

	Oral	Room 2	Promoting Active Travel and Physical Activity in Adolescents: Intervention Insights and Outcomes		Oral	Room 3	Diverse Perspectives on Physical Activity: Lifespan, Policy, and Community Engagement		Oral	Room 4	Innovations and Recovery in Physical Activity: From Device-Based Monitoring to Self-Directed Learning		Oral	Room 5	Advancing Physical Activity Through School and Community Collaborations		Symposia	Room 6	Symposia	Room 7	Symposia	Room 8				
10:45-10:55		Ng, Prof Kwok, Lihuanan Sports University / University Of Limerick	Changes in active travel among adolescents in Active School Flag between 2022-2024	03. Children and Adolescents	10:45-10:55	Kwameye, Mrs Josephine Adjut, University of Cape Coast	Stairs, Stairs, and Games: A Cross-Sectional Analysis of Passive Physical Activity in College-Aged Women	04. Environmental approaches to HEPA promotion	10:45-10:55	Barlett, Dr Farid, University of Strathclyde	Results from the Active Healthy Kids Scotland COVID-19 Report Card on Physical Activity and Health for Children and Youth	07. Monitoring and surveillance of physical activity	10:45-10:55	Amin, Dr Stephen, University Of Cape Coast	Gender Differences in Morphometric Predictors of Jumping Ability Among Ghanaian High School Athletes	11. Sports Club for Health (SciH)		10:45-12:00	Luoma, Mrs Liisa-Majaja	Association of childhood residential environment and family socioeconomic status with physical activity in early adulthood - a population cohort	10:45-12:00	Christodoulou, Dr Estathios	Health Promotion in the Physical Education Setting	10:45-12:00	Sandu, Petru	Physical activity policy monitoring at the national and sub-national levels: From tools development to their real-world impact
10:55-11:05		Greenwood, Mr Carl, Paths For All	Co-producing with adolescents: Practical lessons on developing a digital walking intervention for Scottish high schools	03. Children and Adolescents	10:55-11:05	Lankila, Dr Tiina, Oulu University	Outdoor physical activity and self-reported infections in middle-aged: A Population-based Northern Finland Birth Cohort 1986 study	04. Environmental approaches to HEPA promotion	10:55-11:05	Murphy, Mr Darren, Ulster University	Physical activity and sedentary behaviour after critical illness: A Scoping Review of device-based instruments	07. Monitoring and surveillance of physical activity	10:55-11:05	Algerin, Dr Beatriz	Collaboration between schools and sport clubs to enhance physical activity among young people	11. Sports Club for Health (SciH)		10:45-12:00	Department of Sports and Exercise Medicine, Oulu Deaconness Institute Foundation		10:45-12:00					
11:05-11:15		Silva, Dr Ellen, Bradford Institute for Health Research	Outdoor Environment is Associated with Physical Activity of Children After 24 Months of a Whole-Systems Trial: A Network Analysis of the JUMP Programme	03. Children and Adolescents	11:05-11:15	Wakstrom, Nanna, Folkhalsan Research Center	Is curriculum-based outdoor education associated with physical activity among school-aged children?	04. Environmental approaches to HEPA promotion	11:05-11:15	Godhe, Dr Manne, The Swedish School Of Sport And Health Sciences	Physical fitness improvements and Achievement of Recommended Physical Activity Levels One Year After Total Hip Arthroplasty	07. Monitoring and surveillance of physical activity	11:05-11:15	Pawlowski, Charlotte, University of Southern Denmark	Knowledge on children's play behaviour during lockdown to be used for designing sustained physical activity interventions for all children	03. Children and Adolescents		11:05-11:15	Department of Sports and Exercise Medicine, Oulu Deaconness Institute Foundation		11:05-11:15	UCLan Cyprus (University of Central Lancashire Cyprus)		National Institute Of Public Health in Romania		
11:15-11:25		Azulami, Mrs Hanadi, Swansea University	Sedentary Time, Sleep, and Physical Activity: A Structural Equation Model of Health-Related Quality of Life in Saudi Children and Young People	03. Children and Adolescents	11:15-11:25	Peter, Dr Laudo, Bielefeld University	Urban Dynamics and Physical Activity: The Case of Cui-Napoca, in the light of international IMPACT BPAs	09. Policy Approaches to Physical Activity Promotion (PAPAP)	11:15-11:25	Acar, Mrs Zeynep, Institute of General Practice, University Hospital Dusseldorf, Heinrich-Heine-University	Associations of occupational and leisure time physical activity with tobacco smoking and dual use of e-cigarettes among adults - a representative cross-sectional survey in Germany	07. Monitoring and surveillance of physical activity	11:15-11:25	Kaar, Mr Edin, Munster Technological University (mtu)	Physical Activity, BMI, and Fundamental Movement Skills in an Underserved Irish Cohort of Primary School Aged Children.	03. Children and Adolescents		11:15-11:25								
11:25-11:35		Zemaitelyte, Monika	Physical activity as a predictor of adolescents' subjective health assessment	03. Children and Adolescents	11:25-11:35	Murphy, Prof. Marie, University Of Edinburgh	Evaluation of an Integrated Healthy Lifestyle Service for exercise referral	09. Policy Approaches to Physical Activity Promotion (PAPAP)	11:25-11:35	Klepts, Mr Patrick, University of Graz	The brain on the run: Preliminary Longitudinal Findings on Benefits of Mood and Brain after Regular Running	07. Monitoring and surveillance of physical activity	11:25-11:35	Richards, Dr Amie, Welsh Institute Of Physical Activity, Health And Sport	Staff Perceptions on the Implementation and Delivery of the Active Education Beyond the School Day Programme in Wales, United Kingdom	03. Children and Adolescents		11:25-11:35								
11:35-11:45		Schmid-Zalesdek, Dr Karin, Medical University of Graz Austria	Improving Health: Physical Fitness and Academic Performance through Active Learning	03. Children and Adolescents	11:35-11:45	Portugal, Dr Berta, LIH	Association of daily step count and Multiple Sclerosis: an accelerometer-based prospective cohort study	02. Active ageing - Physical activity promotion in older adults	11:35-11:45	Gerasimoulis, Mrs Vilija, Social Innovations Doctoral School, Institute of Education and Social work, Mikolas Romeris University	Technology-based Self-directed Learning Model adaptability for physical education in High School	07. Monitoring and surveillance of physical activity	11:35-11:45	Skogstad, Prof Thomas, SDU, IOB Active Living	Pre-implementation Priorities in School-Based Health Programs: A CRIS-Informed Study of School Leadership Perspectives	03. Children and Adolescents		11:35-11:45								
11:45-11:55		Martin-Acosta, Ms Fatima, University of Cadiz	Fitness as a Mediator Between the 24-Hour Movement Guidelines and Mathematical Fluency in Adolescents	03. Children and Adolescents	11:45-11:55	Hewson, Prof David, Institute for Health Research, University of Bedfordshire	An exploration of attitudes, preferences, experiences, and health behaviours associated with participation in physical activity among first-generation older black Africans in the United Kingdom	02. Active ageing - Physical activity promotion in older adults	11:45-11:55	Shiran, Mrs Rokana, University of Bam	Relationship between physical activity, sedentary behavior, and sleep duration behaviours among adults in 16 European countries (2008-2015, HETUS Second Wave)	07. Monitoring and surveillance of physical activity	11:45-11:55	Wiklund, Dr Camilla, The Swedish School of Sport and Health Sciences	The association between physical activity and emotional problems, peer problems, and prosocial behaviors in adolescents is affected by genetic and familial factors	03. Children and Adolescents		11:45-11:55								
	Oral	NAME	Promoting Physical Activity Among Diverse Older Populations: Challenges and Strategies		Oral	Theme	Playgrounds to Community Trusts: Promoting Active Lifestyles and Mental Health Among		Oral	Workplace Physical Activity and Sedentary Behavior: Impacts on Musculoskeletal Health and Cardiovascular Risk		Oral	Promoting Physical Activity and Wellbeing: Co-Creation, Equity, and Mental Health		Symposia	Name	Topic	Symposia	Name	Topic	Symposia	Name	Topic			
13:00-13:10		Tambour, Ms Jodie, Vrije Universiteit Brussel	Mixed Method study analyzing lessons learned from ACTIVE-AGE@home: WHO's digital mental health model	02. Active ageing - Physical activity promotion in older adults	13:00-13:10	Hall, Dr Jennifer, Bradford Teaching Hospitals NHS Foundation Trust	Sustainable, evidence-based physical activity in schools: A systematic evaluation of the 'Create and Connect' programme in Bradford	03. Children and Adolescents	13:00-13:10	Kwameye, Mrs Josephine Adjut, University of Cape Coast	Cardiovascular Risk RELATIONSHIP BETWEEN UPPER BODY FLEXIBILITY AND MUSCULOSKELETAL DISORDERS: A CROSS-SECTIONAL STUDY AMONG NFI-HAII INI	12. Workplace HEPA promotion	13:00-13:10	Grondyte-Paciene, Dr Rita, Lithuanian Sports University	Extracurricular Street Dancing for Adolescents' Physical and Psycho-Social Health	03. Children and Adolescents	13:00-14:1	Juliana Medeiros Guesco	Emerging global physical activity and physical education data to shape the future: the launch of the GoPAI and GoPAI 2025 Country Cards	13:00-14:1	Gellius, Sari	Lessons from developing or updating national physical activity recommendations in Switzerland, Germany and Hungary: processes and challenges	13:00-14:1	Bradford Teaching Hospitals NHS Foundation Trust	What makes a whole system approach to improving physical activity in children and young people effective and impactful? A case study of the JUMP intervention.	
13:10-13:20		Hempenstall, Mr Peter, University Of Limerick	How the service provider influences the continuation of physical activity for people with hip and knee osteoarthritis	02. Active ageing - Physical activity promotion in older adults	13:10-13:20	Christie, Mr Rafael, Faculty Of Human Kinetics, University Of Laion	The development and validation of a physical education curriculum quality assessment tool: The Global Observatory for Physical Education Curriculum Assessment Tool (GoPEICA)	03. Children and Adolescents	13:10-13:20	Vaisanen, Dr Daniel	From checkups to validation of a physical education curriculum quality assessment tool: The Global Observatory for Physical Education Curriculum Assessment Tool (GoPEICA)	12. Workplace HEPA promotion	13:10-13:20	Jaakkola, Prof Timo, University Of Jyväskylä	The Schootwell study project to contribute comprehensive evidence on wellbeing in the Finnish schools	03. Children and Adolescents	13:10-14:1	Global Observatory for Physical Activity - GoPAI		13:00-14:1	Gellius, Sari					
13:20-13:30		Karki, Ms Bibhusha, University Of Manchester	Enhancing Physical Activity in South Asian Older Adults: Insights from cultural adaptation of the Keep On Keep Up (KOKU) Digital	02. Active ageing - Physical activity promotion in older adults	13:20-13:30	Araujo, Mr Raphael, Kappaeda University	Intersectionality of gender and family socio-economic status in the trends of moderate to vigorous physical activity among Baltic adolescents	03. Children and Adolescents	13:20-13:30	Coffey, Mr Alan, Technological University of the Shannon	Preliminary analysis of the effectiveness of a multi-component intervention for reducing sedentary behaviours in the home-office	12. Workplace HEPA promotion	13:20-13:30	Souza, MFS, Lusofona University	Co-creating interventions with adolescents to promote movement behaviours and wellbeing: a realist-informed process evaluation of setting up the first sessions in the	03. Children and Adolescents	13:20-13:30									
13:30-13:40		Akhrashid, Mrs Lamy, Queens University Belfast	Exploring the Influence of Culture on Adherence to Physical Activity Guidelines Among Older Adults with diabetes mellitus and/or chronic kidney disease in KSA: A mixed methods study	02. Active ageing - Physical activity promotion in older adults	13:30-13:40	Koch, Dr Soile	The FIT FIRST 10 Days-Response Study: Evaluating Implementation Outcomes	03. Children and Adolescents	13:30-13:40	Soutukonva, Mrs Sari, LAB University Of Applied Sciences, University Of Eastern Finland	Recovery from work through physical activity interventions - a systematic review and meta-analysis	12. Workplace HEPA promotion	13:30-13:40	Huhimäki, Dr Mikko, University of Jyväskylä	From city centers to countryside: A nationwide study of residence-based inequalities in youth physical activity	08. HEPA promotion in socially disadvantaged groups	13:30-13:40									

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	Daugh, Mrs Goda, Lithuanian sports university	THE EFFECT OF DYNAMIC AND CONSTANT FAST- PRECISE MOVEMENT LEARNING ON THE PSYCHOEMOTIO NAL STATE, MOTOR AND COGNITIVE FUNCTIONS OF PATIENTS WITH PARKINSON'S DISEASE.	06. HEPA promotion in health care settings
15:00-15:03			
	Rossen, Dr Jenny, Sophiahemmet University	Are physical activity and health conditions associated with mental health in individuals with prediabetes or type 2 diabetes? A longitudinal study	06. HEPA promotion in health care settings
15:03-15:06			
	Fominiene, Prof Vilija, Lithuanian Sports University	Association between physicians' engagement in health-promoting physical activity and their counseling practices on	06. HEPA promotion in health care settings
15:06-15:09			
	Bigaška, Mrs Farhana Tassin, Friedrich Alexander-Universität Erlangen-Nürnberg	Physical Activity Promotion in Healthcare Settings: A Survey in Europe	06. HEPA promotion in health care settings
15:09-15:12			
	Akrubaitė, Mrs Vafa, Loughborough University	Investigating the Relationship Between Exercise Urgency and Adherence Among Patients with Musculoskeletal Conditions: A Cross-Sectional Study	06. HEPA promotion in health care settings
15:12-15:15			
	Kivimäki, Ms Sari, Ministry of social affairs and health	Advancing healthcare by integrating physical activity and nutritional health through expert collaboration, strategic partnerships, and knowledge enhancement	06. HEPA promotion in health care settings
15:15-15:18			
	Šukys, Prof Saulius, Lithuanian sports university	Health Literacy and Physical Activity Among Lithuanian Professional Soldiers	13. Other
15:18-15:21			
	Lahti, Dr Jouni, Finnish Institute for Health and Welfare	Association between device- measured moderate-to- vigorous physical activity and perceived work ability among Finnish adult population in 2017 and 2023.	13. Other
15:21-15:24			
	Mammadova, Ms Leyla	Promoting Physical Activity and Reducing Sedentary Behavior in Stroke Survivors: A Literature Review of Wearable Technology-Based Interventions	13. Other
15:24-15:27			
	Codigiani, Dr Sarah, RMIT	Enhancing Engagement in Learning using Movement: Embedding Virtual Reality Experiences into Tertiary Education	13. Other
15:27-15:30			
15:30-15:33			
15:33-15:36			
15:36-15:39			
15:39-15:42			
15:42-15:45			