



SPEAKERS confirmed as at 31.3.25

Dr Federica Amati

Medical Scientist (Imperial College School of Medicine) and Registered Public Health Nutritionist



Photo: Serena Bolton

Dr Federica Amati works as Head Nutritionist and Head of Science Communications for nutrition science company, ZOE. She works clinically as the Head of Nutrition for Well Founded Health. She is a Research Fellow at King's College London and a lecturer in Nutrition at Imperial College School of Medicine. Dr Fede's approach focuses on improving dietary quality following the principles of evidence-based, personalised nutrition science for health and disease prevention throughout the life course. Alongside her research and nutrition work, Dr Fede has written two books, *Recipes for a Better Menopause* and *Every Body Should Know This*.

Dr Fede holds a PhD in Clinical Medicine Research from Imperial College London, a Masters in Public Health and is an Association for Nutrition (AfN) accredited Nutritionist. She is the Nutrition Topic Lead at Imperial College London School of Medicine where she teaches medical students about the importance of nutrition. Dr Fede has published scientific articles on person centred care, the gut microbiome, the Mediterranean Diet, nutrition in pregnancy, food and mood and the importance of infant health for long term disease prevention.

Dr Fede is a frequent podcast and talk guest as well as a contributing expert for several media outlets including *The Times*, *Financial Times How to Spend It*, *Vogue*, *Marie Claire*, *The*

Telegraph, *The Guardian* and *Grazia* where she focuses on practical ways to harness the power of our daily food choices for better health.

Dr Fede studied Biomedical Sciences with Honors in Pharmacology at the University of Edinburgh, her Master's in Public Health at Imperial College London, her MSc in Global Health Nutrition from the London School of Hygiene and Tropical Medicine, and her PhD in Clinical Medicine Research from Imperial College London.

Kate Baldry

Underwriting Research & Systems Developer, Hannover Re UK



Kate has worked for 22 years in reinsurance and insurance as a research and development underwriter. Kate thrives on improving customer journeys and outcomes, as well as working with clients on product enhancements and refinements to underwriting rules engines. She collaborates with colleagues globally on the Ascent underwriting manual; assisting Hannover Re's Digital Business Accelerator; behavioural science team; as well as participating in various UK ABI groups.

Outside of work and spending time with her family, Kate is a voracious reader, sun-seeker and enjoys live music – so much so that she is having DJ lessons. She's an enthusiastic kickboxer though thankfully, her aim is not so good.



Dr Karsten Filzmaier

Co-founder, we4 Impact GmbH



Dr Karsten Filzmaier studied medicine in Freiburg and qualified as a specialist in internal medicine and cardiology at the University Hospital of Aachen. From 2007 to 2018, Karsten worked as Chief Medical Officer and Head of the Centre of Competence for Insurance Medicine at Munich Re and Allianz Life Germany.

In 2019, Karsten founded we4 Impact together with his business partner Dr Laila Neuthor, an economist. We4 Impact is an independent consulting firm offering transformation and process consulting services, as well as operational services on a single risk basis.

Additionally, the we4 Impact Academy offers fully certified training courses for life and health underwriters and claims managers for German-speaking clients since 2021 and will offer a training program in English from 2025.

Dr Cristina Fonseca

Freelance science communicator



Cristina Fonseca is a freelance science communicator with a PhD in Clinical Neuroscience. She is passionate about making science accessible and engaging for diverse audiences, focusing on innovative ways to bridge the gap between scientific research and public understanding of science.

Cristina's recent research focused on public perceptions of genetics during the covid pandemic, exploring how readily available scientific information impacted the public's views on genetics and geneticists.

Beyond her research, Cristina has created a diverse series of projects that aim to share science in a fun and innovative way such as a medal-winning garden at the Chelsea Flower Show and the Genetics Bingo Show, an interactive and entertaining event that has been sold-out at festivals like the Cheltenham Science Festival and New Scientist Live.



Dr Gary Green

Chief Scientific Officer, Innovision-IP Ltd; Emeritus Professor, University of York, UK



Gary Green is currently a Director of Innovision-IP Ltd. He was the founding Director of the York Neuroimaging Centre, the York Diagnostic Imaging Centre and Co-Director of the Centre for Hyperpolarisation in MRI. He is now an emeritus Professor of the University of York. He holds the degrees of MA DPhil BM BCh from the University of Oxford.

Dr Abhishek Joshi

Consultant Cardiologist, Barts Health NHS Trust



Dr. Joshi is a Consultant Cardiologist at Barts Health NHS Trust, specialising in cardiovascular imaging, diagnostics, risk and prevention. His clinical expertise is in echocardiography, cardiac CT and advanced preventative therapies for high-risk coronary disease. He has provided Cardiology advice, case assessment and clinical insight for Swiss Re for 5 years. He holds a PhD from King's College, London, in Cardiovascular Systems Biology where he studied and published on the proteomics of acute and chronic cardiac disease, including the platelet proteome and novel biology in high-risk lipid classes. He trained as a cardiologist at the Barts Heart Centre, London and as a physician at Guy's and St. Thomas' Hospitals. He qualified from the University of Oxford Medical School's accelerated programme (St. Hugh's College), having previously completed undergraduate studies in Philosophy, Experimental Psychology and Neurophysiology, again at Oxford University (Queen's College). He works at the intersection of NHS "Big Data" and machine learning, cardiovascular preventative diagnostics and therapies and developing novel services to meet the needs of diverse and changing populations. In his spare time he plays the bass guitar, fails to finish reading books and loses at chess.



Dr Sohail Q Khan

Consultant Interventional Cardiologist, Queen Elizabeth Hospital, Birmingham



Dr. Sohail Q. Khan is a highly experienced Consultant Interventional Cardiologist at Queen Elizabeth Hospital Birmingham. He graduated from the University of Edinburgh and has trained at prestigious institutions like Harvard Medical School and the Mayo Clinic. Dr. Khan earned his MD from the University of Leicester, focusing on cardiac biomarkers and acute myocardial infarction.

He has advanced training in cardiology from Manchester and specialized in advanced coronary interventions at the University of Toronto. Dr. Khan is also an Honorary Senior Lecturer at the University of Birmingham, leading undergraduate cardiology teaching and mentoring many cardiologists worldwide.

In his clinical practice, Dr. Khan focuses on high-risk coronary angioplasty, using advanced techniques like rotablation and intracoronary imaging to optimize patient outcomes. He is one of the few UK cardiologists performing laser atherectomy and runs the UK Impella High Risk PCI course.

Dr. Khan is widely published in top journals and is involved in several national and international clinical trials. He holds fellowships from prestigious medical societies and is frequently invited to lecture and perform procedures globally. In his free time, he enjoys family life and amateur astronomy.

Dr David Nicholl

Consultant Neurologist and TPD for Academic Medicine/Neurology Representative (Genomic Rare Disease Advisory Board (GRdAB))



Dr David Nicholl has been a Consultant Neurologist in Birmingham since 2002. He was a former Honorary Secretary to the Association of British Neurologists and a former Elected Councillor to the Royal College of Physicians of London.

He was also a Liberal Democrat candidate in the 2024 and 2019 general elections. His views on assisted dying changed after the death of a terminally ill friend in 2017 in Belgium via euthanasia.

He is a member of Healthcare Professionals for Assisted Dying.



Professor Jonathan Pettitt

Professor of Genetics, University of Aberdeen



Jonathan Pettitt is a Professor of Genetics at the University of Aberdeen. In addition to running an active research group and teaching, he has a long-standing commitment to the public engagement with genetics, having presented shows both nationally and internationally, including at the Edinburgh Fringe and the Cheltenham Science Festival. He was the genetics consultant for the book, "The Science of Game of Thrones", written by Helen Keen. His contributions to public engagement were recognised in 2020 with the award of the Genetics Society JBS Haldane Prize Lectureship.

Professor Bob Phillips

Professor of Paediatrics and Evidence Synthesis, CRD and HYMS Director, Candlelighters Supportive Care Research Centre; Honorary Consultant in Paediatric Oncology, Leeds Children's Hospital



Professor Bob Phillips is a leading expert in paediatrics and evidence synthesis at the University of York and Hull/York Medical School. He also serves as an Honorary Consultant in Paediatric Oncology at Leeds Children's Hospital and directs the Candlelighters Supportive Care Research Centre.

His work focuses on improving supportive care for children with cancer, conducting meta-analyses, and enhancing clinical research practices. He leads the PICNICC collaboration, which studies infection risks in children with cancer, involving experts from 15 countries.

Professor Phillips is dedicated to promoting evidence-based practice, having taught and lectured extensively worldwide. He has contributed to numerous clinical guidelines, including the NICE guideline on neutropenic sepsis, and has conducted systematic reviews on managing side effects of cancer treatments in children.



Dr Matthew Procter

Chief Medical Officer and Head of Medical Services, Hannover Re, South Africa



Matthew graduated as a doctor at WITS University in 2010, and also holds a BSc Honours in Physiology. He is also board certified in Insurance Medicine through the American Academy of Insurance Medicine.

He has been working in the life insurance industry since 2015 and at Hannover Re for the past eight years.

He believes that insurance companies have a huge role to play in enabling and contributing to the health and wellness of policy holders (existing and potential), and continues to explore and develop solutions, driven by technology, modern research and medical advances, that enable a health and wellness approach to life insurance.

Dr Peter Rice

Chair of the Institute of Alcohol Studies (UK) and President of the European Alcohol Policy Alliance, EURO CARE



Peter Rice is an Addiction Psychiatrist based in Scotland. He was Chair of Scottish Health Action on Alcohol Problems, a project of the Royal College of Physicians of Edinburgh, from 2012-20. He was one of the group of doctors who campaigned for evidence based policy in Scotland leading to the introduction of Minimum Unit Price and a national screening and brief intervention programme. Dr Rice's roles include:

- President of the European Alcohol Policy Alliance, EURO CARE
- Chair of the Institute of Alcohol Studies (UK)
- He has been a Consultant to WHO Europe.
- He is past chair of the Royal College of Psychiatrists in Scotland.

Peter worked in clinical practice for 23 years in an NHS Alcohol Problems Service. He applied population health principles to his clinical service with a focus on prevention, early intervention and care pathways and this led to increasing involvement in policy work at national and international level. His work with the Royal College of Psychiatrists focused on the impact of mental and behavioural health to population health and health inequalities.



Dr Debbie Smith

Chief Medical Officer, Swiss Re



Dr Debbie Smith is CMO for the Swiss Re team of doctors supporting clients in UK, Europe, the Middle East and Africa. She has worked in insurance since 1985, leaving to pursue a career in medicine, then returning to the fold to work with Swiss Re from 2007. She held dual roles until recently, working as an Acute Physician in the UK's largest NHS Trust before moving full time into the CMO role for EMEA. She sits on the committee of the AMUS and is a member of the Association of British Insurers Critical Illness Working Party.

Dr John Schoonbee

Global Chief Medical Officer, Swiss Re



Dr John Schoonbee is a medical doctor who has been working in the insurance field for about 20 years and directly for reinsurers since 2005. John began working at Swiss Re in July 2011 and is their Global Chief Medical Officer. He is involved in many aspects of life insurance, including product development, risk and claims assessment, as well as helping with pricing some of the more complex medical life and health products.

Dr Schoonbee graduated from the University of Cape Town in 1995, and performed his internship at Groote Schuur Hospital. After some years in private medical practice he joined the corporate world which included working at a company that specialized in corporate sick leave management, as well as the link to future short and long term disability.

While running his own sick leave and disability consulting company he joined RGA in South Africa and became Chief Medical Officer and Head of Research.

John focusses on strategic global health topics. He continues to promote the key collaboration between Swiss Re and The British Medical Journal, and many other organisations globally, with the intent to promote correction of poor metabolic health trends and build an evidence base for interventions both in the insurance sectors and at general population level.



Peter Temple

Head of Segment, Gen Re | Life/Health Canada, SA, Australia, NZ, UK & Ireland



Peter is responsible for Gen Re's CUSAC Segment, which includes Canada, United Kingdom and Ireland, South Africa, Australia & New Zealand, and Caribbean. He plays a critical role in linking our international units which facilitates fast and close collaboration, access to the latest developments, and quick decision making on significant risks.

He has a Bachelor of Business Science degree majoring in Actuarial Science, is a Fellow of the Actuarial Society of South Africa (ASSA), and a Fellow of the Institute of Actuaries. He has previously held the position of President of the Actuarial Society of South Africa.

Professor Tony Young OBE

Consultant Urological Surgeon, Associate Medical Director at Mid and South Essex Hospitals Group, Director of Medical Innovation at Anglia Ruskin University & National Clinical Lead for Innovation, NHS England



Tony is a practising frontline NHS consultant urological surgeon and Associate Medical Director at Mid and South Essex Hospitals NHS Foundation Trust, Director of Medical Innovation and Entrepreneurship at Anglia Ruskin University, and the founder of four Med-Tech start-ups.

In September 2014 became the first National Clinical Lead for Innovation for the NHS. In this role he provides clinical leadership and support in delivering improved health outcomes in England. He drives the uptake of proven innovations across the NHS, promotes economic growth through innovation, and helps make the NHS the go-to place on the planet for medical innovation.

In 2015, Tony founded the NHS Clinical Entrepreneur Programme (CEP). This has become the world's largest entrepreneurial workforce development programme in healthcare and life sciences. The CEP has delivered over £1bn of inward investment into the UK and created over 500 life science companies. In the 2019 New Year's Honours list Tony was awarded the OBE for services to clinical leadership.

Tony's portfolio at NHS England covers the whole landscape of health and social care innovation. This currently includes leadership and oversight of programmes and policy areas including: The National Innovation Accelerator, the CEP, the patient entrepreneur programme, the dementia innovators programme, SBRI Healthcare and updating NHS IP policy, Tech transfer and investment capability.