Oral	Room 2	Staying Active, Staying Well: Rethinking Physical Activity for Ageing and Chronic Condition	s			From Sidewalks to Social Cohesion: How Movement, Environment, and Policy Shape Well- being				From Prescription to Participation: Advancing Physical Activity in Clinical and				Monitoring Movement: Global Insights into Physica Activity, Sedentary Behaviour, and Health Trends	ι									
13:00-13:10	Savikangas, Dr Tiina, University of Jyväskylä	Physical activity trajectories and their predictors in older adults participating in a 12-month multicomponent intervention	02. Active ageing - Physical activity promotion in older adults	Oral 13:00-13:10	Laima, Lithuania Sports University	From School Hallways to Sustainable Pathways: Investigating the Effects of School Sustainable Environments on Active Transport's Attitudes	01. HEPA and Sustainability	Oral 13:00-13:10	Room 4 Haylaji, Dr Nasser Dine Southern Medical University	Therapeutic QUALITY OF LIFE OF MAURITANIAN DOCTORS	in health care settings	13:00-13:10	Room 5 Katiné, Mrs Anelé, Lithuanian Sports University	Effects of a two-week reduction in physical activity on skeletal muscle strength and endurance in young men and women	07. Monitoring and surveillance of physical activity	Symposia 13:00-14:15	Frei, Dr Anja	Innovative programmes to promote physical activity in older age: Unique insights from practice and implications for policy		Symposia Ro	om 7		Antonina	Participatory-based and co-creation approaches in sustainable physical activity promotion
13:10-13:20	De Keyser, Ms Emma, Uantwerpen	intervention Exercise for improving ADL in final older adults therapeutic validity and adherence show no effect on outcomes – a meta-analysis	02. Active ageing - : Physical activity promotion in older adults	13:10-13:20	Applied Sciences		01. HEPA and Sustainability	13:10-13:20	Gavin, Dr James Peter, School of Health Sciences, University of South ampton	How can we help people with long- term health conditions understand and engage in physical activity from health care to community settings? Perspectives of patients, carers and		13:10-13:20	Husu, Dr Pauliina, The Ulki Institute For Healt Promotion Research	a Only light physical activity in is associated with good penewad health and finess in terms of both absolute and relative intensity	07. Monitoring and surveillance of physical activity	13:00-14:18	University of Zurich				II. Dr Promoting physical activity in healthcare settings: Physical activity referral schemes and	13:	Who Collaboratin g Centrie For Physical Activity And Public Health, Friedrich- alexander Universität Erlangen-	
13:20-13:30	Järvensiku, Mr Lad, University of Hetsinki	The associations between leisure-time physical activity and psychological distress: moderation by age in two cohorts	02. Active ageing - Physical activity promotion in older adults	13:20-13:30	Aerenhouts, Prof Dirk, Vrije Universiteit Brussel	Flemish school boards' reasons for (not) organizing snow classes.		13:20-13:30	Pustivšek, Dr Suzana, National Institute Of Public Health Slovenia	patients, corers and Validation of Validation of ATEMPT questionnaire – evaluating adherence to physical activity among people with widespread chronic pain	06. HEPA promotion in health care settings	13:20-13:30	Chhabra, Ms Bhavya, Editvõs Loránd University (elite), Budapest, Hungary	Assessing the Risk of Exercise Addiction with a New Classification: A Cros National Study Involving 1 Countries	07. Monitoring and surveillance of sphysical activity					Frie Alex Univ Eria Núm	supporting drich- ander scally ngen- berg		Enlangen	
13:30-13:40	Health	Personalised physical f activity promotion in patients with cateoarthritis using a smartphone-based solution: The PLANSSIMO study	promotion in older adults	13:30-13:40		foundation for community asset building: Evaluating social cohesion and wellbeing through ABCD		13:30-13:40	Stephenson, Dr Aoife, Royal College Of Surgeons In Ireland	Counselling within Physiotherapy Usual Care in Ireland: A Cross- Sectional Survey	in health care settings	13:30-13:40	Public Health Slovenia	Validation of Stovenian version of ATEMPT I questionnaire – evaluating adherence to physical activity among people with widespread chronic pain	physical activity									
13:40-13:50	Scardina, Mr Antonino, University of Palermo	Comparison between a resistance training and combined functional ar dynamic balance training on functional fitness performance in older adults		13:40-13:50	Briggs, Ms. Nicola, South East Technological University, Waterford, Ireland	Exploring the Demographic Gaps in the 'Ireland Lights Up' Walking Initiative for a More Sustainable Approach	01. HEPA and Sustainability		Resch, Mr Julian, Friedrich-elexander- university Erlangen- nümberg	How Should Movement-Based Therapists Promote Physical Activity? A Delphi Study.			Zhang, Ms Kalyue, University of Illinois Urbana-Champaign	Evolution of Physical Activity Surveillance, Polic and Research in China: Insights from the Global Observatory for Physical Activity	07. Monitoring and y, surveillance of physical activity									
13:50-14:00	Gwyrne-mayer, Mrs Nicole, Loughborough University	Examining temporal	02. Active ageing - Physical activity promotion in older adults	13:50-14:00	University, Budapest, Hungary	CAN PHYSICAL ACTIVITY HELP REDUCE SMARTPHONE ADDICTION AMONG UNIVERSITY STUDENTS? A LITERATURE ANALYSIS	01. HEPA and Sustainability	13:50-14:00	Amini, Ms Mahsa, Department of Neurosciences, Biomedicine, and Movement Sciences, university of Verona	and older adults		13:50-14:00	Dawson, Ms Zoe, York St John University	Sedentary Behaviour, Physical Activity, and Cardiovascular Health in Adults with Osteoarthritis: Cross-Sectional Comparison with Healthy Controls	07. Monitoring and surveillance of physical activity A									
14:00-14:10		Engaging Populations with Long-term y Conditions: Insights from EXWell Communit based Physical Activity Programmes in Ireland	02. Active againg - Physical activity promotion in older y- adults	14:00-14:10	Ovbiagbonhia, Dr Ricbert, Hanze University Of Applied Science	Crossing Boundaries, Creating Change: A Competence Framework for Bridge- Builders	01. HEPA and Sustainability	14:00-14:10	Stelkūnas, Audrius	DANCE MOVEMENT THERAPY WITH ARGENTINE TANGO ELEMENTS EFFEC TS ON THE MENTAL AND PHYSICAL HEALTH OF PATIENTS		14:00-14:10	Sartila, Mrs Katariina, Finnish Institute For Health And Welfare	Device-measured physical activity and sedentary behavior among Finnish adult population in 2017 and 2023.	07. Monitoring and surveillance of physical activity									
						Physical Activity, Cognitive Function, and Psychosocial Well- being in Children and Adolescents				Advancing Physical Activity Surveillance and Measurement: Insights from Population Studies and				From Policy to Practice: Creating Equitable and Active Communities				Physical Activity in Practice: Healthcare and Community-Based Approaches for Chronic Disease Management						
Pitch 15:30-15:33	Name Olivarinen, Mr Niko, University of Helsinki	Topic Trajectories of Leisure- Time Physical Activity and Their Associations with Subjective Cognitive Decline	Theme 02. Active ageing - Physical activity promotion in older adults	Oral 15:30-15:40	Gomes, Dr Thayse Natacha, Federal University Of Sergipe; Physical Activity for Health research cluster, University of	Topic Understanding the relationship between physical fitness, physical activity, and executive function in children with different levels of motor	Theme 03. Children and Adolescents	Oral 15:30-15:40	Name van der Vegt, Ms Annemarie, Dutch National Institute for Public Health and the Environment (RIVM)	Innovative Topic Unravelling inactivity: understanding groups in the Netherlands who do not or insufficiently engage in physical activity	Theme 07. Monitoring and surveillance of physical activity	Oral 15:30-15:40	Name Fernate, Prof Andra, Riga Stradins Universit	Topic A Multidimensional by intervention Content: integrated Recreational Physical Activity for Enhancing Oogstilve, Steep, and Sulf-Efficacy Outcomes in Sport Februature	Theme 12. Workplace HEPA promotion	Oral 15:30-15:40	Name Broom, Prof David, Coventry University	Topic Effects of 4 weeks of lifestyle clinics seeking to promote physical activity: An observational study.	Theme 06. HEPA promotion in health care if settings	Symposia Nar de J Johi	me Topic Theory, Dr Back to a Healthy Society (BASE): reconnecting and enhancing	eme Syr	mposia Name	Topic
15:33-15:36	Lawlor, Dr Emma, University of Glasgow	Understanding how to support older adults to engage in active and sustainable travel in Glasgow, UK	02. Active ageing - Physical activity promotion in older adults	15:40-15:50	Limerick Saeed, Ms Samrah, Lithuanian Sporta University	A quantitative analysis of the association between problematic internet use, cognitive shilty, and movement proficiency among adolescents in	03. Children and Adolescents	15:40-15:50	Snoeker, Dr Barbara National Institute For Public Health And The Environment (rivm)		07. Monitoring and surveillance of physical activity	15:40-15:50	Rose, Mr Steven, Intelligent Health	Community health creation Developing and applying the Health Creation Index to evaluate a community walking programme	n: 08. HEPA promotion in socially disadvantaged groups	15:40-15:50	Stephenson, Dr Aolfe, Royal College Of Surgeons In Ireland	MAintAining Activity in Arthritis following a physiotherapy-led exercise programme: A TDF-Guided qualitative exploration of barriers and facilitators	06. HEPA promotion in health care settings	15:30-16:4 Han Unix Appl Scie Gros Unix	healthy living in socially sersity Of lied noes ingen & ersity of lingen/U	15:	:30-16:4 Marja Cant	Dance and Movemen
15:36-15:39	huang, Ms lishan , University of Mancheste	Exploring the or Effectiveness, Feasibility of and Acceptability of Integrating Functional Exercise into Daily Life of Older Adults: A More Method Systematic Review	02. Active ageing - ty Physical activity promotion in older adults	15:50-16:00	Boom, Ms Shania University Of	adolaricents in The Co-development of Guiding Principles to Support Physical Activity Among the Least Active Children	Adolescents		Takruri, Ms Lina, Hungarian University Of Sports Science	Urban Environment and Health	07. Monitoring and surveillance of physical activity		Blommestein, Mr Biko, Knowledge Centre for Sport & Physical Activity	Connecting Policy with Practice: How the Dutch Ministry of Sport Builds Inclusive and Sustainable Communities	08. HEPA promotion in socially disadvantaged groups	15:50-16:00			06. HEPA e promotion in health care settings	Gro	ingeno		Gruodyte Ka	aciene
15:39-15:42		Enhancing Enjoyment and Inclusion in Physical Activity for Older Adults by Co- creation of the JOHN-JOY Approach: A Qualitative Study Acros Five European Countries	02. Active againg - Physical activity promotion in older adults	16:00-16:10	University	Physical Activity and its Association with Psychological Distress and Sleep Quality among Lithuanian School-Aged Adolescents: A Cross- Sectional Study		16:00-16:10		Take the stairs to improve your fitness – A project for developing a stair test mobile application for monitoring fitness		15:50-16:00 16:00-16:10	Sweidan, Ms Farah, Friedrich-Nexander- University Erlangen- Nusemberg	Exploring perceptions, barriers, and facilitators of outdoor physical activity among Muslim women living in Germany		16:00-16:10	Faculty and University Hospital Düsseldorf, Heinrich-Heine- University Düsseldorf	general practitioners in this regard? A German cross-sectional population survey(OptiCor study)	settings					
15:42-15:45	Motuzyte, Ms Launa , Kaunas City public bureur huang, Ms lishan,	Project HELLO, SENIORS	 Active ageing - Physical activity promotion in older adults 	16:10-16:20	University Of Jyváskylá	Profiles of Physical Activity and Competence in Children: Associations with Bullying and Peer Context in the	03. Children and 03. Children and	10.10-10.20	Health And The Environment, The Netherlands	Revising the set of 20 Key-Indicators to Sports and Physical Activity in the Netherlands Physical Activity	07. Monitoring and r surveillance of physical activity 07. Monitoring and surveillance of	16:10-16:20		Knowledge sharing and relationship building for participation: A World Cafe Approach Addressing Health, Social		16:10-16:20		A Personal Recovery Approach to Physical Activity for Community Mental Health Service- Users	06. HEPA promotion in health care settings 06. HEPA					
15:45-15:48	University of Manchests	Developing a Chinese ir Version of "Lifestyle Integrated Functional Exercise" (CLIFE) as a Falls Prevention Intervention Programm A Qualitative Component of a Mixed- Methods Study		16:20-16:30	Nauta, Dr Joske, Amsterdam University Of Applied Sciences	Snapshota of physical activity. Understanding primary school pupits' physical activity needs	Adolescents	16:20-16:30	Pereira, Ms Juliana, Instituto de Saúde Pública da Universidade do Porto (ISPUP)	Physical Activity Monitoring in Portugal: Looking for a Surveillance System	surveillance of physical activity		Community Integrated Care	Addressing Health, Social and Economic Inequalities Through Sport And Social Care Partnership	in socially disadvantaged groups	16:20-16:30	The Public Health Agency Of Sweden	Swedish model for Physical Activity on Prescription (PAP-S)	06. HEPA promotion in health care settings					
												16:20-16:30												

15:48-	15:51		Among Older Recreational Orienteers A Comparative Study With the General Population	MOULS	Ray, Dr Carola Folkhälsan Research Center	Long-term follow-up of 03. Children and the DAGIS Intervention - Adolescents parental perceptions and acrean time norms by dispres of implementation	Mažuolyšė- Binderienė, Mrs Aura, Lithuenian Sports University	Physical Activity on	physical activity	16:30-16:40	Affany, Ma Initia, Swansea University	A Mixed-Methods Evaluation of the #flyougoigo Programme: A 10-Week Physical Activity Intervention for Women in Wales	08. HEPA promotion in socially disadvantaged groups	16:30-16:40	Petkute, Ms leva, Lithuanian Sports University	The subjective well- being and lived care experiences of family caregivers of people living with dementia: 1 case study of Photoxic	settings The	n	
15:51-	15:54	Iniversity	ENVIRONMENTAL AND SOCIO-CULTURAL BARRIERS AFFECTING PHYSICAL ACTIVITY PARTICIPATION IN OLDER ADULTS: GENDER FACTOR	Physical activity promotion in older adults															
15:54-		,	Inclusive and Enjoyable Physical Activity for Older Adults: the JOIN4JOY Project Predictors of Confidence	adults															
15:57-	16:00	Dina, West Virginia University	in Digital Technology Use for Online Physical Activity in Rural Older Adults	Physical activity promotion in older adults															
16:00-	ŕ		Preliminary cross- sectional study about remote work and office Workers' health in Catalonia. Sedentary behavior, musculoskeletal symptoms, physical activity, perceived	12. Workplace HEPA promotion															
16:03-	L	Jithuanian Sports University	activity, perceived fitness, and quality of PREVALENCE OF CHRONIC NONSPECIFIC NECK PAIN AMONG OFFICE WORKERS	12. Workplace HEPA promotion															
16:06-	1	The Swedish School of Sport and Health Sciences	Patterns of psychosocia work environments and their association with exercise frequency and self-rated health in 32,908 Swedish employees: A latent profile analysis	12. Workplace HEPA promotion															
16:09-	16:12	Otsson, Ms Karin, The Bwedish School Of Sport And Health Sciences, Department of Physical Activity and Health	Evaluating the Risik of Hypertension, Fatigue, Steeping Discorders, and Back or Neck Symptom in 41,277 Low-Fit Workers with Varying Occupational Physical Activity	promotion															
16:12-	,	Nageningen University And Research	How to improve the evaluation of mental we being as an outcome of youth sports interventions? A critical examination of self- report instruments and himmarkers.	I socially disadvantaged groups															
16:15-	16:18	Sports University	Quality on Fitness Club Client Loyalty Co. Creation of healthy	04. Environmental approaches to HEPA															
16:18-			older adults to promote physical activity in daily life – A participatory	09. Policy Approaches															
	16:24	Kaunas City Public Health bureau Siefken, Prof Katia	HEALTHY	to Physical Activity Promotion (PAPAP) 09. Policy Approaches to Physical Activity															
16:27-	2	Zidens, Prof Janis, Riga Stradins University	Country Card	09. Policy Approaches to Physical Activity															
16:30-	1	Fampere University	How Evidence is Used in Policymaking: The Role of Evidence in the Physical Activity Policy Work of the Finnish Parliament Education and Culture Committee																
16:18- 16:21- 16:23-	16:23																		
16:26-	16:29																		