### THURSDAY 20 FEBRUARY 2020

VENUE | The River Club Conference Centre

9:30 - 10:30 Registration

'MEET THE EXPERTS' SESSIONS						
10:30 - 12:30   Concurrent Morning Workshops		13:30 - 15:30   Concurrent Afternoon Workshops				
RENAL MEDICINE   Electrolyte Workshop   Prof R Davids   Hypertension in Pregnancy   Dr B Davidson   Crash landing transplant patients   Dr Z Barday   RHEUMATOLOGY   Gout - new concepts in an old disease   Prof B Hodkinson   Recognizing a connective tissue disease in the patient with lung disease   Dr R du Toit   PULMONOLOGY   TB diagnosis and treatment of tuberculosis   Prof K Dheda   Knowledge Translation Unit, University of Cape Town Lung Institute   Getting Practical about Evidence-Based   Medicine - the Knowledge Translation Unit, the BMJ and PACK   Prof L Fairall, Dr R Cornick, Dr A Awotiwon, Dr C Wattrus	12:30   LUNCH	CARDIOLOGY Who should I refer for Cardiac MR in 2020? Prof N Ntusi Does my patient with unexplained dyspnoea have HFpEF? Prof M Ntsekhe ENDOCRINOLOGY How to interpret cortisol levels Prof I Ross Calcium in a nutshell Dr B Toet Interpretation of thyroid function tests Dr M Conradie-Smit Diabetes and Pregnancy a bittersweet symphony? Dr A Coetzee HEPATOLOGY Clinical presentations of Hepatitis B Prof W Spearman, Prof M Sonderup, Dr Gogela HAEMATOLOGY An interactive talk on iron metabolism and its clinical applications Prof V Louw PALLIATIVE CARE Dr C Cupido				

#### 16:00 - 17:30

#### **PHYSICIANS LECTURE SERIES**

Frank Forman Lecture The Square Kilometre Array: Big Telescope, Big Science, Big Data	Prof R Taylor
<b>Arthur Landau Lecture</b> A backpackers travel through the galaxy of diabetes epidemiology: a trilogy in four parts	Prof A Motala

17h30 - 18h30 Welcome Cocktail

# 2020 Physicians Conference PROGRAMME









### FRIDAY 21 FEBRUARY 2020

#### VENUE | The River Club Conference Centre

#### **PLENARY SESSIONS** Speaker Programme 7:30 - 8:30 Registration 8:30 - 8:35 Welcoming remarks Prof N Ntusi LIPIDOLOGY 8:35 - 9:00 Prof D Marais **Risky** genes INFECTIOUS DISEASES **Chair: Prof G Meintjes** 9:00 - 9:25 Bone and joint infections for the specialist physician Dr H van der Plas 9:25 - 9:45 Advances in antiretroviral therapy **Prof G Meinties** 9:45 - 10:05 Tick-borne disease in South-Africa Dr A Parker 10:05 - 10.30 Novel Coronavirus: Clinical aspects and infection control Dr J Taljaard 10:30 - 11:00 TEA 11:00 - 11:30 BMJ Knowledge Centre: Evidence in the workplace: Dr J Costello supporting clinicians needs NEUROLOGY Chair: Dr N Brey 11:30 - 12:00 Patterns of Weakness Prof J Heckmann Dr F Henning 12:00 - 12:30 Approach to the patient with myalgia or asymptomatic / minimally symptomatic raised serum creatine kinase 12:30 - 13:00 Reperfusion strategies in Stroke Dr N Brey 13:00 - 14:00 LUNCH NEPHROLOGY Chair: Prof R Davids 14:00 - 14:30 Update of renal disease and diabetes Prof N Wearne Dr E Jones 14:30 - 15:00 Update in guidelines for hypertension 15:00 - 15:30 Hyperkalaemia Dr Y Chothia 15:30 - 16:00 TEA

	RHEUMATOLOGY	Chair: Prof B Hodkinson
16:00 - 16:30	Biologics - what the physician should know	Prof H Reuter
16:30 - 17:00	Treating Chronic Pain in the rheumatic diseases	Prof R Parker
17:00 - 17:30	BMJ Knowledge Centre : BMJ Best Practice (clinical decision support) and the BMJ Learning	Dr J Costello

2020 Physicians Conference PROGRAMME

### SATURDAY 22 FEBRUARY 2020

### VENUE | The River Club Conference Centre

#### **PLENARY** SESSIONS

	Programme	Speaker
	CARDIOLOGY	Chair: Prof M Ntsekhe
8:30 - 9:00 9:00 - 9:30	An evidence-based approach to ACS in the context of South Africa's reality	Dr J Hitzeroth
0.00 0.00	AAn evidenced based approach to atrial fibrillation and heart failure	Dr J Moses
9:30 - 10:00	When to refer and treat your patient with coarctation of the Aorta-an evidence-based approach	Dr B Cupido
10:00 - 10:25	Cannabis: what the new regulations mean to you	Prof M Blockman
10:00 - 10:45	An approach to the patient with a Toxic Megacolon	Prof G Watermeyer
10:45 - 11:15	TEA	
11:15 - 12:00	ECG Quiz	Dr A Chin
	HAEMATOLOGY	Chair: Prof V Louw
12:00 - 12:30	Approach to Lymphadenopathy and Lymphoma	Dr E Verburgh
12:30 - 13:20	LUNCH	
	PULMONOLOGY	Chair: Prof K Dheda
13:20 - 13:45	Screening for lung cancer	Prof C Koegelenberg
13:45 - 14:10	Managing uncontrolled severe asthma	Prof K Dheda
14:10 - 14:35	Managing COPD in 2020: what's new?	Prof R van Zyl-Smit
14:35 - 15:00	Sleep disordered breathing	Dr G Symons
15:00 - 15:30	TEA	
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15:30 - 16:30	Pharmacology Quiz	Prof M Blockman
	IMMUNOLOGY	
16:30 - 17:00	Diagnosing and managing antibody deficiency	Prof J Peter

## SUNDAY 23 FEBRUARY 2020

### VENUE | The River Club Conference Centre

### PLENARY SESSIONS

	Programme	Speaker
	HEPATOLOGY & GASTROENTEROLOGY	Chair: Prof W Spearman
8:30 - 9:00	DILI	Prof M Sonderup
9:00 - 9:30	NSAIDs and the GIT	Prof M Setshedi
9:30 - 10:00	Chronic PPI use: are we placing our patients at risk?	Prof G Watermeyer
	ENDOCRINOLOGY	Chair: Dr M Conradie-Smit
10:00 - 10:20	Prevention of cardiovascular disease in patients with type 2 diabetes	Prof P Raubenheimer
10:20 - 10:40	Should we treat subclinical thyroid disease	Prof IL Ross
10:40 - 11:00	Managing obesity	Prof J Dave
11:00 - 11:15	Multifaceted Specialist Outreach	Dr R Caldwell
11:15 - 12:00	BRUNCH	
	ETHICS SESSION	Chair: M Blockman
12:00 - 13:00	Race, ethnicity and the ethics of "evidence"	Prof J Jansen
	Closing remarks	Prof G Watermeyer

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