## CONFERENCE PROGRAMME

## **MONDAY 4 NOVEMBER**

ASSOCIATION OF EARLY PREGNANCY UNITS

09:25-10:25	Registration, refreshments, exhibition and ePosters FOYER
10:25-11:45	<b>Plenary 1: Early pregnancy loss AUDITORIUM</b> <b>Chairs:</b> Rachel Small, Clinical Matron for Gynaecology & Early Pregnancy, University Hospitals Birmingham NHS Foundation Trust, and Joel Naftalin, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
10:25	<b>Welcome by the Chair</b> Rachel Small, Clinical Matron for Gynaecology & Early Pregnancy, University Hospitals Birmingham NHS Foundation Trust
10:30	<b>The emotional impact of early pregnancy loss</b> Dr Jessica Farren, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
10:55	The miscarriage support tool Professor Siobhan Quenby, Professor of Obstetrics, University of Warwick
11:20	<b>Update on the new RCOG green-top guidelines on The Management of Nausea and Vomiting of Pregnancy and Hyperemesis Gravidarum</b> Dr Melanie Nana, General Medicine and Obstetric Medicine Registrar, Guys and St Thomas' NHS Foundation Trust

## 11:45-12:15 Refreshments, exhibition, and ePoster viewing FOYER

PARALLEL SESSIONS A			
12:15-13:15	A1: Nurses, midwives & sonographers AUDITORIUM Chair: Maeve Tuomey, Senior Sister – Early Pregnancy and Acute Gynaecology, Imperial College Healthcare NHS Trust	A2: Trainees and researchers YO1 Chair: Ms Ingrid Granne, Associate Professor in Reproductive Medicine, University of Oxford	A3: Consultants & SAS doctors SPORTS HALL Chair: Miss Jackie Ross, Consultant Gynaecologist, King's College Hospital NHS Foundation Trust
12:15	Implementing The Pregnancy Loss Review – is it feasible? Rachel Small, Clinical Matron for Gynaecology & Early Pregnancy, University Hospitals Birmingham NHS Foundation Trust	<b>Preparing your CV for an EPU</b> <b>job</b> Miss Cecilia Bottomley, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust	Working as an SAS doctor in an EPU Dr Claire Young, Specialty Doctor in EPU, Oxford University Hospitals NHS Foundation Trust, and Specialty Doctor in Integrated Sexual and Reproductive Health, Buckinghamshire Healthcare NHS Trust
12:35	Early pregnancy ultrasound – how to avoid trouble Roxanne Sicklen, Clinical Specialist Sonographer, Royal Free London NHS Foundation Trust	<b>The highs and lows of</b> <b>research – managing</b> <b>expectations and challenges</b> Dr Harsha Shah, Obstetrics & Gynaecology Specialist Registrar, Imperial College Healthcare NHS Trust; and Dr Christopher Kyriacou, Obstetrics and Gynaecology Specialist Registrar, Imperial College Healthcare NHS Trust	Lessons from the first few years as an EPAU lead Dr Natalie Woodhead, Consultant Obstetrician and Gynaecologist, Birmingham Women's and Children's NHS Trust
12:55	<b>Developing a CNS workforce</b> Lisa Starrs, Pregnancy Support Centre Manager / Higher Specialist Nurse, NHS Lothian	A national trainees audit of SMM Dr Lauren Berg, Gynaecology Clinical Research Fellow, University College London Hospitals NHS Foundation Trust	Learning from mistakes in early pregnancy Miss Asmaa Al-Kufaishi, Consultant Obstetrician and Gynaecologist, Imperial College Healthcare NHS Trust

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19:30 (for 20:00 dinner)	Conference dinner – by pre-booked ticket only Novotel York Centre (Fishergate, York, YO10 4FD)
17.45	Close of day
17:15	Debate: Hysteroscopy should be the first line technique for retained pregnancy tissue For: Professor Justin Clark, Consultant Gynaecologist and Honorary Professor of Gynaecology, Birmingham Women's and Children's Hospital NHS Foundation Trust Against: Professor Davor Jurkovic, Professor of Gynaecology and Director of the Gynaecology Diagnostic and Outpatient Treatment Unit, University College London Hospitals NHS Foundation Trust
16:50	The potential role of mifepristone in the management of ectopic pregnancy Dr Andrea Woolner, Senior Clinical Lecturer in Obstetrics and Gynaecology, Aberdeen Centre for Women's Health Research, University of Aberdeen
16:25	<b>The endometrial microbiota and early pregnancy loss</b> Dr Joshua Odendaal, NIHR Clinical Lecturer, University of Warwick
16:00	Immune testing and treatments for recurrent pregnancy loss - what does the evidence tell us? Ms Ingrid Granne, Associate Professor in Reproductive Medicine, University of Oxford
16:00-17:45	<b>Plenary 3 – Latest updates in early pregnancy AUDITORIUM</b> <b>Chairs:</b> Miss Jackie Ross, Consultant Gynaecologist, King's College Hospital NHS Foundation Trust, and Alison Smith, Tutor Sonographer in Fetal Medicine and Woman's Health, Guy's and St Thomas' NHS Foundation Trust
15:35-16:00	Refreshments, exhibition, and ePosters FOYER
15:25	A prospective multi-centre evaluation of the predictive value of the 'amniotic sac sign' in the diagnosis of early miscarriage Miss Mridula Morje, ST6 in Obstetrics and Gynaecology, Lewisham and Greenwich NHS Trust
15:15	Can vNOTES replace traditional laparoscopy for the management of tubal ectopic pregnancy - challenges and advancements from literature review Dr Nancy Noah, ST6 Obstetrics & Gynaecology, University Hospitals of North Midlands NHS Trust
15:05	<b>Evaluation of a digital technology (SIPS App - Sickness Information Pregnancy care and Self-Evaluation) to monitor Hyperemesis Gravidarum (HG) in pregnancy as an outpatient</b> Dr Natalie Nunes, Consultant Obstetrician Gynaecologist, and Ms Andrea Day, Consultant in Obstetrics and Gynaecology, Chelsea and Westminster Hospital NHS Foundation Trust
14:55	Enhancing final-year confidence - a mini-series focused on early pregnancy consultation and management Dr Keerthi Morgan-Shelbourne, O&G ST1, Great Western Hospital NHS Foundation Trust and Dr Rachel Greenwood, O&G Speciality Registrar, Gloucestershire Hospitals NHS Foundation Trust
14:45	Interpregnancy interval and risk of recurrence following tubal ectopic pregnancy - a retrospective cohort study Mr William Dooley, Speciality Registrar, University College London Hospitals NHS Foundation Trust
14:35	An introduction to human factors thinking in radiology: The chain of errors - more than just Swiss cheese Mr Matteo De Martino, Consultant Obstetrician & Gynaecologist, Barking, Havering and Redbridge University Hospitals NHS Trust
14:25	Compositional changes of the female reproductive microbiota associated with miscarriage - a systematic review and meta-analysis Dr Naomi Black, Speciality Registrar in Obstetrics & Gynaecology, Tommy's National Centre for Miscarriage Research, University of Warwick
14:15	<b>Development of an early pregnancy support service</b> Dr Catey Bass, Specialist Grade in Obstetrics & Gynaecology, Ashford & St Peter's NHS Foundation Trust
14:15-15:35	<b>Plenary 2: Short oral presentations AUDITORIUM</b> <b>Chairs:</b> Miss Emma Kirk, Consultant Obstetrician and Gynaecologist, Royal Free London NHS Foundation Trust, and Dr Christopher Kyriacou, Obstetrics and Gynaecology Specialist Registrar, Imperial College Healthcare NHS Trust
13:35-14:05	Sponsored session by Durbin: Setting up a MVA service - how to persuade your managers YO1 Dr Rebecca McKay, Consultant Obstetrician and Gynaecologist and Lead Clinician for Early Pregnancy and Emergency Gynaecology Unit (PCH), North West Anglia Foundation Trust
13:15-14:15	Lunch, exhibition, and ePoster viewing FOYER



## TUESDAY 5 NOVEMBER 07:30-08:45 **Registration, refreshments, exhibition and ePosters FOYER** 07:30-08:30 Breakfast workshops (optional) Workshop 1: The diagnosis Workshop 2: Advances in ear-Focus group: Miscarriage and management of early ly pregnancy imaging YO1 **Association Health** scar ectopics SPORTS HALL Dr Harsha Shah, Obstetrics **Professionals focus group** (limited places) GROUP Miss Jackie Ross, Consultant & Gynaecology Specialist Gynaecologist, King's College Registrar, Imperial College DRESSING ROOM Hospital NHS Foundation Healthcare NHS Trust; and Join an informal session Dr Christopher Kyriacou, to share your insight and Trust; and Mr Joel Naftalin, Consultant Gynaecologist, Obstetrics and Gynaecology feedback on the Miscarriage University College London Association's health professionals' Specialist Registrar, Imperial Hospitals NHS Foundation College Healthcare NHS Trust training, support and information services Trust 08.45-09.00 **AGM AUDITORIUM** 08.45 AGM 09:00-10:00 Plenary 4: Tertiary level care AUDITORIUM **Chairs:** Rachel Small, Clinical Matron for Gynaecology & Early Pregnancy, University Hospitals Birmingham NHS Foundation Trust, and Dr Andrea Woolner, Senior Clinical Lecturer in Obstetrics and Gynaecology, Aberdeen Centre for Women's Health Research, University of Aberdeen 09:00 Early pregnancy complications during humanitarian crises Mr Benjamin Black, Consultant Obstetrician and Gynaecologist, Whittington Health NHS Trust, and Specialist Advisor Obstetrics & Gynaecology, Médecins Sans Frontières 09:20 Understanding the interaction between endometriosis and pregnancy Miss Elisabeth Bean, Consultant Obstetrician and Gynaecologist, Barking, Havering and Redbridge University Hospitals NHS Trust 09:40 Management of late live scar ectopics Professor Davor Jurkovic, Professor of Gynaecology and Director of the Gynaecology Diagnostic and Outpatient Treatment Unit, University College London Hospitals NHS Foundation Trust 10:00-10:50 Plenary 5: Short oral presentations AUDITORIUM **Chairs:** Dr Christopher Kyriacou, Obstetrics and Gynaecology Specialist Registrar, Imperial College Healthcare NHS Trust, and Roxanne Sicklen, Clinical Specialist Sonographer, Royal Free London NHS Foundation Trust Management of first trimester miscarriage - demographic, clinical and sonographic features associated with complete uterine evacuation Dr Shehani Alwis, ST3 in Obstetrics and Gynaecology, Oxford University Hospitals NHS Foundation Trust Early diagnosis and laparoscopic management of a live 8-week rudimentary horn pregnancy - a case report with the ultrasound findings and the surgical video Dr Ghazal Datta, Clinical Fellow, Barts Health NHS Trust Expectant management of tubal ectopic pregnancy - updated decision tree analysis for the prediction of successful outcomes Dr Natasha Graham, Early Pregnancy and Gynaecology Clinical Research Fellow, King's College Hospital NHS **Foundation Trust** Surgical findings at treatment for tubal ectopic pregnancy - a retrospective cohort study Fateha Khawaja, Medical Student, University College London Modifiable risk factors and diagnostic associations among patients with recurrent miscarriage - a service evaluation of a Tommy's Recurrent Miscarriage Clinic Dr Fatima Trunkwala, ST3 Obstetrics & Gynaecology, University of Warwick Chorionic bump - not just a risk factor for miscarriage? Dr Margot Pikovsky, Clinical Research Fellow, Imperial College Healthcare NHS Trust Evaluation of caesarean scar pregnancy management in an Early Pregnancy Unit - outcomes and optimised protocols Dr Panagiotis Vlastarakos, Clinical Fellow in Obstetrics and Gynaecology, Barts Health NHS Trust Prospective audit of penthrox efficacy for pain management in gynaecological outpatient procedure Dr Saira Waheed, Doctor, York and Scarborough Teaching Hospitals NHS Foundation Trust

PARALLEL SESSIONS B		
11:30-12:30	<b>B1: Nurses, midwives &amp; sonographers</b> <b>AUDITORIUM</b> <b>Chair:</b> Mandy Hallifax, Advanced Clinical Practitioner / Nurse Sonographer in Early Pregnancy, Oxford Early Pregnancy Unit	<b>B2: Trainees, SAS doctors &amp; Consultants</b> <b>SPORTS HALL</b> <b>Chair:</b> Dr Harsha Shah, Obstetrics & Gynaecology Specialist Registrar, Imperial College Healthcare NHS Trust
11:30	Improving the quality of EPU ultrasound	V-notes for the surgical management of

10.50 -11.30

11:30	Improving the quality of EPU ultrasound Zoë Lewis, Clinical Specialist Sonographer in Early Pregnancy, Liverpool Women's NHS Foundation Trust	V-notes for the surgical management of ectopic pregnancy Mr Ali Oudai, Consultant Gynaecologist, Epsom and St Helier University Hospitals NHS Trust
11:50	Online, patient self-referral for early pregnancy triage – patient-led approach for early pregnancy complications Ms Mona Sharma, Consultant Obstetrician and Gynaecologist, Barking, Havering and Redbridge University Hospitals NHS Trust	<b>Virtual reality for outpatient procedures</b> Lauren Trepte, Lead Research Midwife; and Dr Natalie Nunes, Consultant Obstetrician Gynaecologist, Chelsea and Westminster Hospital NHS Foundation Trust
12:10	How to measure tubal ectopic and assess haemoperitoneum Mr Kuhan Rajah, Consultant Obstetrician and Gynaecologist, King's College Hospital NHS Foundation Trust	Using ultrasound to guide surgical procedures in early pregnancy Miss Cecilia Bottomley, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
12.30 - 13.30	Lunch, exhibition, and ePoster viewing FOYER	
12:50-13:20	Sponsored session by Exeltis: Vomiting in pregr treatment) YO1 Dr Melanie Nana, General Medicine and Obster	nancy (symptoms and impact, management and

**Refreshments, exhibition, and ePoster viewing FOYER** 

or Melanie Nana, General Medicine and Obstetric Medicine Registrar, Guys and St Thomas' NHS Foundation Trust 13:30-14:30 Plenary 6 – Gestational trophoblastic disease AUDITORIUM Chairs: Lisa Starrs, Pregnancy Support Centre Manager / Higher Specialist Nurse, NHS Lothian, and Dr Jessica Farren, Consultant Gynaecologist, University College London Hospitals NHS

	Foundation Trust
13:30	Running a nurse-led GTD centre Kam Singh, Nurse Consultant, Sheffield Teaching Hospitals NHS Foundation Trust
13:50	<b>Gestational trophoblastic disease – the patient journey beyond referral</b> Dr Julia Palmer, Consultant Gynaecological Oncologist, Sheffield Teaching Hospitals NHS Foundation Trust
14:10	<b>The ultrasound appearance of GTD</b> Miss Jackie Ross, Consultant Gynaecologist, King's College Hospital NHS Foundation Trust

14.30 - 15.00	Refreshments, exhibition, and ePoster viewing FOYER
15:00-16:00	<b>Plenary 7 – Emergency gynaecology AUDITORIUM</b> <b>Chairs:</b> Rachel Small, Clinical Matron for Gynaecology & Early Pregnancy, University Hospitals Birmingham NHS Foundation Trust, and Joel Naftalin, Consultant Gynaecologist, University College London Hospitals NHS Foundation Trust
15:00	Management of haemoperitoneum from ruptured ovarian cysts Dr Preet Chaggar, Senior Registrar in Obstetrics & Gynaecology, Epsom and St Helier University Hospitals NHS Trust
15:25	<b>Research review of the year</b> Miss Emma Kirk, Consultant Obstetrician and Gynaecologist, Royal Free London NHS Foundation Trust
15.50	Closing comments and presentation of prizes
16.00	Close of conference