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The Egyptian Authority for Unified Procurement, medical supply and the management of medical technology (UPA)

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Africa CDC
Centres for Disease Control and Prevention

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Cardiology Program



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15 - 18
JUNE | 2026

EGYPTIAN INTERNATIONAL EXHIBITION
CENTER, EIEC, CAIRO-EGYPT

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Cardio Metabolic Burden and Road Map to Manage in Africa: Session I Cutting-edge / Future-focused Topics

Date: Thursday, 18 June, 2026

Hall: 4B

From: 11:30 To: 13:00

Moderators (in alphabetical order):

Abdelrahman Hassen
Adel Elatriby
Ahmed Shawky
Ahmed Ashraf
Amr Elhadidy
Azza Farrag
Bang Osta
Basem Abdelhameed
Eman Rashed
Gamela Nasr
Ghada Kazamel
Hamza Kabil
Hany Elshahedy
Hazem Khamis
Heba Attia
Hisham Salah
Magid Ramsis
Mohamed Elnoamany
Mohamed Sobhy
Moustafa Mokarb
Nabil Farag
Sameh Emil
Sameh Shahin

11:30 - 11:45

Beyond LDL: The Expanding Role of Inflammation in Atherosclerosis
(Discuss IL-6, hsCRP, and Therapies Like Colchicine)

Moheb Magdy Morice

Egypt

11:45 - 12:00

Cardiometabolic Disease in the Era of GLP-1 and Dual Agonists Cover
Drugs Like Semaglutide and Tirzepatide and their Impact beyond
Diabetes (CV Outcomes, Obesity, NAFLD)

Hossam Bishr

Egypt

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12:00 - 12:15	Should GLP-1 Agonists Be First-Line for Obesity Regardless of Diabetes? <i>Mohamed Sleem</i>	<i>Egypt</i>
12:15 - 12:30	Is Obesity a Cardiovascular Disease? Rethinking Definitions and Treatment Targets <i>Mohamed Zahran</i>	<i>Egypt</i>
12:30 - 12:45	Africa NCD what is their Recommendation <i>Soka Nyirenda</i>	<i>Zambia</i>
12:45 - 13:00	Socioeconomic Determinants of Cardiometabolic Disease in Africa <i>Basem Zarif</i>	<i>Egypt</i>



Cardio Metabolic Burden and Road Map to Manage in Africa: Session II Clinical Practice Updates

Date: Thursday, 18 June, 2026

Hall: 4B

From: 13:30 To: 15:00

Moderators (in alphabetical order):

Abdelrahman Gamal
Ahmed Elbarbary
Ahmed Elkersh
Amged Elsharkawy
Ashraf Ahmed
Diaa Dardir
Hany Samir
Hazem Elgendy
Hisham Salah
Khairy Abdeldayem
Khaled Refaat
Khalid Elnady
Mahmoud Abuzaid
Mahmoud Soliman
Mai Salama
Mansour Farouk
Mohamed Elgammal
Mohamed ElMaghawry
Mohamed Ghareeb
Mohamed Kheder
Soka Nyirenda
Yasser Elsayed

13:30 - 13:45

SGLT2 Inhibitors: From Diabetes to Heart Failure and Beyond (Highlight Empagliflozin and Dapagliflozin across HF, CKD, and Metabolic Disease)

Yasser Huzayen

Egypt

13:45 - 14:00

Hypertension in the Metabolic Syndrome Patient: Practical Pearls and Pitfalls

Hitham Soliman

Egypt



- 14:00 - 14:15 **Cardiometabolic Risk in Young Adults: The Silent Epidemic in Africa**
Mohamed Mousa Hasan *Sudan*
- 14:15 - 14:30 **Socioeconomic Determinants of Cardiometabolic Disease in Africa**
Basem Zarif *Egypt*
- 14:30 - 14:45 **Integrative Session in Collaboration with AFRA**
Moderator By: Dr. Mervat Abuelmaaty with Recorded Topics from
Different African Countries Obesity and AF is it African Pandemic
Joan Kiyeng *Kenya*
- 14:45 - 15:00 **What Can We Offer to Cross the Gap for Rarity of Electrophysiologist
in Africa**
Mervat Aboullmaaty *Egypt*
Ilyas Zaridi *Morocco*
Ahmed Gouda *Libya*



Rheumatic Heart Disease session

Date: Thursday, 18 June, 2026 Hall: 4B

From: 15:00 To: 16:30

Chairpersons (in alphabetical order):

Ahmed Elsaied
Alaa Elghamrawy
Aliaa Kottby
Fathy Maklady
Neama Saeed
Randa Abou Elnagaa
Sahar Shaker Sheta
Salah Zaher
Susy Kotit

15:00 - 15:12	Burden of RHD in Egypt <i>Salah Zaher</i>	<i>Egypt</i>
15:12 - 15:24	Recent Update of Rheumatic Heart Disease <i>Fathy Maklady</i>	<i>Egypt</i>
15:24 - 15:36	Rheumatic Fever How and when to Diagnose <i>Aliaa Kottby</i>	<i>Egypt</i>
15:36 - 15:48	From Static Records to Smart Surveillance: Leveraging AI to Bridge the RHD Care Gap in Sub-Saharan Africa <i>Nevine Makram Labib</i>	<i>Egypt</i>
15:48 - 16:00	Bridging Gaps in RHD Care: The Egyptian Experience in an African Context <i>Sahar Shaker Sheta</i>	<i>Egypt</i>

16:00 - 16:12 Ending Rheumatic Heart Disease in Africa: Community Prevention, Digital Screening, and Health-System Reform

Ahmed Elsaied

Egypt

16:12 - 16:24 RHD: Challenges and Opportunities

Susy Kotit

Egypt

16:24 - 16:30

Panel Discussion:

RHD Registry in Africa

Abel Makubi

Ahmed Elsaied

Alaa Elghamrawy

Aliaa Kottby

Fathy Maklady

Hala Salah El Din Talaat

Neama Saeed

Nevine Makram Labib

Randa Abou Elnagaa

Sahar Shaker Sheta

Salah Zaher

Seif A. Shekalaghe

Susy Kotit