



Established 1981
Malaysian Endocrine
& Metabolic Society



SOUTH ASIAN HEALTH
FOUNDATION



UNIVERSITY OF MALAYA
FACULTY OF MEDICINE

TH
13 IDaIR
Diabetes & Ramadan
International Alliance

01
DAY

MAKKAH TIME (GMT +3)

DAR MENA
& EUROPE

17-18
JAN 2025

14:00-14:15 Opening

14:15-15:45 Education and Fasting

Moderators: Yousef Saleh (KSA) + TBC

14:15-14:30 Pre-Ramadan Education and Risk Assessment-Oman Study
Ali Al Reesi (Oman)

14:30-14:45 Ramadan Education and Telemonitoring in 1ry Care
Sueziani Bintu Zainudin (Singapore)

14:45 -15:00 Malaysia DAR Education Study
Luqman Ibrahim (Singapore)

15:00-15:15 SMBG in Fasting a Challenge or an Opportunity
Rachid Malik (Algeria)

15:15-15:30 Is Older Age a Challenge for Fasting?
Inass Shaltout (Egypt)

15:30-15:45 Panel Discussion

15:45-16:00 Novo Nordisk Symposium

16:00-17:15 New Data on Diabetes Complications and Fasting

Moderators: Alaa Albashir + Yousef Boobes (UAE)

16:00-16:15 Can people with CKD & DM fast?
Muhammad Yakoob Ahmedani (Pakistan)

16:15-16:30 The Safety of Finerenone during Ramadan Fasting in DKD
Bachar Afandi (UAE)

16:30-16:45 Basal Insulin and CKD
Rohana Abdul Ghani (Malaysia)

16:45-17:00 The Burden of Microvascular Complications during Ramadan
Rayaz Malik (Qatar)

17:00-17:15 Panel Discussion

17:15-17:30 Medtronic Symposium

17:30-18:45 Therapy in T2D And Fasting – What's New

Moderators: Tarik Elhad (Qatar) + Shehla Shaikh (India)

17:30-17:45 SUs in Ramadan

Mohamed Hassanein (Egypt)(UAE)

17:45-18:00 Low Risk Group on Multiple OHG

ElAmin Abdelgadir (UAE)

18:00-18:15 SGLT21 or GLP1RA Initiation or Intensification Pre-Ramadan Survey

Salem Beshyah (UAE)

18:15-18:30 GLP1RA in Ramadan - What's new?

Jalal Nafach (UAE)

18:30-18:45 Panel Discussion

18:45-19:15 Servier Symposium

19:15-20:30 Can Technology Reduce Fasting Risks in Ramadan?

Moderators: Asma Deeb (UAE) + TBC

19:15-19:30 CGM in Ramadan for a Safer Fast

Wasim Hanif (UK)

19:30-19:45 Pump in Ramadan; The Evidence

Nancy Elbarbary (Egypt)

19:45-20:00 Closed Pump in Ramadan - The Consensus

Mohammed Al-Sofiani (KSA)

20:00-20:15 Is TIR useful in Fasting risk assessment?

Nader Lessan (UAE)

20:15-20:30 Panel Discussion

20:30-20:40 Summary & Close



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DAY 2

MAKKAH TIME (GMT +3)

DAR MENA
& EUROPE

17-18
JAN 2025

11:00-11:05 Opening

11:05-11:50 Non-Ramadan Religious Fasting

Moderators: Peter Schwarz (Germany) + V Mohan (India)

11:05-11:20 Fasting Shawal and Beyond in Muslims with DM
Abdul Jabbar (UAE)

11:20-11:35 Fasting in Other Religions; An Overview
Daniela Koppolt (Germany)

11:35-11:50 Panel Discussion

11:50-12:05 Lilly Symposium

12:05-13:35 Macrovascular Complications and Fasting

Moderators: Salah Abusnana (UAE) + M Ikhsan (Indonesia)

12:05-12:20 Impact of Stroke on Fasting in People with DM
Khadija Hafidh (UAE)

12:20-12:35 Impact of Obesity on Fasting
Naweed Alzaman (KSA)

12:35-12:50 Is Smoking or High BP a Challenge for Fasting
Ines Khohtali (Tunisia)

12:50-13:05 Challenges of Diabetic Foot Disease in Ramadan
Samih Odhaib (Iraq)

13:05-13:20 Can People with CVD & DM fast?
Mohamed Hassanein (Egypt)(UAE)

13:20-13:35 Panel Discussion

13:35-14:05 Sanofi Symposium

14:05-14:50 Women and Fasting in People with Diabetes**Moderators:** Nadeema Shagum + Nurain Mohd Noor (Malaysia)**14:05-14:20 Is Female Gender a Fasting Challenge**

Reem Alamoudi (KSA)

14:20-14:35 Why should Pregnant Women with Dysglycaemia not Fast

Bachar Afandi (UAE)

14:35-14:50 Panel Discussion**14:50-15:50 T1D in Ramadan – New Studies****Moderators:** Jamal Belkhadir (Morocco) + Yung Chee Kwang (Brunei)**14:50-15:05 Mix Insulin vs Basal-Bolus in T1D during Ramadan, Does it matter?**

Hinde Iraqi (UK)

15:05-15:20 T1D Basal Insulins Study

Reem Alamoudi (KSA)

15:20-15:35 Effectiveness of Pump Therapy during Ramadan, Saudi Arabia Study

Mohammed Al-Sofiani (KSA)

15:35-15:50 Panel Discussion

15:50-16:50 A Dialogue with the Experts

Moderators: Mohamed Hassanein (Egypt)(UAE) + Sairabanu Sokwalla (Kenya)

**15:50-16:20 Fasting and T1D: The Inside Story of Two Expert Diabetologists/
Persons with T1D**

Gaman Mohamed (Kenya) Sufyan Hussain

**16:20-16:50 Nutrition and Ramadan: How can we Avoid Weight Gain or
Hyperglycemia**

Osama Hamdy (USA) Nisak Barakatun (Malaysia)

16:50-17:00 Summary and Close