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## Al VII-lea Congres Național al Societății de Endometrioza și Infertilitate Est-Europeană

### Central theme

**Endometriosis — from early diagnosis to excellence in personalized treatment**

#### 1. Early diagnosis and modern algorithms

- How do we shorten the diagnostic delay?
- The role of the family doctor and the general gynecologist
- Standardized clinical and imaging algorithms
- Screening and identification of patients at risk

#### 2. Endometriosis — systemic disease, not just pelvic

- Chronic inflammation and immunological mechanisms
- Links to the microbiome, metabolism, and chronic pain
- Cardiovascular and metabolic impact

#### 3. High-performance imaging

- Expert Ultrasound vs MRI in Lesion Mapping
- Standardization of imaging reporting
- AI in the diagnosis of endometriosis

#### 4. Modern surgery in deep endometriosis

- Conservative vs radical surgical strategies
- Robotic surgery: benefits and limitations
- Management of complications
- Reinterventions in endometriosis

#### 5. Endometriosis and fertility

- The optimal time for surgery
- Integrated management with IVF
- Ovarian reserve and fertility protection

#### 6. Medical treatment — where are we in 2026?

- Personalized hormone therapies
- New molecules under study
- Long-term management

#### 7. Multidisciplinary management

- Gynecologist surgeon, colorectal surgeon, urologist, pain specialist
- Nutrition, pelvic physiotherapy, psychology
- Centers of Excellence and Team Organization

"Nightmare cases" – impossible cases