -	Early enteral nutrition should be mandatory for all in ICU	10h45 - 11h00	POCUS Revolution – The modern stethoscope in the PICU Shivani Singh			Feeding the failing kidney: Nutritional strategies and pitfalls in acute kidney injury Brett Cullis	
11h00 - 11h15	When to consider immunoglobulin in sepsis Theroshnie Kisten	11h15	David Fredericks Robert Wise	11h00 - 11h15	Precision in every drop – elevating paediatric fluid stewardship			Feeding the failing liver: Nutritional challenges in hepatic failure Madeleine Coetzee	
11h15 - 11h30	New BLICs - where are we in SA? Chetna Govind	11h15 -	Frailty is a fair index for ICU admission	11h15 - 11h30	Pheladi Mashiloane Beyond Hb - Rethinking transfusion in PCC	This half day workshop will co renal physiology, acute kidney inj		Feeding the breathless: Nutrition support in respiratory disease Tanna Cohen	
11h30 - 11h45	Metabolic resuscitation in sepsis Kuban Naidoo	11h45	Satish Bhagwanjee Raazik Gani	11h30 -	Admit or deny admission of SAM patient to the PICU?	the types of renal replacement the IHD, CRRT and SLEDD. The work format will be a combination of le	shop	Sweet science: Managing glucose control in the ICU Katy Begg	
11h45 - 12h00	Biomarkers for adjunctive therapies for sepsis Gladness Nethathe	11h45 -	All intubated patients need chest physio	12h00	Shuaib Kauchali	practical demonstrations and pr Ellen Le Roux Nothile Mdletshe	actice.	Feeding the powerhouse: Nutritional strategies for supporting mitochondrial function Hussein Cassimjee	
12h00 - 12h15	Sepsis: Lessons from rheumatology Jacqui Brown	12h15	Sabrina Eggmann Alison Lupton-Smith	12h00 - 12h15	Harnessing AI to predict shock trajectories in PCC Shamiel Salie	Notifie waterstie		Guarding the gut: Using enteral nutrition to prevent stress ulceration in critical care Lizl Veldsman	
12h15 - 12h30	Role of echinocandins as firstline treatment Matlawene Mpe	12h15 - 12h45		Adapting advance resuscitation simulation in LMIC Martie Wege				Post-ICU nutrition: The window of opportunity Arthur van Zanten	
12h30 - 12h45	Session Discussion		Kamlin Ekambaram Michael Pienaar			Session Discussion		Session Discussion	
12h55 - 13h50						Nurse's Forum Session Busi Bhengu			
l2h45 - 14h00		Ethica	LUNCH S I and legal considerations in criti			cs) Sponsored by: \	Pfizor	VENUE: MR22	







SATURDAY, 16 AUGUST 2025



12h45 - 14h00	ABSTRACTS - DIGITAL POSTER PRESENTATIONS							IN E	IN EXHIBITION HALL	
12h45 - 14h00	LUNCH BREAK								IN EXHIBITION HALL	
Venue	HALL 2C HALL 2D		HALL 2E M		MR 11		MR 12			
14h00 - 15h45	Potions and provisions: Exploring the medicine chest Chairs: David Fredericks David Thomson	Panel discussion (Ethics) Chairs: Brenda Morrow Malcolm Miller		Abstracts - Oral Presentations		Nursing Chair: Cynthia Mabaso		SASPEN: Case study discussion Chairs: Tanna Cohen Engela Francis		
14h00 - 14h15	Do statins have a role in TBI? David Fredericks			14h00 - 14h15	Punching above its weight: how New Zealand boosted deceased organ donation through national coordination and local clinician empowerment. Kim Grayson			14h00 - 15h00	Multidisciplinary approaches to managing Inflammatory bowel disease with home parenteral nutrition: an interactive case discussion Anna-Lena du Toit Arthur van Zanten Madelein Coetzee	
14h15 - 14h30	Pharmacological options in endothelial protection Diran Pillay	14h00 - 15h00 -		14h15 - 14h30	Exploring family involvement in the care of critically ill patients with delirium: a qualitative study Cherry Efe lyiola	14h00 - 14h15				
14h30 - 14h45	Antimicrobial dosing on RRT Shahed Omar			14h30 - 14h45	The effectiveness of music listening and exercise as a therapeutic intervention in cardio-thoracic surgery patients: A scoping review	14h15 - 15h30	Panel Discussion: Stress & anxiety among ICU nurses & coping strategies Kanthi Basdeo Thabsile Majola			
14h45 - 15h00	Should coagulation factor concentrate replace plasma? Moraa Abuya			14h45 -	Varshika Bhana-Pema Right Ventricular Dysfunction Score in Prognostic Evaluation of Patients with					
15h00 - 15h15	ICU considerations of biologics Arisha Ramkillawan			15h00	Sepsis & Septic Shock Bikash Ranjan Ray		Tascha Meredith			
15h15 - 15h30	Angiotensin II for which patients? Nhlakanipho Shabalala	15h45	Seshen Govender Manqoba Mazibuko Richard Siebert	15h00 - 15h15	Carbapenem infusion preparation and administration process errors Joan Rout	- 15h30 -	Socian Discussion	15h00 - 15h15	Session Discussion	
15h30 - 15h45	Session Discussion		Moderator: Malcolm Miller	15h15 - 15h30	The African Critical Illness Outcomes Study (ACIOS): A point prevalence study of critical illness in 22 nations in Africa Juan Scribante	Session Discussion	15h15 - 15h45	SASPEN AGM		
15h45 - 16h15	REFRESHMENT BREAK - IN EXHIBITION HALL									
16h15 - 17h30	PLENARY ICU SURPRISE SESSION ROBERT WISE							VENUE: HALL 2CDE		
17h30 - 18h00	PRIVATE PRACTICE MEETING CHAIR: RICHARD SEIBERT VENUE: HALL 2D									
19h00	CELEBRATION DINNER VENUE: HALL 1									







SUNDAY, 17 AUGUST 2025



06h45 - 08h30		REGISTRATION							
Venue	HALL 2C	HALL 2D	HALL 2E						
08h30 - 10h00	The critical compass: Finding true north Chairs: Satish Bhagwanjee Robert Wise	Captains Log: Practical tips for Chairs: Alison Lupton-Smith Rendani Tshitangano	Paediatrics Chair: Zohra Banoo						
08h30 - 08h45	The drug that changed my practice Anthony Gordon	Testing brain death David Thomson	Vit C, thiamine and steroids - The SEPSIS cocktail - Magic cure or mixed signals in PCC? Lincoln Solomon						
08h45 - 09h00	The device that changed my practice Satish Bhagwanjee	Managing enteral feed intolerance Anna-Lena du Toit	Colistin revisted: Savior or self sabotage? Mohendran Archary						
09h00 - 09h15	The article that changed my practice Guy Richards	Improving communication with the patient Zainub Jooma	Antibiotic stewardship in the PICU: Shorter courses, for better or worse outcomes? Fathima Naby						
09h15 - 09h30	The talk that changed my practice Kim de Vasconcellos	Using mobilisation to improve outcomes Sabrina Eggmann	Anchoring new evidence: The impact of biomarkers in PCC Sbekezelo Hlophe						
09h30 - 09h45	The case that changed my practice Mervyn Mer	Making your ICU green Tobisa Fodo	Is the phoenix sepsis score ready for global use? – Validation in LMIC Mark Peters						
09h45 - 10h00	Session Discussion	Session Discussion	Session Discussion						
10h00 - 10h45	REFRESHI	REFRESHMENT BREAK - IN EXHIBITION HALL							
10h45 - 12h45	PLENARY ALL ABOARD THE ETHICAL COMPASS! NAVIGATING THE MURKY WATERS OF ICU (ETHICS) VENUE: HALL 2CDE FATHIMA PARUK								
12h45	CLOSE OF CONGRESS RENÉE BLAAUW KIM DE VASCONCELLOS DEAN GOPALAN								