

Type 1 Diabetes

Early Detection Summit 2026

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Edgbaston Park Hotel
University of Birmingham



UNIVERSITY OF
BIRMINGHAM

Hilary Nathan

Hilary Nathan is Policy, Communications and Community Engagement Director at Breakthrough T1D UK. Her role oversees all treatment access, regulatory affairs, information and support and brand marketing. She is passionate about health equity and accelerating type 1 diabetes medical research so that evidence based new treatments are approved and available on the NHS. Hilary has been in her role since 2018, and has a 25 year history of non-governmental health advocacy and communications.