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## **Alterations in Salivary Electrolytes in Oral Cancer or Lichen Planus**

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**Objectives** To analyse electrolyte concentrations in stimulated whole saliva from patients with head and neck cancer and patients with lichen planus. **Methods** Stimulated whole saliva was collected from 20 patients with head and neck cancer (HNC group) (63±9 years), 25 patients with either lichen planus (n=16) or oral lichen planus (n=11) (LP group) and 15 healthy controls. Saliva was stored at -80°C, thawed, centrifuged and lyophilized to a pellet (0.5-2 mg). The pellet was dissolved in water (3 ml), filtered (0.45 mm) and the concentrations of 6 positively (Li<sup>+</sup>, Na<sup>+</sup>, NH<sub>4</sub><sup>+</sup>, K<sup>+</sup>, Mg<sup>+</sup>, Ca<sub>2</sub><sup>+</sup>) and 8 negatively charged ions (F<sup>-</sup>, Cl<sup>-</sup>, Br<sup>-</sup>, NO<sub>3</sub><sup>-</sup>, HCO<sub>3</sub><sup>-</sup>, SO<sub>4</sub><sup>2-</sup>, PO<sub>4</sub><sup>3-</sup>, SCN<sup>-</sup>) simultaneously determined with ion chromatography using 200 ml of the filtered sample.

**Results**: The HNC group had a significantly lower secretion rate (1.6±0.7 ml/min) compared with the healthy controls (2.8±0.8 ml/min) (p < 0.001). The mean secretion rate in the LP group was 2.5±1.4 ml/min. The concentrations of  $F^-$ ,  $NO_3^-$ , and Li $^+$  were comparable between the groups. The LP group had significantly lower concentrations of Cl $^-$ , Br $^-$ , HCO $_3^-$ , PO $_4^{3^-}$ , Na $^+$ , NH4 $^+$ , K+ and Ca $^{2^+}$  compared with the controls. The HNC group had significantly lower concentrations of HCO $_3^-$  and Na $^+$  and significantly higher concentrations of SCN $^-$  and Mg $^+$  compared with controls. **Conclusions** The decreased levels of HCO $_3^-$  in both the LP group and the HNC group results in a lower buffer capacity. The increased concentration of HCN $^-$  might indicate a more active immune defense in HNC. The markedly decreased concentration of several electrolytes in the LP group needs further investigation. Ion chromatography constitutes a sensitive method, enabling complete and repeated analysis of electrolytes in low sample volumes.