

Type 1 Diabetes

Early Detection Summit 2026

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Edgbaston Park Hotel
University of Birmingham



UNIVERSITY OF
BIRMINGHAM

Kirstine Bell

Dr Kirstine Bell is a dietitian, diabetes educator and NHMRC Emerging Research Leadership Fellow at the University of Sydney, Australia, where she leads her independent research group and co-leads the Charles Perkins Centre's Type 1 Diabetes Research Node. Dr Bell's work spans both clinical and public health research.

She received her PhD in mealtime insulin dosing in type 1 diabetes, completed postdoctoral studies at Harvard Medical School & Joslin Diabetes Center and her work has been translated into clinical guidelines worldwide. She currently leads the Australian Type 1 Diabetes National Screening Pilot, a multidisciplinary research group exploring a routine, government-funded population screening program for all Australian children.