Professor Bekes is Head of the Department of Paediatric Dentistry at the Medical University of Vienna in Austria. She graduated from the University of Halle in Germany in 2002. After graduating, Dr. Bekes was appointed Assistant Professor in the Department of Operative Dentistry and Periodontology at the University of Halle. Later, she was an Associate Professor in the Department of Paediatric Dentistry at that university. Meanwhile, Prof. Bekes completed a Master of Medical Education at the University of Heidelberg.

She was General Secretary of the German Society of Paediatric Dentistry for 11 years. Since 2019 she is President of the German Society of Paediatric Dentistry, since 2016 she is Vice President of the Austrian Society of Paediatric Dentistry. Furthermore, she is observing councillor of the European and International Academy of Paediatric Dentistry for Austria. Prof. Bekes founded the only competence center for patients with MIH in Austria. She has published 5 books within the field of pediatric dentistry.