



ESSD 2024



23 - 27 September 2024

"From bench to bedside"

14th Annual Congress

<https://essd2024.org/>

This one-day workshop will cover the topic of nutrition and dysphagia across all age groups, from children and adults. With a focus on the intricate link between dysphagia and malnutrition, our objective is to highlight the pivotal roles of healthcare professionals and caregivers in effectively assessing and managing nutrition for individuals with dysphagia. In this workshop, we will discuss the screening and assessment tools for nutritional status and management strategies for optimal nutrition in individuals with dysphagia. There will also be a hands-on workshop dedicated to food texture modifications, providing insights into practical approaches for enhancing the nutritional well-being of those with dysphagia on food texture modifications.

Speakers: Experts from the United Kingdom, Canada, Australia and India.

Time	Topics
Nutrition and Dysphagia in Children (1-5 years old)	
08:30-09:00	Registration
09:00-09:30	Welcome & Introduction
09:30-10:15	Nutritional screening and assessment in children with dysphagia + Reassessment
10:15-10:45	Understanding signs & symptoms of Malnutrition in Children in Malnutrition – Nutrition Focused Physical Examination
10:45-11:00	<i>Coffee break</i>
11:00-11:30	Healthy Happy Feeding Strategies – consistency modification and feeding strategies in children- Information for Care givers
11:30-13:00	Texture modification – Hands on IDDSI workshop – Demonstration with foods (small groups and mentor)
13:00-14:00	<i>Lunch</i>
Management of Nutrition and Dysphagia in Adults	
14:00-14:45	Dysphagia, Malnutrition & Prognosis- Importance of Nutritional Screening & assessment with validated tools
14:45-15:15	Nutritional management of dysphagia in adults with neurological conditions
15:15-15:30	<i>Coffee break</i>
15:30-16:00	Decision making for the long-term nutritional management of dysphagia in adults
16:00-17:00	Case studies + discussions
17:00	End of workshop