



Malaysian Endocrine
& Metabolic Society



SOUTH ASIAN HEALTH
FOUNDATION

13TH **DalR**
Diabetes & Ramadan
International Alliance

01
DAY

MAKKAH TIME (GMT +3)

DAR MENA
& EUROPE

17-18
JAN 2025

14:00-14:15 Opening

14:15-15:45 Education and Fasting

Moderator: TBC

14:15-14:30 Pre-Ramadan Education and Risk Assessment-Oman Study
Ali Al-Reesi (Oman)

14:30-14:45 Ramadan Education and Telemonitoring in 1ry Care
Sueziani Bintu Zainuldin (Singapore)

14:45 -15:00 Malaysia DAR Education Study
Luqman Ibrahim (Singapore)

15:00-15:15 SMBG in Fasting a Challenge or an Opportunity
Rachid Malik (Algeria)

15:15-15:30 Is Older Age a Challenge for Fasting?
Inass Shaltout (Egypt)

15:30-15:45 Panel Discussion

15:45-16:00 Industrial Symposium

16:00-17:15 New Data on Diabetes Complications and Fasting

Moderator: Alaa Albashir + Yousef Boobes

16:00-16:15 Can people with CKD & DM fast?
Muhammad Yakoob Ahmedani (Pakistan)

16:15-16:30 The Safety of Finerenone during Ramadan Faasting in DKD
Bachar Afandi (UAE)

16:30-16:45 Basal Insulin and CKD
Rouhana Bintu Abdil Ghani

16:45-17:00 The Burden of Microvascular Complications during Ramadan
Rayaz Malik (Qatar)

17:00-17:15 Panel Discussion

17:15-17:30 Industrial Symposium

17:30-18:45 Therapy in T2D And Fasting – What's New

Moderator: Tarek Elhad & Shehla Shaikh

17:30-17:45 SUs in Ramadan

Mohamed Hassanein (UAE)

17:45-18:00 Low Risk Group on Multiple OHG

El-Amin Abdelgadir (UAE)

18:00-18:15 SGLT21 or GLP1RA Initaition or Intensification Pre-Ramadan Survey

Salem Beshyah (UAE)

18:15-18:30 GLP1RA in Ramadan - What's new?

Jalal Nafach (UAE)

18:30-18:45 Panel Discussion

18:45-19:00 Industrial Symposium

19:00-20:00 Can Technology Reduce Fasting Risks in Ramadan?

Moderator: TBC

19:00-19:15 CGM in Ramadan for a Safer Fast

Wasim Hanif (UK)

19:15-19:30 Pump in Ramadan; The Evidence

Nancy Elbarbary (Egypt)

19:30-19:45 Closed Pump in Ramadan - The Consensus

Mohammed Al-Sofiani (KSA)

19:45-20:00 Panel Discussion

20:00-20:10 Summary & Close



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02
DAY

MAKKAH TIME (GMT +3)

**DAR MENA
& EUROPE**

**17-18
JAN 2025**

11:00-11:05 Opening

11:05-11:50 Non-Ramadan Religious Fasting

Moderator: TBC

11:05-11:20 Fasting Shawal and Beyond in Muslims with DM
Abdul Jabbar (UAE)

11:20-11:35 Fasting in Other Religions; An Overview
Daniela Koppolt

11:35-11:50 Panel Discussion

11:50-12:05 Industrial Symposium

12:05-13:35 Macrovascular Complications and Fasting

Moderator: TBC

12:05-12:20 Impact of Stroke on Fasting in People with DM
Khadija Hafidh (UAE)

12:20-12:35 Impact of Obesity on Fasting
Naweed Alzaman (KSA)

12:35-12:50 Is Smoking or High BP a Challenge for Fasting
Ines Khohtali (Tunisia)

12:50-13:05 Challenges of Diabetic Foot Disease in Ramadan
Sameh Odhaib

13:05-13:20 Can People with CVD & DM fast?
Mohamed Hassanein (UAE)

13:20-13:35 Panel Discussion

13:35-13:50 Industrial Symposium

13:50-14:35 Women and Fasting in People with Diabetes

Moderator: TBC

13:50-14:05 Is Female Gender a Fasting Challenge

Reem Alamoudi (KSA)

14:05-14:20 Why should Pregnant Women with Dysglycaemia not Fast

Bachar Afandi (UAE)

14:20-14:35 Panel Discussion

14:35-14:50 Industrial Symposium

14:50-15:50 T1D in Ramadan – New Studies

Moderator: Nadeema Shagum + TBC

14:50-15:05 Mix Insulin vs Basal-Bolus in T1D during Ramadan, Does it matter?

Hinde Iraqi (UK)

15:05-15:20 T1D Basal Insulins Study

Reem Alamoudi (KSA)

15:20-15:35 Effectiveness of Pump Therapy during Ramadan, Saudi Arabia Study

Mohammed Al-Sofiani (KSA)

15:35-15:50 What is the Acceptable TIR in Ramadan?

Nader Lessan

15:50-16:05 Panel Discussion

16:05-17:05 A Dialogue with the Experts

Moderator: TBC

**16:05-16:35 Fasting and T1D: The Inside Story of Two Expert Diabetologists/
Persons with T1D**

Gaman Mohamed (Kenya)

Sufyan Hussain

**16:35-17:05 Nutrition and Ramadan: How can we Avoid Weight Gain or
Hyperglycemia**

Osama Hamdy (USA)

Nissak Barakatun (Malaysia)

17:05-17:15 Summary and Close