



0330

**One Adhesive, one Shade, one Cement - Is This Possible?**

J. Zorzin

Operative Dentistry and Periodontology, University Hospital of Erlangen, Erlangen, Germany

A central aim in everyday clinical practice is to optimize treatment processes. This optimization not only simplifies and makes the processes more reliable but also significantly enhances their cost-effectiveness for both practitioners and patients. In restorative dentistry, this can be achieved by reducing the number of individual, material components, e.g., through single-bottle adhesive systems that can be used in total or self-etch mode, composites with a reduced color palette or even just one color, or luting composites that can be used with a multi-step adhesive as well as self-adhesive. Due to their versatility, they are referred to as universal materials. This lecture will delve into the practical application of these universal materials using real-life clinical examples. These examples will be discussed in light of the available literature, aiming to answer the question: 'One adhesive, one colour, one cement: Is that possible?'