



2 - 4 OCTOBER 2025
FUKUOKA, JAPAN



ISHA 2025

Annual Scientific Meeting
Fukuoka, Japan 2 - 4 October, 2025

JSHA 2025

第20回日本股関節鏡研究会
福岡県
2025 年 10 月 3 日と 4 日



ISHA

The Hip Preservation Society

ishasoc.net



Introduction

Welcome to the ISHA Annual Meeting in Fukuoka.

As we gather in early October, attendees can expect unseasonably warm weather, with daytime temperatures commonly reaching 23°C (73°F) and higher with mild evenings.

In consideration of the climate and to ensure everyone's comfort, ISHA is pleased to operate a **Cool Biz Dress Code** for this year's conference.

Cool Biz attire at ISHA ASM 2025 aims to balance comfort with polished style suitable for day sessions and evening dinner socials.

Cool Biz attire encourages all participants to dress in lighter business wear, such as short-sleeved shirts, dress slacks, blouses, and smart separates, allowing for professionalism while adapting to the warm conditions of Fukuoka in autumn. This easy-reference guide for both men and women, with sample outfit ideas tailored for mixed business environments and Japanese etiquette, aims to help you with your travel planning.

As always, we ask that members maintain a polished and respectful appearance suitable for our scientific sessions and evening social events.

We look forward to engaging discussions and a memorable gathering in true **Cool Biz style!**



ISHA ISHA Society
Local Co-Host Chair
Dr. Soshi Uchida
MD, PhD
2 - 4 OCTOBER 2025
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ISHA ISHA Society
Local Co-Host Chair
Prof. Naomi Kobayashi
MD, PhD
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ISHA ISHA Society
Local Co-Host Chair
Dr. Yutaka Inaba
MD, PhD
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Daytime Conference Attire

Men's Cool Biz Options

- Short or long sleeve dress shirts (white or pale blue, no tie) with lightweight chinos or dark slacks.
- Polo shirts, neat kariyushi (Okinawan style) or subdued patterned shirts permitted
- Skip the jacket unless the venue is air-conditioned and business formality is expected.
- Mirror-polished, lace-up dress shoes (easy-off for Japanese venues) and dark socks.
- Accessories: Leather briefcase, classic watch, subtle belt.



Daytime Conference Attire

Women's Cool Biz Options

- Blouses or lightweight tops (white, pastel, or subtle prints), paired with knee-length skirt or tailored trousers.
- Summer dress with light cardigan or blazer for added polish.
- Closed-toe pumps with low heel, nude or beige stockings if required.
- Minimal accessories: Leather tote, subtle jewelry



Evening Dinner Socials

Formal/Semi-formal Adaptations

Men's Cool Biz Options

- Dark single-breasted suit (navy, charcoal, or black).
- Dress shirt (white or pale pastel), conservative tie optional for most dining events.
- Opt for a classic watch, cufflinks, and always polished shoes.



Evening Dinner Socials

Formal/Semi-formal Adaptations

Women's Cool Biz Options

- Elegant cocktail dress, tailored pantsuit, or smart separates.
- Closed-toe heels or dressy flats, tasteful clutch, and understated jewelry.
- Avoid overly revealing or tight-fitting clothes, especially for fine dining venues



Example Outfits Table

Scenario	Men	Women
Daytime Conference	Short sleeve shirt, chinos, no tie	Blouse, skirt/trousers, cardigan
Evening Social/Dinner	Navy / Dark suit, pale shirt, optional tie	Cocktail dress, pumps, clutch
Fine Dining	Dark suit, dress shoes	Gown/pantsuit, low heels

Key Points for Japanese Cool Biz Attire at Medical Conferences

- Business casual prevails for daytime, but evening events require dressier, conservative attire.
- Respect local norms: Aim for simplicity, neatness, and professional impressions.
- Comfort and cultural appropriateness are central—Cool Biz allows for lighter clothing but always err on the side of formality for dinners.
- A thoughtful wardrobe following these guidelines will achieve both Cool Biz efficiency and the sophistication expected at a Japanese business events.