

57th ESPN Congress
Athens, 15-18 October 2025

GUIDELINES FOR SPEAKERS

- **Speakers are invited to strictly follow the allotted times for a smooth running of the session.**
- **Computer projection only will be available.** The management of all the projections will be entrusted to a single system that will automatically forward the presentations in the meeting room; it will be not possible to use personal laptops.
- Speakers are kindly requested to use **PowerPoint** (versions 2003 or later) **for Windows or for Mac**. No other software for slides (i.e. Keynote) will be accepted.

Speakers with PowerPoint presentation on USB pen. The use of **USB 3.0 or higher** pens or memory stick is advisable to easily download the presentations at the slide Centre. Please report to the slide Centre **at least 1 hour before your presentation.**

Speakers with presentation on their own laptop and/or using MACINTOSH/APPLE please report to the slide Centre **at least 2 hours before your presentation** in order to convert the file into Windows format and/or download the presentation onto the main system.

- The first slide should provide: title of the paper, name(s) of the author(s)
- The second slide should provide the author's Conflict Of Interest.
- **The presentation should be saved with the author's name** (and not with a generic name as **ESPN** or **Athens 2025**)
- The files of any video or image must be saved in the same folder as the PowerPoint presentation and must be copied into the folder before their insertion in the presentation (1)
- Videos should be saved as: **.mp4** (codec h264 – MPEG-4 AVC) or **.wmv extension and must not start with double click on the image but automatically when the slide opens (2)** Preferred Audio is m4a format (AAC)
- It is suggested not to include more than one video each slide.
- Each video should not exceed 50 MB.
- Each PowerPoint presentation should not exceed 20 MB, excluding videos.
- Images should be reduced with a graphics program such as "Imaging", "Photoshop", "Photo Paint", "Paint Shop Pro" or similar before importing them into PowerPoint – **Maximum 1920 x 1080.**
- It is recommended to use ".gif" and ".jpg" extensions for images. Other types of extensions will be accepted as long as they can be recognized by PowerPoint.
- The use of USB pens or memory stick is advisable to easily download the presentations at the slide Centre.
- Please no web links like youtube etc.

Please remember that only the single projection is foreseen with PowerPoint.

Please note that, **no advertising** can be inserted (in the form of "windows", screen shots, promotional spots, etc.) during the educational program; only generic names may be given (for drugs, tools, deans) and must not return any trade name (*see Regulation application of objective criteria which State-Regions Agreement of November 5, 2009 and the accreditation*).

NOTE (1) (i.e. I create the folder "PRESENTATION", in this folder I copy all the files I need for the presentation, with PowerPoint I create the presentation inserting the video that are located in the "presentation" folder, then I save everything in the "presentation" folder)

NOTE (2)

To avoid this, follow these steps:

Select the slide where you want to insert the Video, select "Video and Sounds ..." from menu "Insert", then click "Video from file"

Select the video you want and press the "OK" button. When asked "Play movie automatically during the presentation?" Choose "Yes".