

FESTSAAL

HÖRSAAL 1-5 / FRANZ-KÖNIG-SAAL

BIG HÖRSAAL / SEMINARRAUM 1

TIEFPARTERRE

09:00

Welcome

09:15

Keynote:

(Chair: Nicholas C. Jacobson)

Measuring minds in motion: pitfalls and promises
of AA methods in mental health science

Eiko Fried

10:15

Coffee Break

10:45

Presentation Session 1
(5 Parallel Tracks)

12:00

Lunch Break

13:30

Presentation Session 2
(5 Parallel Tracks)

14:45

Coffee Break

Poster Session 1

15:45

Presentation Session 3
(5 Parallel Tracks)

17:05

Presentation Session 4
(5 Parallel Tracks)

18:30

-
20:30

Welcome Reception

Location: Arkadenhof (Hochparterre / mezzanine)

HÖRSAAL 1

Oral Session:

Methodological considerations in affect, stress and performance research

Chair:

Josip Razum

HÖRSAAL 2

Oral Session:

Mood Disorders

Chair:

Vanessa Teckentrup

HÖRSAAL 3

Oral Session:

Physical Activity

Chair:

Jan Keller

HÖRSAAL 5

Symposium:

Phenomenological ambulatory assessment from start to finish

Chair:

Gil Grunfeld

FRANZ-KÖNIG-SAAL

Symposium:

Real-Time Regulation: Stress, Affect, and Coping in Vulnerable Populations

Chair:

Laura Meine (Online), Paula Philippi

10:45

Estimating trait negative emotion differentiation: How many measurement occasions and emotion items are needed?

Sabrina Ecker

Predicting Dimensional Symptoms in Bipolar Disorder Using Digital Phenotyping and Multilevel Modeling

Fabian Huth

Assessing the feasibility of Physical Activity Trackers in Menstruating People

Lucia Volpi

Phenomenologically-driven hypothesis development in ecological momentary assessment.

Roman Palitsky

Adolescent Daily Life Stress: Short-Term Affective Dynamics, Modulators, and Prospective Effects on Internalising Symptoms

Paula Philippi

10:57

Beneath the Floor: Censored VAR Models for Analyzing ESM Data with Floor Effects

Kenneth Koslowski

When smartphones detect mood: investigating temporal dynamics in passive sensing data of bipolar patients

Eva Marie Langner

Temporal Dynamics of the Association Between Physical Activity and Affective Wellbeing

Justin Hachenberger

The VOICE: A novel tool for longitudinal qualitative and mixed-method analysis.

Deanna Kaplan

Capturing stress in context: Ecological momentary assessment and topic modelling of medical interns' daily stress experiences

(Online)

Laura Meine

11:09

Development and validation of a personalized deep learning model for daily affect prediction.

Ningzhe Zhu

When Staying Home Signals Risk: Predicting Affective Episodes in Bipolar Patients using Smartphone-derived GPS Data

Vera Ludwig

Energetic Arousal and Tense Arousal as Mediators in the Relationship Between Physical Activity and Affective Well-being in Day Hospital Patients: A Combined Ecological Momentary Assessment and Accelerometry Study. *(Online)*

Usama El-Awad

The CARE Inventory: accounting for subjective experience of data coders.

Gil Grunfeld

11:21

1000 Days of HRV: A Case Study of Daily Post-Wake-Up Heart Rate Variability for Tracking Stressful Life Events

Amin Sinichi

Depressive symptoms and affective reactivity to daily events: A coordinated DSEM analysis

Zarah Rowland

When work lingers: Within-day associations of time pressure, job autonomy, leisure-time physical activity, and recovery experiences

Lotte-Eleonora Diering

Centering participant subjectivity in acoustic analysis of daily speech features.

Selen Bozkurt

How Do Stress and Social Support Interact Over Time? Links and Mechanisms Across Retrospective and Momentary Data in a Real-Life Stress Model

Lynn Büeler

11:33

The Trade-off Between Reach and Rigor: Feasibility and Signal Quality of Smartphone-Based HRV in a Fully Decentralized Mindfulness Trial *(Online)*

Alessandro Sparacio

Linguistic Markers of Depressive Symptoms in Adolescents: An NLP-Based Mixed-Methods Approach

Nadine Nicole Schmitt

Motivation on the Move: How Subject-Level Variability in Psychological Constructs Predict Sedentary Behavior in Older Adults

Jaclyn Maher

Discussion

Matthias Mehl

How Cognitive Behavioural Therapy Influences Everyday Regulation of Negative Affect: A Network Analysis

Leona Hammelrath

11:45

Examining daily affect variability and intensity in offspring of parents with a mood disorder

Julius März

Partner Dyads to Promote Physical Activity among Women at Risk for Cardiovascular Disease (CVD): Daily Ambulatory Assessment of Partner Communication and Associations with Physical Activity Outcomes

Danielle Arigo

Discussion ***Laura Meine, Paula Philippi, Lynn Büeler, Leona Hammelrath***

HÖRSAAL 1

Symposium:

The role of daily mood changes, emotion regulation, and health behavior on mental health conditions

Chair:

Nadine Messerli-Bürgy, Simone Munsch

HÖRSAAL 2

Oral Session:

Personality disorders

Chair:

Ramona Schödel

HÖRSAAL 3

Symposium:

Contextual and Dynamic Determinants of Health Behavior in Daily Life

Chair:

Melanie Bamert

HÖRSAAL 5

Symposium:

(Pro) Social Interactions in Daily Life - Predictors and Outcomes

Chair:

Maria Wirth

FRANZ-KÖNIG-SAAL

Symposium:

Personalization in Experience Sampling Methodology: From Assessment Design to Individualized Intervention

Chair:

Marie Stadel

13:30

Beyond Social Exclusion: Emotional and Physiological Responses to Social Exclusion and Inclusion in Youth with Binge Eating Disorder
Anna Rauen

Differential Patterns of Affective Dysregulation in Borderline Personality Disorder, ADHD, and Bipolar Disorder: An Ornstein-Uhlenbeck Jump Process Analysis from the DynAMoND Study
Tobias Kockler

The role of stress in the formation and implementation of dietary intentions in daily life
Matthias Aulbach

Day-to-Day Associations Between Awareness of Age-Related Changes and Social Interaction Valence
Christina Ristl

Which ESM items matter? Adolescent-based validation and personalisation through a thinking-aloud task
Jennifer Chen

13:42

The Interplay of Daily Rejection Sensitivity, Negative Affect, Body Dissatisfaction on BED variants in Youth: An Ecological Momentary Assessment (EMA) study
Cindy Heinzmann

Preliminary Validation of the Ecological Momentary Assessment—Self-Concept and Identity Measure (EMA-SCIM)
Alma Bitran

Stressed out! Not working out? Relationship between momentary stress and physical activity across different time lags: An Ecological Momentary Assessment study
Melanie Bamert

Lonely Together? Valence of Relationship Activities and Daily Loneliness
Fabio Selovin

Statistical process control for personalized monitoring of therapeutic change using ecological momentary assessment: An N=1 case of social anxiety disorder
Annelies Schipper

13:54

Differential Reactivity of Affect and Self-Esteem to Daily Events in Borderline Personality Disorder: Contextual Insights from Large Language Models in Ambulatory Assessment
David Levi Tekampe

Not all social interactions matter: Situational affordances shape affective reactivity in individuals with personality pathology.
Johanna Hepp

Drink more, sleep less: Applying compositional data analysis to investigate day-to-day associations between alcohol use and 24-hour movement behaviors
Jimikaye Beck Courtney

Daily Social Normative Expectations and Prosocial Behavior
Maria Wirth

Characteristics and quality of Single Case Experimental Designs (SCEDs), utilizing Ecological Momentary Assessment (EMA) in clinical psychiatric setting: A systematic review
Emma Smeenge

14:06

Entering an idiographic perspective on sleep mood dynamics in adolescent internalizing symptoms: Findings from a 3-wave ambulatory assessment study.
Konstantin Drexler

Borderline Personality Disorder across the Menstrual Cycle
Sibel Nayman

Heterogeneity of Dyadic Associations Between Volitional Determinants of the Health Action Process Approach and Physical Activity
Patrick Höhener

Daily Prosocial Activities and Daily Well-Being: Does Sexual Orientation Matter?
Juhyeong Lee

Short-Term Effects on Parenting and Adolescent Well-Being of a Personalized Digital Parenting Intervention. A Randomized Controlled Trial
Rick van Logchem

14:18

Understanding poor sleep in emerging adulthood: The role of pre-sleep cognitive processes in daily life
Alexander Ariu

Mentalizing on the Edge: Borderline Traits and Their Association With Real-Time Self-Reflection - An Ecological Momentary Assessment Study
Inken Höller

Adjustment of mobility behaviors during a heat wave in Berlin
Jan Keller

Discussion - **Maria Wirth, Juhyeong Lee**

Discussion - **Marie Stadel**

14:30

Activity - **Nadine Messerli-Bürgy, Simone Munsch**

Discussion - **Matthias Aulbach**

TIEFPARTERRE

14:45
-
15:45

Coffee
Break

1. Study Compliance Among Multi-Problem Young Adults: A Personalization Approach to Ambulatory Assessment Research - **Jennie Lukoff**
2. Remote Multimodal Data Collection: Experiences from Real-World Affective Disorder Monitoring - **Omid Abbasi**
3. Validation of The Ecological and Physiological Momentary Assessment of Contextual Factors Impacting Stress Among Police - a Protocol For a Longitudinal Observation Study - **Emily Osowska**
4. Measurement Effects in Ecological Momentary Assessment: The Potential Role of Perseverative Cognition - **Jacob Stork (Online)**
5. Does Measurement Reactivity Bias Ecological Momentary Assessment Data? Triangulating Data-driven Measures with Participants' Perspectives. - **Eveline Gieles**
6. Hanging in There: Perceived Burden and Compliance in a High-Frequency EMA Study - **Maxine Nawartschi**
7. The effect of retrospective time frame on item functioning and usability in an experience sampling study in a student population - **Milla Pihlajamäki**
8. Filling in the _____: Using auxiliary variables to explore non-compliance in EMA research - **Ricarda Proppert**
9. Adherence and Compliance in Combined Passive and Active Digital Phenotyping among Youth: A Systematic Review and Meta-Analysis - **Nadine Nicole Schmitt**
10. Putting EEG into Context: Interpreting Brain Activity in Natural Sound Environments - **Martin Bleichner**
11. Design and Development of nEEGlace, an Open-Hardware Platform for Ambulatory EEG - **Abin Jacob**
12. Daily Mood and Audiovisual Behaviour: Pilot of Privacy-Preserving Multimodal Ambulatory Assessment with Facial Blendshapes and Voice Expression Features - **David Levi Tekampe**
13. BI-Vital: A wearable open-source sensor module for real-time data acquisition in real-world scenarios - **Kevin Penner**
14. Beyond the Lab: Capturing User Experience in the Wild with Psychophysiological Ambulatory Assessment - **Magdalena Wekenborg**
15. Convergence of Fitbit and Research-Grade Electrodermal Activity in Predicting Momentary Self-Reported Stress in Daily Life - **Flavia Ercoli**
16. CAPSULE Pilot: Comparing App-Based Passive Sensing to Understand Daily Life Stress Environments - **Alec Zirnheld**
17. Piloting Egocentric AV Glasses and Analytic AI for Private Analysis of Social Experiences - **Timothy Brick**
18. Systematic review of stress assessment in adolescents' daily lives - **Paula Philippi**
19. Development of a quality assessment tool for validation studies of 24-hour physical behavior via wearables: a Delphi study - **Irina Timm**
20. Measurement-Burst Studies in Aging Research: A Scoping Review - **Minxia Luo**
21. Virtual Reality Tasks for Physiological Reactivity and Future Wearables Validation: Findings from a Systematic Scoping Review - **Magdalena Sikora**
22. Characteristics and quality of Single Case Experimental Designs (SCEDs), utilizing Ecological Momentary Assessment (EMA) in clinical psychiatric setting: A systematic review - **Emma Smeenge**
23. Comparing event-based measurement bursts and intensity profile drawings to capture emotional events in daily life - **Peer-Ole Jacobsen**

TIEFPARTERRE

14:45
–
15:45

**Coffee
Break**

24. New Tools for Ambulatory Assessment in Stress Research: The Demands and Resources Single Items, the Di-Eu-Stress State Scale and the Salzburg Mobile Stress Induction – **Thomas Vikoler**
25. Event- or signal-based experience sampling – Which characteristics of social interactions are captured by which method? – **Miriam Francesca Jähne**
26. Which ESM items matter? Adolescent-based validation and personalisation through a thinking-aloud task – **Jennifer Chen**
27. Comparing Affect Scales in Ecological Momentary Assessment: A Within-Person Evaluation of Semantic Differential Likert and Unipolar Visual Analogue Scales – **Alfiannisa Wikenza**
28. Designing and delivering ecological momentary assessment for adolescent social media research: Event-contingent app development and feasibility lessons from UK studies – **Margarita Panayiotou, Reihaneh Farzinnia**
29. Conditions for Stuttering Disclosure Opportunities and Their Associations with Quality of Experience in Everyday Conversations: A Mixed-Methods Daily Diary Study – **Theresa Martina Illmer**
30. From systematic development to clinical application: an ecological momentary assessment for personalized oncology care (ExpOnko study) – **Sarah Stubenrauch**
31. Development and pilot study of an Ecological Momentary Assessment (EMA) to assess psychosocial health in parents after high-risk birth (EMA-RISK) – **Max Peter Balint**
32. EMA4Stroke: Examining the Feasibility of Studying Cognitive Performance Dynamics After Stroke Using Ecological Momentary Assessment – **Paul Leonard Grupe**
33. The role of friendships in positive youth development: daily life study – **Lucija Šutić Barbarić**
34. The paradox of parental support: When and for whom does support backfire in adolescence? – **Savannah Boele**
36. Barriers to Disclosure in Daily Conversations Among Youth and Trusted Adults – **Lisa van Jeveren**
37. Parent-adolescent affect inertia and synchrony as risk factor for depression – **Anne Bülow**
38. Predictors of Parental Symptom Monitoring Regarding Pediatric Respiratory Infections: An Ecological Momentary Assessment Pilot Study – **Anila Allmeta**
39. The Daily Dynamics of Sexual Compliance in Romantic Relationships – **Claudia Louise Dörbler**
40. When Appearance Exposure Peaks: Daily Links With Self-Criticism and Body Satisfaction in Young Women – **Michaela Buehler**
41. Ambulatory Methods for Investigating Climate Adaptation in Older Adults – **Victoria Michalowski (Online)**
42. Same moves, different measures? Comparing subjective and objective physical activity in novice and experienced activity tracker users – **Sophie Löffler**

TIEFPARTERRE

14:45
-
15:45

**Coffee
Break**

- 43. Can Leaderboards Increase Physical Activity in Daily Life? A Three-Study Series with Ambulatory Assessment and Micro-Randomization - **Danielle Arigo**
- 44. The Role of Energetic and Tense Arousal in the Association Between Physical Activity and Affective Well-Being: Evidence from Ecological Momentary Assessment and Accelerometry - **Laura Sophia Schoneberg**
- 45. Predicting within-person correlation strength between daily self-reported physical activity using EMA and daily wearable recorded physical activity - **Jikke Heslen**
- 46. Well-being associations with daily activities on Instagram - **Andrea Howard**
- 47. Study Protocol: Affective Functions of Computer Gaming (Work-in-Progress) - **Greta Zumbansen**
- 48. Digital Stress Management in Everyday Life: Effects Over Time and the Role of Adherence - **Markus Foramitti**
- 49. Adherence in Ecological Momentary Assessment Studies as a Function of Student Characteristics in an Undergraduate Extra Credit Participant Pool - **Susan Wenzel**
- 50. Who is the more emotional gender? Testing emotionality in social interactions - a replication in principle - **Mareike Wieland**
- 51. Using Ecological Momentary Assessment to track mood, social interaction and sleep quality, withdrawal side effects and wellbeing during antidepressant discontinuation and maintenance. - **Seline Uran**
- 52. Wearable data from Bipolar Disorder patients collected in real-world settings: a systematic review - **Clàudia Valenzuela-pascual**
- 53. The course of depressive symptoms: A scoping review of ambulatory assessment studies across different designs, settings, and populations - **Matthias Klee**
- 54. Quantifying Connectivity Dynamics: The Prevalence and Clinical Specificity of Network Connectivity Fluctuations - **Carlotta Rieble**
- 55. Fledging Network Analysis: is it ready to fly? - **Josefine Schmitt**
- 56. Individual Differences in Mental Health Dynamics: Insights from Clustering EMA Networks - **Guðrún Guðmundsdóttir**
- 57. Tracking Youth Dynamics of Emerging Psychopathology (TYDES) - A Longitudinal Study of Transdiagnostic Processes Using Passive Smartphone Sensing - **Christian Ramelow**
- 58. From diagnoses to dynamics: capturing youth psychopathology in daily life with a novel transdiagnostic ecological momentary assessment tool - **Anna-Lena Jesussek**
- 59. ADHD Remote Technology and ADHD Transition: Predicting and Preventing Negative Outcomes (ART-transition) - An Adolescent Prospective Cohort Study Protocol - **Aislinn Bowler**

TIEFPARTERRE

14:45
-
15:45

**Coffee
Break**

- 60. Assessing Anhedonia and Affect in Daily Life: An EMA Study in Children and Adolescents - **Julie Kührt**
- 61. Loneliness, Embitterment, and Social Withdrawal in Daily Life: An Ambulatory Assessment Study in Individuals with Borderline Personality Disorder - **Carola Claus**
- 62. Linking Neural Self-Other Distinction to Everyday Social Experience in Borderline Personality Disorder: A Planned fMRI-EMA Study - **Ekaterina Pronizius**
- 63. Responding to Daily-Life Loneliness: Adolescents' Social Interaction Duration and Partners - **Tak Tsun (Edmund) Lo**
- 64. Uncovering the nature, direction and timing of the mobility-wellbeing association using GPS data - **Dave Leitritz**
- 65. Move more, wander less? The association between physical activity and mind wandering in individuals with and without ADHD - **Marcel Schmitt**
- 66. Triangulating Inattentive Responding: Using Response Processes as a Qualitative Lens on Quantitative Detection Methods - **Malin Müller**
- 67. Analyzing longitudinal non-negative continuous skewed data in medical research - **Iris Reinhard**
- 68. Rapid and Scalable Computational Phenotyping of Cognitive EMA Using Simulation-Based Inference - **Paveen Phon-Amnuaisuk**
- 69. Emotions as Complex Systems: A Systematic Analysis of Large-Scale Emotion Time Series - **Sebastian Küppers**
- 70. Large-Scale Continuous-Time Dynamic Systems Modelling for Intensive Longitudinal Data - **Vsevolod Semenov**
- 71. Asymmetric Inertia in Momentary Affect and Its Links to Sleep Quality: Evidence From Dynamic Structural Equation Model and Cross-Lagged Panel Model - **Ningzhe Zhu**

HÖRSAAL 1

Symposium:

Precision Modeling of the Menstrual Cycle in Ambulatory Data: Phase-Aligned Cycle Time Scaling (PACTS) and Extensions for Mental Health Research

Chair:

Tory Eisenlohr-Moul

HÖRSAAL 2

Oral Session:

Mental health dynamics

Chair:

Julia Reichenberger

HÖRSAAL 3

Oral Session:

Methodological considerations in experience sampling research

Chair:

Christoph Bamberg

HÖRSAAL 5

Symposium:

From Place to Experience: Applications, Methodological Challenges, and Reporting Standards in Geographically Explicit Ecological Momentary Assessment (GEMA)

Chair:

Martina Kerstin Kanning

FRANZ-KÖNIG-SAAL

Symposium:

Unpacking Emotion Regulation: Daily Mechanisms and Contextual Influences

Chair:

Renee Thompson

15:45

Phase-Aligned Cycle Time Scaling: A Methodological Overview and Application to Adolescent Suicidality

Ashley Ross

The investigation of affect dynamics' predictive validity in mental health within and between individuals

Levente Rónai

More Data, More Problems? Reducing Privacy, Security, and Regulatory Risks in EMA and Mobile Sensing Studies.

Merijn Mestdagh

Does exposure to social and built environments relate to momentary well-being in Montreal?

A GEMA study

Yan Kestens

Momentary emotion differentiation in major depressive disorder: Context-dependent variations

Renee Thompson

15:57

Multidimensional Sensitivity to the Menstrual Cycle in Patients with Affective and Behavioral Dysregulation

Jessica Peters

Trapped in Thought: Investigating Reciprocal Links Between Negative Interpretation Inflexibility, Rumination, and Dampening of Positive Emotions in Daily Life

Lisa Vos

Adaptive experience sampling designs: A unifying framework and research agenda

Lisa Peeters

How Context Shapes the Affective Benefits of Walking: Using Walking Triggered E-diaries to investigate Social Interaction and Urban Greenness

Martina Kerstin Kanning

Feeling better together? A dyadic daily diary study of interpersonal emotion regulation and well-being in romantic relationships

Daphne Liu

16:09

Using Phase-Aligned Cycle Time Scaling to Understand Diverse Menstrual Cycle Changes in Substance Use

Anna Patterson

Examining Dynamics and Patterns of Fear of Negative Evaluation in Daily Life.

Maaïke Steenhuis

The effect of incentive type on data quality and quantity in an experience sampling study in a student population

Milla Pihlajamäki

Integrating spatial and behavioral data to predictive models of affective episodes in bipolar disorder

Markus Reichert

Examining the dynamic Interplay among emotion intensity, emotional awareness, and emotion regulation in daily life

Charlotte Ottenstein

16:21

Comparing Phase-Aligned Menstrual Cycle Trajectories in Adult Suicidality, Affect, and Pain: Do Cyclical Trajectories Overlap?

Tory Eisenlohr-Moul

Temporal Dynamics of Inhibitory Control in Anorexia Nervosa

Maria Seidel

An Empiricist's Guide to the Multiverse

Ricarda Proppert

Associations between momentary depressive symptoms and social interactions in micro urban spaces along daily mobility path.

Giovanna Fancello

In-vivo, moment-level autonomic regulatory resources can be synched to future emotion regulatory actions: Unpacking a novel pathway to precision-intervention

Karin Coifman

16:33

Activity **Tory Eisenlohr-Moul**

Short-term relief or adaptive shift? Within-person links between exercise and momentary emotion regulation in anorexia nervosa: An EMA pilot study

Johann Paul Summ

Beyond Pre-Post Comparisons: A Comprehensive Effect Size Framework for Intensive Longitudinal Interventions

Xiaohui Luo

Urban nature, physical activity, and human mental health: Insights from daily life studies

Markus Reichert

Discussion **Lauren Bylsma**

16:45

Toward More Stable Person-Specific Prediction in Clinical Intensive Longitudinal Data

Gal Lazarus

Discussion **Yan Kestens, Martina Kerstin Kanning**

HÖRSAAL 1

Oral Session:
Measuring affect and cognition

Chair:
Jaclyn Maher

HÖRSAAL 2

Oral Session:
Emotions and mental health in context

Chair:
Florian Schmiedek

HÖRSAAL 3

Symposium:
The Psychology of Heat under Climate Change: Ambulatory Assessment of Adaptation in Daily Life

Chair:
Christian Rominger

HÖRSAAL 5

Symposium:
Ambulatory Assessments in Aging and Neurodegenerative Disease: From Early Detection of Cognitive Decline to Care Support

Chair:
Sarah Polk, Sofia Marcolini

FRANZ-KÖNIG-SAAL

Symposium:
Real-time assessment of real-world substance use: Capturing complex processes in complex samples

Chair:
Andrea Wycoff

17:05

Beyond Measurement Noise: Intraindividual Variability in Ambulatory Cognitive Assessment in Parkinson's Disease
Selma Polte

The role of perceived situational characteristics in daily stress variability
Maja Ribar

Perceived thermal comfort in daily life: Comparing wearable environmental sensing and outdoor temperature using ambulatory assessment
Lenka Knapová

Monitoring a Multimodal Intervention Using Experience Sampling Data in Older Adults
Sofia Marcolini

Ecological momentary assessment studies exploring substance use in clinical samples of youth: A systematic review
Jillian Halladay

17:17

Between Persons, Across Days, and Within Day: Multilevel Variance Decomposition of Affective and Cognitive EMA Items
Marcos Ross-Adelman

Measuring moments of social disconnection: Multilevel internal consistency and long-term reliability of loneliness in people with and without psychosis
Daniel Fulford

Heat at Work: Thermal Discomfort and Its Links to Productivity, Concentration, and Stress
Martha Schneider

Diurnal Patterns and Within-Person Fluctuations in Cognition: Evidence from EMA Approaches
Jason Hassenstab, Colleen Frank

Friends over flower: The relative impact of social context and cannabis use on affective reinforcement in daily life
(Online)
Jack Waddell

17:29

Assessing Affective Recovery in Continuous Affect Ratings in Daily Life -
Peer-Ole Jacobsen

Momentary Misalignment Between Social Preference and Social Contact Predicts Loneliness in Serious Mental Illness: An Ecological Momentary Assessment Study (Online)
Joseph Maimone

Effects of Indoor Heat on Creativity in University Buildings
Christian Rominger

Predicting Future Cognitive Decline With Smartphone-Based Episodic Memory Tasks
Sarah Polk

Using cannabis to drink less alcohol: An ecological study of cannabis use substitution motives
Andrea Wycoff

17:41

Comparing four methods of assessing affect reactivity to daily stressors
Hio Wa Mak

From stress to support: How mood and biosignals shape social interaction networks over time
Heike Krüger

Sampling Heat Experiences: From Everyday Appraisals and Behaviour to Psychological Reactivity and Recovery Under Heat Stress
Elisabeth Glunz

Measuring Neuropsychiatric Symptoms in the Daily Lives of People With Dementia: A Combined Wearable and ESM Approach
Jackie Poos

Capturing risky substance use in daily life: Co-use of alcohol and opioids in young adults
Ryan Carpenter

17:53

A Circumplex-Informed Analysis of Affective Quadrants: Mean Levels and Variance Structure in Daily Life (Online)
Veronica Kraft

Beyond Self-Reports: A Dyadic Experience Sampling and Mobile Sensing Study of Co-Present Smartphone Use
Anne Milek

Activity **Christian Rominger, Katja Cepplak, Martha Schneider**

Assessment of Nighttime Agitation in People with Dementia Using Passive Sensing and Daily Diary: A dyadic N-of-1 observational design study
Ajda Flisar

Discussion **Andrea Wycoff**

18:05

Not-so-happy hour: How alcohol availability in occupational settings impacts individuals with and without alcohol-related impairment (Online)
Mairéad Willis

Activity **Sofia Marcolini, Jason Hassenstab, Sarah Polk, Jackie Poos, Ajda Flisar**

FESTSAAL

HÖRSAAL 1-5 / FRANZ-KÖNIG-SAAL

BIG HÖRSAAL / SEMINARRAUM 1

TIEFPARTERRE

09:00

Keynote:
(Chair: Eco de Geus)
Stress in daily life
Brenda Penninx

10:00

Coffee Break

10:30

Presentation Session 5
(5 Parallel Tracks)

11:45

Lunch Break

12:30

SAA AGM - Hörsaal 1

13:30

Presentation Session 6
(5 Parallel Tracks)

14:45

Coffee Break

Poster Session 2

15:45

Presentation Session 7
(5 Parallel Tracks)

17:05

Presentation Session 8
(5 Parallel Tracks)

19:30

Conference Dinner - Heuriger 10er Marie (Ottakringer Str. 222/224, 1160 Wien)

HÖRSAAL 1

Symposium:
Variability in Daily Functioning
Over the Lifespan

Chair:
Beyza Sönmez-Orhan

HÖRSAAL 2

Oral Session:
Informing interventions

Chair:
Danielle Arigo

HÖRSAAL 3

Oral Session:
Measurement issues and innovations in
ambulatory mental health research

Chair:
Hanna Mues

HÖRSAAL 5

Symposium:
Validating and Optimizing Mechanism-
Targeted EMLs: Toward Personalized
Intervention Delivery

Chair:
Thomas Vaessen, Jannis Kraiss

FRANZ-KÖNIG-SAAL

Symposium:
Physical activity and mental health-
learnings and methodological frontiers from
recent Ambulatory Assessment studies

Chair:
Geralyn Ruissen

10:30

Sleeping Well, Being Active,
Feeling Good? An Investigation
of Daily Dynamics in Childhood
Katharina A Ochs

Beyond Static Risk: Ambulatory
Assessment of Suicidal
Ambivalence in a High-Risk
Clinical Sample
Mareike Ernst

Applications and Adherence to
Self-Administered Ecological
Momentary Cognitive Assessments:
A Systematic Review and Meta-
Analysis
Gong-Kai Xin

Examining distinct mechanisms
of ecological momentary
interventions: a micro-
randomized trial
Jannis Kraiss

A continuous-time
transdiagnostic analysis of
internalizing symptoms shaping
affect-physical activity
dynamics
Geralyn Ruissen

10:42

Associations of Sleep with
Emotion Regulation Use and
Effectiveness in Older Adults'
Daily Lives
Anna Lücke

Treatment-related improvement in real-
world affective dynamics in childhood
abuse-related PTSD: A randomized
comparison of Dialectical Behavior Therapy
for PTSD and Cognitive Processing Therapy
Sara Schmitz

What to be Grateful for: Small
Acts vs. Time-Intensive Support
Predicting Daily Relationship
Satisfaction
Maximiliane Uhlich

*Machine Learning
personalization of ecological
momentary interventions:
proximal effects on youth
mental health*
Anna Kessler

The menstrual cycle moderates
the association of physical
activity and affective well-
being in natural cycling women
with alcohol use disorder
Luisa Lutz

10:54

Nightly Sleep and Momentary
Working Memory Performance
Among Older Couples
Beyza Sönmez-Orhan

Speed of return to equilibrium
after an experimental
perturbation as predictor of
treatment outcome in anxiety
Vera Bouwman

Meaningful mobility: Within-
person associations between
smartphone-derived mobility
features and mental health
Krisna Adiasto

Ecological Momentary
Interventions for Self-Injury?
Perspectives from Individuals
Seeking Treatment and Mental
Health Professionals
Mirthe Luijckmans

Well-Being and Self-
Determination in Mental Health
Care Patients During a
Professional Dance Program:
An Outside-the-Box Initiative
Renee Roosen

11:06

Daily Routine and Subjective
Health: Bidirectional Dynamics
Across Two EMA Measurement
Bursts
Julia Heckmann-Umhau

Can therapy help me live the life I
want? Preliminary Evidence from
an Experience Sampling Study of
Individual Predictors and Change
in Valued Behavior
Julia Jeannine Schmid

The role of digital phenotyping in
monitoring stress-related mental
health disorders: A systematic
review on the feasibility of passive
sensing for symptom prediction
Emily Gillings

Towards a transdiagnostic
process-based framework of
just-in-time adaptive
interventions for anxiety and
depression
Felix FiB

Eating disorders and temporal
stability of momentary PA-
mood associations
Robin Olfermann

11:18

Disentangling between-context
flexibility from within-context
instability in short-term
variation in daily psychological
functioning in old age
Oliver K. Schilling

The Impact of Diversified
Goal Pursuit on Momentary
Mood (*Online*)
Ezgi Aytürk

The impact of bipolar disorder
illness course on wearable-
derived signals
Clàudia Valenzuela-pascual

Discussion **Thomas Vaessen,
Jannis Kraiss**

Discussion **Martina Kanning**

11:30

Discussion
Florian Schmiedek

Nonlinear Effects of Strategy
Variability on Self-Control
Success
Anna Haas

HÖRSAAL 1

Oral Session:

Ambulatory assessment across the lifespan

Chair:

Fabio Selovin

HÖRSAAL 2

Symposium:

Advancing Daily Life Research: Novel Methodological Designs and Statistical Techniques Illustrated Using Borderline Personality Disorder

Chair:

Philip Santangelo, Kelly Klein

HÖRSAAL 3

Oral Session:

Time and trends in the spotlight

Chair:

Björn Siepe

HÖRSAAL 5

Symposium:

Using ecological momentary assessment and passive sensing data to predict mental health outcomes

Chair:

Lennart Seizer

FRANZ-KÖNIG-SAAL

Symposium:

Temporal Dynamics of Motivation and Pleasure in Daily Life Across the Psychopathology Spectrum

Chair:

Clementine J. Edwards

13:30

Linking Self-Concept Clarity and Interpersonal Experiences using a Large Language Modelling Daily Diary Approach

Lina Krakau

Sleep and affect in individuals with borderline personality disorder features: A daily diary study

Kelly Klein

Beyond Pre-Post Measures: Ambulatory Assessment of Tinnitus Symptom Change during Treatment

Milena Engelke

Personalized Behavioral Networks from Passive Smartphone and Wearable Sensing Outperform Raw Features for Suicidal Ideation in Major Depression

Nicholas Jacobson

Anticipation and consummatory pleasure in a general population sample of young people: An experience sampling study and multiverse analysis

Joanne R. Beames

13:42

Daily Stress and Psychopathology Over One Month in Ethn racially Minoritized Youth -

Lina Krakau

Opening the Black Box of Situational Context in Borderline Personality Disorder: Examining Stress Reactivity by Integrating Self-Reported Event Stress and NLP-Derived Sentiment in Daily Life

Philip Santangelo

From Trait to Process: Dynamic Measurement of Momentary Burnout with the BAT-M

Lisa Peuckmann

Predicting Symptoms of Amotivation and Anhedonia Using Smartphone-Derived Accelerometer Data in University Students

Taylor Braund

Learning to Expect Less: An Ecological Momentary Assessment Study of Prediction Errors, Reward Anticipation, and Negative Symptoms in Daily Lives of People with Schizophrenia

Matthias Pillny

13:54

More reactive for better and for worse? Longitudinal changes and stability in differential susceptibility accounts of reactivity to stressors and uplifts

Joana Thiel

Context Matters: Extending Dynamic Models of Daily Life Symptomatology by Including Jump Processes to Model Events

Carl Bittendorf

Modelling continuous temporal dynamics of food cravings and affective valence

Ann-Kathrin Arend

Do idiographic prediction models generalize? Leveraging big data for real-time stress prediction

Eiko Fried

The experience of pleasure and motivation in everyday life: A transdiagnostic study across schizophrenia spectrum disorder, depression and controls.

Clementine J. Edwards

14:06

Believing in Tomorrow: Self-Efficacy Beliefs in Self-Regulated Learning and Future Orientation - A Daily Study on Italian University Students

Maria Gerbino

The relationship between suicidal ideation and negative affect over the course of dialectical behavior therapy

Christoph Hughes

Modeling Cycles, Trends and Time-Varying Effects in Dynamic Structural Equation Models with Regression Splines [\(Online\)](#)

Øystein Sørensen

Comparing Preferences and Responses for Likert versus Visual Analogue Scale (VAS) in the Digital Therapy Sensing Prediction Study

Lennart Seizer

A Test of the Cognitive Model of Negative Symptoms in Daily Life in Youth at Clinical High-Risk for Psychosis and Psychotic Disorders: Implications for Mobile Health Treatments

Lauren Luther

14:18

Older Adults' Audible Self-Talk in the Context of Social Network Conflict and Daily Interpersonal Tensions

Sibo Gao

Integrating Time Scales to Understand Affective Instability that is Simultaneously Regulated and Unexplained: A Comparison of Borderline Personality, Clinical Control, and Community Individuals

Sean Lane

Deep Learning Approaches for Continuous-Time Dynamical systems in Psychological Research

Manaswi Mondol

Discussion **Jonas Haslbeck**

14:30

Between Moments and Memories: Identifying Predictors of Psychobiological Stress in the Daily Lives of Informal Caregivers of People living with Dementia

Svenja Palm

Discussion **Thomas Vaessen, Jannis Kraiss**

Discussion
Clementine J. Edwards, Joanne R. Beames, Matthias Pillny & Lauren Luther

TIEFPARTERRE

14:45
-
15:45

**Coffee
Break**

1. Idiographic Timescales of Pain-Affect Dynamics in Chronic Pain. – **Anna Waldeck**
2. Tracking daily life food cravings with smartwatches: a feasibility study – **Katharina Eichin**
3. Memory Heuristics in Depression and Anxiety Assessment: A Daily Diary Study Using the PHQ-9 and GAD-7 questionnaires – **Roman Pauli**
4. Sensing Movement Dynamics in Daily Life Among Middle-Aged Adults with Depression and Anxiety – **Hannah Dorris**
5. Emotion Regulation and Stress Reactivity Across Time and Space: Combining Laboratory and Naturalistic Ecological Momentary Assessment in Youth – **Samira Zurbrügg**
6. Within-person variability (WPV) decrease may be a universal phenomenon in ESM Studies – **Sabrina Forst**
7. Open Matrices: A global, free resource for testing cognitive ability – **Jordy van Langen**
8. Mapping Cognitive Assessment in Experience Sampling Method (ESM) and Ecological Momentary Assessment (EMA) Studies: A Scoping Review – **Sofia Marcolini**
9. Measuring Break Sufficiency in Daily Work: Development and Ecological Momentary Assessment validation of the Work-Break Sufficiency Scale – **Tomáš Vojtíšek**
10. Measuring Cognition in Ecological Momentary Assessment settings: A Systematic Scoping Review in Healthy and Clinical Populations – **Artemis Stefani**
11. Well-Being Dynamics are Driven by Fast and Slow Processes – **Michael Aristodemou**
12. Self-Disclosure, Emotional Support, and Daily Menopausal Symptoms – **Iris Währing**
13. Teleology in Everyday Life: Dynamics and Contextual Predictors of Teleological Thinking in an Ecological Momentary Assessment (EMA) Study – **Sebastian Pietrzak**
14. Daily sleep interference among individuals with chronic low back pain using prescription opioids – **Melissa Nance**
15. Feasibility and Acceptability of Ecological Momentary Assessment (EMA) for Chronic Pain: Implications for Adaptive mHealth Interventions – **Rebecca Harding**
16. The effects of every-day life social support on pain – **Rosa Maidhof**
17. The day-to-day association between psychological factors and persistent somatic symptoms: an EMA study – **Klara Hagspiel**
18. Ecological momentary assessment of eating behavior, hunger, food craving, and thirst during Ramadan – **Yoan Mihov**
19. Spatiotemporal Contexts of Dietary Lapses During Weight Loss Maintenance: A Geographic Ecological Momentary Assessment – **Carole Lynn Rüttimann**

TIEFPARTERRE

14:45
-
15:45

**Coffee
Break**

- 20. Ecological Momentary Assessment of Smoking Contexts to Inform Tailored mHealth and Quitline Interventions - **Sophia Allen**
- 21. Mood during Ramadan Fasting - **Peter Wilhelm**
- 22. The Association Between Pleasantness, Unpleasantness, and Preceding Stressors Using Data from the Emotions in Daily Life (EDL) Study - **Caroline Joung (Online)**
- 23. When everyday life leaves its mark: Affective Stress Reactivity as a Predictor for Health - **Julia Sophia Neschen**
- 24. Identifying Stress-Relevant Events in Everyday Nursing Practice Using Biopsychological Markers - a multimethod study - **Elizabeth Michels**
- 25. Heat, Health & Aging Hearts: An Ambulatory ECG Study on Cardiac Responses to Heatwaves in Nursing Home Residents - Preliminary Data - **Katja Čeplak**
- 26. How Long Do the Health Effects of a Music Concert Last? A Protocol to Track the Timeline of Aftereffects of Concert-Going - **Anna Fekete**
- 27. Parasympathetic Regulation as a Predictor of Momentary Exhaustion in Post-COVID-19: Understanding Daily Symptom Dynamics - **Georg Fritz Kurze**
- 28. Daily Sleep and Language Use in Late Life: A Latent Profile Analysis Approach - **Zexi Zhou (Online)**
- 29. Sleep well to perform well - when temperature matters. - **Christian Rominger**
- 30. First Evidence of Effects of a Novel Digital Behavioural Treatment for Chronic Pain: A Series of Replicated Randomized Single-Case Experimental Design Studies - **Haya Al Sharaa**
- 31. An Ecological Momentary Intervention for Persistent Somatic Symptoms: A Randomized Controlled Trial - **Nadja Plumbaum**
- 32. Effects of yoga on stress-inflammation processes: Study protocol and initial findings of a randomized controlled trial - **Sarah Jasmin Landskron**
- 33. Effects of self-monitoring on affect differentiation in service users with mental health problems - **Leonie Fleck**
- 34. Assessing Intervention Effects in Single-Case Design Using ARIMAX and EWMA - **Leo Paulos Guarnieri**
- 35. Exploring the Mechanistic Link Between the Oxytocinergic System and Mindfulness Training: A Study Protocol - **Eimi Van Weert**
- 36. Boosting Digital Self-Efficacy Training with At-Home Exercise and tDCS - **Anika Poppe**

TIEFPARTERRE

14:45
-
15:45

**Coffee
Break**

37. Effects of Ecological Momentary Assessment on Emotion Differentiation in Youths Using a Smartphone-Based Ecological Momentary mHealth Intervention - **Eva Wierzba**
38. A Digital Intervention for Increasing Physical Activity in Depression: Study Design and First Findings from the MASE Project - **Johanna Rehder**
39. Stress management in lung cancer care: Findings from an ecological momentary intervention study - **Hannah Tschenett**
40. Towards Ecological Momentary Assessment-Based Just-in-Time Adaptive Interventions to Support Parental Wellbeing in Everyday Family Life - **Sebastian Müller**
41. Capturing Parental Wellbeing in Everyday Life: A Large-Scale Ecological Momentary Assessment Study of Parents with Young Children Across Two Weeks of Daily Experience Sampling in Switzerland - **Sebastian Müller**
42. The dynamics of psychological inflexibility in everyday life: A pilot N-of-1 observational study using ecological momentary assessments in fibromyalgia - **Afra Taygar**
43. The psychological costs and benefits of conspiracist mentality - dynamic associations with anxiety - **Armin Gyarmati**
44. Between- and within-person associations between evening rumination and subjective sleep quality - **Natália Kocsel**
45. Beyond rumination frequency: Specific ruminative thought characteristics in stress anticipation - **Gyöngyi Kökönyei**
46. From bodily arousal to emotion in daily life: an ESM experiment to test trauma-related differences in emotional experience - **Levente Rónai**
47. Understanding Secret-Keeping in Daily Life: An Ecological Momentary Assessment Approach - **Ildikó Csizmazia**
48. Individual dynamics of meaningful coincidences in everyday life - **Christian Rominger**
49. The experience of guilt and regret in daily life: A person-oriented approach - **Sena Piskin**
50. Can person-specific substance use prediction model features be identified by baseline impulsivity scores? An exploratory pilot analysis - **Peter Baxter**
51. Drops in self- and decision-making confidence precede symptoms of OCD - **Aleya Marzuki**
52. Does personality moderate mood-reactive rumination? A daily diary study - **Josip Razum**
53. Using EMA to capture difficulties in psychosocial functioning in veterans with PTSD and depression - **Haijing Hallenbeck (Online)**
54. Experience sampling methodology investigations of posttraumatic stress disorder symptoms in intervention contexts - **Rachel Zolkowitz (Online)**

TIEFPARTERRE

14:45
-
15:45

**Coffee
Break**

- 55. The Importance of Daily Reasons for Living in Youth Suicide Prevention – ***Cara Luisa Wicher***
- 56. Posttraumatic Stress Disorder and Interpersonal Trust in Daily Life: An Ecological Momentary Assessment Study – ***Lynn Alison Büeler***
- 57. Wearable-assessed heart rate variability in first-episode schizophrenia spectrum disorders: Associations with schizophrenia symptoms and functioning – ***Anson Kai Chun Chau***
- 58. Decoding moment-to-moment change: Modeling short-term dynamics of Affect-Physiology-Behavior coupling in Internalizing Disorders during Daily Life using Dynamical SEM – ***Tessa Meyer***
- 59. Do post-traumatic stress symptoms mediate the relationship between intrusive trauma memories and psychosis in daily life? – ***Morwenna Rickard***
- 60. From Affective Dynamics to System (In-)Stability: EMA-Based Indicators of Resilience – ***Sabrina Benz***
- 61. Emotions in Motion: Dynamic Affective Profiles in Antisocial Young Adults – ***Ilse van de Groep***
- 62. Emotional Inertia and Responsiveness to Daily Stressors as Indicators of Mental Wellbeing and Resilience – ***Michaela Kaneva***
- 63. Understanding the Role of Context in Emotion Regulation Strategy Selection: Insights from a 10-Day EMA Study – ***Claudia Förster Ribet***
- 64. Motivation and Pleasure Measured in Daily Life and in Specific Scheduled Enjoyable Activities: An Experience Sampling Study – ***Chloe Osei-Cobbina***
- 65. Socio-demographic characteristics in experience sampling: differences in affective stress reactivity in daily life – ***Hannah Edelhoff***
- 66. Perceived stress across the menstrual cycle: cyclic patterns and individual differences – ***Elisabeth Conrad***
- 67. Capturing Parenting Stress in Daily Life: Lessons from an EMA Study of Relationship Satisfaction – ***Margaret Lupo***
- 68. Using EMA to Study Temporal Links Between Premenstrual Symptoms and Stress Across the Menstrual Cycle – The ISSAC Study – ***Sophia Baltes***
- 69. What Drives Mind Wandering in Daily Life? Investigating The Interplay of Internal States and External Demands – ***Miha Likar***
- 70. What's BOthering You? Building up students' daily mental well-being – ***Janne Bosma***
- 71. Measurement of Affect Dynamics in Ecological Momentary Assessments – ***Sandro Menegola***

HÖRSAAL 1

Symposium:

Can EMA benefit preventative strategies in adolescence? Exploring whether EMA can advance our understanding of how to study and target emerging common mental disorders in youth

Chair:

Josefien Breedvelt

HÖRSAAL 2

Oral Session:

Symptom experiences in daily life

Chair:

Ryan Carpenter

HÖRSAAL 3

Oral Session:

States, traits and phenotypes

Chair:

Sean Lane

HÖRSAAL 5

Symposium:

Talk Data to Me: Speech Recordings and Voice Diaries in EMA

Chair:

Lennart Seizer

FRANZ-KÖNIG-SAAL

Symposium:

Reducing participant burden in ambulatory studies: Computerized adaptive testing, planned missingness, and emerging approaches

Chair:

Gudrun Eisele (Online), Sebastian Castro-Alvarez

15:45

Personalisation in prevention: still a bridge too far?
Josefien Breedvelt

Assessing fatigue using ecological momentary assessment in multiple sclerosis: A scoping review
Aki Rintala

The Role of Diversity in Social Interactions for Daily Well-Being in Older Adults
Carlotta E. Grünjes

Journal Analysis for Monitoring Students' Well-Being: A Comparative Study of NLP-Based Models and Human Expert Ratings
Michelle Schlicher

Ecological momentary computerized adaptive testing (EMCAT) to measure recovery after hand surgery
Conrad J. Harrison

15:57

Mapping dynamic mechanisms of anxiety and depression development in youth using intensive smartphone data: A scoping review
Larisa-Maria Dina

Unraveling Reciprocal Relationships Between Momentary Pain and Emotions across Mental Health Conditions
Anna Waldeck

Day-specific reliabilities for intensive longitudinal data using latent state-trait (LST-R) models and dynamic structural equation modeling
Denny Kerkhoff

Voice Diaries for the Detection of Depression and Anxiety Disorders in Adolescents
Lennart Seizer

Shortening affect scales for ambulatory assessment: A comparison of different IRT-based approaches ([Online](#))
Gudrun Eisele

16:09

Somatic Symptom Dynamics: Intensive Time-Series Before and After a 12-Week Intervention Program in Youth With Persistent Fatigue
Alysha Keuning

Biopsychosocial influences on pain experience in endometriosis
Katharina van Stein

Obtaining Personalized State Dynamics using the Multilevel Hidden Markov Model
Pepijn Vink

What do People Talk About? Topic Modeling for the Prediction of Depressive Symptom Severity in the Young
Nadine Nicole Schmitt

Ask Less, Learn More: Adapting Ecological Momentary Assessment Survey Length by Modeling Question-Answer Information Gain
Jixin Li

16:21

Differences between formerly depressed individuals and healthy controls in emotional dynamics: the key role of positive affect inertia
Josip Razum

'Affecting' Anxiety Symptomatology: The Time-Varying, Moderating Effect of Physical Activity Behaviour on Anxiety Symptoms Dynamics
Emma Bacchus

How Mathematics Self-Efficacy Changes From Lesson to Lesson: A Latent Markov Factor Analysis
Henry Tsz Fung Lo

Activity
Michelle Schlicher, Lennart Seizer, Nadine Nicole Schmitt

The effect of choosing a given item as an anchor in planned missingness designs in intensive longitudinal research
Sebastian Castro-Alvarez

16:33

The feasibility of a novel ESM paradigm exploring future mental imagery and activity in adolescents
Taryn Hutchinson

Comparing Response Styles Theory and the Analytical Rumination Hypothesis in Daily Dynamics of Affect, Rumination, and Problem-Solving
Jaakko Tammilehto

Phenotypes of daily physiological arousal mark elevated stress and anxiety
Laura Van Heck

Longitudinal User Engagement with Microinteraction Ecological Momentary Assessment (μEMA) ([Online](#))
Aditya Ponnada

16:45

Activity
Josefien Breedvelt

Computational Phenotyping for Detecting Subtle Cognitive Decline in Measurement Burst Studies
Zita Oravec

Discussion **Conrad J. Harrison, Gudrun Eisele, Jixin Li, Sebastian Castro-Alvarez, Aditya Ponnada**

HÖRSAAL 1

Symposium:

Alone, but Not Disconnected: How Situations, Culture, and Technology Shape Solitary Experience

Chair:

Thuy-vy Nguyen

HÖRSAAL 2

Oral Session:

Evaluating interventions

Chair:

Markus Reichert

HÖRSAAL 3

Oral Session:

Novel platforms and toolkits for ambulatory assessment research

Chair:

Irina Timm

HÖRSAAL 5

Symposium:

When Does Overthinking Become a Problem? Examining Triggers, Consequences, and Coping Strategies Associated with Repetitive Negative Thinking

Chair:

Joanna Joy Hunsmann

FRANZ-KÖNIG-SAAL

Symposium:

Benefits and Challenges of Combining Ecological Momentary Assessment and Passive Sensing

Chair:

Patricia Garatva

17:05

Activity *Thuy-vy Nguyen*

Solitude as short-term regulation: An allostatic view of social withdrawal in times of distress

17:17

Thuy-vy Nguyen

Autonomy over Time: Cultural Differences in Daily Desire for Solitude and Solitude Experiences

17:29

Yoonseok Choi

What Are We Thinking When We Are Alone and Online? A Experience Sampling Study of Thoughts and Emotions during Social Media Use [\(Online\)](#)

17:41

Xiangyu Deng

Conversational AI and the Experience of Singlehood: Emotional Support, Responsiveness, and Solitary Living in Early Adulthood

17:53

Monika Frydrychowicz

18:05

Assessing Boredom in Spiritual Contexts: Antecedents and Effects of Yoga Boredom
Lukas Kraiger

A group-based prevention program fostering mental health and physical activity: Session-level mechanisms and pre- to post-program outcomes
Mareike Röttger

Moment-to-moment experience sampling in daily life provides no evidence for effects of remote tDCS on mood and cognition
Vanessa Teckentrup

Restoring psychological safety in an unsafe world: A just in time intervention approach triggered by heart rate variability
Andreas Schwerdtfeger

Estimating causal effects of treatment regimes in multilevel time series models with the Bayesian g-formula
Fabian Felix Münch

Spica: Multimodal Remote Data Collection via Wearables, EMA, and Smartphone Tasks in Psychiatry
Omid Abbasi

MyTrials: A REDCap-Integrated Platform for Ambulatory Assessment of Patient-Reported Outcomes and Biomarker Capture
Jennifer Dahne

momenTUM: Open and reproducible research platform for designing and managing EMA studies
Nataliia Petliak

Feasibility and user acceptance of the Stress in Action toolkit for multimodal, ambulatory stress measurement: a mixed-method study
Magdalena Sikora

The Stress in Action wearable validation pipeline: A reproducible framework for wearable validation in the lab and in daily life.
Artemis Stefani

Negative Thinking on Autopilot: Contextual Indicators for Habitual RNT in Daily Life
Joanna Joy Hunsmann

Routine activities or stress? Examining triggers for repetitive negative thinking in daily life
Joanna Joy Hunsmann

An Ecological Momentary Assessment Study of Contrast Avoidance in Obsessive-Compulsive Disorder
Valerie Swisher

Bidirectional temporal associations between rumination and physical activity in daily life: An experience sampling study in individuals with depression and borderline personality disorder
Tim Balder

Coping Strategies Associated with Repetitive Negative Thinking: Combining Cross-Sectional and Longitudinal Evidence
Max Berg

Discussion
Max Berg

Depression Detection From Smartphone Data With Machine Learning
Patricia Garatva

Limitations and possible future directions of smart sensing as a tool for early detection of depression – Findings from a representative prediction study in Germany
Maximilian Hagspiel

Reliability of Passive Sensing Data: A Multi-Method Evaluation in Depression [\(Online\)](#)
Anna M. Langener

From Assumptions to Robustness: Leveraging Mobile Sensing and EMA in Research on Evening Smartphone Usage and Sleep
Fenne große Deters

My Smartphone is Nobody's Business! – Evidence on Nonresponse Bias in Mobile Sensing and EMA Studies
Ramona Schoedel

Discussion *Ramona Schoedel*

FESTSAAL

HÖRSAAL 1-5 / FRANZ-KÖNIG-SAAL

BIG HÖRSAAL / SEMINARRAUM 1

09:00

**Poster Awards,
Early Career Keynote:**

(Chair: Philip S. Santangelo)
Advancing the understanding and treatment of suicidal
thoughts and behaviors with mobile technologies.
Daniel Coppersmith

10:15

Coffee Break

10:45

Presentation Session 9
(5 Parallel Tracks)

12:00

Lunch Break

13:30

Presentation Session 10
(5 Parallel Tracks)

14:45

Conference Closing *(Hörsaal 1)*

15:00

Coffee and Good-Bye
(until 15:30)

WEDNESDAY, 05.08 10:45-12:00 PRESENTATION SESSION 9 (PARALLEL TRACKS)

HÖRSAAL 1

Oral Session:

Affect, mood and well-being

Chair:

Timon Elmer

HÖRSAAL 2

Oral Session:

Compliance in Ecological Momentary Assessment studies

Chair:

Anila Allmeta

HÖRSAAL 3

Oral Session:

Alcohol and food consumption

Chair:

Stephanie Lanza

HÖRSAAL 5

Symposium:

Leveraging Speech Detection Methods to Understand Biopsychosocial Processes in Everyday Life

Chair:

Melisa Saygin (Online), Amanda M. Bernal

FRANZ-KÖNIG-SAAL

Symposium:

Examining Modelling Assumptions and Choices in Ecological Momentary Assessment Research

Chair:

Fridtjof Petersen

10:45

The association between MDMA use and short-term mood changes using ecological momentary assessment: The MDeMA study
Zachary Bryant

Optimizing ESM Prompt Timing with Mobile Sensing: Predicting Non-Compliance Using Behavioral and Contextual Data
Koen Niemeijer

Momentary alcohol-related cognitions mediate associations between influencer social media content exposure and adolescent drinking intentions
Megan Strowger

Dynamics of social relationships within and across days: Bidirectional associations with emotional experiences and individual differences
Cornelia Wrzus

Model Checking for Vector Autoregressive Models
Jonas Haslbeck

10:57

Moment-to-moment associations between momentary emotion differentiation and psychotic symptoms in early psychosis: An experience sampling study
Anson Kai Chun Chau

Lessons from a large-scale experience sampling study: predictors of compliance and attrition
Jakub Jusko

Exploring reactivity in an ecological momentary assessment study of alcohol outcomes in transgender and gender diverse adults
Sarah Dermody

Smartphone Audio Based Real-time Social Context Detection: A Pilot Study
Lisa-Marie Hartnagel

Retrospective Assessments as a Tool for Addressing Missingness in ESM Data
Anabel Büchner

11:09

Aversive Pavlovian inhibition predicts emotional well-being in daily life
Bertalan Polner

Momentary predictors of compliance in experience sampling: Integrating context related characteristics and smartphone behaviour
Martin Tancoš

Identifying Emotional Risk Indicators for Daily Drinking: The Role of Activated Positive Emotion Variability
Dusti Jones

Objective Ambulatory Assessment of Everyday Social Life: From EAR to SocialBit
Amanda M. Bernal

Joint Ordinal Time-Series Modelling of Momentary Affective Dynamics and Distal Health Outcomes
Fridtjof Petersen

11:21

Momentary stress reactivity and affective recovery in chronic musculoskeletal pain: an Experience Sampling Study
Leonie Ader

The EMA Experience - Compliance and Reactivity in Eating Disorders
Julia Reichenberger

Does negative emotion differentiation moderate the association between negative affect and food cravings in daily life? An experience sampling study
Živa Krajnc

Detecting and controlling for the confounding effects of speech activity on heart rate variability in ambulatory recordings ([Online](#))
Melisa Saygin

Using openESM for multi-dataset analyses
Björn Siepe

11:33

Having a Bad Week? Investigating How Daily Stress Reactivity Varies With Weekly Depression Severity
Carlotta Rieble

Can Daily Chatting Routines Be Leveraged to Enhance EMA Compliance? Development and Evaluation of a Messenger-Integrated Tool
Nikita Sharin

Stable Traits over Momentary Triggers: Disentangling the Inter- and Intraindividual Dynamics of Stress and Food Craving
Nicolas Vincent Fröse

Discussion
Melisa Saygin, Amanda M. Bernal

Activity
Björn Siepe

11:45

Self-Harm Thoughts and Behaviours in Relation to Affect and Affect Dynamics: A Real-Time Experience Sampling Study in Adolescents
Eveline Van Raes

Bayesian Hierarchical AR(1) Models of Hunger's Relation to Concentration and Implications for Self-Control
Christoph Bamberg

HÖRSAAL 1

Symposium:

From Mechanisms to Practice:
Mechanisms of Change and
Implementation of EMA and EMI

Chair:

Joanne Beames, Anna Kessler

HÖRSAAL 2

Oral Session:

Ensuring reliability and validity in
experience sampling research

Chair:

Renee Thompson

HÖRSAAL 3

Oral Session:

Stress, loneliness and sleep

Chair:

Urs Nater

HÖRSAAL 5

Symposium:

From Measurement to Semantics: AI
Powered Approaches to Ambulatory
Assessment Data

Chair:

Magdalena Wekenborg, Christian Rominger

FRANZ-KÖNIG-SAAL

Symposium:

Capturing Cognitive Variability in
Daily Life: Methodological Challenges
and Solutions

Chair:

Anika Poppe

13:30

Development of youth-informed
ESM items to measure gender
inequalities: The Bridging Divides
Study

Koraima Sotomayor-Enriquez

A Meta-Analysis of Reliability
Reporting in Empirical Intensive
Longitudinal Data Research

**Jean-Paul Snijder-
Steinhilber**

The Highs and Lows of Stress:
Evidence for the Neurobiological
Model of Addiction in Daily Life
from Bayesian Multilevel Mediation
Models

Maya Matlack

From Aggregates to Sequences:
Advancing Psychological
Assessment through Smartphone
Sensing and Machine Learning

Clemens Stachl

Capturing Cognitive
Fluctuations in Daily Life: The
Promise and Pitfalls of
Experience Sampling Methods

Mandy Roheger

13:42

Micro-Level Processes in
Ecological Momentary
Interventions: Immediate Effects
on Self-esteem and Affect in
Youth Exposed to Childhood
Adversity

Anna Kessler

The Momentary Reliability of
Single-item Emotion Measures in
Ecological Momentary Assessment:
Situational, Temporal and Personal
Correlates

Egon Dejonckheere

Psychobiological stress and
sexual experience and behavior
- Insights from two Ecological
Momentary Assessment Studies

Hanna Mües

From Text to Context: Using
Natural Language Processing to
Extract Social Context
Information

Isabel Mertins

Insights into cognition and
smartphone passive
measurements in daily life

Xiaochang Zhao

13:54

Proximal effects of a
smartphone-based ecological
momentary intervention on
mental well-being in youth

Eva Wierzb

Reliability, stability and validity
of EMA measures assessing the
costs and benefits of listening
effort in real-life settings

Danaé Krikorian

How Loneliness Unfolds in Daily
Life: Momentary Dynamics of
Emotion Regulation (*Online*)

Karolina Morello

The Picture Tells the Story:
Positive Emotions and Natural
Environments Explored Through
situative images and vision
language models

**Christian Rominger,
Magdalena Katharina
Wekenborg**

Factors influencing
performance in remote and
unsupervised cognitive
assessments

Sofia Marcolini

14:06

Blending Therapy with Ecological
Momentary Interventions:
Feasibility, Usability, and
Clinician Experiences with ACT in
Daily Life

Lotte Uyttebroek

Utilizing qualitative methods to
detect validity issues in
experience sampling
methodology (ESM)

Marie Stadel

A Digital Health Intervention for
Smartphone App Use Reduction
and Its Effects on Smartphone
Use, Digital Well-Being, and
Changes in Loneliness

Timon Elmer

Towards Timing Digital Stress
Interventions: Stress Forecasting
with Machine Learning and
Ecological Momentary
Assessments

Rutger van der Linden

Individual differences in
cognitive variability in an
ecological momentary
assessment valid setting in 600
children across primary school
classrooms

Jordy van Langen

14:18

Mechanisms of Change
Throughout Acceptance and
Commitment Therapy in Daily Life
(ACT-DL) in an early psychosis
sample

Islay Barne

Capturing Cross-Cultural Variation
in Parent-Infant Interactions: A
Smartphone-Based Experience
Sampling Study in Nso, Cameroon,
and Leipzig, Germany

Melody Ngaidzeyuf Ndzenyui

Short-term Associations Between
Digital Media Use and Sleep in
Everyday Life: A Systematic
Review of Intensive Longitudinal
Studies

Michał Tkaczyk

Discussion
**Magdalena Wekenborg,
Christian Rominger**

Optimizing Within-Person
Reliability in Ambulatory
Assessments of Working
Memory Performance:
The Role of Task Difficulty and
Performance Trends

Florian Schmiedek

14:30

Discussion
Joanne Beames, Anna Kessler

Diary Studies in Older Adults:
An Updated Review

Susan South

Activity
Jordy van Langen

FURTHER INFORMATION

*Join the Official
SAA 2026
WhatsApp Group* →



[LINK ↗](#)

*Join us on LinkedIn
and Blue Sky!* →



[LINK ↗](#)



[LINK ↗](#)



[Conference Website ↗](#)

We are thankful for our sponsors who support this event



VUAmS

Gold Sponsor