Or	ral	Room 2	Promoting Active Travel and Physical Activity in Adolescents: Intervention Insights and Outcomes		Oral	P	Diverse Perspectives on Physical Activity: Lifespan, Policy, and Community Engagement	erspectives on nysical Activity: fespan, Policy, Id Community agagement		Pour 4	Innovations and Recovery in Physical Activity: From Device-Based Monitoring to Self- Directed Learning		Orat		Advancing Physical Activity Through School and Community Collaborations		Symposia Room 6			Symposia Room 7			
10:45-		Of Limerick	Changes in active travel among adolescents in Active School Flag between 2022- 2024	03. Children and Adolescents		Room 3 Kwakye, Mrs Josephine Adjubi, University of Cape Coast	Stains, Strains, and Gains: A Cross- Sectional Analysis of Passive Physical Activity in College- Aged Women	Of Ferinamental	Oral 10:45-10:55	Room 4 Bardid, Dr Farid, University of Strathclyde	Results from the Active Healthy Kids Scotland COVID-19 Report Card on Physical Activity and Health for Children and Youth	07. Monitoring and surveillance of physical activity		Room 5 Anim, Dr Stephen, University Of Cape Coast	Gender Differences in Morphometric Predictors of Jumping Ability Among Ghanaian High School Athletes	11. Sports Club for Health	Symposia P	коот 6		Symposia KOOM /		Symposia Room 8	\$
10:55-		Paths For All	Co-producing with adolescents: Practical lessons on developing a digital walking intervention for Scottish high schools	03. Children and Adolescents	10:55-11:05	Lankila, Dr Tiina, Oulu Deaconess Institute Foundation sr.	Outdoor physical activity and self- reported infections in midifie – A population- based Northern Finland Birth Cohort 1966 study	04. Environmental approaches to HEPA promotion		Murphy, Mr Darren, Ulster University	Physical activity and sedentary behaviour after critical illness: A Scoping Review of device-based instruments	07. Monitoring and surveillance of physical activity	10:55-11:05	Algurén, Dr Beatrix	Collaboration between schools and sport clubs to enhance physical activity among young people	11. Sports Club for Health	10:45-12:00 L U	uoma, Mrs Jila-Maija	Association of childhood residential environment and family socioeconom ic status with physical activity in early adulthood - a			10:45-12:00 Sandu, Pet	activity policy activity policy monitoring at the national and sub- national levels: From tools development to their real- world impact
11:05-		Bradford Institute for Health Research	Outdoor Environment is Associated with Physical Activity of Children After 24 Months of a Whole- Systems Trial: A Network Analysis of the JU:MP Programme	03. Children and Adolescents		Wackström, Nanna, Folkhälsan Research Center	Is curriculum-based outdoor education associated with physical activity among school-aged children?	04. Environmental approaches to HEPA promotion	11:05-11:15	Godhe, Dr Manne, The Swedish School Of Spor And Health Sciences	· Immunumenta and	07. Monitoring and surveillance of physical activity	11:05-11:15	Pawlowski, Charlotte, University of Southern Denmark	Knowledge on children's play behavlour during recess to be used for designing sustained playable schoolyards for all children	03. Children and Adolescents	o E M C C C I I F	Department of Sports and Exercise Medicine, Dulu Deaconess Institute Foundation Ir., Oulu, Finland	population- hased	UCLan Cyprus (University of Central Lancashire Cyprus)		National Institute Of Public Healt In Romania	alth
11:15-		Swansea University	Sedentary Time,	03. Children and Adolescents	11:15-11:25	Peter, Dr Laszlo, Babes-Bolyai University	Urban Dynamics and Equity in Motion: Local Policies on Physical Activity. The Case of Cluj-Napoca, in the light of international IMPAQT BPEs.	to Physical Activity	11:15-11:25	Acar, Mrs Zeynep, Institute of General Practice, University Hospital Duesseldorf, Heinrich-Heine-University	occupational and leisure time physical activity with tobacco smoking and y dual use of e-cigarettes among adults – a representative cross- sectional survey in Germany	activity	11:15-11:25	Kaar, Mr Eóin, Munster Technological University (mtu)	Physical Activity, BMI, and Fundamental Movement Skills in an Underserved Irish Cohort of Primary School Aged Children.	03. Children and Adolescents		HILATIO					
11:25-				03. Children and Adolescents	11:25-11:35	Murphy, Prof. Marie, University Of Edinburgh	Evaluation of an Integrated Healthy Lifestyle Service for exercise referral	09. Policy Approaches to Physical Activity Promotion (PAPAP)	11:25-11:35	Klepits, Mr Patrick, University of Graz	The brain on the run: Preliminary Longitudinal Findings on Benefits of Mood and Brain after Regular Running	07. Monitoring and surveillance of physical activity	11:25-11:35	Richards, Dr Amie, Welsh Institute Of Physical Activity Health And Sport	, Implementation and Delivery of the Active Education Beyond the School Day Programme in Wales, United	03. Children and Adolescents							
11:35-	-11:45	University of Graz Austria	Improving Health, Physical Fitness and Academic Performance through Active Learning	03. Children and Adolescents	11:35-11:45	Portugal, Dr Berta, LIF	Association of daily step count and Multiple Sclerosis: an accelerometer-based prospective cohort sharty	02. Active ageing - Physical activity promotion in older adults	11:35-11:45	Gerasimovičienė, Mrs Vilija, Social Innovations Doctoral School, Institute of Education and Social work, Mykolas Romeris University	Technology-based Self- directed Learning Model adaptability for physical education in High School	07. Monitoring and surveillance of physical activity	11:35-11:45	Skovgaard, Prof Thomas, SDU, IOB: Active Living	Kingdom Pre-Implementation Priorities in School- Based Health Programs: A CFIR-Informed Study of School Leadership Perspectives	03. Children and Adolescents							
11:45-		Fátima, University of Cadiz		03. Children and Adolescents		Institute for Health Research, University of	attitudes, preferences, experiences, and health behaviours associated with participation in physical activity among community- dwelling first- generation older black Africans in the United	02. Active ageing - Physical activity promotion in older adults	11:45-11:55	Chines May Delayana	Relationship between physical activity, sedentary behavior, and sleep duration behaviours among adults in 16 European countries (2008 2015, HETUS Second Wave)	surveillance of physical activity	11:45-11:55	Wiklund, Dr Camilla, The Swedish School of Sport and Health Sciences	The association between physical activity and emotional problems, peer problems, and prosocial behaviors in adolescents is affected by genetic and familial factors	03. Children and Adolescents							
			E Promoting Physical Activity Among Diverse Older Populations: Challenges				Playgrounds to Community Trusts: Promoting Active Lifestyles and Mental				Workplace Physical Activity and Sedentary Behavior: Impacts on Musculoskeletal Health and		Oral		Promoting Physical Activity and Wellbeing: Co- Creation, Equity, and Mental Health								
Oral 13:00-		Brussel	and Strategies Mixed-Method study analyzing lessons learned from ACTIVE- AGE@home: BRIDGE	Theme 02. Active ageing - Physical activity promotion in older adults	Oral	Hall, Dr Jennifer, Bradford Teaching Hospitals NHS Foundation Trust	based physical activity in schools: A qualitative evaluation	03. Children and Adolescents	Oral 13:00-13:10	Kwakye, Mrs Josephine Adjubi, University of Cape Coast	Cardiovascular Risk RELATIONSHIP BETWEEN UPPER BODY FLEXIBILITY AND MUSCULOSKELETAL DISORDERS: A CROSS-	12. Workplace HEPA promotion	13:00-13:10	Gruodyte-Raciene, Dr Rita, Lithuanian Sports Universit	Extraourricular Street / Dancing for Adolescents Physical and Psycho- Social Health	Theme 03. Children and Adolescents	Symposia M J G	Name Iuliana Mejia Grueso	Leveraging global physical activity and physical		Topic Lessons from developing or updating national	Symposia Name Sally Barber Hall, Dr Jennifer	Topic er What makes a whole system approach to improving physical
13:10-		Hempenstall, Mr Peter, University Of Limerick	How the service	Active ageing - Physical activity promotion in older adults		Cristão, Mr Rafael. Faculty Of Human Kinetics, University Of Lisbon	Dance programme in Restford 1 IK Development and validation of a physical education curriculum quality assessment tool: The Global Observatory for Physical Education Curriculum Assessment Tool (GGPEL/CA)	Adolescents	13:10-13:20	Väisänen, Dr Daniel	SECTIONAL STUDY AMONG NET-HAIL II ING From checkups to change: Longitudinal changes in lifestyle- related factors and health following repeated occupational health assessments	12. Workplace HEPA promotion	13:10-13:20	Jaakkola, Prof Timo, University Of Jyväskylä	The Schoolwell study project to contribute students' comprehensive wellbeing in the Finnish schools		C fe	Slobal	education data to shape the future: the launch of the GoPA! and GoPE! 2025 Country Cards	13:00-14:1 Gelius, Sar	physical activity recommenda- tions in Switzerland, Germany and Hungary: processes and challenges	13:00-14:1 Bradford Teaching Hospitals NHS Foundation Trust	activity in children and young people effective and
13:20-		Manchester	Enhancing Physical Activity in South Asian Older Adults: Insights from cultural adaptation of the Keep On Keep Up (KOKU) Digital			Araujo, Mr Raphael, Klaipeda University	Intersectionality of gender and family socio-economic status in the trends of moderate to vigorous physical activity among Baltic adolescents		13:20-13:30	Coffey, Mr Alan, Technological University of the Shannon	Preliminary analysis of the effectiveness of a multi- component intervention at reducing sedentary behaviours in the home- office	: 12. Workplace HEPA promotion	13:20-13:30	Souza, MFS, Lusófona University	Co-creating interventions with adolescents to promote movement behaviours and wellbeing: a realist- informed process evaluation of setting up the first sessions in the	03. Children and Adolescents							
13:30-		Alrashidi, Mrs Lamya, Queens University Belfast	Exploring the	02. Active ageing - Physical activity promotion in older adults	13:20-13:30 13:30-13:40	Koch, Dr Sofie	The FIT FIRST 10	Adolescents	13:30-13:40	Soutukorva, Mrs Sari, LAB University Of Applied Sciences; University Of Eastern Finland	Recovery from work through physical activity interventions – a systematic review and meta-analysis	12. Workplace HEPA promotion	13:30-13:40	Huhtiniemi, Dr Mikko, University of Jyväskylä	From city centers to countryside: A nationwide study of residence-based	08. HEPA promotion in socially disadvantage d groups							

13:40-13:	Institute for Health Research, University of Bedfordshire	sarcopenia and	02. Active ageing - Physical activity promotion in older adults	13:40-13:50	Hale, Dr Gabrielle, Loughborough University	Achieving the Goal of Best Practice in Football Club Community Trusts: Co- Producing Interventions to Improve Young People's Mental Health	Adolescents	13:40-13:50	Coffey, Mr Alan, Technological University of the Shannon	The associations of sedentary behaviour and physical activity with musculoskeletal disorders in the sedentary of compositional data analysis	12. Workplace HEPA promotion	13:40-13:50	Cooper, Mr Daniel, Brunel University Of London	Co-design of the REACH-SCI (Reducing sedEntary Activities to improve Cardiovascular Health for individuals with a Spinal Cord Injury) intervention using the Behaviour Change Wheel	13. Other								
13:50-14:	Queens University Belfast	The Role of Cultur in Physical Activity Adherence among Older Individuals with Diabetes and/or chronic kidney disease in Saudi Arabia: Dyadic Perspectives from Patients and Caregivers	O2. Active ageing - Physical activity promotion in older adults		Dupuy, Mrs Caroline, Université de Pau et des Pays de l'Adour	From Playgrounds to	03. Children and Adolescents	13:50-14:00	Fernate, Prof Andra, Riga Stradins University	Workplace Physical Activity Intervention Among Sedentary Workers: Initial Findings and Potential Implication	12. Workplace HEPA promotion	13:50-14:00	Kahlmeier, Dr Sonja	Walking, cycling and mental health: an umbrella review	13. Other								
14:00-14:	Mc Donough, Prof Suzanne				Vähä-Ypyä, Mr Henri, UKK institute	Changes in loyalty to physical activity and inactivity from childhood to adolescence	03. Children and Adolescents	14:00-14:10	Ekblom-Bak, Prof Elin, The Swedish School Of Sport And Health Sciences, Department of Physical Activity and Health	assessments and long- term cardiovascular risk:	12. Workplace HEPA promotion	14:00-14:10	Krzywoszański, Prof Łukasz, University Of The National Education Commission	Subjective Fitness and Health as Mediators of the Relationship Between Regular Physical Activity and Life Satisfaction									
						Innovative Approaches to Enhancing Physical Activity and Health in Youth and				Physical Function, Disability, and Motivation: Challenges and Strategies for Active		Oral		Physical Activity, Physiology, and Wellbeing: Exploring Identity, Sleep, and Metabolic									
Pitch				Oral		Families		Oral		Living				Responses		Symposia		Symposia			Symposia		
14:30-14:	University of Stirling	used with adolescents for health in secondar school: A rapid		14:30-14:40		The Relationship Between Physical Activity and Well- Being Among Adolescent Girls	03. Children and Adolescents	14:30-14:40	Czencz, Mr James, Cquniversity	Feasibility of FitSkills for an Adult with Cerebral Palsy Using a Wheelchair in a Regional Setting: A Mixed Methods Case	socially disadvantaged groups	14:30-14:40	D'Hondt, Mr Joachim, Vrije Universiteit Brussel	The association between sleep characteristics and energy balance-related behaviour in parents of 4 to 6-month-old infants	13. Other	Mrs Tjaša 14:30-15:4 Knific	Intention to Action: Integrative Tools for Physical	14:30-15:4	Amika	Foundations for health- enhancing, sustainable	14:30-15:4	s i an in	nhancing pportunitie for Girls nd Women Sport on
14:33-14:	Ontiveros, Dr Narda Gymnastik- Och Idrottshögskolan (GIH)	Exploring physical activity patterns in children with ADHD: The impact of sex, symptom presentation, and shared genetics		14:40-14:50	University Of Coimbra	Diet, Sex, and PA: An Evolutionary Perspective on Adipose Tissue Distribution	03. Children and Adolescents	14:40-14:50	Brady, Ms Karen, CP- Life Research Centre, RCSI	Collaboration Strategies Between Healthcare and Community-Based Providers of Physical Activity for Young People with Childhood-Onset Physical Disabilities: A Scoping Review	socially disadvantaged	14:40-14:50	Lambe, Mr Barry, South East Technological University, Waterford, Ireland	Kicking for Inclusion: Parental perspectives on life skills enhancement through a football programme for children with autism	13. Other				Mulier Instituut			outh East echnologica University	
14:36-14:	Struve, Mr Julius, Steno Diabetes Center Copenhagen	Whole-School	03. Children and Adolescents		Pöyliö, Mrs Tanja, University of Jyväskylä	Associations between motor competence and global mental health in children and adolescents: A systematic review and meta-analysis	03. Children and Adolescents	14:50-15:00	Gintare Dauksaite, Lithuanian Sports University	Impact of Head-and-Neck Heating on Fatigue and Stress Responses in Healthy Men and Individuals with Multiple Sclerosis	04. Environmental approaches to HEPA promotion	14:50-15:00	Potodzny, mr, Wiktor	More Than Just Moving: High-Level Physical Activity Leads to Self- Control and Life Satisfaction	13. Other								
14:39-14:	applied sciences	school programme an exercise-based rehabilitation school programme for childhood cancer survivors developed using	y 03. Children and Adolescents		Motiejunaite, Kristina, Lithuanian Sports University	Adolescents' digital health literacy and its associations with physical activity and health-risk behaviors factors	03. Children and Adolescents	14.50 15.60	Cesanelli, Mr Leonardo, Lithuanian Sports University	Disrupted Contraction- Relaxation Dynamics in Obesity: A Potential Barrier to Active Living	05. HEPA Injury prevention	15:00-15:10	Maconytė, Ms Viktorija, Lithuanian Sports Universit	Blood Volume, y Hemoglobin Mass and Aerobic Capacity in Male and Female Junior Rowers	13. Other								
14:42-14:	Espirito Santo, Dr Rafaela, Klaipeda University	Association of BMI and Sex with Moderate and Vigorous Physical Activity in Battic Adolescents: Insights from the 2018 HBSC Study	03. Children and Adolescents	15:00-15:10 15:10-15:20	Pekkanen, Ms Johanna, Suomen Latu	The Adventure Campaign, a national initiative to promote physical activity and healthy lifestyles among Finnish families through early childhood education and related services	03. Children and Adolescents	15:00-15:10 15:10-15:20	Zaltauskaite, Mr. Kotryna Lithuanian Sports University	, Relationships between lower limb biomechanics, gluteal and thigh muscle strength and non-specific low back pain	05. HEPA Injury prevention	15:10-15:20	Cufhaogla, Ms Asya, Lithuanian Sports Universit	The Effects of a 48-Hour y Fasting Period on Metabolic Markers During Exercise and Recovery in Male Combat Sports Athletes	13. Other								
14:45-14:	Stojnić, Ms Nataša, Community Health Centre Ljubljana	Adolescents' Perspectives on Gamified Mobile Applications to Promote Physical Activity: Qualitative Research in Slovenia	03. Children and Adolescents		Sanchez Oliva, Dr David, University Of Extremadura	Effects of a	03. Children and Adolescents	15:20-15:30	Cazzolli, Dr Barbara, Sapienza University Of Rome - University Of Florence	The relationship between injury and motivation in pickleball players	05. HEPA Injury prevention	15:20-15:30	Grigaitė, Viktorija Lithuania sports university	n Psycho - Emotional State During Fasted 8- Hour Work Day: Preliminary results	13. Other								
14:48-14:	Seflova, Ms Iva, Technical University Of Liberec	Associations	03. Children and Adolescents		Crowther, Dr Jamie, Bradford Teaching Hospitals Nhs Foundation Trust	Leaders Like Us: Supporting Inclusivity and accessibility in Female Physical Activity Leadership	03. Children and Adolescents	10.10 10.00	D'Hondt, Mr Joachim, Vrije Universiteit Brussel	Intra- and inter-limb isokinetic strength asymmetry in competitive judokas: differences in magnitude across competition levels and sex.	05. HEPA Injury prevention	15:30-15:40	Matelionyte, Ms Karolina, Lithuanian Sports Universit	Understanding the Role y of Disability Identity in Physical Activity and Sport Among People with Physical Disabilities	13. Other								
14:51-14	Larsen, Dr Malte Nejst, University Of Southern Denmark	Comparative Study	03. Children and Adolescents	15:30-15:40				15:30-15:40															
14:54-14:	Martikainen, Mr Elia University Of Jyväskylä Rodrigues, Dr	Associations between physical activity, social well- being, and study engagement among Finnish	03. Children and Adolescents 07. Monitoring and																				
14:57-15:	Daniela, University (Coimbra	Active School of Commuting and Sports Participation: friends or foes for the WHO guidelines in children aged between 3 and 7	07. Monitoring and surveillance of physical activity																				

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