

2026

20-21 March 2026

Timisoara Convention Center

INTERNATIONAL COMPREHENSIVE SHOULDER MEETING

Extended Scientific Program



SRCUC
Romanian Society
for Shoulder and
Elbow Surgery

DAY 1 Friday, 20 March 2026		
Time	Hall 1	Time
8:00	Registration	8:00
8:20	Welcome	8:20
8:30	SHOULDER INSTABILITY	8:30
9:00		9:00
9:30		9:30
10:00		10:00
10:30	Coffee break	10:30
11:00	ROTATOR CUFF TEARS	11:00
11:30		11:30
12:00		12:00
12:30		12:30
13:00	Industry Symposium	13:00
13:30	Lunch Break	13:30
14:00		14:00
14:30	Keynote Lecture	14:30
15:00	SHOULDER ARTHROPLASTY	15:00
15:30		15:30
16:00		16:00
16:30	Coffee Break	16:30
17:00	SHOULDER MISCELLANEOUS – BRING YOUR CASES	17:00
17:30		17:30
18:00		18:00
18:30		18:30

DAY 2
Saturday, 21 March 2026

Time	Hall 1	Time
8:00	Registration	8:00
8:20		8:30
8:30	Cuff tears	8:30
9:00		9:00
9:30		9:30
10:00		10:00
10:00	Coffee break	10:00
10:30	SHOULDER/ELBOW TRAUMA	10:30
11:00		11:00
11:30		11:30
12:00		12:00
12:30		12:30
13:00		13:00
13:00	Industry Symposium	13:00
13:30	Lunch Break	13:30
14:00		14:00
14:30	THE POSTTRAUMATIC STIFF ELBOW	14:30
15:00		15:00
15:30		15:30
16:00		16:00
16:30		16:30
17:00		17:00
17:30		17:30
18:00		18:00
18:30		18:30

Day Hall	Extended Scientific Program
Day 1 - Mar 20	08.00 - 08.20 Registration
Day 1 - Mar 20	08.20 - 08.30 Welcome
Day 1 - Mar 20 1	08.30 - 10.30 Shoulder Instability - William Steson, Cosmin Faur, Benjamin Marjanovič
Day 1 - Mar 20 1	08.30 - 08.40 Bankart Repair for First-time Dislocators: Necessary or Unnecessary Surgery? - Prof. Balke Maurice
Day 1 - Mar 20 1	08.40 - 08.50 First-time Traumatic Anterior Dislocation with Glenoid Rim Fracture: Nonoperative Treatment or Surgery? - Vladan Stevanovici
Day 1 - Mar 20 1	08.50 - 09.00 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	09.00 - 09.10 When is an additional Remplissage indicated? - Benjamin Marjanovič
Day 1 - Mar 20 1	09.10 - 09.20 Options to augment our Bankart repair and when to do it? - Andrei Popescu
Day 1 - Mar 20 1	09.20 - 09.30 Arthroscopic Latarjet: Is It Worth Learning It? - George Avram
Day 1 - Mar 20 1	09.30 - 09.40 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	09.40 - 10.00 STEP-BY-STEP RE-LIVE SURGERIES OR CASE REPORT - Assoc. Prof. Răzvan Melinte
Day 1 - Mar 20 1	10.00 - 10.20 STEP-BY-STEP RE-LIVE SURGERIES OR CASE REPORT - Prof. William Stetson
Day 1 - Mar 20 1	10.20 - 10.30 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	10.30 - 11.00 Coffee break
Day 1 - Mar 20 1	11.00 - 13.00 Rotator Cuff Tears - Balke Maurice, Adrian Todor, Andre Barros

Day 1 - Mar 20 1	11.00 - 11.10 Why Rotator Cuff Tear Patterns Matter and How I Assess - Maarten van der List
Day 1 - Mar 20 1	11.10 - 11.20 Anterosuperior Tears: My Sequence and Tips for Arthroscopic Repair - Prof. Balke Maurice
Day - Mar 20 1	11.20 - 11.25 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	11.25 - 11.35 How I manage bad quality rotator cuff tendons during repair - Prof. William Stetson
Day 1 - Mar 20 1	11.35 - 11.45 Massive and Irreparable Rotator Cuff Tears: Current Treatment Options - Alper Sukru
Day 1 - Mar 20 1	11.45 - 11.55 Massive Rotator Cuff Tears: Is Biceps Tendon Augmentation Useful or Useless? - Assoc. Prof. Todor Adrian
Day 1 - Mar 20 1	11.55 - 12.05 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	12.05 - 12.15 The Use of PRP/PRF as Biologic Augmentation in Rotator Cuff Surgical Repair: Useful or Useless? - Claudia Ghisa
Day 1 - Mar 20 1	12.15 - 12.25 Return to Work/Sport after Rotator Cuff Repair – Evidence and Challenges - Ivana Hrvatin
Day 1 - Mar 20 1	12.25 - 12.35 Prevention of Retears: Surgical and Rehabilitation Perspectives - Prof. Mihai Roman
Day 1 - Mar 20 1	12.35 - 12.45 Rotator Cuff Repair in the Elderly: Tailoring the Approach - Andre Barros?
Day 1 - Mar 20 1	12.45 - 12.55 PASTA repair with biceps – from theory to practice - George Avram
Day 1 - Mar 20 1	12.55 - 13.00 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	13.00 - 13.30 Industry Symposium
Day 1 - Mar 20 1	13.30 - 14.30 Lunch Break
Day 1 - Mar 20 1	14.30 - 15.00 Keynote Lecture - Prof Marcheggiani?

Day 1 - Mar 20 1	15.00 - 16.30 Shoulder Arthroplasty - Maarten van der List, Ali Ersen, Emil Haritnian
Day 1 - Mar 20 1	15.00 - 15.10 Current trends: Anatomic Shoulder Arthroplasty - Benjamin Marjanovič
Day 1 - Mar 20 1	15.10 - 15.20 The Limits of Anatomic Arthroplasty - Maarten van der List
Day 1 - Mar 20 1	15.20 - 15.30 Is there still place for Hemi in 2026? - Vladan Stevanovici
Day -	15.30 - 15.40 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	15.40 - 15.50 Current trends in RSA. - Assoc. Prof. Cosmin Faur
Day 1 - Mar 20 1	15.50 - 16.00 Tendon transfers in RSA: when and how - Assoc. Prof. Horea Benea
Day 1 - Mar 20 1	16.00 - 16.10 When is RSA the Best Option for a Massive Tear? How I Decide - Ali Ersen
Day 1 - Mar 20 1	16.10 - 16.20 Stemless, Short Stem or Full-Length Stems for Reverse Arthroplasty: I'll Tell You When to Use Which - Emil Haritnian
Day 1 - Mar 20 1	16.20 - 16.30 How much should we distalize or lateralize? - André Barros
Day 1 - Mar 20 1	16.30 - 16.40 Q&A. Discussions - All Faculty
Day 1 - Mar 20 1	16.40 - 17.00 STEP-BY-STEP RE-LIVE SURGERIES OR CASE REPORT - Adrian Todor
Day 1 - Mar 20 1	17.00 - 17.30 Coffee Break
Day 1 - Mar 20 1	17.30 - 19.00 Shoulder Miscellanous – Bring Your Cases
Day 1 - Mar 20 1	17.30 - 17.40 Case 1 (Reverse in young after failed Latarjet) - Benjamin Marjanovič
Day 1 - Mar 20 1	17.40 - 18.00 Case 2 - Razvan Melinte
Day 1 - Mar 20 1	18.00 - 18.20 Case 3 - Prof. William Stetson/Claudia Ghise

Day 1 - Mar 20 1	18.20 - 18.40 Case 4 (Minor instability. Capsular repair) - Maarten van der List
Day 1 - Mar 20 1	18.40 - 19.00 Q&A. Discussions - All Faculty
Day 2 - Mar 21 -	08.00 - 08.30 Registration
Day 2 - Mar 21 1	08.30 - 10.00 FRACTURES AROUND SHOULDER
Day 2 - Mar 21 1	08.30 - 08.40 Predictors of an outcome following non-operative and surgery (ORIF) treatment of proximal humerus fractures - Prof. Mihai Roman
Day 2 - Mar 21 1	08.40 - 08.50 My rationale for arthroplasty in proximal humeral fractures and my surgical approach for best results - Emil Haritnian
Day 2 - Mar 21 1	08.50 - 09.00 Is there a place for intramedullary nailing in PHF? - Horia Haragus
Day 2 - Mar 21 1	09.00 - 09.10 Deltopectoral or deltoid spilt approach for surgical treatment in PHF: when and how - Assoc. Prof. Cosmin Faur
Day 2 - Mar 21 1	09.10 - 09.20 Therapeutic approach in proximal humeral nonunions in 2025 - Prof. Guido Marra
Day 2 - Mar 21 1	09.20 - 09.30 Q&A. Discussions - All Faculty
Day 2 - Mar 21 1	09.30 - 09.45 Case report 1: ORIF for a PHF - Andrea Pasquini
Day 2 - Mar 21 1	09.45 - 10.00 Case report 2: RSA for a PHF - Assoc. Prof. Răzvan Melinte
Day 2 - Mar 21 1	10.00 - 10.30 Coffee Break
Day 2 - Mar 21 1	10.30 - 13.00 Shoulder/Elbow Trauma - Alper Sukru, Razvan Melinte, Radu Fleaca
Day 2 - Mar 21 1	10.30 - 10.40 Chronic locked posterior dislocation: decision making and treatment - Ali Ersen
Day 2 - Mar 21 1	10.40 - 10.50 Chronic High-Grade AC Separations: Technique and Why I Do It This Way - Alper Sukru

Day 2 - Mar 21 1	10.50 - 11.00 Intra-Articular Glenoid Fracture - Ali Ersen
Day 2 - Mar 21 1	11.00 - 11.10 Scapular Fractures: therapeutical approach - Silviu Dragusanu
Day 2 - Mar 21 1	11.10 - 11.20 Q&A. Discussions - All Faculty
Day 2 - Mar 21 1	11.20 - 11.30 Elbow instability: evaluation and management Reading an Elbow X-Ray –The Normal and the Dislocated - Assoc. Prof. Horea Benea
Day 2 - Mar 21 1	11.30 - 11.40 The value of CT / MRI in the diagnosis and treatment of elbow instability - Bejan Alvandi
Day 2 - Mar 21 1	11.40 - 11.50 Q&A. Discussions - All Faculty
Day 2 - Mar 21 1	11.50 - 12.00 Advances in MUCL Reconstruction - Mihai Hurmuz
Day 2 - Mar 21 1	12.00 - 12.10 Coronoid Fractures – When and How to Fix it? Medial facet ORIF: the elbow killer - Prof. Radu Fleaca
Day 2 - Mar 21 1	12.10 - 12.20 Surgical Management Radial head & neck fractures - Mihai Hurmuz
Day 2 - Mar 21 1	12.20 - 12.30 Terrible triad injuries - Silviu Dragusanu
Day 2 - Mar 21 1	12.30 - 12.40 Q&A. Discussions - All Faculty
Day 2 - Mar 21 1	12.40 - 13.00 Case report - Alper Sukru
Day 2 - Mar 21 1	13.00 - 13.30 Industry Symposium
Day 2 - Mar 21 1	13.30 - 14.30 Lunch Break
Day 2 - Mar 21 1	14.30 - 16.30 The Posttraumatic Stiff Elbow
Day 2 - Mar 21 1	14.30 - 14.45 Contemporary evaluation of the stiff elbow - Prof. Guido Marra
Day 2 - Mar 21 1	14.45 - 15.05 Open contracture release + video - Bejan Alvandi

Day 2 - Mar 21 1	15.05 - 15.25 Arthroscopic contracture release - video - Prof. Guido Marra
Day 2 - Mar 21 1	15.25 - 15.35 Q&A. Discussions - All Faculty
Day 2 - Mar 21 1	15.35 - 15.45 Heterotopic ossification of the elbow: current approach - Vladan Stevanovici
Day 2 - Mar 21 1	15.45 - 15.55 How to avoid stiffness after surgical management after elbow trauma - Horia Haragus
Day 2 - Mar 21 1	15.55 - 16.05 Continuous passive motion of the elbow: when and how to do it - Ivana Hrvatin
Day 2 - Mar 21 1	16.05 - 16.15 Q&A. Discussions - All Faculty
Day 2 - Mar 21 1	16.15 - 16.30 CASE REPORT: STIFF ELBOW - Prof. Guido Marra