

ADOLESCENTS' AUTONOMY TRANSITION TO SELF-MANAGEMENT OF TYPE 1 DIABETES (T1D)



Paula Leocadio¹, Colin Hawkes², Carol Kelleher¹, Eluska Fernandez¹, Laura Crowley²

 1. University College Cork 2. Cork University Hospital

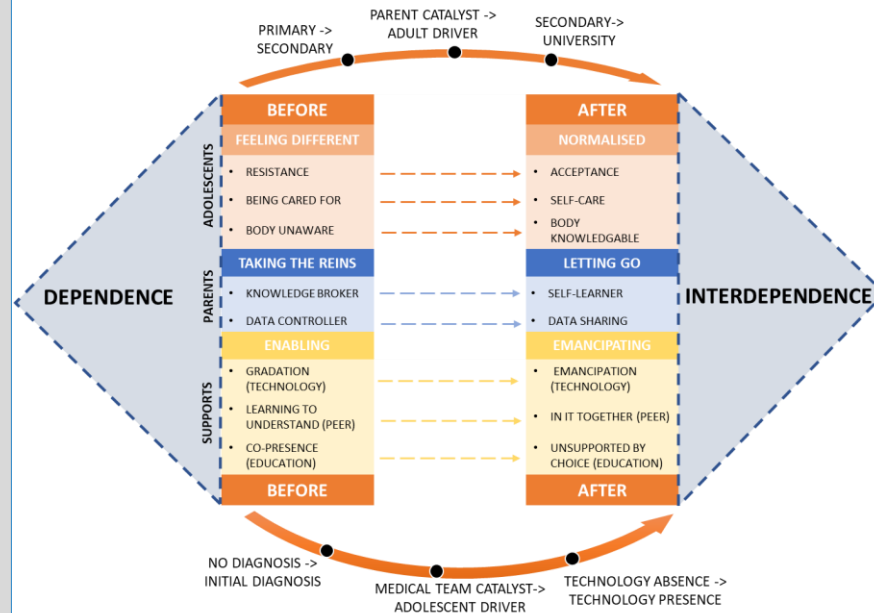
Background & Aim

- Autonomy transition from parental to self-management is a complex and individualized process
- Not fully understood, specially from the perspective of adolescents themselves (Karlsson et al., 2008)
- How do adolescents, and their families experience the process of autonomy transition from parental to self-management of T1D?

Methods

- Participant observation in paediatric diabetic clinic
- 09 online in depth-interviews with adolescents (aged 15-18) with T1D and their parents/guardians

Preliminary Findings



Discussion

- Multiple non-sequential overlapping micro transitions - Transition theory (Meleis, 1986)
- No liminality between and betwixt evident (Turner, 1979, Van Gennep, 1960)
- Collective phenomenon, not just adolescents
- Technology as an actor within the collective
- Role of materiality
- Dependence to interdependence, rather than independence

Limitations

- Exploratory pilot
n= 18 participants
- Lack of Public Patient Involvement (PPI) approach

References

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Further information

For further details contact: pleocadio@ucc.ie

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