

Type 1 Diabetes

Early Detection Summit 2026

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Edgbaston Park Hotel
University of Birmingham



UNIVERSITY OF
BIRMINGHAM

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Dr Partha Kar is a Consultant in Diabetes and Endocrinology at Portsmouth Hospitals NHS Trust and serves as Type 1 Diabetes & Technology Lead at NHS England, as well as Co-Lead for Diabetes at Getting It Right First Time (GIRFT). He has led a national transformation in access to diabetes technology for people with Type 1 Diabetes, helping establish the NHS as a global leader in equitable adoption of insulin pumps and continuous glucose monitoring, contributing to improved HbA1c outcomes and reductions in diabetic ketoacidosis and severe hypoglycaemia admissions.

He pioneered the "Super Six" diabetes model in Hampshire, an integrated care framework that brings specialist expertise into community settings while maintaining consultant oversight for complex cases. Internationally, he works with Breakthrough T1D in India to build national consensus on Type 1 Diabetes care. An advocate for workforce equality and International Medical Graduates- author of the MWRES Action Plan-, he was awarded an OBE in 2021 for services to diabetes care.