MONDAY, 03.08 OVERVIEW

SAA 2026 Vienna

	FESTSAAL	HÖRSAAL 1-5 / FRANZ-KÖNIG-SAAL	BIG HÖRSAAL / SEMINARRAUM 1	TIEFPARTERRE
09:00	**Welcome**			
09:15	**Keynote:** *(Chair: Nicholas C. Jacobson)* Measuring minds in motion: pitfalls and promises of AA methods in mental health science ***Eiko Fried***			
10:15			**Coffee Break**	
10:45		**Presentation Session 1** *(5 Parallel Tracks)*		
12:00			**Lunch Break**	
13:30		**Presentation Session 2** *(5 Parallel Tracks)*		
14:45			**Coffee Break**	**Poster Session 1**
15:45		**Presentation Session 3** *(5 Parallel Tracks)*		
17:05		**Presentation Session 4** *(5 Parallel Tracks)*		

18:30 – 20:30

Welcome Reception

Location: Arkadenhof (Hochparterre / mezzanine)

MONDAY, 03.08 10:45-12:00 PRESENTATION SESSION 1 *(PARALLEL TRACKS)*

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	HÖRSAAL 1 **Oral Session**: Methodological considerations in affect, stress and performance research **Chair**: *Josip Razum*	HÖRSAAL 2 **Oral Session**: Mood Disorders **Chair**: *Vanessa Teckentrup*	HÖRSAAL 3 **Oral Session**: Physical Activity **Chair**: *Jan Keller*	HÖRSAAL 5 **Symposium**: Phenomenological ambulatory assessment from start to finish **Chair**: *Gil Grunfeld*	FRANZ-KÖNIG-SAAL (HÖRSAAL 6) **Symposium**: Real-Time Regulation: Stress, Affect, and Coping in Vulnerable Populations **Chair**: *Laura Meine (Online), Paula Philippi*
10:45	Estimating trait negative emotion differentiation: How many measurement occasions and emotion items are needed? ***Sabrina Ecker***	Predicting Dimensional Symptoms in Bipolar Disorder Using Digital Phenotyping and Multilevel Modeling ***Fabian Huth***	Assessing the feasibility of Physical Activity Trackers in Menstruating People ***Lucia Volpi***	Phenomenologically-driven hypothesis development in ecological momentary assessment. ***Roman Palitsky***	Adolescent Daily Life Stress: Short-Term Affective Dynamics, Modulators, and Prospective Effects on Internalising Symptoms ***Paula Philippi***
10:57	Beneath the Floor: Censored VAR Models for Analyzing ESM Data with Floor Effects ***Kenneth Koslowski***	When smartphones detect mood: investigating temporal dynamics in passive sensing data of bipolar patients ***Eva Marie Langner***	Temporal Dynamics of the Association Between Physical Activity and Affective Wellbeing ***Justin Hachenberger***	The VOICE: A novel tool for longitudinal qualitative and mixed-method analysis. ***Deanna Kaplan***	Capturing stress in context: Ecological momentary assessment and topic modelling of medical interns' daily stress experiences *(Online)* ***Laura Meine***
11:09	Development and validation of a personalized deep learning model for daily affect prediction. ***Ningzhe Zhu***	When Staying Home Signals Risk: Predicting Affective Episodes in Bipolar Patients using Smartphone-derived GPS Data ***Vera Ludwig***	Energetic Arousal and Tense Arousal as Mediators in the Relationship Between Physical Activity and Affective Well-being in Day Hospital Patients: A Combined Ecological Momentary Assessment and Accelerometry Study. *(Online)* ***Usama El-Awad***	The CARE Inventory: accounting for subjective experience of data coders. ***Gil Grunfeld***	How Do Stress and Social Support Interact Over Time? Links and Mechanisms Across Retrospective and Momentary Data in a Real-Life Stress Model ***Lynn Büeler***
11:21	1000 Days of HRV: A Case Study of Daily Post-Wake-Up Heart Rate Variability for Tracking Stressful Life Events ***Amin Sinichi***	Depressive symptoms and affective reactivity to daily events: A coordinated DSEM analysis ***Zarah Rowland***	When work lingers: Within-day associations of time pressure, job autonomy, leisure-time physical activity, and recovery experiences ***Lotte-Eleonora Diering***	Centering participant subjectivity in acoustic analysis of daily speech features. ***Selen Bozkurt***	How Cognitive Behavioural Therapy Influences Everyday Regulation of Negative Affect: A Network Analysis ***Leona Hammelrath***
11:33	The Trade-off Between Reach and Rigor: Feasibility and Signal Quality of Smartphone-Based HRV in a Fully Decentralized Mindfulness Trial *(Online)* ***Alessandro Sparacio***	Examining daily affect variability and intensity in offspring of parents with a mood disorder ***Julius März***	Motivation on the Move: How Subject-Level Variability in Psychological Constructs Predict Sedentary Behavior in Older Adults ***Jaclyn Maher***	Discussion ***Matthias Mehl***	Discussion ***Laura Meine, Paula Philippi, Lynn Büeler, Leona Hammelrath***
11:45			Partner Dyads to Promote Physical Activity among Women at Risk for Cardiovascular Disease (CVD): Daily Ambulatory Assessment of Partner Communication and Associations with Physical Activity Outcomes ***Danielle Arigo***		

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MONDAY, 03.08 13:30-14:45 PRESENTATION SESSION 2 *(PARALLEL TRACKS)*

HÖRSAAL 1

Symposium:
The role of daily mood changes, emotion regulation, and health behavior on mental health conditions

Chair:
Nadine Messerli-Bürgy, Simone Munsch

13:30

Beyond Social Exclusion: Emotional and Physiological Responses to Social Exclusion and Inclusion in Youth with Binge Eating Disorder
Anna Rauen

13:42

The Interplay of Daily Rejection Sensitivity, Negative Affect, Body Dissatisfaction on BED variants in Youth: An Ecological Momentary Assessment (EMA) study
Cindy Heinzmann

13:54

Differential Reactivity of Affect and Self-Esteem to Daily Events in Borderline Personality Disorder: Contextual Insights from Large Language Models in Ambulatory Assessment
David Levi Tekampe

14:06

Entering an idiographic perspective on sleep mood dynamics in adolescent internalizing symptoms: Findings from a 3-wave ambulatory assessment study.
Konstantin Drexl

14:18

Understanding poor sleep in emerging adulthood: The role of pre-sleep cognitive processes in daily life
Alexander Ariu

14:30

Activity - ***Nadine Messerli-Bürgy, Simone Munsch***

HÖRSAAL 2

Oral Session:
Personality disorders

Chair:
Ramona Schödel

Differential Patterns of Affective Dysregulation in Borderline Personality Disorder, ADHD, and Bipolar Disorder: An Ornstein-Uhlenbeck Jump Process Analysis from the DynAMoND Study
Tobias Kockler

Preliminary Validation of the Ecological Momentary Assessment—Self-Concept and Identity Measure (EMA-SCIM)
Alma Bitran

Not all social interactions matter: Situational affordances shape affective reactivity in individuals with personality pathology.
Johanna Hepp

Borderline Personality Disorder across the Menstrual Cycle
Sibel Nayman

Mentalizing on the Edge: Borderline Traits and Their Association With Real-Time Self-Reflection - An Ecological Momentary Assessment Study
Inken Höller

HÖRSAAL 3

Symposium:
Contextual and Dynamic Determinants of Health Behavior in Daily Life

Chair:
Melanie Bamert

The role of stress in the formation and implementation of dietary intentions in daily life
Matthias Aulbach

Stressed out! Not working out? Relationship between momentary stress and physical activity across different time lags: An Ecological Momentary Assessment study
Melanie Bamert

Drink more, sleep less: Applying compositional data analysis to investigate day-to-day associations between alcohol use and 24-hour movement behaviors
Jimikaye Beck Courtney

Heterogeneity of Dyadic Associations Between Volitional Determinants of the Health Action Process Approach and Physical Activity
Patrick Höhener

Adjustment of mobility behaviors during a heat wave in Berlin
Jan Keller

Discussion - ***Matthias Aulbach***

HÖRSAAL 5

Symposium:
(Pro) Social Interactions in Daily Life - Predictors and Outcomes

Chair:
Maria Wirth

Day-to-Day Associations Between Awareness of Age-Related Changes and Social Interaction Valence
Christina Ristl

Lonely Together? Valence of Relationship Activities and Daily Loneliness
Fabio Selovin

Daily Social Normative Expectations and Prosocial Behavior
Maria Wirth

Daily Prosocial Activities and Daily Well-Being: Does Sexual Orientation Matter?
Juhyeong Lee

Discussion - **Maria Wirth, Juhyeong Lee**

FRANZ-KÖNIG-SAAL (HÖRSAAL 6)

Symposium:
Personalization in Experience Sampling Methodology: From Assessment Design to Individualized Intervention

Chair:
Marie Stadel

Which ESM items matter? Adolescent-based validation and personalisation through a thinking-aloud task
Jennifer Chen

Statistical process control for personalized monitoring of therapeutic change using ecological momentary assessment: An N=1 case of social anxiety disorder
Annelies Schipper

Characteristics and quality of Single Case Experimental Designs (SCEDs), utilizing Ecological Momentary Assessment (EMA) in clinical psychiatric setting: A systematic review
Emma Smeenge

Short-Term Effects on Parenting and Adolescent Well-Being of a Personalized Digital Parenting Intervention. A Randomized Controlled Trial
Rick van Logchem

Discussion - ***Marie Stadel***

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MONDAY, 03.08 14:45-15:45 POSTER SESSION 1 & COFFEE BREAK (1/4)

TIEFPARTERRE

14:45 - 15:45

Coffee Break

1. Study Compliance Among Multi-Problem Young Adults: A Personalization Approach to Ambulatory Assessment Research – ***Jennie Lukoff***
2. Remote Multimodal Data Collection: Experiences from Real-World Affective Disorder Monitoring – ***Omid Abbasi***
3. Validation of The Ecological and Physiological Momentary Assessment of Contextual Factors Impacting Stress Among Police – a Protocol For a Longitudinal Observation Study – ***Emily Osowska***
4. Measurement Effects in Ecological Momentary Assessment: The Potential Role of Perseverative Cognition – ***Jacob Stork*** *(Online)*
5. Does Measurement Reactivity Bias Ecological Momentary Assessment Data? Triangulating Data-driven Measures with Participants' Perspectives. – ***Eveline Gieles***
6. Hanging in There: Perceived Burden and Compliance in a High-Frequency EMA Study – ***Maxine Nawartschi***
7. The effect of retrospective time frame on item functioning and usability in an experience sampling study in a student population – ***Milla Pihlajamäki***
8. Filling in the _____: Using auxiliary variables to explore non-compliance in EMA research – ***Ricarda Proppert***
10. Putting EEG into Context: Interpreting Brain Activity in Natural Sound Environments – ***Martin Bleichner***
11. Design and Development of nEEGlace, an Open-Hardware Platform for Ambulatory EEG – ***Abin Jacob***
12. Daily Mood and Audiovisual Behaviour: Pilot of Privacy-Preserving Multimodal Ambulatory Assessment with Facial Blendshapes and Voice Expression Features – ***David Levi Tekampe***
13. BI-Vital: A wearable open-source sensor module for real-time data acquisition in real-world scenarios – ***Marc Hesse, Kevin Penner***
14. Beyond the Lab: Capturing User Experience in the Wild with Psychophysiological Ambulatory Assessment – ***Magdalena Wekenborg***
15. Convergence of Fitbit and Research-Grade Electrodermal Activity in Predicting Momentary Self-Reported Stress in Daily Life – ***Flavia Ercoli***
16. CAPSULE Pilot: Comparing App-Based Passive Sensing to Understand Daily Life Stress Environments – ***Alec Zirnheld***
17. Piloting Egocentric AV Glasses and Analytic AI for Private Analysis of Social Experiences – ***Timothy Brick***
18. Systematic review of stress assessment in adolescents' daily lives – ***Paula Philippi***
19. Development of a quality assessment tool for validation studies of 24-hour physical behavior via wearables: a Delphi study – ***Irina Timm***
20. Measurement-Burst Studies in Aging Research: A Scoping Review – ***Minxia Luo***
21. Virtual Reality Tasks for Physiological Reactivity and Future Wearables Validation: Findings from a Systematic Scoping Review – ***Magdalena Sikora***
22. Characteristics and quality of Single Case Experimental Designs (SCEDs), utilizing Ecological Momentary Assessment (EMA) in clinical psychiatric setting: A systematic review – ***Emma Smeenge***
23. Comparing event-based measurement bursts and intensity profile drawings to capture emotional events in daily life – ***Peer-Ole Jacobsen***

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MONDAY, 03.08 14:45-15:45 POSTER SESSION 1 & COFFEE BREAK (2/4)

TIEFPARTERRE

14:45 - 15:45

Coffee Break

24. New Tools for Ambulatory Assessment in Stress Research: The Demands and Resources Single Items, the Di-Eu-Stress State Scale and the Salzburg Mobile Stress Induction - ***Thomas Vikoler***
25. Event- or signal-based experience sampling - Which characteristics of social interactions are captured by which method? - ***Miriam Francesca Jähne***
27. Comparing Affect Scales in Ecological Momentary Assessment: A Within-Person Evaluation of Semantic Differential Likert and Unipolar Visual Analogue Scales - ***Alfiannisa Wikenza***
28. Designing and delivering ecological momentary assessment for adolescent social media research: Event-contingent app development and feasibility lessons from UK studies - ***Margarita Panayiotou, Reihaneh Farzinnia***
29. Conditions for Stuttering Disclosure Opportunities and Their Associations with Quality of Experience in Everyday Conversations: A Mixed-Methods Daily Diary Study - ***Theresa Martina Illmer***
30. From systematic development to clinical application: an ecological momentary assessment for personalized oncology care (ExpOnko study) - ***Sarah Stubenrauch***
31. Development and pilot study of an Ecological Momentary Assessment (EMA) to assess psychosocial health in parents after high-risk birth (EMA-RISK) - ***Max Peter Balint***
32. EMA4Stroke: Examining the Feasibility of Studying Cognitive Performance Dynamics After Stroke Using Ecological Momentary Assessment - ***Paul Leonard Grupe***
33. The role of friendships in positive youth development: daily life study - ***Lucija Šutić Barbarić***
34. The paradox of parental support: When and for whom does support backfire in adolescence? - ***Savannah Boele***
36. Barriers to Disclosure in Daily Conversations Among Youth and Trusted Adults - ***Lisa van Jeveren***
37. Parent-adolescent affect inertia and synchrony as risk factor for depression - ***Anne Bülow***
38. Predictors of Parental Symptom Monitoring Regarding Pediatric Respiratory Infections: An Ecological Momentary Assessment Pilot Study - ***Anila Allmeta***
39. The Daily Dynamics of Sexual Compliance in Romantic Relationships - ***Claudia Louise Dörrler***
40. When Appearance Exposure Peaks: Daily Links With Self-Criticism and Body Satisfaction in Young Women - ***Michaela Buehler***
41. Ambulatory Methods for Investigating Climate Adaptation in Older Adults - ***Victoria Michalowski*** *(Online)*
42. Same moves, different measures? Comparing subjective and objective physical activity in novice and experienced activity tracker users - ***Sophie Löffler***

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MONDAY, 03.08 14:45-15:45 POSTER SESSION 1 & COFFEE BREAK (3/4)

TIEFPARTERRE

14:45 - 15:45

Coffee Break

43. Can Leaderboards Increase Physical Activity in Daily Life? A Three-Study Series with Ambulatory Assessment and Micro-Randomization - ***Danielle Arigo***
44. The Role of Energetic and Tense Arousal in the Association Between Physical Activity and Affective Well-Being: Evidence from Ecological Momentary Assessment and Accelerometry - ***Laura Sophia Schoneberg***
45. Predicting within-person correlation strength between daily self-reported physical activity using EMA and daily wearable recorded physical activity - ***Jikke Hesen***
46. Well-being associations with daily activities on Instagram - ***Andrea Howard***
47. Study Protocol: Affective Functions of Computer Gaming (Work-in-Progress) - ***Greta Zumbansen***
48. Digital Stress Management in Everyday Life: Effects Over Time and the Role of Adherence - ***Markus Foramitti***
49. Adherence in Ecological Momentary Assessment Studies as a Function of Student Characteristics in an Undergraduate Extra Credit Participant Pool - ***Susan Wenze***
50. Who is the more emotional gender? Testing emotionality in social interactions – a replication in principle - ***Mareike Wieland***
51. Using Ecological Momentary Assessment to track mood, social interaction and sleep quality, withdrawal side effects and wellbeing during antidepressant discontinuation and maintenance. - ***Seline Uran***
52. Wearable data from Bipolar Disorder patients collected in real-world settings: a systematic review - ***Clàudia Valenzuela-pascual***
53. The course of depressive symptoms: A scoping review of ambulatory assessment studies across different designs, settings, and populations - ***Matthias Klee***
54. Quantifying Connectivity Dynamics: The Prevalence and Clinical Specificity of Network Connectivity Fluctuations - ***Carlotta Rieble***
55.Fledging Network Analysis: is it ready to fly? - ***Josefine Schmitt***
56. Individual Differences in Mental Health Dynamics: Insights from Clustering EMA Networks - ***Guðrún Guðmundsdóttir***
57. Tracking Youth Dynamics of Emerging Psychopathology (TYDES) – A Longitudinal Study of Transdiagnostic Processes Using Passive Smartphone Sensing - ***Christian Ramelow***
58. From diagnoses to dynamics: capturing youth psychopathology in daily life with a novel transdiagnostic ecological momentary assessment tool - ***Anna-Lena Jesussek***
59. ADHD Remote Technology and ADHD Transition: Predicting and Preventing Negative Outcomes (ART-transition) – An Adolescent Prospective Cohort Study Protocol - ***Aislinn Bowler***

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MONDAY, 03.08 14:45-15:45 POSTER SESSION 1 & COFFEE BREAK (4/4)

TIEFPARTERRE

14:45 - 15:45

Coffee Break

60. Assessing Anhedonia and Affect in Daily Life: An EMA Study in Children and Adolescents – ***Julie Kührt***
61. Loneliness, Embitterment, and Social Withdrawal in Daily Life: An Ambulatory Assessment Study in Individuals with Borderline Personality Disorder – ***Carola Claus***
62. Linking Neural Self-Other Distinction to Everyday Social Experience in Borderline Personality Disorder: A Planned fMRI-EMA Study – ***Ekaterina Pronizius***
63. Responding to Daily-Life Loneliness: Adolescents' Social Interaction Duration and Partners – ***Tak Tsun (Edmund) Lo***
64. Uncovering the nature, direction and timing of the mobility-wellbeing association using GPS data – ***Dave Leitritz***
65. Move more, wander less? The association between physical activity and mind wandering in individuals with and without ADHD – ***Marcel Schmitt***
66. Triangulating Inattentive Responding: Using Response Processes as a Qualitative Lens on Quantitative Detection Methods – ***Malin Müller***
67. Analyzing longitudinal non-negative continuous skewed data in medical research – ***Iris Reinhard***
68. Rapid and Scalable Computational Phenotyping of Cognitive EMA Using Simulation-Based Inference – ***Paveen Phon-Amnuaisuk***
69. Emotions as Complex Systems: A Systematic Analysis of Large-Scale Emotion Time Series – ***Sebastian Küppers***
70. Large-Scale Continuous-Time Dynamic Systems Modelling for Intensive Longitudinal Data – ***Vsevolod Semenov***
71. Asymmetric Inertia in Momentary Affect and Its Links to Sleep Quality: Evidence From Dynamic Structural Equation Model and Cross-Lagged Panel Model – ***Ningzhe Zhu***

MONDAY, 03.08 15:45–17:00 PRESENTATION SESSION 3 *(PARALLEL TRACKS)*

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	HÖRSAAL 1	HÖRSAAL 2	HÖRSAAL 3	HÖRSAAL 5	FRANZ-KÖNIG-SAAL (HÖRSAAL 6)
	Symposium: Precision Modeling of the Menstrual Cycle in Ambulatory Data: Phase-Aligned Cycle Time Scaling (PACTS) and Extensions for Mental Health Research **Chair:** *Tory Eisenlohr-Moul*	**Oral Session:** Mental health dynamics **Chair:** *Julia Reichenberger*	**Oral Session:** Methodological considerations in experience sampling research **Chair:** *Christoph Bamberg*	**Symposium:** From Place to Experience: Applications, Methodological Challenges, and Reporting Standards in Geographically Explicit Ecological Momentary Assessment (GEMA) **Chair:** *Martina Kerstin Kanning*	**Symposium:** Unpacking Emotion Regulation: Daily Mechanisms and Contextual Influences **Chair:** *Renee Thompson*
15:45	Phase-Aligned Cycle Time Scaling: A Methodological Overview and Application to Adolescent Suicidality ***Ashley Ross***	The investigation of affect dynamics' predictive validity in mental health within and between individuals ***Levente Rónai***	More Data, More Problems? Reducing Privacy, Security, and Regulatory Risks in EMA and Mobile Sensing Studies. ***Merijn Mestdagh***	Does exposure to social and built environments relate to momentary well-being in Montreal? A GEMA study ***Yan Kestens***	Momentary emotion differentiation in major depressive disorder: Context-dependent variations ***Renee Thompson***
15:57	Multidimensional Sensitivity to the Menstrual Cycle in Patients with Affective and Behavioral Dysregulation ***Jessica Peters***	Trapped in Thought: Investigating Reciprocal Links Between Negative Interpretation Inflexibility, Rumination, and Dampening of Positive Emotions in Daily Life ***Lisa Vos***	Adaptive experience sampling designs: A unifying framework and research agenda ***Lisa Peeters***	How Context Shapes the Affective Benefits of Walking: Using Walking Triggered E-diaries to investigate Social Interaction and Urban Greenness ***Martina Kerstin Kanning***	Feeling better together? A dyadic daily diary study of interpersonal emotion regulation and well-being in romantic relationships ***Daphne Liu***
16:09	Using Phase-Aligned Cycle Time Scaling to Understand Diverse Menstrual Cycle Changes in Substance Use ***Anna Patterson***	Examining Dynamics and Patterns of Fear of Negative Evaluation in Daily Life. ***Maaike Steenhuis***	The effect of incentive type on data quality and quantity in an experience sampling study in a student population ***Milla Pihlajamäki***	Integrating spatial and behavioral data to predictive models of affective episodes in bipolar disorder ***Markus Reichert***	Examining the dynamic Interplay among emotion intensity, emotional awareness, and emotion regulation in daily life ***Charlotte Ottenstein***
16:21	Comparing Phase-Aligned Menstrual Cycle Trajectories in Adult Suicidality, Affect, and Pain: Do Cyclical Trajectories Overlap? ***Tory Eisenlohr-Moul***	Temporal Dynamics of Inhibitory Control in Anorexia Nervosa ***Maria Seidel***	An Empiricist's Guide to the Multiverse ***Ricarda Proppert***	Associations between momentary depressive symptoms and social interactions in micro urban spaces along daily mobility path. ***Giovanna Fancello***	In-vivo, moment-level autonomic regulatory resources can be synched to future emotion regulatory actions: Unpacking a novel pathway to precision-intervention *(Online)* ***Karin Coifman***
16:33	Activity **Tory Eisenlohr-Moul**	Short-term relief or adaptive shift? Within-person links between exercise and momentary emotion regulation in anorexia nervosa: An EMA pilot study ***Johann Paul Summ***	Beyond Pre-Post Comparisons: A Comprehensive Effect Size Framework for Intensive Longitudinal Interventions ***Xiaohui Luo***	Urban nature, physical activity, and human mental health: Insights from daily life studies ***Markus Reichert***	Discussion ***Lauren Bylsma***
16:45			Toward More Stable Person-Specific Prediction in Clinical Intensive Longitudinal Data ***Gal Lazarus***	Discussion ***Yan Kestens, Martina Kerstin Kanning***	

MONDAY, 03.08 17:05–18:20 PRESENTATION SESSION 4 *(PARALLEL TRACKS)*

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HÖRSAAL 1

Oral Session:
Measuring affect and cognition
Chair:
Jaclyn Maher

17:05
Beyond Measurement Noise: Intraindividual Variability in Ambulatory Cognitive Assessment in Parkinson's Disease
Selma Polte

17:17
Between Persons, Across Days, and Within Day: Multilevel Variance Decomposition of Affective and Cognitive EMA Items
Marcos Ross-Adelman

17:29
Assessing Affective Recovery in Continuous Affect Ratings in Daily Life –
Peer-Ole Jacobsen

17:41
Comparing four methods of assessing affect reactivity to daily stressors
Hio Wa Mak

17:53
A Circumplex-Informed Analysis of Affective Quadrants: Mean Levels and Variance Structure in Daily Life *(Online)*
Veronica Kraft

18:05

HÖRSAAL 2

Oral Session:
Emotions and mental health in context
Chair:
Florian Schmiedek

17:05
The role of perceived situational characteristics in daily stress variability
Maja Ribar

17:17
Measuring moments of social disconnection: Multilevel internal consistency and long-term reliability of loneliness in people with and without psychosis
Daniel Fulford

17:29
Momentary Misalignment Between Social Preference and Social Contact Predicts Loneliness in Serious Mental Illness: An Ecological Momentary Assessment Study *(Online)*
Joseph Maimone

17:41
From stress to support: How mood and biosignals shape social interaction networks over time
Heike Krüger

17:53
Beyond Self-Reports: A Dyadic Experience Sampling and Mobile Sensing Study of Co-Present Smartphone Use
Anne Milek

18:05
Not-so-happy hour: How alcohol availability in occupational settings impacts individuals with and without alcohol-related impairment *(Online)*
Mairéad Willis

HÖRSAAL 3

Symposium:
The Psychology of Heat under Climate Change: Ambulatory Assessment of Adaptation in Daily Life
Chair:
Christian Rominger

17:05
Perceived thermal comfort in daily life: Comparing wearable environmental sensing and outdoor temperature using ambulatory assessment
Lenka Knapová

17:17
Heat at Work: Thermal Discomfort and Its Links to Productivity, Concentration, and Stress
Martha Schneider

17:29
Effects of Indoor Heat on Creativity in University Buildings
Christian Rominger

17:41
Sampling Heat Experiences: From Everyday Appraisals and Behaviour to Psychological Reactivity and Recovery Under Heat Stress
Elisabeth Glunz

17:53
Activity ***Christian Rominger, Katja Ceplak, Martha Schneider***

18:05

HÖRSAAL 5

Symposium:
Ambulatory Assessments in Aging and Neurodegenerative Disease: From Early Detection of Cognitive Decline to Care Support
Chair:
Sarah Polk, Sofia Marcolini

17:05
Monitoring a Multimodal Intervention Using Experience Sampling Data in Older Adults
Sofia Marcolini

17:17
Diurnal Patterns and Within-Person Fluctuations in Cognition: Evidence from EMA Approaches
Jason Hassenstab, Colleen Frank

17:29
Predicting Future Cognitive Decline With Smartphone-Based Episodic Memory Tasks
Sarah Polk

17:41
Measuring Neuropsychiatric Symptoms in the Daily Lives of People With Dementia: A Combined Wearable and ESM Approach
Jackie Poos

17:53
Assessment of Nighttime Agitation in People with Dementia Using Passive Sensing and Daily Diary: A dyadic N-of-1 observational design study
Ajda Flisar

18:05
Activity ***Sofia Marcolini, Jason Hassenstab, Sarah Polk, Jackie Poos, Ajda Flisar***

FRANZ-KÖNIG-SAAL (HÖRSAAL 6)

Symposium:
Real-time assessment of real-world substance use: Capturing complex processes in complex samples
Chair:
Andrea Wycoff

17:05
Ecological momentary assessment studies exploring substance use in clinical samples of youth: A systematic review
Jillian Halladay

17:17
Friends over flower: The relative impact of social context and cannabis use on affective reinforcement in daily life *(Online)*
Jack Waddell

17:29
Using cannabis to drink less alcohol: An ecological study of cannabis use substitution motives
Andrea Wycoff

17:41
Capturing risky substance use in daily life: Co-use of alcohol and opioids in young adults
Ryan Carpenter

17:53
Discussion ***Andrea Wycoff***

18:05

TUESDAY, 04.08 OVERVIEW

SAA 2026 Vienna

	FESTSAAL	HÖRSAAL 1-5 / FRANZ-KÖNIG-SAAL	BIG HÖRSAAL / SEMINARRAUM 1	TIEFPARTERRE
09:00	**Keynote:** *(Chair: Eco de Geus)* Stress in daily life ***Brenda Penninx***			
10:00			**Coffee Break**	
10:30		**Presentation Session 5** *(5 Parallel Tracks)*		
11:45			**Lunch Break**	
12:30		**SAA AGM - Hörsaal 1**		
13:30		**Presentation Session 6** *(5 Parallel Tracks)*		
14:45			**Coffee Break**	**Poster Session 2**
15:45		**Presentation Session 7** *(5 Parallel Tracks)*		
17:05		**Presentation Session 8** *(5 Parallel Tracks)*		
19:30	**Conference Dinner - Heuriger 10er Marie** *(Ottakringer Str. 222/224, 1160 Wien)*			

TUESDAY, 04.08 10:30–11:45 PRESENTATION SESSION 5 *(PARALLEL TRACKS)*

SAA 2026 Vienna

	HÖRSAAL 1	HÖRSAAL 2	HÖRSAAL 3	HÖRSAAL 5	FRANZ-KÖNIG-SAAL (HÖRSAAL 6)
	Symposium: Variability in Daily Functioning Over the Lifespan **Chair:** *Beyza Sönmez-Orhan*	**Oral Session:** Informing interventions **Chair:** *Danielle Arigo*	**Oral Session:** Measurement issues and innovations in ambulatory mental health research **Chair:** *Hanna Mües*	**Symposium:** Validating and Optimizing Mechanism-Targeted EMIs: Toward Personalized Intervention Delivery **Chair:** *Thomas Vaessen, Jannis Kraiss*	**Symposium:** Physical activity and mental health-learnings and methodological frontiers from recent Ambulatory Assessment studies **Chair:** *Geralyn Ruissen*
10:30	Sleeping Well, Being Active, Feeling Good? An Investigation of Daily Dynamics in Childhood ***Katharina A Ochs***	Beyond Static Risk: Ambulatory Assessment of Suicidal Ambivalence in a High-Risk Clinical Sample ***Mareike Ernst***	Applications and Adherence to Self-Administered Ecological Momentary Cognitive Assessments: A Systematic Review and Meta-Analysis ***Gong-Kai Xin***	Examining distinct mechanisms of ecological momentary interventions: a micro-randomized trial ***Jannis Kraiss***	A continuous-time transdiagnostic analysis of internalizing symptoms shaping affect-physical activity dynamics ***Geralyn Ruissen***
10:42	Associations of Sleep with Emotion Regulation Use and Effectiveness in Older Adults' Daily Lives ***Anna Lücke***	Treatment-related improvement in real-world affective dynamics in childhood abuse-related PTSD: A randomized comparison of Dialectical Behavior Therapy for PTSD and Cognitive Processing Therapy ***Sara Schmitz***	What to be Grateful for: Small Acts vs. Time-Intensive Support Predicting Daily Relationship Satisfaction ***Maximiliane Uhlich***	*Machine Learning personalization of ecological momentary interventions: proximal effects on youth mental health* ***Anna Kessler***	The menstrual cycle moderates the association of physical activity and affective well-being in natural cycling women with alcohol use disorder ***Luisa Lutz***
10:54	Nightly Sleep and Momentary Working Memory Performance Among Older Couples ***Beyza Sönmez-Orhan***	Speed of return to equilibrium after an experimental perturbation as predictor of treatment outcome in anxiety ***Vera Bouwman***	Meaningful mobility: Within-person associations between smartphone-derived mobility features and mental health ***Krisna Adiasto***	Ecological Momentary Interventions for Self-Injury? Perspectives from Individuals Seeking Treatment and Mental Health Professionals ***Mirthe Luijsmans***	Well-Being and Self-Determination in Mental Health Care Patients During a Professional Dance Program: An Outside-the-Box Initiative ***Renee Roosen***
11:06	Daily Routine and Subjective Health: Bidirectional Dynamics Across Two EMA Measurement Bursts ***Julia Heckmann-Umhau***	Can therapy help me live the life I want? Preliminary Evidence from an Experience Sampling Study of Individual Predictors and Change in Valued Behavior ***Julia Jeannine Schmid***	The role of digital phenotyping in monitoring stress-related mental health disorders: A systematic review on the feasibility of passive sensing for symptom prediction ***Emily Gillings***	Towards a transdiagnostic process-based framework of just-in-time adaptive interventions for anxiety and depression ***Felix Fiß***	Eating disorders and temporal stability of momentary PA-mood associations ***Robin Olfermann***
11:18	Disentangling between-context flexibility from within-context instability in short-term variation in daily psychological functioning in old age ***Oliver K. Schilling***	The Impact of Diversified Goal Pursuit on Momentary Mood *(Online)* ***Ezgi Aytürk***	The impact of bipolar disorder illness course on wearable-derived signals ***Clàudia Valenzuela-pascual***	Discussion **Thomas Vaessen, Jannis Kraiss**	Discussion ***Martina Kanning***
11:30	Discussion ***Florian Schmiedek***	Nonlinear Effects of Strategy Variability on Self-Control Success ***Anna Haas***			

TUESDAY, 04.08 13:30-14:45 PRESENTATION SESSION 6 *(PARALLEL TRACKS)*

SAA 2026 Vienna

	HÖRSAAL 1	HÖRSAAL 2	HÖRSAAL 3	HÖRSAAL 5	FRANZ-KÖNIG-SAAL (HÖRSAAL 6)
	Oral Session: Ambulatory assessment across the lifespan **Chair:** *Fabio Selovin*	**Symposium:** Advancing Daily Life Research: Novel Methodological Designs and Statistical Techniques Illustrated Using Borderline Personality Disorder **Chair:** *Philip Santangelo, Kelly Klein*	**Oral Session:** Time and trends in the spotlight **Chair:** *Björn Siepe*	**Symposium:** Using ecological momentary assessment and passive sensing data to predict mental health outcomes **Chair:** *Lennart Seizer*	**Symposium:** Temporal Dynamics of Motivation and Pleasure in Daily Life Across the Psychopathology Spectrum **Chair:** *Clementine J. Edwards*
13:30	Linking Self-Concept Clarity and Interpersonal Experiences using a Large Language Modelling Daily Diary Approach ***Lina Krakau***	Sleep and affect in individuals with borderline personality disorder features: A daily diary study ***Kelly Klein***	Beyond Pre-Post Measures: Ambulatory Assessment of Tinnitus Symptom Change during Treatment ***Milena Engelke***	Personalized Behavioral Networks from Passive Smartphone and Wearable Sensing Outperform Raw Features for Suicidal Ideation in Major Depression ***Nicholas Jacobson***	Anticipation and consummatory pleasure in a general population sample of young people: An experience sampling study and multiverse analysis ***Joanne R. Beames***
13:42	Daily Stress and Psychopathology Over One Month in Ethnoracially Minoritized Youth - ***Lina Krakau***	*Opening the Black Box of Situational Context in Borderline Personality Disorder: Examining Stress Reactivity by Integrating Self-Reported Event Stress and NLP-Derived Sentiment in Daily Life* ***Philip Santangelo***	From Trait to Process: Dynamic Measurement of Momentary Burnout with the BAT-M ***Lisa Peuckmann***	Predicting Symptoms of Amotivation and Anhedonia Using Smartphone-Derived Accelerometer Data in University Students **Taylor Braund**	Learning to Expect Less: An Ecological Momentary Assessment Study of Prediction Errors, Reward Anticipation, and Negative Symptoms in Daily Lives of People with Schizophrenia ***Matthias Pillny***
13:54	More reactive for better and for worse? Longitudinal changes and stability in differential susceptibility accounts of reactivity to stressors and uplifts ***Joana Thiel***	Context Matters: Extending Dynamic Models of Daily Life Symptomatology by Including Jump Processes to Model Events ***Carl Bittendorf***	Modelling continuous temporal dynamics of food cravings and affective valence ***Ann-Kathrin Arend***	Do idiographic prediction models generalize? Leveraging big data for real-time stress prediction ***Eiko Fried***	The experience of pleasure and motivation in everyday life: A transdiagnostic study across schizophrenia spectrum disorder, depression and controls. ***Clementine J. Edwards***
14:06	Believing in Tomorrow: Self-Efficacy Beliefs in Self-Regulated Learning and Future Orientation - A Daily Study on Italian University Students ***Maria Gerbino***	The relationship between suicidal ideation and negative affect over the course of dialectical behavior therapy ***Christoph Hughes***	Modeling Cycles, Trends and Time-Varying Effects in Dynamic Structural Equation Models with Regression Splines *(Online)* ***Øystein Sørensen***	Comparing Preferences and Responses for Likert versus Visual Analogue Scale (VAS) in the Digital Therapy Sensing Prediction Study ***Lennart Seizer***	A Test of the Cognitive Model of Negative Symptoms in Daily Life in Youth at Clinical High-Risk for Psychosis and Psychotic Disorders: Implications for Mobile Health Treatments ***Lauren Luther***
14:18	Older Adults' Audible Self-Talk in the Context of Social Network Conflict and Daily Interpersonal Tensions ***Sibo Gao***	Integrating Time Scales to Understand Affective Instability that is Simultaneously Regulated and Unexplained: A Comparison of Borderline Personality, Clinical Control, and Community Individuals ***Sean Lane***	Deep Learning Approaches for Continuous-Time Dynamical systems in Psychological Research ***Manaswi Mondol***	Discussion ***Jonas Haslbeck***	Discussion ***Clementine J. Edwards, Joanne R. Beames, Matthias Pillny & Lauren Luther***
14:30	Between Moments and Memories: Identifying Predictors of Psychobiological Stress in the Daily Lives of Informal Caregivers of People living with Dementia ***Svenja Palm***	Discussion **Thomas Vaessen, Jannis Kraiss**			

TUESDAY, 04.08 14:45-15:45 POSTER SESSION 2 & COFFEE BREAK (1/4)

SAA 2026 Vienna

TIEFPARTERRE

14:45 - 15:45

Coffee Break

1. Idiographic Timescales of Pain-Affect Dynamics in Chronic Pain. - ***Anna Waldeck***
2. Tracking daily life food cravings with smartwatches: a feasibility study - ***Katharina Eichin***
3. Memory Heuristics in Depression and Anxiety Assessment: A Daily Diary Study Using the PHQ-9 and GAD-7 questionnaires - ***Roman Pauli***
4. Sensing Movement Dynamics in Daily Life Among Middle-Aged Adults with Depression and Anxiety - ***Hannah Dorris***
5. Emotion Regulation and Stress Reactivity Across Time and Space: Combining Laboratory and Naturalistic Ecological Momentary Assessment in Youth - ***Samira Zurbrügg***
6. Within-person variability (WPV) decrease may be a universal phenomenon in ESM Studies - ***Sabrina Forst***
7. Open Matrices: A global, free resource for testing cognitive ability - ***Jordy van Langen***
8. Mapping Cognitive Assessment in Experience Sampling Method (ESM) and Ecological Momentary Assessment (EMA) Studies: A Scoping Review - ***Sofia Marcolini***
9. Measuring Break Sufficiency in Daily Work: Development and Ecological Momentary Assessment validation of the Work-Break Sufficiency Scale - ***Tomáš Vojtíšek***
10. Measuring Cognition in Ecological Momentary Assessment settings: A Systematic Scoping Review in Healthy and Clinical Populations - ***Artemis Stefani***
11. Well-Being Dynamics are Driven by Fast and Slow Processes - ***Michael Aristodemou***
12. Self-Disclosure, Emotional Support, and Daily Menopausal Symptoms - ***Iris Wahring***
13.Teleology in Everyday Life: Dynamics and Contextual Predictors of Teleological Thinking in an Ecological Momentary Assessment (EMA) Study - ***Sebastian Pietrzak***
14. Daily sleep interference among individuals with chronic low back pain using prescription opioids - ***Melissa Nance***
15. Feasibility and Acceptability of Ecological Momentary Assessment (EMA) for Chronic Pain: Implications for Adaptive mHealth Interventions - ***Rebecca Harding***
16. The effects of every-day life social support on pain - ***Rosa Maidhof***
17. The day-to-day association between psychological factors and persistent somatic symptoms: an EMA study - ***Klara Hagspiel***
18. Ecological momentary assessment of eating behavior, hunger, food craving, and thirst during Ramadan - ***Yoan Mihov***
19. Spatiotemporal Contexts of Dietary Lapses During Weight Loss Maintenance: A Geographic Ecological Momentary Assessment - ***Carole Lynn Rüttimann*** *(Online)*

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TUESDAY, 04.08 14:45-15:45 POSTER SESSION 2 & COFFEE BREAK (2/4)

TIEFPARTERRE

14:45 - 15:45

Coffee Break

20. Ecological Momentary Assessment of Smoking Contexts to Inform Tailored mHealth and Quitline Interventions – ***Sophia Allen***
21. Mood during Ramadan Fasting – ***Peter Wilhelm***
22. The Association Between Pleasantness, Unpleasantness, and Preceding Stressors Using Data from the Emotions in Daily Life (EDL) Study – ***Caroline Joung*** *(Online)*
23. When everyday life leaves its mark: Affective Stress Reactivity as a Predictor for Health – ***Julia Sophia Neschen***
24. Identifying Stress-Relevant Events in Everyday Nursing Practice Using Biopsychological Markers – a multimethod study – ***Elizabeth Michels***
25. Heat, Health & Aging Hearts: An Ambulatory ECG Study on Cardiac Responses to Heatwaves in Nursing Home Residents – Preliminary Data – ***Katja Čeplak***
26. How Long Do the Health Effects of a Music Concert Last? A Protocol to Track the Timeline of Aftereffects of Concert-Going – ***Anna Fekete***
27. Parasympathetic Regulation as a Predictor of Momentary Exhaustion in Post-COVID-19: Understanding Daily Symptom Dynamics – ***Georg Fritz Kurze***
28. Daily Sleep and Language Use in Late Life: A Latent Profile Analysis Approach – ***Zexi Zhou*** *(Online)*
29. Sleep well to perform well – when temperature matters. – ***Christian Rominger***
30. First Evidence of Effects of a Novel Digital Behavioural Treatment for Chronic Pain: A Series of Replicated Randomized Single-Case Experimental Design Studies – ***Haya Al Sharaa***
31. An Ecological Momentary Intervention for Persistent Somatic Symptoms: A Randomized Controlled Trial – ***Nadja Plumbaum***
32. Effects of yoga on stress-inflammation processes: Study protocol and initial findings of a randomized controlled trial – ***Sarah Jasmin Landskron***
33. Effects of self-monitoring on affect differentiation in service users with mental health problems – ***Leonie Fleck***
34. Assessing Intervention Effects in Single-Case Design Using ARIMAX and EWMA – ***Leo Paulos Guarnieri***
35. Exploring the Mechanistic Link Between the Oxytocinergic System and Mindfulness Training: A Study Protocol – ***Eimi Van Weert***
36. Boosting Digital Self-Efficacy Training with At-Home Exercise and tDCS – ***Anika Poppe***

TIEFPARTERRE

14:45 - 15:45

Coffee Break

37. Effects of Ecological Momentary Assessment on Emotion Differentiation in Youths Using a Smartphone-Based Ecological Momentary mHealth Intervention - ***Eva Wierzba***
38. A Digital Intervention for Increasing Physical Activity in Depression: Study Design and First Findings from the MASE Project - ***Johanna Rehder***
39. Stress management in lung cancer care: Findings from an ecological momentary intervention study - ***Hannah Tschenett***
40. Towards Ecological Momentary Assessment-Based Just-in-Time Adaptive Interventions to Support Parental Wellbeing in Everyday Family Life - ***Sebastian Müller***
41. Capturing Parental Wellbeing in Everyday Life: A Large-Scale Ecological Momentary Assessment Study of Parents with Young Children Across Two Weeks of Daily Experience Sampling in Switzerland - ***Sebastian Müller***
42. The dynamics of psychological inflexibility in everyday life: A pilot N-of-1 observational study using ecological momentary assessments in fibromyalgia - ***Afra Taygar***
43. The psychological costs and benefits of conspiracist mentality - dynamic associations with anxiety - ***Armin Gyarmati***
44. Between- and within-person associations between evening rumination and subjective sleep quality - ***Natália Kocsel***
45. Beyond rumination frequency: Specific ruminative thought characteristics in stress anticipation - ***Gyöngyi Kökönyei***
46. From bodily arousal to emotion in daily life: an ESM experiment to test trauma-related differences in emotional experience - ***Levente Rónai***
47. Understanding Secret-Keeping in Daily Life: An Ecological Momentary Assessment Approach - ***Ildikó Csizmazia***
48. Individual dynamics of meaningful coincidences in everyday life - ***Christian Rominger***
49. The experience of guilt and regret in daily life: A person-oriented approach - ***Sena Piskin***
50. Can person-specific substance use prediction model features be identified by baseline impulsivity scores? An exploratory pilot analysis *(Online)* - ***Peter Baxter***
51. Drops in self- and decision-making confidence precede symptoms of OCD - ***Aleya Marzuki***
52. Does personality moderate mood-reactive rumination? A daily diary study - ***Josip Razum***
53. Using EMA to capture difficulties in psychosocial functioning in veterans with PTSD and depression - ***Haijing Hallenbeck*** *(Online)*
54. Experience sampling methodology investigations of posttraumatic stress disorder symptoms in intervention contexts - ***Rachel Zelkowitz*** *(Online)*

TUESDAY, 04.08 14:45-15:45 POSTER SESSION 2 & COFFEE BREAK (4/4)

SAA 2026 Vienna

TIEFPARTERRE

14:45 - 15:45

Coffee Break

55. The Importance of Daily Reasons for Living in Youth Suicide Prevention – ***Cara Luisa Wicher***
56. Posttraumatic Stress Disorder and Interpersonal Trust in Daily Life: An Ecological Momentary Assessment Study – ***Lynn Alison Büeler***
57. Wearable-assessed heart rate variability in first-episode schizophrenia spectrum disorders: Associations with schizophrenia symptoms and functioning – ***Anson Kai Chun Chau***
58. Decoding moment-to-moment change: Modeling short-term dynamics of Affect-Physiology-Behavior coupling in Internalizing Disorders during Daily Life using Dynamical SEM – ***Tessa Meyer***
59. Do post-traumatic stress symptoms mediate the relationship between intrusive trauma memories and psychosis in daily life? – ***Morwenna Rickard***
60. From Affective Dynamics to System (In-)Stability: EMA-Based Indicators of Resilience – ***Sabrina Benz***
61. Emotions in Motion: Dynamic Affective Profiles in Antisocial Young Adults – ***Ilse van de Groep***
62. Emotional Inertia and Responsiveness to Daily Stressors as Indicators of Mental Wellbeing and Resilience – ***Michaela Kaneva***
63. Understanding the Role of Context in Emotion Regulation Strategy Selection: Insights from a 10-Day EMA Study – ***Claudia Förster Ribet***
64. Motivation and Pleasure Measured in Daily Life and in Specific Scheduled Enjoyable Activities: An Experience Sampling Study – ***Chloe Osei-Cobbina***
65. Socio-demographic characteristics in experience sampling: differences in affective stress reactivity in daily life – ***Hannah Edelhoff***
66. Perceived stress across the menstrual cycle: cyclic patterns and individual differences – ***Elisabeth Conrad***
67. Capturing Parenting Stress in Daily Life: Lessons from an EMA Study of Relationship Satisfaction – ***Margaret Lupo*** *(Online)*
68. Using EMA to Study Temporal Links Between Premenstrual Symptoms and Stress Across the Menstrual Cycle – The ISSAC Study – ***Sophia Baltes***
69. What Drives Mind Wandering in Daily Life? Investigating The Interplay of Internal States and External Demands – ***Miha Likar***
70. What's BOThering You? Building up students' daily mental well-being – ***Janne Bosma***
71. Measurement of Affect Dynamics in Ecological Momentary Assessments – ***Sandro Menegola*** *(Online)*
72. Adherence and Compliance in Combined Passive and Active Digital Phenotyping among Youth: A Systematic Review and Meta-Analysis – ***Nadine Nicole Schmitt***

TUESDAY, 04.08 15:45-17:00 PRESENTATION SESSION 7 *(PARALLEL TRACKS)*

SAA 2026 Vienna

	HÖRSAAL 1	HÖRSAAL 2	HÖRSAAL 3	HÖRSAAL 5	FRANZ-KÖNIG-SAAL (HÖRSAAL 6)
	Symposium: Can EMA benefit preventative strategies in adolescence? Exploring whether EMA can advance our understanding of how to study and target emerging common mental disorders in youth **Chair:** *Josefien Breedvelt (Online), Clementine Edwards*	**Oral Session:** Symptom experiences in daily life **Chair:** *Ryan Carpenter*	**Oral Session:** States, traits and phenotypes **Chair:** *Sean Lane*	**Symposium:** Talk Data to Me: Speech Recordings and Voice Diaries in EMA **Chair:** *Lennart Seizer*	**Symposium:** Reducing participant burden in ambulatory studies: Computerized adaptive testing, planned missingness, and emerging approaches **Chair:** *Gudrun Eisele (Online), Sebastian Castro-Alvarez*
15:45	Personalisation in prevention: still a bridge too far? *(Online)* ***Josefien Breedvelt***	Assessing fatigue using ecological momentary assessment in multiple sclerosis: A scoping review ***Aki Rintala***	The Role of Diversity in Social Interactions for Daily Well-Being in Older Adults ***Carlotta E. Grünjes***	Journal Analysis for Monitoring Students' Well-Being: A Comparative Study of NLP-Based Models and Human Expert Ratings ***Michelle Schlicher***	Ecological momentary computerized adaptive testing (EMCAT) to measure recovery after hand surgery *(Online)* ***Conrad J. Harrison***
15:57	Mapping dynamic mechanisms of anxiety and depression development in youth using intensive smartphone data: A scoping review ***Larisa-Maria Dina***	Unraveling Reciprocal Relationships Between Momentary Pain and Emotions across Mental Health Conditions ***Anna Waldeck***	Day-specific reliabilities for intensive longitudinal data using latent state-trait (LST-R) models and dynamic structural equation modeling *(Online)* ***Denny Kerkhoff***	Voice Diaries for the Detection of Depression and Anxiety Disorders in Adolescents **Lennart Seizer**	Shortening affect scales for ambulatory assessment: A comparison of different IRT-based approaches *(Online)* ***Gudrun Eisele***
16:09	Somatic Symptom Dynamics: Intensive Time-Series Before and After a 12-Week Intervention Program in Youth With Persistent Fatigue ***Alysha Keuning***	Biopsychosocial influences on pain experience in endometriosis ***Katharina van Stein***	Obtaining Personalized State Dynamics using the Multilevel Hidden Markov Model ***Pepijn Vink***	What do People Talk About? Topic Modeling for the Prediction of Depressive Symptom Severity in the Young ***Nadine Nicole Schmitt***	Ask Less, Learn More: Adapting Ecological Momentary Assessment Survey Length by Modeling Question-Answer Information Gain *(Online)* ***Jixin Li***
16:21	Differences between formerly depressed individuals and healthy controls in emotional dynamics: the key role of positive affect inertia ***Josip Razum***	'Affecting' Anxiety Symptomatology: The Time-Varying, Moderating Effect of Physical Activity Behaviour on Anxiety Symptoms Dynamics ***Emma Bacchus & Geri Ruissen***	How Mathematics Self-Efficacy Changes From Lesson to Lesson: A Latent Markov Factor Analysis ***Henry Tsz Fung Lo***	Activity ***Michelle Schlicher, Lennart Seizer, Nadine Nicole Schmitt***	The effect of choosing a given item as an anchor in planned missingness designs in intensive longitudinal research ***Sebastian Castro-Alvarez***
16:33	The feasibility of a novel ESM paradigm exploring future mental imagery and activity in adolescents ***Taryn Hutchinson***	Comparing Response Styles Theory and the Analytical Rumination Hypothesis in Daily Dynamics of Affect, Rumination, and Problem-Solving **Jaakko Tammilehto**	Phenotypes of daily physiological arousal mark elevated stress and anxiety ***Laura Van Heck***		Longitudinal User Engagement with Microinteraction Ecological Momentary Assessment (μEMA) *(Online)* ***Aditya Ponnada***
16:45	Activity ***Josefien Breedvelt***		Computational Phenotyping for Detecting Subtle Cognitive Decline in Measurement Burst Studies ***Zita Oravecz***		Discussion ***Conrad J. Harrison, Gudrun Eisele, Jixin Li, Sebastian Castro-Alvarez, Aditya Ponnada***

TUESDAY, 04.08 17:05-18:20 PRESENTATION SESSION 8 *(PARALLEL TRACKS)*

SAA 2021 Vienna

	HÖRSAAL 1	HÖRSAAL 2	HÖRSAAL 3	HÖRSAAL 5	FRANZ-KÖNIG-SAAL (HÖRSAAL 6)
	Symposium: Alone, but Not Disconnected: How Situations, Culture, and Technology Shape Solitary Experience **Chair**: *Thuy-vy Nguyen*	**Oral Session**: Evaluating interventions **Chair**: *Markus Reichert*	**Oral Session**: Novel platforms and toolkits for ambulatory assessment research **Chair**: *Irina Timm*	**Symposium**: When Does Overthinking Become a Problem? Examining Triggers, Consequences, and Coping Strategies Associated with Repetitive Negative Thinking **Chair**: *Joanna Joy Hunsmann*	**Symposium**: Benefits and Challenges of Combining Ecological Momentary Assessment and Passive Sensing **Chair**: *Patricia Garatva*
17:05	Activity ***Thuy-vy Nguyen***	Assessing Boredom in Spiritual Contexts: Antecedents and Effects of Yoga Boredom ***Lukas Kraiger***	Spica: Multimodal Remote Data Collection via Wearables, EMA, and Smartphone Tasks in Psychiatry ***Omid Abbasi***	Negative Thinking on Autopilot: Contextual Indicators for Habitual RNT in Daily Life ***Joanna Joy Hunsmann***	Depression Detection From Smartphone Data With Machine Learning ***Patricia Garatva***
17:17	Solitude as short-term regulation: An allostatic view of social withdrawal in times of distress ***Thuy-vy Nguyen***	A group-based prevention program fostering mental health and physical activity: Session-level mechanisms and pre- to post-program outcomes ***Mareike Röttger***	MyTrials: A REDCap-Integrated Platform for Ambulatory Assessment of Patient-Reported Outcomes and Biomarker Capture ***Jennifer Dahne***	Routine activities or stress? Examining triggers for repetitive negative thinking in daily life ***Joanna Joy Hunsmann***	Limitations and possible future directions of smart sensing as a tool for early detection of depression – Findings from a representative prediction study in Germany ***Maximilian Hagspiel***
17:29	Autonomy over Time: Cultural Differences in Daily Desire for Solitude and Solitude Experiences ***Yoonseok Choi***	Moment-to-moment experience sampling in daily life provides no evidence for effects of remote tDCS on mood and cognition ***Vanessa Teckentrup***	momenTUM: Open and reproducible research platform for designing and managing EMA studies ***Nataliia Petliak***	An Ecological Momentary Assessment Study of Contrast Avoidance in Obsessive-Compulsive Disorder ***Valerie Swisher***	Reliability of Passive Sensing Data: A Multi-Method Evaluation in Depression *(Online)* ***Anna M. Langener***
17:41	What Are We Thinking When We Are Alone and Online? A Experience Sampling Study of Thoughts and Emotions during Social Media Use *(Online)* ***Xiangyu Deng***	Restoring psychological safety in an unsafe world: A just in time intervention approach triggered by heart rate variability ***Andreas Schwerdtfeger***	Feasibility and user acceptance of the Stress in Action toolkit for multimodal, ambulatory stress measurement: a mixed-method study ***Magdalena Sikora***	Bidirectional temporal associations between rumination and physical activity in daily life: An experience sampling study in individuals with depression and borderline personality disorder ***Tim Balder***	From Assumptions to Robustness: Leveraging Mobile Sensing and EMA in Research on Evening Smartphone Usage and Sleep ***Fenne große Deters***
17:53	Conversational AI and the Experience of Singlehood: Emotional Support, Responsiveness, and Solitary Living in Early Adulthood ***Monika Frydrychowicz***	Estimating causal effects of treatment regimes in multilevel time series models with the Bayesian g-formula ***Fabian Felix Münch***	The Stress in Action wearable validation pipeline: A reproducible framework for wearable validation in the lab and in daily life. ***Artemis Stefani***	Coping Strategies Associated with Repetitive Negative Thinking: Combining Cross-Sectional and Longitudinal Evidence ***Max Berg***	My Smartphone is Nobody's Business! - Evidence on Nonresponse Bias in Mobile Sensing and EMA Studies ***Ramona Schoedel***
18:05				Discussion ***Max Berg***	Discussion ***Ramona Schoedel***

WEDNESDAY, 05.08 OVERVIEW

SAA 2021 Vienna

	FESTSAAL	HÖRSAAL 1-5 / FRANZ-KÖNIG-SAAL	BIG HÖRSAAL / SEMINARRAUM 1
09:00	**Poster Awards,** **Early Career Keynote:** *(Chair: Philip S. Santangelo)* Advancing the understanding and treatment of suicidal thoughts and behaviors with mobile technologies. ***Daniel Coppersmith***		
10:15			**Coffee Break**
10:45		**Presentation Session 9** *(5 Parallel Tracks)*	
12:00			**Lunch Break**
13:30		**Presentation Session 10** *(5 Parallel Tracks)*	
14:45		**Conference Closing** *(Hörsaal 1)*	
15:00			**Coffee and Good-Bye** *(until 15:30)*

WEDNESDAY, 05.08 10:45-12:00 PRESENTATION SESSION 9 *(PARALLEL TRACKS)*

SAA 2026 Vienna

	HÖRSAAL 1	HÖRSAAL 2	HÖRSAAL 3	HÖRSAAL 5	FRANZ-KÖNIG-SAAL (HÖRSAAL 6)
	Oral Session: Affect, mood and well-being **Chair**: *Timon Elmer*	**Oral Session**: Compliance in Ecological Momentary Assessment studies **Chair**: *Anila Allmeta*	**Oral Session**: Alcohol and food consumption **Chair**: *Stephanie Lanza*	**Symposium**: Leveraging Speech Detection Methods to Understand Biopsychosocial Processes in Everyday Life **Chair**: *Melisa Saygin (Online), Amanda M. Bernal*	**Symposium**: Examining Modelling Assumptions and Choices in Ecological Momentary Assessment Research **Chair**: *Fridtjof Petersen*
10:45	The association between MDMA use and short-term mood changes using ecological momentary assessment: The MDeMA study ***Zachary Bryant***	Optimizing ESM Prompt Timing with Mobile Sensing: Predicting Non-Compliance Using Behavioral and Contextual Data ***Koen Niemeijer***	Momentary alcohol-related cognitions mediate associations between influencer social media content exposure and adolescent drinking intentions ***Megan Strowger***	Dynamics of social relationships within and across days: Bidirectional associations with emotional experiences and individual differences ***Cornelia Wrzus***	Model Checking for Vector Autoregressive Models ***Jonas Haslbeck***
10:57	Moment-to-moment associations between momentary emotion differentiation and psychotic symptoms in early psychosis: An experience sampling study ***Anson Kai Chun Chau***	Lessons from a large-scale experience sampling study: predictors of compliance and attrition ***Jakub Jusko***	Exploring reactivity in an ecological momentary assessment study of alcohol outcomes in transgender and gender diverse adults ***Sarah Dermody***	Smartphone Audio Based Real-time Social Context Detection: A Pilot Study ***Lisa-Marie Hartnagel***	Retrospective Assessments as a Tool for Addressing Missingness in ESM Data ***Anabel Büchner***
11:09	Aversive Pavlovian inhibition predicts emotional well-being in daily life ***Bertalan Polner***	Momentary predictors of compliance in experience sampling: Integrating context related characteristics and smartphone behaviour ***Martin Tancoš***	Identifying Emotional Risk Indicators for Daily Drinking: The Role of Activated Positive Emotion Variability ***Dusti Jones***	Objective Ambulatory Assessment of Everyday Social Life: From EAR to SocialBit ***Amanda M. Bernal***	Joint Ordinal Time-Series Modelling of Momentary Affective Dynamics and Distal Health Outcomes ***Fridtjof Petersen***
11:21	Momentary stress reactivity and affective recovery in chronic musculoskeletal pain: an Experience Sampling Study ***Leonie Ader***	The EMA Experience – Compliance and Reactivity in Eating Disorders ***Julia Reichenberger***	Does negative emotion differentiation moderate the association between negative affect and food cravings in daily life? An experience sampling study ***Živa Krajnc***	Detecting and controlling for the confounding effects of speech activity on heart rate variability in ambulatory recordings *(Online)* ***Melisa Saygin***	Using openESM for multi-dataset analyses ***Björn Siepe***
11:33	Having a Bad Week? Investigating How Daily Stress Reactivity Varies With Weekly Depression Severity ***Carlotta Rieble***	Can Daily Chatting Routines Be Leveraged to Enhance EMA Compliance? Development and Evaluation of a Messenger-Integrated Tool ***Nikita Sharin***	Stable Traits over Momentary Triggers: Disentangling the Inter- and Intraindividual Dynamics of Stress and Food Craving ***Nicolas Vincent Fröse***	Discussion ***Melisa Saygin, Amanda M. Bernal***	Activity ***Björn Siepe***
11:45	Self-Harm Thoughts and Behaviours in Relation to Affect and Affect Dynamics: A Real-Time Experience Sampling Study in Adolescents ***Eveline Van Raes***		Bayesian Hierarchical AR(1) Models of Hunger's Relation to Concentration and Implications for Self-Control ***Christoph Bamberg***		

WEDNESDAY, 05.08 13:30–14:45 PRESENTATION SESSION 10 *(PARALLEL TRACKS)*

SAA 2026 Vienna

	HÖRSAAL 1	HÖRSAAL 2	HÖRSAAL 3	HÖRSAAL 5	FRANZ-KÖNIG-SAAL (HÖRSAAL 6)
	Symposium: From Mechanisms to Practice: Mechanisms of Change and Implementation of EMA and EMI **Chair:** *Joanne Beames, Anna Kessler*	**Oral Session:** Ensuring reliability and validity in experience sampling research **Chair:** *Renee Thompson*	**Oral Session:** Stress, loneliness and sleep **Chair:** *Urs Nater*	**Symposium:** From Measurement to Semantics: AI Powered Approaches to Ambulatory Assessment Data **Chair:** *Magdalena Wekenborg, Christian Rominger*	**Symposium:** Capturing Cognitive Variability in Daily Life: Methodological Challenges and Solutions **Chair:** *Anika Poppe*
13:30	Development of youth-informed ESM items to measure gender inequalities: The Bridging Divides Study ***Koraima Sotomayor-Enriquez***	A Meta-Analysis of Reliability Reporting in Empirical Intensive Longitudinal Data Research *(Online)* ***Jean-Paul Snijder-Steinhilber***	The Highs and Lows of Stress: Evidence for the Neurobiological Model of Addiction in Daily Life from Bayesian Multilevel Mediation Models ***Maya Matlack***	From Aggregates to Sequences: Advancing Psychological Assessment through Smartphone Sensing and Machine Learning ***Clemens Stachl***	Capturing Cognitive Fluctuations in Daily Life: The Promise and Pitfalls of Experience Sampling Methods ***Mandy Roheger***
13:42	Micro-Level Processes in Ecological Momentary Interventions: Immediate Effects on Self-esteem and Affect in Youth Exposed to Childhood Adversity ***Anna Kessler***	The Momentary Reliability of Single-item Emotion Measures in Ecological Momentary Assessment: Situational, Temporal and Personal Correlates ***Egon Dejonckheere***	Psychobiological stress and sexual experience and behavior – Insights from two Ecological Momentary Assessment Studies ***Hanna Mües***	From Text to Context: Using Natural Language Processing to Extract Social Context Information ***Isabel Mertins***	Insights into cognition and smartphone passive measurements in daily life ***Xiaochang Zhao***
13:54	Proximal effects of a smartphone-based ecological momentary intervention on mental well-being in youth ***Eva Wierzba***	Reliability, stability and validity of EMA measures assessing the costs and benefits of listening effort in real-life settings ***Danaé Krikorian***	How Loneliness Unfolds in Daily Life: Momentary Dynamics of Emotion Regulation *(Online)* ***Karolina Morello***	The Picture Tells the Story: Positive Emotions and Natural Environments Explored Through situative images and vision language models ***Christian Rominger, Magdalena Katharina Wekenborg***	Factors influencing performance in remote and unsupervised cognitive assessments ***Sofia Marcolini***
14:06	Blending Therapy with Ecological Momentary Interventions: Feasibility, Usability, and Clinician Experiences with ACT in Daily Life ***Lotte Uyttebroek***	Utilizing qualitative methods to detect validity issues in experience sampling methodology (ESM) ***Marie Stadel***	A Digital Health Intervention for Smartphone App Use Reduction and Its Effects on Smartphone Use, Digital Well-Being, and Changes in Loneliness ***Timon Elmer***	Towards Timing Digital Stress Interventions: Stress Forecasting with Machine Learning and Ecological Momentary Assessments ***Rutger van der Linden***	Individual differences in cognitive variability in an ecological momentary assessment valid setting in 600 children across primary school classrooms ***Jordy van Langen***
14:18	Mechanisms of Change Throughout Acceptance and Commitment Therapy in Daily Life (ACT-DL) in an early psychosis sample ***Islay Barne***	Capturing Cross-Cultural Variation in Parent-Infant Interactions: A Smartphone-Based Experience Sampling Study in Nso, Cameroon, and Leipzig, Germany ***Melody Ngaidzeyuf Ndzenyuiy***	Short-term Associations Between Digital Media Use and Sleep in Everyday Life: A Systematic Review of Intensive Longitudinal Studies ***Michał Tkaczyk***	Discussion ***Magdalena Wekenborg, Christian Rominger***	Optimizing Within-Person Reliability in Ambulatory Assessments of Working Memory Performance: The Role of Task Difficulty and Performance Trends ***Florian Schmiedek***
14:30	Discussion ***Joanne Beames, Anna Kessler***	Diary Studies in Older Adults: An Updated Review ***Susan South***			Activity ***Jordy van Langen***

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