

WELCOME MESSAGE

It is a true honor to welcome you to the Cardiovascular Disease in Women Conference, a pioneering event in the region, held from **11th to 12th April 2025** at the **Dusit Thani, Dubai**.

Cardiovascular disease (CVD) continues to be the **leading cause of death among women globally**. Yet, the reality remains **that many women are not properly diagnosed or treated**, due to outdated perceptions and limited awareness—both within clinical settings and among the public.

One in every three women loses her life to heart disease or stroke each year. The good news? Up to **80% of these events can be prevented** through greater awareness, early intervention, and lifestyle modifications.

That's why the **Emirates Cardiac Society** has taken the lead in launching this vital initiative—to raise awareness, promote women-focused research, and improve cardiovascular care for women across the region.

This two-day conference offers a **robust scientific program** designed to tackle the most pressing issues in the field, including:

- ▶ The unique presentation and progression of CVD in women
- ▶ Advances in diagnosis, management, and prevention
- ▶ Strategies for early detection and risk reduction
- ▶ Insights into cardio-obstetrics and women's heart health across the lifespan
- ▶ Evidence-based approaches for treating arrhythmias, CAD, and heart failure in women

We are proud to host this event and bring together experts, clinicians, and changemakers who are passionate about shaping a healthier future for women. We look forward to a conference that will **be rich in knowledge, collaboration, and purpose**

With warmest regards,
Dr. Juwairia Al Ali
President, Emirates Cardiac Society

Juwairia Al Ali



SCIENTIFIC COMMITTEE



DR. JUWAIRIA AL ALI

President of ECS
Consultant cardiologist
Rashid Hospital, Dubai, UAE



DR. ABDULAH SHEHAB

Professor of Cardiology
Vice President of Emirates Cardiac Society
Vice President of The Gulf Intervention Society
Editor in Chief NEMJ, UAE



DR. WAEL AL MAHAMEED

Consultant Cardiologist
Scientific Committee
Chairperson of ECS



DR. GHADEER AL MANSOURI

Consultant Cardiologist
Sheikh Shakbout Medical City, UAE
Congenital and Genetic Heart Disease
Working Group of ECS



FACULTY MEMBERS



Dima Harb

Senior Specialist Internest-Obstetric Medicine



Dima Quraini

Clinical cardiologist at the Heart, Vascular and Thoracic Institute at Cleveland Clinic Abu Dhabi and a Clinical Associate Professor of Medicine at Cleveland Clinic Lerner College of Medicine. After graduating from medical school at Universite de Montreal



Farhana Bin Lootah

Head of cardiometabolic clinic



Hanan Albackr

Professor of cardiac sciences, college of medicine
King Saud university, Riyadh, Saudi Arabia
Adult Cardiology & Echocardiography Consultant
President of Saudi group of women heart
She is the president of Saudi group of women heart



Hani Sabour

Consultant Advanced Heart Failure & Pulomonary Hypertension,
Abu Dhabi, UAE



Jennifer Mieres

professor of Cardiology and Associate Dean of Faculty Affairs at the Zucker School of Medicine at Hofstra Northwell is a Senior Vice President of Northwell Health's, Center for Equity of Care and provides strategic guidance for Northwell's health equity initiatives.



Juwairia Al Ali

President of ECS
Consultant cardiologist
Rashid Hospital, Dubai, UAE

FACULTY MEMBERS



Khadija Hafidh

Consultant Physician and Diabetologist
Head of diabetes unit; Rashid Hospital
Clinical professor MBRU
steering committee member of the UAE cardiometabolic
consensus guidelines



Leila Abid

Head of cardiology department, university hedi chaker hospital,
sfax tunisia Past president of the tunisian society of cardiology



Marta Acena

Head of Arrhythmia Unit in Rashid Hospital. Rashid Hospital offers a
wide variety of therapies and has the most modern and advanced
techniques for the treatment of all heart rhythm-related problems



Maryam Alsaeed

She is currently an Assistant Professor of Clinical Sciences at MBRU
and practices clinically as a Consultant Physician and Endocrinologist at
Mediclinic City Hospital and Dubai Mall



Mona Thakre

well experienced Neurologist with more than 25 years of experience to
her credit in UAE and India. She had her basic MBBS and MD in medicine
from Nagpur University, India and DM and DNB in Neurology from
Bombay Hospital, Mumbai University, India



Nadya Almatroshi

Staff Physician at Cleveland Clinic Abu Dhabi, Medical Director of
Heart Transplant Additionally, she is the President of the Fellows in
Training in Cardiology Group within the Emirates Cardiac Society.
Aboard member and leading heart failure working group within the
Emirates Cardiac Society



Noha AbouKhater

President of ECS
Consultant cardiologist
Rashid Hospital, Dubai, UAE

FACULTY MEMBERS



Rima Bader

Prof of Pediatric and Fetal Cardiology



Safaa Al Mohdar

Consultant Cardiologist

Multi Modality imager

Head Of Cardiology Zayed Military Hospital Abu Dhabi



Shereen Alshaihk

First Bahraini female consultant specializes in adult invasive cardiology at Mohamed Bin Khalifa Al Khalifa Specialist Cardiac Centre

CURRENT POSITION: Head of Coronary Care Unit

Consultant Invasive Cardiologist



Stacey Rosen

She is currently an Assistant Professor of Clinical Sciences at MBRU and practices clinically as a Consultant Physician and Endocrinologist at Mediclinic City Hospital and Dubai Mall



Mona Thakre

well experienced Neurologist with more than 25 years of experience to her credit in UAE and India. She had her basic MBBS and MD in medicine from Nagpur University, India and DM and DNB in Neurology from Bombay Hospital, Mumbai University, India



Nadya Almatroshi

Staff Physician at Cleveland Clinic Abu Dhabi, Medical Director of Heart Transplant Additionally, she is the President of the Fellows in Training in Cardiology Group within the Emirates Cardiac Society.

Aboard member and leading heart failure working group within the Emirates Cardiac Society



Noha AbouKhater

President of ECS

Consultant cardiologist

Rashid Hospital, Dubai, UAE

FACULTY MEMBERS



Stacey Rosen

Executive Director for Northwell's Katz Institute for Women's Health, the Partners Council Professor of Women's Health and Professor of Cardiology at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell.



Wael AlMahmeed

Consultant Cardiologist at the Heart and Vascular Institute in Cleveland Clinic Abu Dhabi. He is also a Clinical Professor at the Khalifa University and has an Adjunct Staff position at Cleveland Clinic, Ohio.



Waleed Kadro

Consultant Interventional cardiologist

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CERTIFICATION

Attendance of all program sessions is mandatory to be legible to receive your certificate.

Please make sure that you scanned your badge before every session, as this is the only way to assure your attendance and taking your certificate. You will receive your CME certificate on your registered email after filling the conference survey at the end of the conference.

Kindly make sure that your email is correct on the system by adjusting it at the registration area

ACCREDITATION

Cardiovascular Disease in Women Conference Program is CME Applied to EBAC With 7CME Hours



BADGE

Your badge is your access to the scientific sessions, exhibition and food & beverage areas.

All delegates must wear their name badge to have access to the conference sessions.

BARCODE

Barcode will be printed on all delegate badges.

Please make sure that you scanned your badge before every session, as this is the only way to assure your attendance and taking your certificate.

SPEAKER SERVICE CENTER

Speakers' service center is located in the conference main hall.

Speakers should deliver and review their presentations at least 30 minutes before the presentation time.





Day 1

11TH APRIL 2025

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11th APRIL 2025



Day 1

14:00-14:40 **Keynote Lecture: Women's Hearts Across Ages: A Lifespan Approach to CV Health**

Chairpersons: Juwairia AlAli
Rima Bader

14:00-14:30 **A Life Span Approach to Optimizing CV Health in Women**

Speaker Stacey Rosen
Northwell Health

14:30-14:40 **Discussion**

14:40-15:00 **Coffee Break**



15:00-16:10 **Primary Prevention in Women**

Chairpersons: Juwairia AlAli
Rima Bader

15:00-15:20 **Unique Cvs Risk Factors in Women**

Speaker Dima Quraini
Cleveland Clinic Abu Dhabi

15:20-15:40 **Prevention of Cardiac Diseases in Oncology**

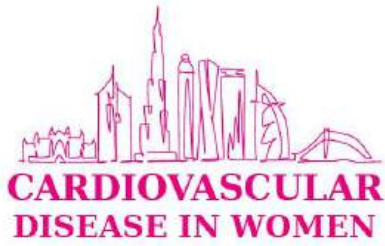
Speaker Nadya Almatroshi
Cleveland Clinic Abu Dhabi

15:20-15:40 **Dyslipidemia and Gender Difference in Mena Region**

Speaker Farhana Bin Lootah
Imperial College London Diabetes Centre

16:00-16:10 **Discussion**





Day 1

16:10-16:45

**Pulmonary Hypertension in Women:
Understanding Risks, Diagnosis, and Management**

Chairpersons: Jennifer Mieres,
Juwairia AlAli,
Stacey Rosen

16:10-16:30

**Pulmonary Hypertension in Women: Understanding
Risks, Diagnosis, and Management**

Speaker

Hani Sabour
Cleveland Clinic

16:30-16:45

Discussion

11th APRIL 2025





Day 2

12TH APRIL 2025

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12th APRIL 2025



Day 2

09:15-10:00 **Cardio Obstetrics: Challenges and How to Solve Them**

Chairpersons: **Safaa Al Mohdar**
Wael AlMahmeed

09:15-09:30 **Case 1**

Speaker **Noha AbouKhater**
Sheikh Shakhbout Medical City

09:30-09:45 **Case 2**

Speaker **Noha AbouKhater**
Sheikh Shakhbout Medical City

09:45-10:00 **Discussion**

10:00-11:00 **Evaluation of Chest pain**

Chairpersons: **Hanan Albackr**
Juwairia AlAli

10:00-10:25 **Spontaneous Coronary Arteries Dissection (SCAD). Is It Really a Rare Disease?**

Speaker **Waleed Kadro**
The Golden Center for Academic Cardiovascular

10:25-10:50 **Which Imaging Modality to Use for Diagnosis in CVD in Women**

Speaker **Jennifer Mieres**
Northwell Health

10:50-11:10 **Discussion**



12th APRIL 2025

11:10-11:30

Industrial Symposium - Novartis



**Inclisiran: A Novel strategy for long lasting
LDL-C control**

Speaker

Hussein Heshmat
Fujairah Hospital

11:30 -11:50

Coffee Break



11:50-13:00

Cardiac Disease in Women

Chairpersons:

Abdulla Shehab
Nadya Almatroshi

11:50-12:10

Valvular Heart Disease in Women

Speaker

Waleed Kadro
The Golden Center for Academic Cardiovascular

12:10-12:30

Gender Differences in Arrhythmias

Speaker

Marta Acena
Rashid Hospital

12:30-12:50

Post Mi Challenges in Care for Women

Speaker

Shereen Alshaihk
Mohamed Bin Khalifa Bin Salman Al Khalifa
Specialist Cardiac Centre

12:50-13:00

Discussion



12th APRIL 2025

13:00-14:10 Matters Other Than the Heart

Chairpersons: **Nadya Almatroshi**
Stacey Rosen

13:00-13:20 Cardiometabolic Disease in Women

Speaker **Khadija Hafidh**
Dubai Health

13:20-13:40 Obesity Challenges and Opportunities in Women

Speaker **Maryam Alsaeed**
Mohammed Bin Rashid University Of Medicine And
Health Sciences

13:40-14:00 Stroke in Women

Speaker **Mona Thakre**
Parkview Hospital, Mediclinic

14:00-14:10 Discussion

14:10-14:40 Industrial Symposium II Novo Nordisk



14:10-14:30 Weight of the Heart: Uniting against obesity & CVD

Speaker **Ghada Awada**
NovoNordisk

14:30-14:40 Discussion

14:40-15:00 Coffee Break



12th APRIL 2025

15:00-16:10

Cardiac Disease in Women II

Chairpersons: **Juwairia AlAli**
Jennifer Mieres

15:00-15:20

Heart Failure in Women

Speaker

Nadya Almatroshi
Cleveland Clinic Abu Dhabi

15:20-15:40

Microvascular Disease

Speaker

Leila Abid
Hedi Chaker Hospital

15:40-16:00

Stress Induced Cardiomyopathy

Speaker

Hanan Albackr
King Saud University

16:00-16:10

Discussion

