

2025 SAAMS Date: 5th - 6th September Venue: TBC (Cape Town)

PROVISIONAL PROGRAMME

WORKSHOPS

Date: 5th September

Time	Workshops		
13h00 - 17h00	Medical management of	Managing the opioid-dependant	Introduction to motivational
	opioid use disorder	patient with chronic pain	interviewing

SYMPOSIUM PROGRAMME Date: 6th September

Time	Topics		
07h30 - 08h00	Arrival & Registration		
08h00 - 08h10	Welcome		
SESSION 1: ADDICTION IN DIVERSE GROUPS			
08h10 - 08h40	Persons with neuro-diversity & addictions		
08h40 - 09h10	LGBTQi+ & addiction		
09h10 - 09h20	Q&A		
SESSION 2: TECHNOLOGY & SUBSTANCES			
09h20 - 09h50	Why can't we stop scrolling? - Is technology our modern-day addiction?		
09h50 - 10h20	Sport, gambling & addiction		
10h20 - 10h30	Q&A		
10h30 - 10h50	REFRESHMENT BREAK		
SESSION 3: MEDICAL EFFECTS OF SUBSTANCES			
10h50 - 11h20	Are we ready for the fentanyl threat?		
11h20 - 11h50	An approach to alcohol & the brain		
11h50 - 12h00	Q&A		
12h00 - 13h00	LUNCH BREAK		
SESSION 4: ON THE COUCH			
13h00 - 13h30	Ketamine – saviour or new drug of misuse		
13h30 - 14h00	Using mindfulness & DBT skills in daily practice when treating patients with addictive disorders		
14h00 - 14h10	Q&A		
SESSION 5: ETHICS			
14h10 - 14h50	Better living or unfair advantage? The ethics of drugs and human enhancement		
14h50 - 15h00	Q&A		
15h00 - 15h05	CLOSING		
15h05 - 15h40	SAAMS AGM		



