



BMLA 2022 Edinburgh

Annual Conference & Educational Courses

Wednesday 25 – Friday 27 May 2022 Surgeons Quarter, Edinburgh



BMLA 2022 Educational Courses & Conference Wednesday 25th – Friday 27th May; The Surgeons Quarter, Edinburgh

Summary Programme with CPD points

For additional details on programme sessions, please visit the interactive programme on the official website:
<https://openingdoors.eventsair.com/bmla2022/programme>

'BMLA 2022 Annual Conference & Educational Courses' has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 20 category 1 (external) CPD credit(s). Full conditions of approval are listed in RCP [guidelines](#). Please consult the programme below for a breakdown of CPD points per day.

Each participant should claim only those hours of credit that he/she actually spent in the educational activity.

Day 1: Wednesday 25th May 2022 Educational Courses (a total on 7 CPD points for all courses)	
10:30 – 13:30 3 CPD points	Core of knowledge <i>Invited course faculty: Harry Moseley, Stan Batchelor and Julie Robinson</i>
14:00 - 15:15 1 CPD point	Course 1 Hair Removal - <i>Invited course faculty: Samantha Hills & Harry Moseley</i>
15:25 - 16:40 1 CPD point	Course 2 Vascular Lesions - <i>Invited course faculty: Sanjay Rajpara & Samira Batul Syed</i>
16:50 - 18:05 1 CPD point	Course 3 Ablative Laser Treatment - <i>Invited course faculty: Vishal Madan & Daron Seukeran</i>
18:15 - 19:30 1 CPD point	Course 4 How to Treat Skin of Colour - <i>Invited course faculty: Sanjeev Aurangabadkar & Martin Kassir</i>

Day 2: Thursday 26th May 2022
Conference (a total of 7 CPD points for Day 2)

	<i>The Wolfson</i>	<i>The G.B Ong Room</i>
09.00 – 10.30 2 CPD points	Session 1: Skin Lasers <i>Chair: Dr Sanjeev Aurangabadkar</i> 09.00 – 09.30 INV.01 – Carbon Wave: The Latest option for cellulite Dr Martin Kassir 09.30 – 09.45 O.01 A review of combination pulsed dye and fractional CO2 laser for hypertrophic burn scar management S Rangarajan 09.45 – 10.00 O.02 Randomised controlled trial for treatment of hypertrophic burns scars with pulsed dye laser: ELABS update M Brewin 10.00 – 10.15 O.03 UK Regional Prospective Audit of use of Fractional Carbon Dioxide Laser for Hypertrophic Burns Scars. E Wasson 10.15 – 10.30 O.04 The Use of Dual Mode 1064 nm Picosecond Domain Nd:YAG Laser for Hypertrophic Scar D Oenarta	Session A: PDT, Photodiagnostics and Basic Science <i>Chair: Kathy Fan</i> 09.00 – 09.30 INV.07 Laser and light based diagnostic adjuncts in clinical practice, Colin Hopper 09.30 – 09.45 O.20 Photodynamic Therapy – how do we do it? 12 years’ experience from Kings College Hospital K Fan 09.45 – 10.00 O.21 An LED-based device for phototesting: from concept to pre-clinic P O’Mahoney 10.00 – 10.15 O.22 Thermal Relaxation Time – the glaring flaw in Selective Photothermolysis M Murphy 10.15 – 10.30 O.23 Quantifying the benefits of picosecond lasers J Culbert
10.30 – 11.00	Refreshments & Exhibition	
11.00 – 12.15 1 CPD point	Session 2: Skin Lasers <i>Chair: Raman Bhutani</i> 11.00 – 11.15 O.05 The coming of age of the diode laser for hair removal J Culbert 11.15 – 11.30 O.06 Folliculitis decalvans managed with long pulsed Nd:YAG; our experience and a review of the literature S Oh 11.30 – 11.45 O.07 Laser Hair Removal – What are the ‘best’ intervals between repeat sessions? M Murphy 11.45 – 12.00 O.08 Very Interesting laser cases from my clinic M Al Issa 12.00 – 12.15 O.09 Treating Pigmented lesions with Energy based devices - A cautionary tale V Madan	Session B: Lasers in Dentistry and Vascular Lesions <i>Chair: Dr Ewan Eadie</i> 11.00 – 11.30 INV.08 Photoantimicrobials - Improving on Methylene Blue, Prof. Mark Wainwright 11.30 – 11.45 O.24 Laser-Assisted in ankyloglossia and upper midline frenectomy in paediatric patients. R Hanna 11.45 – 12.00 O.25 Verrucous Vascular Malformations (VVMs): Is laser therapy effective for these lesions? A Cako 12.00 – 12.15 O.26 Treatment of iatrogenic vulval lymphangiectasia using a surgical ablative and fractional carbon dioxide laser F Robinson
12.15 – 13.30	Lunch & Exhibition	

<p>13.30 – 14.15 1 CPD point</p>	<p>Session 3: The Vasant Oswal Oration (Plenary) <i>The Wolfson Room</i> <i>Chair: Dr Vishal Madan</i> INV.02 The Darker Side of Light, Prof Harry Moseley</p>	
<p>14:15 – 15:30 1 CPD point</p>	<p>Session 4: Nursing and Therapist Session <i>Chair: Kerry Muggeson</i></p> <p>14.15 – 14.33 SS.01 Why Er:YAG and CO2 Lasers used simultaneously for treating facial acne scarring give better results than using any of these lasers alone – a new approach, Mrs Roxana Chiru</p> <p>14.33 – 14.51 SS.02 Infection control measures when purchasing new laser equipment in a hospital environment, Miss Laura Newman</p> <p>14.51 – 15.09 SS.03 Laser hair reduction for ileostomy sites, Mrs Katie Bradley</p> <p>15.09 – 15.27 SS.04 Training processes and pitfalls for laser specialist nurses at the Salisbury's NHS foundation trust, Dr Mark Brewin</p>	<p>Session C: Photobiomodulation (PBM) Therapy: Lasers and LEDs in Medicine and Dentistry <i>Chair: Dr Reem Hanna</i></p> <p>14.15 – 14.45 INV.09 Photobiomodulation and Antimicrobial Photodynamic Therapy as adjunct in the prevention and treatment of osteonecrosis of the jaws, Prof. Ramille Araújo Lima</p> <p>14.45 – 15:15 INV.10 Role of Photobiomodulation Therapy in Modulating Oxidative Stress in Temporomandibular Disorders. Reem Hanna</p> <p>15:15 – 15:30 O.27 Low Level Laser Therapy for Hypothyroidism caused by Hashimoto's Disease. Ruth Phipers</p>
<p>15.30 – 16.00</p>	<p>Refreshments & Exhibition</p>	
<p>16.00 – 17.15 1 CPD point</p>	<p>Session 5: Running a Laser Clinic <i>Chair: Stan Batchelor</i></p> <p>16.00 – 16.30 INV.03 Specialist Educational Programmes in the Vocational Sector: Laser & Light-Based Therapies, Godfrey Town</p> <p>16.30 – 16.45 O.10 Forthcoming change in regulation for premises and practitioners using Laser/IPL for Aesthetics, J Exley</p> <p>16.45 – 17.00 O.11 The Regulation of Independent Healthcare Services in Scotland Tracy Birch</p> <p>17.00 – 17.15 O.12 Profit Hacking. Do this - Not That! G Kekati</p>	<p>Session D: Skin Lasers <i>Chair: Dr Sanjay Rajpara</i></p> <p>INV.11 A novel four wavelength, high pulse repetition laser for hair removal, Dr Mario Trelles</p>
<p>17.15 – 18.00 1 CPD point</p>	<p>Session 6 (Plenary) <i>The Wolfson Room</i> <i>Chair: Harry Moseley</i></p> <p>INV.04 Montgomery and the legal duty of candour-the journey from Hippocrates to paternalism to patient autonomy, Lauren Sutherland QC</p>	

Day 3: Friday 27th May 2022
Conference (a total of 6 CPD points for Day 2)

	<i>The Wolfson</i>	<i>The G.B Ong Room</i>
08.30 – 09.45 1 CPD point	Session 7: Paediatric Session <i>Chair: Samira Batul Syed</i> 08.30 – 09.00 INV.05 The management of paediatric scars with lasers, Mr Declan Collins 09.00 – 09.15 O.13 Management strategies for self-inflicted scars in paediatric patients. C Patton 09.15 - 09.30 O.14 Upper lip scarring as a complication of laser treatment for capillary malformation M Ramwani 09.30 - 09.45 O.15 Pulse dye LASER - treatments can be safely delivered without formal test patching in children S Najj	Session E: Nursing and Therapist Session <i>Chair: Kerry Belba</i> 08.30 – 08.48 SS.05 Next Generation Medical LED phototherapy - Clinical Advantages, Dale Needham 08.48 – 09.06 SS.06 The role of the LED phototherapy to assist laser treatments for hidrenitis suppurativa, S Hindocha 09.06 – 09.45 Open Forum with Q&A
09.45 – 10.30 1 CPD point	Session 8: Great Debate 2022 (Plenary) <i>The Wolfson Room</i> <i>Chair: Jon Exley</i> <i>Panel: Dr Martin Kassir, Kerry Belba, Stan Batchelor, Daron Seukeran</i>	
10.30 – 11.00	Refreshments & Exhibition	
11.00 – 12.30 2 CPD points	Session 9: Skin/Aesthetics <i>Chair: Dr Martin Kassir</i> 11.00 – 11.30 INV.06 Results from a novel, multi-focal low frequency ultrasound device for painless lipolysis, Dr Mario Trelles 11.30 – 11.45 O.16 1550nm scanning laser resurfacing plus Hi-Fu an effective alternative to medical needling +RF J Culbert 11.45 – 12.00 O.17 Professional and At Home IPL impact on Diode Laser Hair Reduction. Overview of the studies. M Atta-Motte 12.00 – 12.15 O.18 My 20 Years' Experience with Laser Tattoo Removal (Useful Tips) Ahmad Al Issa 12.15 – 12.30 O.19 Pulse stacking with the Alexandrite laser for management of highly resistance verrucas in immunocompromised patients K Davies	Session F: Basic Science and Safety <i>Chair: Dr Tom Lister</i> 11.00 – 11.30 INV.12 Protecting against COVID-19: is Far-UVC safe and effective?, Dr Ewan Eadie 11.30 – 12.00 INV.13 Basics of laser-tissue interactions for dummies (and experts too ;-), Prof. Rudolf Verdaasdonk 12.00 – 12.15 O.28 Production of a Dataset Containing Penetration Depth of Light into Skin from 200–1000 nm L Finlayson 12.15 – 12.30 Panel Q&A

12.30 – 13.15 Non CPD session	Sponsored Masterclass: Photobiomodulation kindly sponsored by K-Laser <i>The Wolfson Room</i>
13.00 – 14.00	Lunch & Exhibition
14.00 – 15.30 2 CPD points	Session 10: Problem Page (Plenary) <i>The Wolfson Room</i> Chair: Dr Vishal Madan
15.30	End of Conference