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## One-Piece Mini-Implants Retaining Mandibular Overdentures: 10-Year Clinical and Radiological Outcomes

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**Objectives:** To report the 10-year implant survival/success and peri-implant outcomes of one-piece mini dental implants (MDIs) retaining mandibular implant overdentures (IODs), including marginal bone-level alterations ( $\Delta$ MBLs), clinical peri-implant parameters, and technical and biological complications.

Methods Material and Methods: Twenty participants with horizontally atrophied mandibles received new, complete dentures at baseline; subsequently, four MDIs (diameter 1.8 mm) in the interforaminal region were placed. The dentures were converted into implant overdentures (IODs) retained by O-ring attachments immediately after the implant placement. The 10-year follow-up comprised radiological assessment of  $\Delta$ MBLs, peri-implant parameters, as well as biological and technical complications. A parametric regression analysis was used to compare  $\Delta$ MBLs during 0-5 years after implant placement to 5-10 years. Random-effects linear regression analyses were performed analyzing the effect of gender, implant position, and age on  $\Delta$ MBLs.

**Results** *Results*: Fourteen participants with a total number of 56 implants attended the 10-year follow-up examination. The implant survival rate was 100%. The overall mean  $\Delta$ MBL after 10 years was -1.12±0.80 mm (Table 1). Fourty-nine implants were classified as successful and 7 implants with a satisfactory survival due to a  $\Delta$ MBL 2 - 4 mm. A significant influence of the time after implant placement on  $\Delta$ MBL (p<0.001) was demonstrated, with stable MBLs after 5 years (mean  $\Delta$ MBL<sub>5-10 years</sub>: 0.06±0.64 mm). The prosthetic survival rate was 93%.  $\Delta$ MBLs were not influenced by implant position and gender. However,  $\Delta$ MBLs were significantly smaller in subjects older than 65 years (mean difference: 0.6mm; p=0.031).

**Conclusions Conclusions:** One-piece MDIs with O-ring attachments, retaining mandibular IODs, offer a reliable and successful treatment option for mandibles with horizontal bone loss after 10 years, with high implant- and prosthetic survival rates. Advanced age may have a beneficial effect on the peri-implant bone stability.