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# AFRICA HEALTH ExCon

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## Sports Medicine

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# 15 - 18 JUNE 2026

EGYPTIAN INTERNATIONAL EXHIBITION CENTER, EIEC, CAIRO-EGYPT



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## Sports Medicine

### Sports Medicine Session

**Date: Thursday, 18 June, 2026**

**Hall: 3C**

**From: 13:30 To: 16:30**

**Chairpersons:** (in alphabetical order)

Mohamed Shoukry,  
Saied Hassaballah,  
Wafaa Moussa,

13:30 - 14:15

Risk of Sudden Death in Sports

***Hazem Khamis, Egypt***

14:15 - 14:30

Discussion

14:30 - 15:00

Overview of Anti-Doping and Consequences of ADRVs

***Iman Gomaa, Egypt***

15:00 - 15:30

Prohibited List: Substances and Methods

***Karim Salah, Egypt***

15:30 - 15:45

Discussion

15:45 - 16:30

Proper Nutrition for Athletes

***Amal Esmael, Egypt***

